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The Beacon WEEKLY

MONDAY, NOV. 12, 2001


FREE



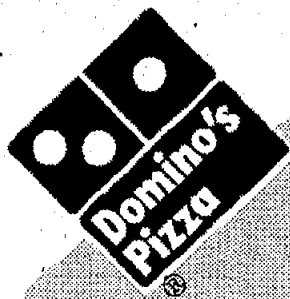
 **STUDENT
GOVERNMENT
ASSOCIATION**
Paterson University of New Jersey

**S.G.A: UNDER
MICROSCOPE**
PG. 5

**IT DOES
ODY GOOD**
PG. 14

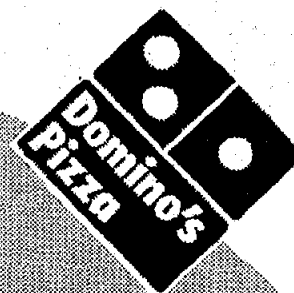

**HISTORY OF
CAPOIERA**
PG. 10

**ASA'S
FASHION
SHOW PG. 6**



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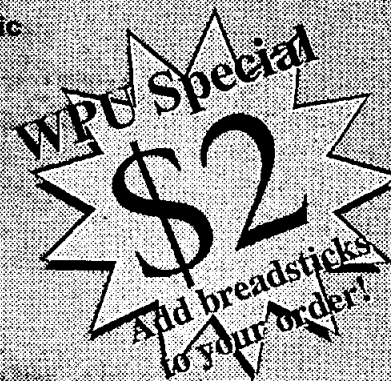
Coca-Cola® Classic

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Calendar of Events

Monday 11•12

SGA: Club Pres. Meeting 3:30
sc203 x2157

Veteran's Day Observed

Swim for Fitness 11am-2pm, 7:30-
10pm Wrightman Gym x2777

New Music Festival: Hands on
Ensemble 7pm Shea x2371

Prince of Peace Chapel: Mass-
12:30

Tuesday 11•13

SGA: CJR 3:30 SC 215

SGA: Finance Committee 3:30 SC
324-5

SGA: Public Relations 3:30 SC 326
Swim for Fitness 11am-2pm, 7:30-
10pm Wrightman Gym x2777

Java & Jazz: 12:30 Student Center
Cafe- WP Jazz Quintet directed by
Prof. Paul Meyers

Prince of Peace Chapel: Mass-
12:30

Intergenerational Tirvia
Challenge: SC 324 & 325. 12:30 -
1:45 PM

Wednesday 11•14

Swim for Fitness 11am-2pm, 7:30-
10pm Wrightman Gym x2777
Discussion "The Making of a
Magazine": Speaker Sylvia
Martinez- Library Auditorium,
3:00 - 5:00 PM

SAPB Meeting: SC 213, 5-7 PM,
x2271

The GLASS MENAGERIE 8pm
Shea \$ x2371

Thursday 11•15

SGA: Exec. Board meeting 3:30
SC 326

Swim for Fitness 11am-2pm, 7:30-
10pm Wrightman Gym x2777
Prince of Peace Chapel: Mass-
5pm

The GLASS MENAGERIE
12:30pm Shea \$ x2371

Senior Center Interaction

12:45pm departs Science Hall
Sociology Club x 2518

Greek Senate Meeting 5-7pm SC
203 x2518

Thursday Spotlight 6pm SC Cafe
Campus Activities x2271

Friday 11•16

Swim for Fitness 11am-2pm
Wrightman Gym x2777

Thoreau and the Bonds of Civil
Society 2001: Presented by
Associate Provost Prof. Stephen
Hahn- Library Auditorium, 7:30
PM

Hike High Point State Park meet
10am SC Cafe x2157

The GLASS MENAGERIE 10am
& 8pm Shea \$ x2371

CPR for the Professional Rescuer
2-5pm Rec Center \$ x2777

Dinner Social Time TBA Cafe
CARIBSA \$ x2518

Saturday 11•17

Annual Thanksgiving Luncheon
for Senior Citizens Noon BR
Creative Aging x2601
The GLASS MENAGERIE 8pm
Shea \$ x2371

*Campus Calendar submissions are
taken on a space-available basis:
first come, first printed.*

Submissions for calendar due
fridays by 5 P.M. for following
Monday's publication.
Fax: 973-720-2093

Email:
beacon@student.wpunj.edu

Sunday 11•18

The GLASS MENAGERIE 10am
Shea \$ x2371
Prince of Peace Chapel: Mass-
10:45 AM & 7:30 PM

Cover photo by:
Matt DeFranza

Cover design by:
Tim Walsh

The Beacon

WEEKLY

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ALL CALLS TO OR FROM *The Beacon* ARE SUBJECT TO ELECTRONIC RECORDING IN COMPLIANCE WITH THE NOTIFICATION LAWS OF THE STATE OF NEW JERSEY AND FEDERAL COMMUNICATIONS COMMISSION.

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Settlement Reached in Rothman Memorial Lawsuit

A settlement was reached in the lawsuit filed by the Jeffrey Rothman Memorial Scholarship Fund against members of the Zeta Beta Tau (ZBT) fraternity on October 24th.

According to the terms of the settlement, the three members of ZBT were required to make a public apology as well as admit turn over the money that they collected to the New York Police & Fire Widow's Children's Benefit Fund. As part of the settlement, the three men also admitted that they violated Statute 13-48-13.2 of New Jersey State Law, which states that it is unlawful to solicit money for a charity without the charity's permission.

ZBT held three separate collections for the Scholarship Fund from March 20 through March 29. A collection was conducted on campus from March 20 through March 22. Money was also collected at the memorial service held for Rothman on March 27 and ZBT sponsored an event at Joey's Place, a night club in Clifton. The Scholarship Fund was not notified that these collections took place until the memorial service on March 27, and did not know about the event at Joey's until August 2001. When the Scholarship Fund requested that ZBT turn over the money collected from

March 20 through March 27, the fraternity did not comply until June 2001, at which time ZBT sent a check for \$240 to the Scholarship Fund.

Since that time, the Scholarship Fund has been requesting information from anyone that may have donated money to ZBT during the collections.

Documents provided by the Scholarship Fund indicate that more than \$240 may have been collected. This amount includes donations made by

other fraternities as well as the money collected from the benefit held at Joey's Place. "This whole thing is about principal. Like the World Trade Center, I don't want them [the ZBT members] profiting off of my son's name," said David Rothman, Jeffrey's father, referring to recent scandals involving charity collections for victims of the attacks on the World Trade Center.

The members of the ZBT fraternity involved in the lawsuit could not be reached for comment at press time.

The lawsuit, which was filed by the Jeffrey Rothman Memorial Scholarship Fund, was filed due to a discrepancy between the amount of money collected by ZBT for the Fund and the amount that was turned over to the Fund.

Larry Clow
Editor-in-Chief

Celebrating Latin Heritage Month with Artist Antonio Carreno

In honor of Latin Heritage Month Antonio Carreno's paintings are being displayed this month in the Student Center Art Gallery. The exhibit is sponsored by the Student Government Association, Spanish Club, and the office of Campus Activities and Student Leadership. Antonio Carreno is an abstract/three dimensional artist originating from the Dominican Republic. On Monday

November 5 2001, Carreno presented his works from 1999 and 2000. There are six pieces on display. He spoke a little on the history of art dating back to the 1800's. He also mentioned the importance of art and the development of technology within art. "Art is essential from every culture" Carreno expressed. He also feels that "art is a necessity to spiritual existence" and the development of technology makes everything beautiful. Carreno said that once one is born with artistic talent one knows it and must stay committed and keep at it. He says when he was younger that his art got too abstract, so he went back to his roots by examining his mother's paintings. He believes his artistic philosophy and elements of

style come from his subconscious and life's aspirations.

Editor's Note—

Students interested in Carreno's art exhibit should also check out the galleries on display in Ben Shahn, as well as the current exhibit of student-created 3D artwork that is featured in Power Art Center right now. For more Latin Heritage Month events, see page 7.

Jeff Shormick
The Beacon

-LC

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The Beacon**

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The SGA: Under the Microscope

The SGA. Three little letters that most students on this campus probably wouldn't think to put together. If you walked up to the average William Patterson Student and asked him, you would most likely get an answer somewhere along the lines of "Wha?" But say "Student Government Association" and the light of recognition appears in the Student's eyes. From freshmen, you would get the assumption that the SGA works much like their High School Student Councils, voted in by popularity contests and acting solely as bodies to enact the will of the administration. From upperclassmen, you may hear about the SGA of the past, about a Student Government that was actively involved in administration and worked for the clubs.

But the current SGA?

Public relations have regrettably been a weak point of the current administration of the SGA. Students are unaware of activities that are sponsored, and many are unaware of the existence of the organization that they are all a part of. Voter turnout this past election was at an all time low (approximately 3% of the student population) and events are going by without the minimum attendance. Yet how can this be? The organization that all students pay a fee to be in hasn't even the basic student recognition to justify its own existence. All that is about to change, of course. The Beacon, long the voice of students, has the capability to inform all of you of the events of the Student Government Association. Now, we will.

Takeisha McCoy, newly elected President of the Freshman Class, was voted Legislator of the Month for October at the November 1 meeting of the Executive Board. The motion was approved unanimously by all present. Takeisha earned this honor through her dedication to her duty and skill in performing it, despite her relative inexperience, as indicated by her swift work in organizing the upcoming Freshman Class Ski Trip and other class events.

The WPU Dance Team was recently chartered by the SGA. Its constitution was formulated through the efforts of a SGA Court of Judicial Review Committee chaired by Angela Rodriguez. Kristen Casale, President of the new club, spearheaded the effort. The Constitution was approved by the CJR and the Executive Board, passing through the Legislature for final approval on Tuesday, November 6. Other students interested in starting or reactivating a club are encouraged to stop by the SGA Office and get a chartering packet.

The Food Committee, headed by Junior Class President Janiki Watley, has been holding inquiries regarding the food situation in the Student Center, especially the Burger King. Allegations have been made at the Executive Board regarding acts by the management of the Burger King to limit the choices of the student customers because of their inability to keep track of simple facts such as the number of burgers they have sold. The Burger King pleads a lack of needed technology at the checkout counter. The Food Committee is continuing to look into the matter.

Campus Security has recently been a concern of the students. Under the direction of SGA President Rashad Davis, the Executive Board has conducted several of its own inquiries into the matter over the past few months. Actions taken by the University Administration, however, have seemingly taken the matter out of the hands of the students, with whom it is most concerned, and placed them in the hands of administrators, culminating in the deactivation of Internal Crowd Monitors (ICM) as a separate entity and combining their personnel with the Student Patrol. The SGA Legislature passed a resolution stating their opposition to this, and sent a letter drafted by the SGA President to the Provost, suggesting a reasonable compromise. The response is still pending.

A matter that came up during the November 8 Executive Board meeting was the status of residents who are staying on campus during the Winter Break. Residence Life has decided for Security and other logisti-

The resolution, designated EB-F2001-01, will require end of semester reports from all clubs and organizations to the SGA Executive Vice President and Treasurer. These reports on the finances and activities of the clubs will help the SGA coordinate their activities and assist in the budgeting process in years to come.

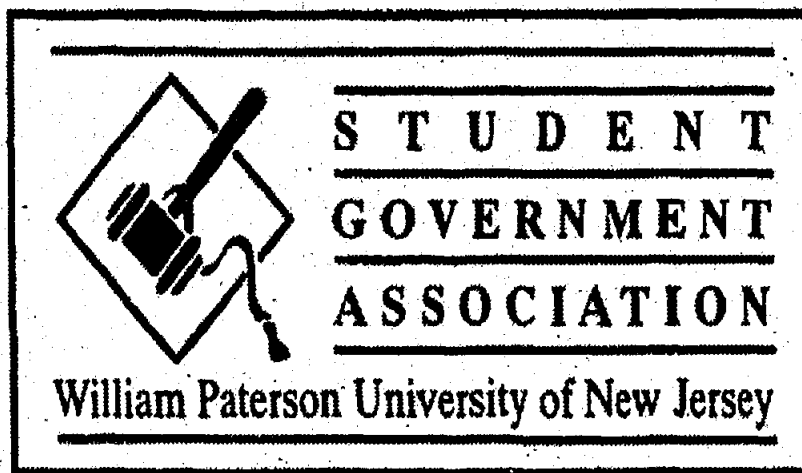
The SGA is still currently looking for students willing to fulfill rolls on the Legislature, the Court of Judicial Review and several Standing Committees. Many of these positions need to be filled for the Association to function with total efficiency. Students interested in becoming active in the SGA should stop by their offices in the Student Center.

The Student Government Association is the largest, most well funded and most important of all Student Organizations at William Patterson University. The reason for this is the simple fact that all organizations of William Patterson, from the History Club to the NAACP to the Catholic Campus Ministry to

the Bowling Team to the Beacon itself, go through the SGA for their charters.

Students need to be aware of the functions and services of the SGA and should feel free to participate in an organization that is ultimately theirs.

Jim Schofield
The Beacon



cal reasons to consolidate all such residents into the first floor of Century Hall. These students would be required to pay \$135 per week for the privilege of staying on campus during the break, should they be granted leave to do so. Many of the International Students have no choice but to remain on campus. However, several students have complained to the Executive Board about this arrangement. Since meal plans would not be usable over

the break because all University Food

Facilities are closed, students would essentially be on their own for food. This is compounded by the lack of cooking facilities in Century Hall, especially for those residents of the

Apartments who are used to these accommodations. Residence Life admitted to the SGA Executive Board that no provisions had been made for food for the students. The Executive Board has decided to gather more information on the matter by meeting with officials from Residence Life, Food Services and the International Student Association, including inviting representatives of these bodies to the November 15 Executive Board meeting.

Also during their November 8 meeting, the Executive Board voted on a resolution drafted by Court of Judicial Review Chairperson Mauricio Mattos.

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HASA's Fashion Show Gets the Point Across

The Beacon Takes a Look at the World of High Fashion

The world of fashion is something that is always changing. New, unique styles are being introduced every day by top name designers. On Saturday, November 3, the Haitian - American Students Association (HASA) presented their fifth annual Exclamation! fashion show.

The show came in two parts, each with a collection from three different designers. In the first collection by Donna Byrd, the models appeared in army fatigues or army related attire. This collection was limited to the women of Exclamation! whereas the next one, the Collection of Kelvin Gordon-El, was limited to only the men. Gordon-El's collection was centered around a casual feel, with many shades of khakis.

Following these two presentations, special guest performers RPU (Real Playaz Unit) performed a hip hop song that impressed the crowd.

After RPU's performance, Raheem Mann showed off his collection of denim and three-piece suits. Mann's denim had a stylish, yet almost a youthful look to it. His suits however, were very unique in the sense that they had huge chunks missing from them. The leisure suits for the women were more modest, whereas the ones designed for the men hid very little.

To put an end to the first half of the show, the women of Exclamation! came out in black, putting a new spin on the phrase "little black dress". After each one came out and strolled down the runway, they all paused on the main stage to pose as a group for the audience.

The second half of the show opened up with exactly the opposite. Instead of women coming down the runway in black dresses, all the men of Exclamation! came down wearing almost nothing at all. Boxers and boxer-briefs are what their wardrobe consisted primarily of, and this definitely invoked a reaction from the ladies of the crowd.

Following the men was the Collection of Vernest C. Moore. Moore's collection was primarily

swimsuits, but it also included some elegant evening gowns for the women, and colorful casual wear for the men.

Once Moore showed his collection of style, The men and women of Excitement performed a seductive dance routine to Janet Jackson's "I Get So Lonely." This little number really spiced up the night and wowed the crowd with sleek

moves and nearly nude dancers. The actual routine was remarkable, and many people enjoyed this part of the show for a number of different reasons.

Moore's collection also included some stunning evening gowns and dresses. Some of these dresses looked more like something that people would actually wear to ballroom events and such.

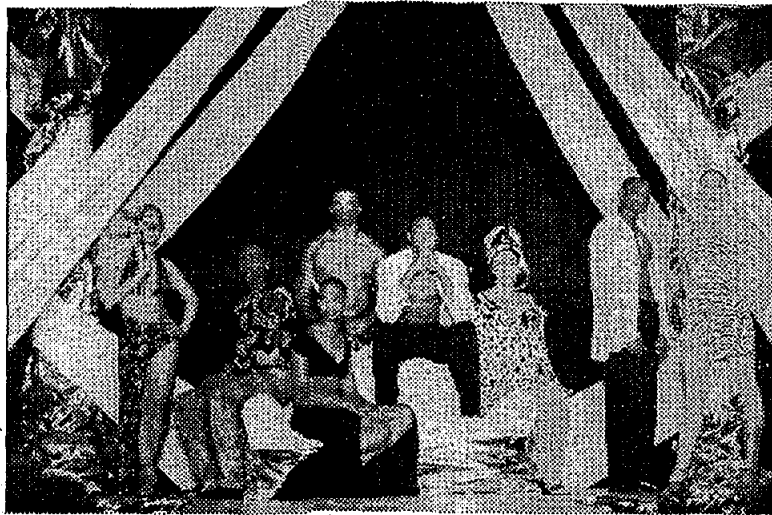
Now I'm not one to criticize fashion, but usually the styles that are presented during fashion shows rarely find their way into society, unless of course you include supermodels and actresses. In that case, some styles do show up. However, it should be noted that super-model Tyrone Edmond was involved with the show.

The dance performance by the group SHADES preceded the grand finale. This new group, run by Desiree Helms, danced to "Rope Burn," another Janet Jackson song. Their performance was excellent, especially since this is their first year as a dance group.

For the finale, all the members of Exclamation! came out one by one, dressed in various outfits ranging from a modern look to 70's disco attire. This was more of a "let's end the show and have some fun with it" type thing. There were people dancing their way down the runway, and one girl even did the classic 70's dance move "The Plunge."

Overall, the show was a hit, and sold out rather quickly. There even came a point before the show that the campus police had to make everyone take a seat to make sure that they weren't over the legal limit of the ballroom. Anyone without a seat would be asked to leave. If that doesn't tell you how popular this show has become, I don't know what else will.

Matt DeFranza
The Beacon



Models of Exclamation!



Exclamation!
HASA Fashion
Show 2001
All photos by
Matt
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The ladies of Exclamation! Pose

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NASCAR FANS CAN MEET KYLE PETTY AND TAKE A SPIN IN #45 SPRINT DODGE SHOW CAR

Dodge show car and Kyle Petty will visit the Totowa area on Tuesday, November 13. Appearing at the Sprint PCS Communications Store at 275 Route 46 West in Totowa, Petty will be signing autographs from 5 to 7 PM. A racing simulator will be available from 2 to 8 PM.

NASCAR and Sprint PCS are giving local fans the chance to meet Winston Cup driver Kyle Petty. Fans can also sit behind the wheel and drive Kyle Petty's #45 Sprint Dodge in a racing simulator that looks and feels like an actual racecar!

NASCAR fans will have a unique opportunity to live out their ultimate race day dreams and gain bragging rights to beating one of NASCAR's most popular drivers on the Winston Cup circuit - Kyle Petty.

The local community is invited to put themselves in Kyle Petty's place by racing in the NASCAR racing simulator - a replica of the Sprint PCS #45 Dodge Intrepid that Petty drives - at the Totowa Sprint Communications store.

Sprint PCS is also encouraging customers to drive safely and keep both hands on the wheel by providing three months of voice command service free and discounted hands-free accessories with purchase and activation.

Spanish Club Hosts Capoeira Group

Liria Areche
The Beacon

William Paterson University's Spanish Club hosted a luncheon on

Tuesday, November 6, as part of the ongoing Latin Heritage month activities. The event featured a short speech by Dr. William Rosa, a professor here at WPU, a large array of Hispanic foods and—the highlight of the afternoon—a demonstration of capoeira, an Afro-Brazilian form of martial arts.

Grupo Liberdade de Capoeira dos Palmares, led by Mestre Cigano, began their demonstration with maculele, which is known as "the dance of the sugar cane." Maculele is a free form dance that can be competitive or simply for fun. It involves dancing with a pair of sticks, called grimas, which are cut from sugar cane. Sometimes machetes can be used in place of the grimas. The participants improvise their movements within the range of a set coreography performed to a four beat pattern played on atabaques. This particular performance of maculele was done by Mestre Cigano's ten year old daughter and one of his other students, known by the capoeirista name Macaco. That segment was followed by a chance for some of the students and faculty in attendance to learn maculele.

There was a short intermission after which the group introduced the instruments involved in capoeira. Mestre Cigano, Macaco and a third member demonstrated with the berimbau, a single stringed instrument. The group as a whole then played an example of the songs that are sung to accompany the capoeiristas' performances.

With this background in the art, the group then began to showcase the members' individual abilities followed by paired presentations of capoeira techniques.

A question and answer session then followed where each member introduced themselves by their capoeirista names and told us how long they had been involved with capoeira. Aside from the group, Macaco said

he saw a capoeira performance in California and sort of fell in love with it. However, he hastened to point out that even the term "fell in love" doesn't cover what he feels.

Mestre Cigano, the leader of this group, also explained his background to the audience. A native of the Botafogo district of Rio de Janeiro in Brazil, Mestre Cigano was introduced to the art of capoeira when he was ten years old. He graduated to the level of Mestre when he was 21 and emigrated to the United States the year after, in 1988. While in Rio, he taught capoeira to the street children as a way to encourage cultural pride and self respect.

He opened the New Jersey Capoeira Arts Center, in the East Ward of Newark, NJ in 1996. The center teaches not only capoeira but other aspects of Brazilian culture, including samba, drumming and dancing. He also teaches at the Newark and New Brunswick campuses of Rutgers University. For more information on Mestre Cigano, Grupo Liberdade de Capoeira dos Palmares, and capoeira in general, go to www.capoeiranj.com.

For explanations of the terms used in this article, along with a brief history of capoeira see The History of Capoeira on page 10.

CAPOEIRA CLASSES BY
MESTRE CIGANO OF
"GRUPO LIBERDADE DE
CAPOEIRA DOS PALMARES"



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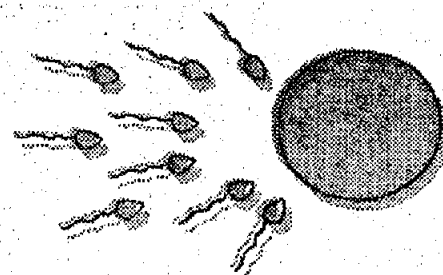
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Breaking Up: Not So Bad After All

As the song goes, "breaking up is hard to do." Everyone who has gone through it, whether dumper or dumpee, will agree. However, not all break ups are the same. The end of a long term relationship is especially difficult to go through, which I am realizing for the first time. Now I understand why in my Communication Theories class this part is called the "Grave Dressing" phase (when we make sense of the end of a relationship and revise our perceptions of the relationship, ourselves and our partner). It's a time to mourn the end of a relationship with someone who was part of my life for an entire year, but it's also a time to welcome everything life will bring me because of it.

Naturally, this was not my initial reaction. I realized my relationship with my boyfriend was troubled lately, but I figured that all couples have problems and we would overcome them because our love was so strong. I didn't expect us to actually break up. But, when he came over to my house at 1:00 in the morning and said he couldn't see me anymore, I was rather speechless. Fifteen minutes later, he walked out the door with "See you around," and I couldn't even look at him. As a result, I spent the rest of the night in tears and part of the next day, too. But, I was determined not to let this take over my life. I pulled myself together the day after and went to work.

Day 2 post break up, my best friend, Noelle, came to my house

with a card and my favorite candy to cheer me up. My family offered their sympathies, as they felt they had lost something too. Great, I had everyone crying with me and bringing me chocolate, as if gaining a few extra pounds would make me feel better. It helped that they felt my pain, but it didn't change what happened. Here I was, dumped without a reasonable excuse from someone who once wanted to get engaged to me. I wondered how people handled situations like this.

I opted to not delay the inevitable and dropped off his stuff. Along with it was a letter saying, among other things, how rude it was to end our relationship the way he did. We eventually started communicating through email, since I refused to talk to him in person or over the phone (I guess that's why I'm a writer). I just wanted to make my point of view known without hearing what he had to say, which would only make me lose my train of thought. That's when things got better. I realized that because we cared about each other we had to break up.

If things continued much longer the way they were, we would end up literally hating each other. Both of us were unhappy and acting unfairly towards the other. Every time we were together turned into an argument and a struggle to have fun, which is not a healthy relationship. So, he made

the first move, although he handled it the wrong way (yes, he admits this) to save our friendship. We agreed that we were both scared of such an early life-time commitment that we would be making. That led to our actions; we failed to communicate, instead just doing things that upset each other more, making our situation worse.

To keep the memories we had together positive ones, we ended things.

While everyone keeps asking me how I'm feeling, they don't seem to understand that I'm surviving this fine. "When this happens to me, I hope I handle it as well as you are," one of my best friends, Jenn, told me over the phone. I see this break up as a positive thing and believe that, as the 311 lyric goes, "From chaos comes clarity."

Couples fear breaking up. However, why should they stay in a relationship that is no longer satisfying to them? Is security more important than happiness? I firmly believe that everything happens for a reason. Although at the time, we may not realize why, we eventually will. We will all love many different

people throughout our lives. Until we find the right person, there's no reason we can't have fun with the wrong ones. Another

311 lyric (you can tell this band inspires me) goes "love is a stream that will run its own course." And it's true. My advice is to not fight the inevitable and welcome change because it will do you good.

Joelle Caputa
Insider Editor

The Mystery of Dating: Part 1

pg. 10

The Math Guy: On Being A Math Person

I'm sure you know the type. They walk around in deep thought. They don't say much. They may look like just another person, but there's something different. Math people live amongst us every day, many of them unnoticed. I know, because I'm one of them. I, too have been sucked into the world of numbers by the power and allure of... answers. I struggled through trig, twice, and half of pre-calculus. That's when they got me. I didn't choose math. No, no, math chose me.

Answers. Are answers worth a social life? Have you ever befriended a math person? People I talk to, they ask me what my hobbies are. I tell them I'm restoring an old truck, and I write. I don't tell them about math. I can hear it now. I've heard it before. "Oh. You're a math person. I'm not good at math." They always point out that they "aren't good at math." Is math a bad common ground? My friends, they know the truth. None of them quite

understand 'recreational math.'

I sit front and center in math class. I make the highest grade on the tests, but I try hard to hide it. It's not like the professor grades on the curve, so I don't have to worry about people beating me up for messing up the curve. I don't

know why I hide it. Then I go home and stick them on the 'fridge. My parents don't understand the problems, just that I got a high score. I like the simple power of

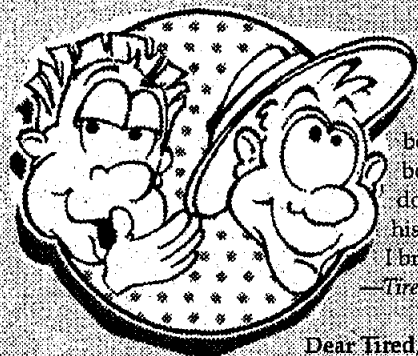
derivatives, the beauty of Euler's number. I ponder extra dimensions at red lights for amusement. I have theories, but I'm scared to share them.

Yep, I'm a math person. You'd have to look closely to see it, but I am.

Math Guy*
Contributor

*name hidden for protection

DISH WITH THE DIVA N' DUDE



Dear Diva,

I am tired of being with my boyfriend, but I don't want to hurt his feelings. How do I breakup with him?

—Tired in Hillside

Dear Tired,

Just break up with him. You aren't doing him any favors lying to him. Just say that you have changed and that you can't treat him the way he deserves to be treated. Tell him you still want to be friends. The other thing you could do is make him break up with you. You just act like a straight bitch, make him think that he would be better off without you. Either way his feelings may be hurt. So just do you!!

—Diva

Dear Tired,

It's considerate of you to care about his feelings afterwards. It's a trait that's seen few and far between. If he cares about you, and you have real reasons for breaking up, he will be hurt, but he will understand. If you tell him your breaking up because Fluffy, your cat, told you to, I don't blame him for being upset. But if you explain your feelings, it will hurt less.

—The Dude

P.S. I wish my ex's had the same courtesy you did...

Dear Diva,

I hate my boyfriend's friends. They are jerks and I don't want him hanging out with them. How do I tell him without him getting mad at me?

—All jerked out in White Hall

Dear All Jerked Out,

Well, he had the friends when he met you and he will probably have the friends if he ever breaks up with you. You shouldn't try to control his life. If you don't like his friends, then stay away from them. Don't make him

choose! If you make him give up his friends then you may as well cut off his penis, because you will be forcing him to give up some of his identity. Couples need their own set of friends, they keep the relationship healthy. If you don't like them, that is your problem, and just tell your boyfriend that you don't want to hang around his friends and that should be the end of it!

—Diva

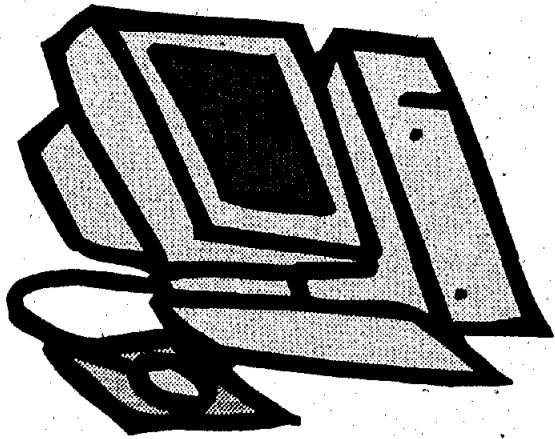
Dear All Jerked Out,

It's a tough mess. But the worst thing you can do is make your guy choose between his friends and his girl. Guys and girls come and go, but friends are forever. Cause chances are he's known them longer, and you'll lose. Such is the case when you make someone choose. The best thing you can do is tell him how you feel. (In softer words). He won't stop hanging out with them, but he may spend more time with you.

—Dude

If you need advice, contact:
Dishwiththediva@hotmail.com

MY TOP TEN LIST OF FUNNY AND/OR USELESS SITES



It's currently 9:43 Wednesday night. I should be at home studying for a World Regional Geography test that I think I'm going to bomb but instead, I am here. Diversity Editor Jen Sinclair came up to me around fifteen minutes ago. "Can you pplllleeeeeaaaassssseeeeeee write an article for diversity this week." Well unfortunately I couldn't say no. I was browsing around the internet and realized that I know of a bunch of funny and/or useless sites. So I figured I'd make up a top ten list of funny or useless sites.

Just a warning, these sites will most likely offend some of you. You were warned!!!

1. http://www.thereverend.com/brick_testament/cain_and_abel/gn04_01a.html

This is just a picture that I find incredibly funny. I ran across it on one of my [H]ardware sites. Just figured I'd pass it along. Maybe it'll bring joy to someone else's face as it did mine.

2. <http://www.b3ta.com>

Just an overall funny site. Funny pictures and funny flash animations. Definitely watch "Episodes Of The Blonde". It's very funny. Hopefully my favorite pic will still be on the site when you go to it. Scroll down and look for the creepy little kid and the bunny.

3. <http://www.vegasdeluxe.com/comdex/gatesomatic.html>

Now you can take the man everyone loves to hate, the man who's running your computer right now, probably the richest man in the world. No I'm not talking about the guy running Saudi Arabia. I'm talking about Bill Gates. You can dress him up in what you feel appropriate. When you first start, all you see is Bill in his Tightly-Whities. Put some clothes on him please.

4. <http://www.planettribes.com/allyourbase/video.shtml>

This movie was very big last year but still had enough pull to make it on my list. All your base belong to us. For those who haven't seen it, it comes from an old Japanese video game called Zero Wing. The game was horribly translated so these guys made a kick ass movie. Watch.

5. <http://www.reverendtommy.com/kitty.swf>

Quite confusing. Ever wonder what a satanic enchanted feline would look like? I know I have. Check this site out.

6. <http://www.uglypeople.com>

Now, I in no way advocate making fun of those who aren't blessed with good looks. I heard about this site sometime last year. Now I always thought I was very ugly and no one would ever find me attractive. Well after going to this site, I realized that I am not ugly. If you have really low self-esteem, it's worth a shot to take a look.

7. <http://www.yourmom.com>

Ever wonder what Yahoo would look like if crossed with a your mom joke? Well this is it. Yourmom.com is a your mom joke heaven. You'll see things here that are funny and just plain disturbing. Definitely worth a visit. Plus, you can get an email address!!!

8. http://www.gamespyarcade.com/software/webgames/sicktwisted/fivefinger/fivefinger_index.htm

It's an incredibly long link but on the other end of it is an incredibly fun game. It's called Five Finger Fillet. You ever take a pen, spread you hand out and try to stab the pen between your fingers? Well this is a computer version of that game but with a knife. Go as far as you can without cutting off all five fingers. Happy stabblings..

9. <http://www.scooterdeath.com/>

Don't you hate people on scooters? I know I do. They go flying by you on those little pieces of crap. You just want to throw a branch in front of them. Well you can do one better. Throw bricks at those on scooters. Kick the crap out of them.

10. <http://www.threebrain.com/weeeeee.html>

My absolutely favorite website currently. It's like a Squirrel on crack. If you haven't been to this site yet, get there!

Allan Ringler
Diversity

Horror Stories from the Shoebox:

Nauseous Nutrition or When Pasta Attacks

This just in: Earlier this evening, tragedy struck Wayne Dinning Hall. Jen, Satan's Little Helper, dust bunnies 1, 2, 25, and the half dust bunny were sitting at a table, conversing and eating "dinner." According to one witness, the conversation went as follows:

"This is food?!" exclaimed Jen. "Whatever gave you that idea?" asked Satan's Little Helper.

Dust bunny 25, who was a mute, just looked up and snickered.

Dust bunny 1 was taking a sip from a glass of blue "juice," when the half dust bunny remarked, "Look, it's Smurf piss!" causing dust bunny 1 to snarl the "drink."

"Blue?" asked dust bunny 2, playing Devil's Advocate as always. "Wouldn't it be green?"

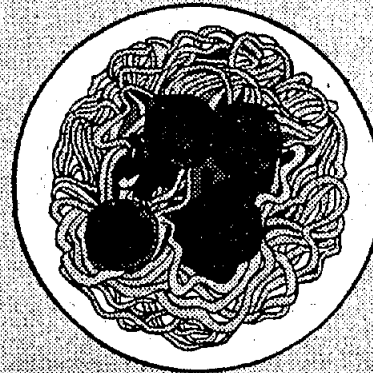
"Green?" asked the half dust bunny. "Why would it be—oh."

Dust bunny 25 continued to eat his "pasta."

Jen, giving up on her "food," had moved on to "dessert." "This 'cookie' is as hard as a rock!" she exclaimed, throwing the "cookie" across the room in frustration. The "cookie" landed in the middle of a table of ditzzy female sheep-students who were also eating "dinner." The "cookie" broke the table in half, and trays full of "food" and "drinks," splattered all over the trendy sheep. The sheep, in turn, ran out of the dining hall wailing about their messed up hair and broken nails.

Meanwhile, back at the Dust Bunny table, conversation continued as "normal."

"Once again, I have been deceived into thinking this is food," said Satan's Little Helper bitterly.



"Why do we keep coming back here?" asked dust bunny number 2.

"Because they have a larger selection of poison than the Student Center," answered the half dust bunny. Everyone realized that this was so, and continued attempting to eat.

"This pepper looks awfully strange," commented dust bunny number 1. To which all present (except for the mute dust bunny number 25) replied, "That's not pepper, it's an alien pod!" in perfect unison, as the alien pepper levitated and floated off toward its home planet.

Just then, dust bunny number 25 was quizzically poking at his "spaghetti," when disaster struck. The "spaghetti" began to move, and then, before anyone could stop it, the pasta had coiled around the fork like a boa constructor and lunged the fork directly at dust bunny number 25's face!

And—*This article has been cut due to graphic content.*

Disclaimer: All, well ok, most of the dialogue herein is real and accurate. However, no tables were harmed in the incident. Really...Honest! And that dust bunny? Well, he had a long history of pasta abuse. It all started with his macaroni and cheese when he was just a child. He had it coming.

Jen Sinclair
Diversity

(Written by Jennifer Sinclair, Satan's Little Helper and a hard-working staff of 47—er—46 and a half dust bunnies.)

The Stupidity Report

Let me begin by saying that my next couple of reports will all have the same theme in mind. That it seems to the students that William Paterson really doesn't care about the students and what they say. They neglect the obvious, and act like problems will solve themselves. I know I'd have a hard time telling someone to come here, when I find more reasons to transfer than stay.

Today: PART 1: Parking

As every student knows, we pay a lot of money to go here. They charge us wonderful fees like the parking decal fee, and so forth. WHAT GOOD IS A DECAL IF NO ONE CHECKS IT? No offense to the freshman, but they shouldn't have their cars here. As the rules state, freshman are not permitted to keep their cars on campus. But instead of checking for cars that don't belong, the "campus security" (notice the quote marks) is too busy making sure that a beloved teacher's spot isn't taken, or that someone does-

n't stay in front of Towers for more than 15.01 seconds.

The school spent way too much money to put the annoying divider in the middle of the parking lot behind the atrium. And a big guard gate that you have to swipe into. I'm sure everyone is happy to know that the teachers cars, that are here from 8-5 pm, are safe.

What about the students who have to keep our cars here overnight. I am scared to hell to leave my car here overnight because chances are, some dumb moron with the IQ of my right sneaker will do something like smash a window, bend the antenna, or throw rocks at it. Perhaps the school could spend some of that \$10,000,000 grant money and increase some

student parking lot security. I know I wouldn't smash someone's windshield knowing that there is a camera watching my every move. Or maybe our "campus security" could at least get

suck to have to be here at 7:30 am to make it to a 9:30 class on time. But what does the school do? Not a damn thing. They give shuttles that once in a while will appear between lots 6 & 7.

I've been hearing rumors that the school is building a parking garage 2 miles away. Hello!!! Can anyone else say "useless?" The only way students will be able to get to campus from there is by hitchhiking. Cause we all know that waiting for a shuttle is like watching grass grow.

So. Suggestions? Well, instead of redoing a tennis court for the 3 people that notice it existed, maybe they should have put a parking lot in. Maybe across from Hillside, for all the residents. Then given commuters Lot 5. And put in some cameras in there. I highly doubt that the "campus security" team will hurt for man-power to sit in front of monitors. They cer-

tainly aren't doing anymore more productive, other than hitting up students at \$15 a pop.

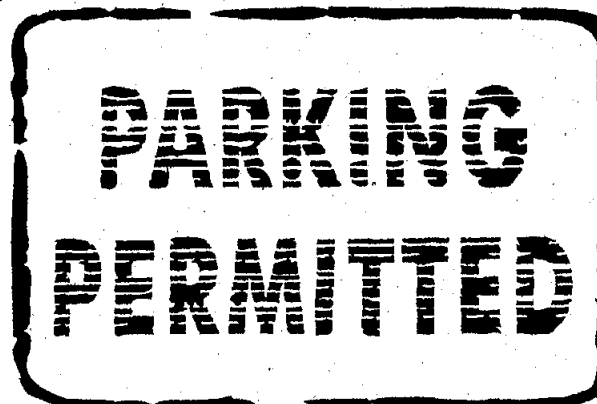
As I finish, I want to clarify that I in no way am referring to the Campus Police when I mention campus security. I am referring to those guys that drive around with a ticket book and too much time on their hands.

Coming Up: Meal Plans, Phantom Shuttles, Trash on Campus

PS. - This is a student ID. It does not translate into any currency of any kind.

PPS - I like tennis. I like tennis courts. I like tennis players. (Hi Anna!) I have played personally for many years. I in no way was intending to offend them. My apologies if I did.

Dan Kreifus
Diversity



out of the teachers parking lot for 15 minutes a day, and see what's going on in the rest of the world. I have more sympathy for commuters than anyone else. It must

The History of Capoeira

Liria Areche The Beacon

Capoeira, for those who are unfamiliar with the term, is an Afro-Brazilian form of martial arts that combines elements of self-defense, dance, acrobatics, music, ritual and game. While, as most martial arts, it can be violent, evasion is a key aspect of the art as it is taught here. It's enough to show that one could have struck his/her opponent without actually doing so.

Practitioners of the art are known as capoeiristas and the instructors are known as mestres. For the jogo, or the game, the capoeiristas form a circle (a roda). At the foot of the circle are musicians playing the instruments that are vital in the jogo. There is the berimbau, a single string bow type instrument that sets the pace for the capoeiristas. The atabaque (the congo), the pandeiro (the tambourine), and the agogo (bell) follow the lead of the berimbau to create a rhythm that is accompanied by songs sung in Portuguese by both the musicians and the participants.

The exact history of capoeira is ambiguous, as there isn't documentation for all the theories behind its origin. What is known is that the art form was first documented in Brazil around the sixteenth century with the arrival of slaves brought by the Portuguese from Africa. The African slaves brought with them their culture, which they celebrated in various forms in their new home. Capoeira was one of the aspects of that culture. A popular idea attached to capoeira is that the slaves in Brazil sought to hide the fact that they were fighting by covering the fighting techniques with dance forms—hence the combination of dance, acrobatics and self-defense that characterizes capoeira. There is no documentation behind that theory. Furthermore, around 1814, most forms of African cultural expression suffered repression, including capoeira. With that in mind, it would have been fruitless to try to hide the martial arts behind a dance

because dance was outlawed as well. When the slaves were freed in 1888 by the Golden Law, they remained without a place in society and so their art floundered with them. Capoeira was officially outlawed in the Republic of Brazil's first constitution in 1892. Capoeira continued to be practiced, however, in different forms in different areas of Brazil, from an exclusive fighting form in Rio de Janeiro,



Picture courtesy of www.axecapoeira.com/gallery.php

to a ritual-dance-fight-game in Bahia. When the twentieth century began, practitioners of capoeira in Rio were rogues and criminals. In Recife, another part of Brazil, capoeira became associated with the bands that performed at street festivals, and rival bands often ended up fighting. Capoeiristas in Bahia were also considered criminals. Through persecution and confrontations with authority, the art form died off in most areas, except for in Bahia.

Two key figures emerged during the twentieth century who are now known as the ancestors of all capoeira play-

ers. The first was Mestre Bimba, Manuel dos Reis Machado, who opened the first capoeira academy in Salvador in 1932. This academy taught what he called "the regional fight from Bahia" which later became Capoeira Regional, a faster and more aggressive style compared to the traditional Capoeira Angola. It was with the official recognition of this academy in 1937 that capoeira began to be taught to the children of the upper classes. It must be noted that this opportunity was due only to the policies of the government behind Getulio Vargas, who wanted to promote capoeira as a Brazilian sport.

The other key figure was Mestre Pastinha, Vicente Ferreira Pastinha, who opened a capoeira angola school in 1941 where capoeira began to be taught openly and in a formal setting. The government confiscated the place which housed his academy under shady pretenses and though Mestre Pastinha was promised a new one, the government never came through.

Capoeira was established as the official sport of Brazil in 1974 and a national federation was created to help unify the various groups that existed throughout the country.

If you are interested in finding out more about capoeira, there are a number of sites online that discuss the history of the art and much more. There are also capoeira schools in the tri-state area. In fact, a capoeira club is being started right here at William Paterson University. I spoke to Kelly Marques, who is trying to get the club started. When asked where the idea came from, she said "I studied abroad last year in Brazil. I fell in love with capoeira and got this crazy idea." The club should be up and running by next semester. If you'd like to find out more about joining the club, contact Kelly at: MarquesK@student.wpunj.edu.

All background information taken from the Capoeira of San Jose website at: www.capoeirasj.com/caphistory/

The Mystery of Dating: Part 1

What's up with this dating thing? See, this is the one question I've found myself constantly asking ever since I came to WPU. At the start, I blamed my dating ignorance on the fact that I am from Europe. However, I soon realized that many Americans were lost as well. For your information, we do not date in Europe, we hook up, which has caused me to be completely blown away by the American dating system. Unlike my Danish friends around the world who continue to follow the Danish hook-up style, I've decided to adapt. If I didn't do so, I would probably soon find myself with quite a reputation.

However, in order to do the dating thing, I had to figure out what it was actually all about. After asking multiple Americans who could not give me a clear answer, I simply decided to do a little survey. I made up 36 intense and very personal questions, found 20 male and 20 female students, and put them through what at times seemed to be something quite similar to an actual interrogation. I, in fact, saw people sweating, and some simply decided not to participate.

My first encounter with the American hook up/dating system occurred when I went to chill with some guy I had met. It turned out that his definition of chilling varied quite a bit from my own. This sparked my curious mind to do the survey. According to the survey, chilling can be anything from watching TV as friends to having sex somewhere in public. So, next time a guy asks me when we are going to chill, I'll definitely think twice before giving him an answer. In my

defense, I want to add that only three out of 20 guys believed chilling could be an act with romantic intent while five girls held the same belief. To clarify this, nine guys and fifteen girls believed that chilling meant friendship only.

When it comes to dating, I have been rather confused about when you are exclusive, and when you are not.

In the survey I asked students to define the concept of dating, and I found the answers to be quite intriguing. It turned out that only four guys believed that dating was exclusive, ten guys did not consider dating to be exclusive, and six had no clear answer. In comparison, nine girls believed that dating was exclusive, whereas eleven defined it as being non-exclusive.

When it came to the terms "seeing each other" and "going out", I was completely in the dark. In the survey, people defined "seeing each other" as anything from friends with benefits to an actual relationship. Two male and three female students considered "seeing each other" to be exclusive, where ten males and seventeen females did not consider it to be exclusive. One male student characterized it as friendship and seven

had no answer.

"Going out" was thought of as being an exclusive action by four guys and ten girls, while seven guys and nine girls did not consider it as such. Two guys and one girl characterized "going out" as friendship only, and in this case seven guys did not have an answer.

The concept of hanging out was another mystery that I decided to explore in the survey as well. Seven men and seven women answered that they considered hanging out to be a way of hooking up, or at least a term that could have intimate

undertones. Six males believed that hanging out was nothing but friendship and seven did not have a clear answer. In comparison, thirteen females considered hanging out to be only friendship.

To the question "Do you date multiple guys or girls at the same time?" ten guys and eight girls answered yes, whereas nine guys and twelve girls said no. One guy left no

answer. Eight guys and ten girls said that they had never dated more than one person at the same time. Two guys and two girls stated that they had dated two people at the same time, six males and three females stated that this number was three. Two guys and one girl declared that they

had dated four people at the same time. Two girls had dated five guys at the same time, and one guy had dated six girls simultaneously. One woman and one man had succeeded in dating seven people at the same time, and two people were incapable of stating their number.

Being asked how they would feel if someone they were dating dated someone else at the same time, six guys and six girls declared that they would be fine, and that it would not bother them. Thirteen males and fourteen females would feel bad, upset or simply pissed off, while seven females added that they would terminate the relationship. Two male students did not answer the question.

After doing this survey, I have come to the conclusion that I will never figure out the American dating system. In my opinion, every international student should receive a brochure with dating instructions together with the usual American culture information. And then again, maybe every college student should receive an instruction packet as well. If you are interested in knowing more about what male and female students had to say about certain dating issues like cheating, then pick up the next issue of the Beacon, where the rest of the survey results will appear.

Sine Sorensen
The Beacon

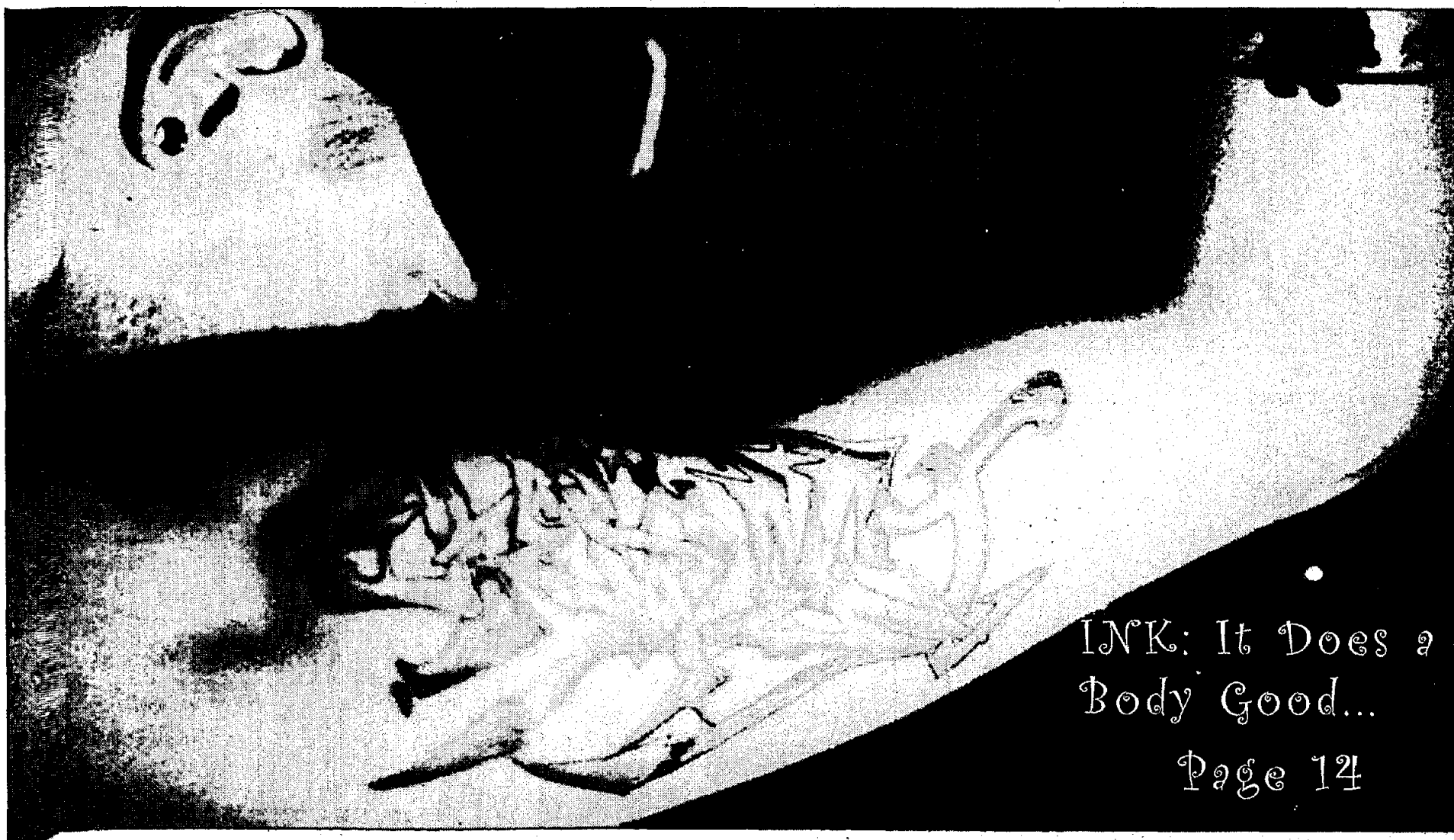


Insider

Music • Film • Art • Drama • Books

Riding In Cars With Boys...

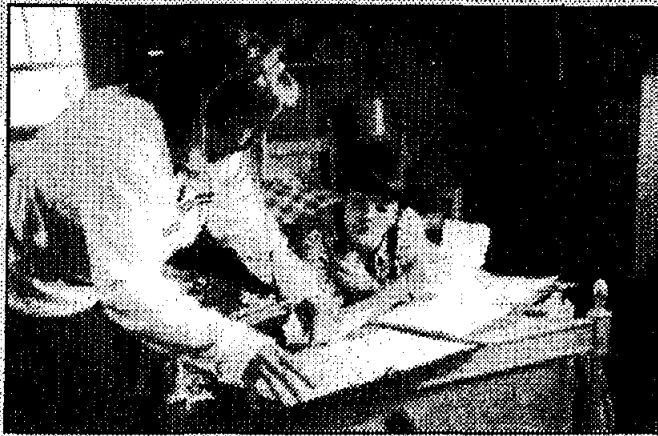
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INK: It Does a
Body Good...

Page 14

Drew Does it Again with ... Boys



Marshall behind the scenes with Barrymore.
Photos by Andrew Schwartz/SMPSP.

pregnant. The two friends dream of raising their daughters together. However, not all things in life go as planned and Beverly gives birth to a son.

From that point on in the film, Beverly must grow up. She focuses on her dream of being a writer in NYC, but she must first get accepted to college. This is not easy considering her husband (portrayed by Steve Zahn) is less than helpful and harboring a secret drug addiction.

Without giving too much away, the movie is based on

the book *Riding in Cars With Boys*, by Donofrio. It was adapted into a screenplay by Morgan Upton Ward and was directed by Penny Marshall. Familiar faces, such as Lorraine Bracco, James Woods, Sara Gilbert



and Peter Facinelli also star in the film.

The movie is more of a drama, although it is portrayed as a comedy in promotional commercials. However, don't let this fool you, the movie is still worth your time and money, even if it's not what you might be expecting. "You're laughing

Joelle Caputa
Insider Editor

and then you're crying, and then you're laughing about what you're crying about.

This is the tone of the movie, too-walking a very fine line between comedy and drama," says producer Laurence Mark.

"I've never been as scared going into any character as I was with Beverly. I've never focused this hard. I completely walked away from my own life for seven months," says Barrymore. But it

paid off because it looks like Barrymore will be nominated for a "Best Actress" award in future award ceremonies.

Perhaps producer Jim Brooks described the movie best when he said, "Everybody's experience with this picture was like none they've ever had before and none they'll ever have again."



Bev's wedding day was the beginning of the end of her youth.

Not since *Erin Brockovich* has a motion picture based on a true story been so well told as *Riding in Cars With Boys*. Drew Barrymore once again captures the heart of audience members as this is perhaps her best performance ever. Her role requires her to range from a variety of emotions, which include joy, despair and strength throughout her character's life.

Barrymore portrays Beverly Donofrio, who ages from 15 to 35 in the course of the film. The basic premise is that at 15 years old, she gets pregnant by her boyfriend and is forced to marry him in order to uphold her family's respectable image. She is neither in love nor looking forward to being a mother. Things seem to get better for her when she learns that her best friend, Fay (portrayed by an anorexic looking Brittany Murphy) is also

CHANGING THE FACE OF HIP HOP: DILATED PEOPLES

The Dilated Peoples came out of nowhere with a boom. Their new creation, *Expansion Team*, is a tight explosion of beats, rhymes, scratches, and all together creativity. The first song "Live On Stage" hits you with finesse and smoothness. Great mixing appears on this track and is well delivered in the right places. "Worst Comes To Worst", is their hit zsong that is getting airplay everywhere,

Pete Markowicz
Asst. Insider Editor

including a video on BET and MTV.

There are sixteen tracks and every song rips your ears to shreds. Some of the samples are mind bending. It's mostly voice over samples.

I'm not sure if any instrumental beats were sampled. A couple people appear on the album doing vocals such as Black Thought from *The Roots*, Defari, Phil Tha Agony, and Tha Liks. Production wise they have Da

Beatminerz, Joey Chavez, the Alchemist, Juju, and Mei Man, who produced *Dre's*, *The Chronic*, and most of Eminem's shit.

This might be the album to save hip-hop forever. This trio includes Evidence, Rakaa(Iriscience), and

DILATED PEOPLES EXPANSION TEAM



the almighty Gagu is the scratcher. The rhymes include flows about graffiti, war, keeping it real with your homeys, and getting dilated

ed pupils (smoking weed for all you slow people). The voices are very distinct on this particular album. They're different. The flows are sick. The words are slammed out like a freight train massacre.

The title means they are a new team in the league even though they have been underground for a while. DP is going global with their second hard hitting album. Hip-hop will never be the same again.

Loews Theatres Wayne, NJ
(973)890-0505
Sunday - Thursday (11/11 - 11/15)

"THE HEIST" (R) 11:40, 2:15, 4:50, 7:40, 10:15
"SHALLOW HAL" (PG13) 11:50, 2:40, 5:20, 7:50, 10:35
"LIFE AS A HOUSE" (R) 12:10, 3:35, 6:45, 10:10
"MONSTERS INC." (G) 11:30, 1:00, 2:00, 3:30, 4:30, 6:00, 7:00, 8:30, 9:30, 10:40
"DOMESTIC" (PG13) 12:00, 1:10, 2:30, 3:50, 5:00, 6:20, 7:10, 9:10, 10:45
"THE ONE" (PG13) 1:20, 3:40, 6:15, 8:20, 10:30
"FROM HELL" (R) 1:50, 4:40, 7:30, 10:25
"TRAINING DAY" (R) 12:20, 3:45, 6:50, 9:40
"CORKY ROMANO" (PG13) 12:50, 3:10, 5:40, 8:00, 10:20
"RIDING IN CARS" (PG13) 12:30, 3:20, 6:40
"K-PAX" (PG13) 12:40, 3:55, 7:05, 10:00
"BONES" (R) 9:50
"13 GHOSTS" (R) 1:40, 4:10, 6:50, 9:00

Six Reasons Why YOU Should Write for the Insider:

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- ◆Get the chance to interview your favorite band!
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Kick Back and Relax with Superchunk

Pete Markowicz
Asst. Insider Editor

1989 is when the mega band known as

Superchunk blew out of the water. Their new record is called *Here's to Shutting Up*. Their newest one is more mellow and perplexed in my opinion. The opening song electrifies your bones with their mature sound. "Phone Sex" has a weird noisy sound to it. It can be related to an electric country sound. Weird, huh? "Florida's On Fire" is fucking amazing! It's got good guitar sounds, great timing vocals and a killer ending solution.

Every song is a good collaboration on everybody's part. The songs are really shimmery and intricate. Jim and Mac added keyboards and delicate things to their usual crunchy guitars. They also unplugged a bit, for a more acoustic feel. Laura and Jon keep the

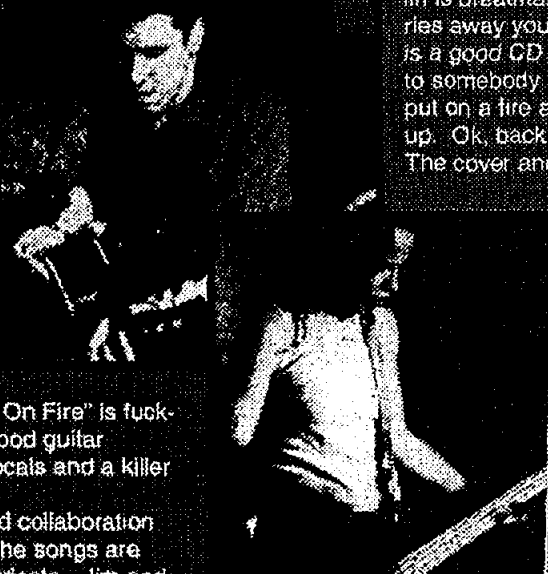
bass and drums in check. Mac sings with a little help from Laura, as well as a cameo appearance from the Rock A Teens and Japancakes.

There are ten tracks on this album that soothe your mind, body, and soul. The

CD is very relaxing and lets you breathe. The violin is breathtaking and carries away your heart. This is a good CD to get close to somebody with. Maybe put on a fire and snuggle up. Ok, back to the CD. The cover and back

leaflets are glossy see through which makes the CD different. That's basically the whole idea of the album.

It's different. A new mature Superchunk sound that is here to stay forever.



Our Lady Peace Play Music Without Borders Benefit

TORONTO, Nov. 7 /CNW/ -

On the heels of a concert held in Toronto on October 21st to raise funds to support humanitarian relief surrounding the current conflict in Afghanistan, War Child Canada is heading to Islamabad and Peshawar.

The purpose of the trip is to both visit existing War Child Canada (WCC) field projects and carry out an emergency humanitarian assessment of refugees and displaced Afghans. Ultimately, the goal is to procure, disburse and supervise the delivery of food, medicines and other urgently needed items for Afghan civilians. All of the above will be purchased with funds raised during the Music Without Borders Benefit Concert for Afghan Relief. Artists that donated their services included Alanis Morissette, Our Lady Peace, The Tragically Hip, Barenaked Ladies, Choclaire and Bruce Cockburn. Dr. Eric Hoskins, Co-Executive Director of WCC, is leading the mission on behalf of the organization. His background includes extensive humanitarian work in Africa and Asia, as well as in Iraq during the Gulf War. He is a

recipient of the Pearson Peace Medal, Canada's highest humanitarian award, for his efforts at that particular time.

"The situation on the ground is very grave, with 7.5 million at risk of starvation," says Hoskins. "What we are facing, quite literally is a race against time, with winter only weeks away. Our goal is to provide urgently needed food, medicine and other essential



OLP photo from band's web site.

items."

"I will be visiting the War Child education project (Esmat Girl's School) in Peshawar, conducting a humanitarian assessment of the refugee situation, consulting with our NGO partners about the situation in Afghanistan, and distributing and monitoring the distribution of food, medicine, blankets, tents and cooking utensils purchased from the proceeds from Music Without Borders," explains Hoskins.

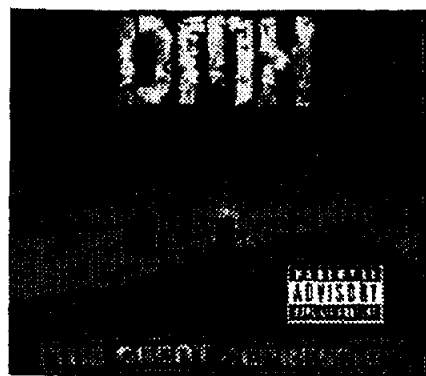
Additionally, Hoskins will be sending back photos and field diaries via the Internet on an ongoing basis. These can be seen at www.warchild.ca and at www.ourladypeace.com. He will be available for interviews before, during and after the mission.

"I became involved with War Child Canada because of its grassroots and very personal approach to helping war-affected children," states Raine Maida from Our Lady Peace. "Through Eric's photo and field diaries we are going to be able to see exactly how the War Child portion of money raised from the Music Without Borders Concert is being put to use."

War Child has had a significant impact in promoting and supporting the cause of war-affected children around the world. This includes a project providing primary school education to more than 7,500 Afghan refugee girls and an emergency field bakery providing sustenance for Afghan refugees in Iran. It also specializes in providing emergency relief and rehabilitation programs for children both during and after conflict.

Rap Reviews by a Rocker at Heart

Frequent readers of the Beacon have probably noticed that the Insider rarely covers hip hop, rap and R&B. It's not because we are prejudice, that we don't like it or



because Ad Manager Kevin Smith steals those CD's as soon as they arrive in the mail. It's because no one who listens to any of these genres of music sends us articles! Most recently, we've received the newest releases by Jay-Z, DMX and Ja Rule, all of which are chart toppers. So, I decided to branch out and review these CD's.

However, I should mention that although I listen to Craig David and have a crush on LL Cool J, my extensive CD collection is lacking when it comes to rap, hip hop and R&B. In fact, all that represents those types of music in my collection are Salt-N-Pepa, Tevin Campbell, Kris Kross, TLC, Aaliyah, Shai, Color Me Badd, Jon B. and SWV, all of which I have not pulled out in years. While spinning these new CD's that

I'm reviewing, my CD player looked like an alien object, because the sounds coming out of it seemed foreign. I'll admit, I'm not at all educated on the hip hop culture and it took me a while to figure out where the term "bling bling" came from. Another confession, while I'm writing this article, I'm watching an Incubus interview on MTV2. After hearing this, don't you want to hear what I have to say about these CD's?

First, I checked out DMX's *The Great Depression*, because up to this point, I like his music the most. Whenever his past singles, "Rough Riders Anthem," or "Party Up" were on the radio I pumped up the volume. However, I still couldn't listen to the whole CD-ever. The only song that I was familiar with was "We Right Here," which I like. The first track that I listened to in its entirety was "Shorty Was the Bomb," because the intro

caught my attention. The spoken word tracks, "Sometimes" and "Prayer IV" were unexpected, yet interesting. I wasn't into "Damien III" at all, but found chorus of "Trina Moe" is still stuck in my head. And, I'm sure "I'll Miss You," featuring Faith Evans will be a future single.

Next, I checked out what Jay-Z was up to. I bet some of you Jay-Z fans out there didn't know that he is

featured on the track "Be Alone No More," by the hot R&B group from England, Another Level's CD. I have the CD of theirs that the song is on and let me tell you it is mmm-good. Anyway, on to *The Blueprint*, which I just ransacked my house looking for (don't worry, the Incubus interview was on a commercial). It was stashed in my rocker brother's car because there's a remake of a Doors song on there ("Takeover"). However, I found the song "Girls, Girls, Girls" the most amusing. I already knew "IZZO (H.O.V.A.)" because I usually switch stations when it comes on the radio.

"Heart of the City" wasn't so bad. I gather that "Song Cry" is the closest he gets to an emotional song. Eminem pops up on the track "Renegade," so no doubt I'll hear that again on the air waves.

Pain Is Love, Ja Rule's effort, doesn't start off too optimistic, which I didn't enjoy too much. What's up with skits

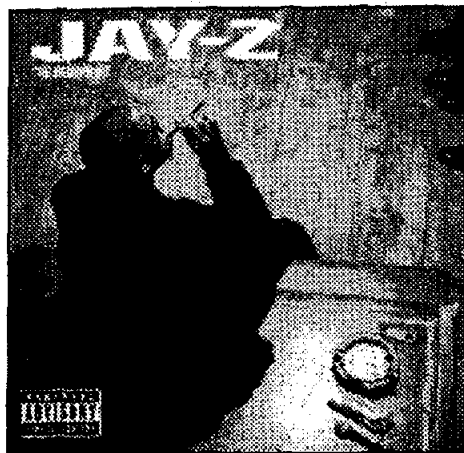
on CD's anyway? OK, so "Leo" did make me laugh with the whole fortune teller theme

to it. I didn't even want to listen to track two because it was called "Dial M for Murder." But hey, "Livin' It Up" finally brightens things up a bit and it has my approval. Of course, that may have something to do with Stevie Wonder's influence on it. "Down Ass Bitch" wasn't so bad, despite its sexist title. "I'm Real," featuring

everyone's big butt queen who I'm sick of, Jennifer Lopez, would be a good song if it wasn't on MTV every time I turn it on. "Lost Little Girl" I listened to longer than the others, before skipping to the next track. I should mention that Tupac's voice is on one of the songs, for those that still can't get enough of him.

So there you have my opinions. Not one CD stood out more than the others, but I'm sure that their true fans would disagree. While I wasn't converted to a full fledged fan through any of these CD's, you might just catch me giving DMX another spin. If you have other opinions on these discs or any other, send your reviews to the Beacon via email at beacon@student.wpunj.edu. Start representing your music in your paper!

Joelle Caputa
Insider Editor



Ink: It Does a Body Good

"I KNEW THERE WAS NO TURNING BACK, SCREAMING FOR HELP, OR RUNNING OUT."

It all started when I was eighteen, bored, and paid. I stumbled into a tattoo shop named Jinx Proof, which is located in a nearby town named Montclair. For some odd reason, I thought I was a bad ass that day, and told the artist to tattoo me on my visible forearm. As I sat in the chair nervously, I watched the artist prepare his

sharp tools to create this giant

Photos by Jim Hodgson The Beacon

wound. I began to sweat profusely as he got closer and closer. The sound of the gun was scraping my insides. The first prick brought about a mind frame I cannot describe to anyone in this world, unless they are tattooed.

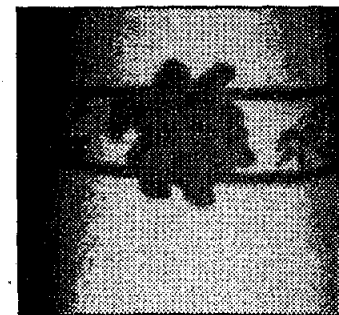
It was a significance that made me feel spe-

cial. Complete. The first piece to the puzzle was set. The stinging needle became uncomfortable and annoying. To my surprise, it wasn't that painful. I knew there was no turning back, screaming for help, or running out. This was to stay with my body forever. It was becoming a representation of who I was, where I was going, and who I was to become. It was beautiful. The look of the artist's eyes as he pierced through my skin to unravel a chinese character, that means power and strength, was inspiring. The blood trickled down my arm and I was fucking loving it. Masochistic? I don't think so.

Pete Markowicz
Asst. Insider Editor

The artist told me my skin was too thick and he had to get a stronger needle. I thought of nothing but demise. It did hurt a lot more with the other needle, but it was worth it. After an hour of feeling something new, I was in amazement that a picture was on my arm. I paid the worthless money to my newest favorite person who had given me this black birthmark of freedom.

I shortly went home to ridicule and anger. They got over it. But I didn't. I began collect-



ing big pieces among my body. The deceased Kryptonite Tattoo Shop was where I started spending my time and money. My good friend Lara, who was setting the standard for female tattooists, was the one administering my ink. Two graffiti pieces, a pin-up girl, the Spitfire logo, and oriental images are what Lara created onto my human canvas. I had a lot of good times there and these tattoos will represent that.

I recently have received a graffiti piece by an amazing artist named CJ. He is based out of Daredevil Tattoos in NYC. He is no fucking joke. Check him out. Anyways, I could talk about my tattoos and what they mean to me for hours, but frankly, I don't think you give a shit. So, I'm

ending it with this. I know in the future, I will be almost completely covered, and that's my choice. So please be open minded to people of all races, backgrounds, and preferences. Tattoos aren't for everyone. If you don't like them, don't get one. And don't stereotype all tattooed people. Most of us are really nice. If you do however, choose to get a tattoo, plan it out thoroughly, because this is a piece of eternal art that's going with you to the grave. So, get out there and show your colors!

GUESS HOW MANY TATTOOS PETE HAS AND WE'LL GIVE YOU A FREE CD! THE CATCH? YOU GOTTA BE THE FIRST ONE TO GUESS THE CORRECT NUMBER ON YOUR FIRST TRY. EMAIL YOUR GUESS TO pete@studeit.wpunj.edu

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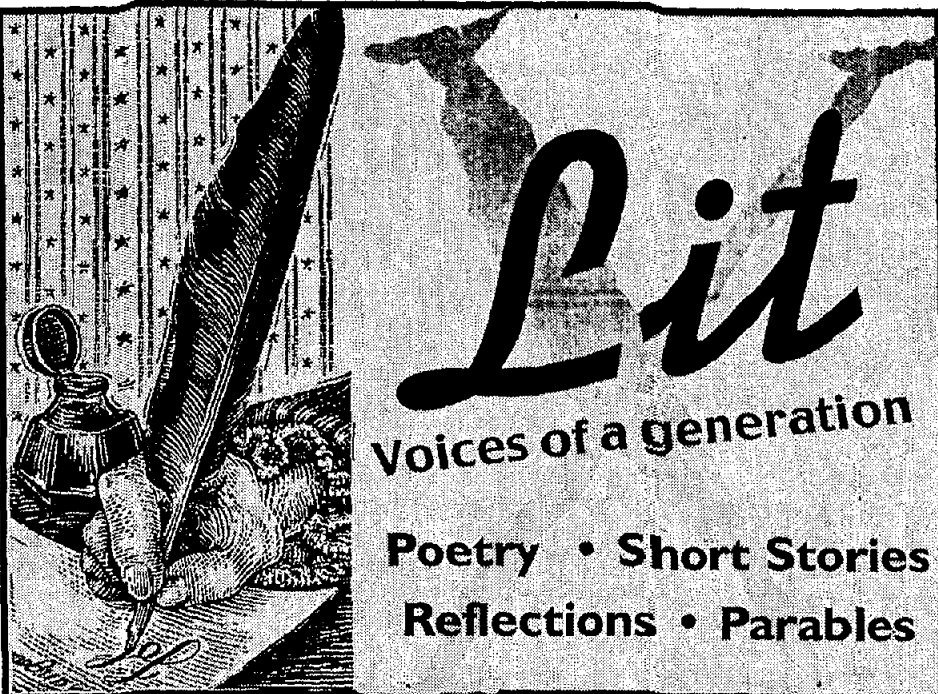
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and he explained that he liked the ones sung indecipherable those scottish girls i think evangeline mud and dark hitherto persephone pink orange red and it gave us names and sound to things with names and no sound and somehow it gave you power over me why i don't know except i thought your absolute coolness the things i see as cool could make up for the fact that you were bizarrely squeamish about sex i mean you're 24 there's nothing to be afraid of except maybe rejection but there are lots of girls believing in the myth of you foolish enough to let you into heart/minds/bed/boudoirs and o you're better than us with our experiments and adventures that involve the soul gotta lotta heart innit sometimes unlike you(r exterior) and it makes me wonder if you'll ever have a wife kids a dog or cats (more cats) or if you'd just rather be alone to prove that people are scary and it makes me laugh that your real name is ***** like you tried to move away from such a geek name silly little dork so you shortened it to make it cooler adopted some japanese name gave yourself yonder as if new names made you another person every step away from you is just another breath closer to that ultimate lie: you care and i can't even explain why you're in my head maybe i crashed and burned into love with you stupid me realizing i took the wrong flight as we sink into the oblivion of the southern pacific ocean what's a little sea between friends not as bad as owing money for sure and just like cough syrup you taste goos (so sweet) at first until you get used to the flavor and contempt soon follows but we'll drink you in anyways because you're rain after a drought stimulus in the absence of any feeling whatever sex has become another country spain or france maybe mostly recognizable sounds but i can't quite recognize anything anymore transported somewhere no money but US dollar bills tucked into my boots wrong fashion statement more often than not lately sex is something that scares me and i wish i could go back to ignoring this feeling and lotus mooncakes are *weird* gooey like banana semi-viscous 100% gross texture that's it pretty-looking soul with a bad texture wrong context and he said he was so sorry he didn't know he hurt me ugh i can't believe i let him touch me again even after it'd all happened and i can't believe i talked to him had anything to do with him please tell me i mean more than flesh a warm body someone to take up space a girl that whines too much tell me i mean more than just flesh i've more worth than flesh please tell me i need to be told so tell me i need to be told and please tell me i need to be told so badly i'm more than the friend that makes out with all her friends well most of them well alot of them more than transitory i am more than just one little female human being don't reduce me to parts of a gender i don't know what to do with

*~*gli++3r*~*

Winnie the Pooh's Tigger Parody of a Soliloquy

by Tahira Rehman

To bounce, or not to bounce –
that is the question:
Whether 'tis nobler in the mind to make suffer
The carrots and cabbages of Rabbit's garden
Or to take a leap upon Pooh.
And by opposing end friendship.
To bounce – to leap –
No more; and by leap to say we end
The friendship, and the thousand natural springs
That my tail is heir to. 'Tis a friendship
Devoutly to be kept. To bounce – to leap.
To leap – perchance to hip: ay, there's the rub!
For in that leap what friends may be lost
When I have risen from the ground,
We must break up. There's the respect
That makes calamity of so long friendship.
For who would bear my weight upon them,
My echoing laugh, my pride in tiggers,
The pangs of my attack, the loss of way
In the woods, and the spurns that patient
Christopher Robin takes
When he himself would rather make
Without my bouncing about.
What a burden I am,
To jump and leap all through life
But that dread of one without bounces,
That unknown life without a springy tail
No tigger goes, it puzzles me so
And makes me rather live without friends
Than to leave my bounce to walk like
others do.
Thus leaping makes tiggers of us all.
And thus the glow of friendship
Is obscured with the hate of leaps
To such high points and laughs.
With this regard our amity will turn away
And lose the name of friend.



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Dr. Gail D. Brooks, Assistant Superintendent
Monroe Township Schools
423 Bucklew Avenue
Monroe Township, NJ 08831

Fax: 732-521-1628, E-mail: gbrooks@monroe.k12.nj.us

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To Pass or to Fail? That is the Question

The pass/fail option here on campus is something that is appreciated by many people; however it has been under attack and has been for a couple of years now. The rule regarding the pass/fail option is as follows:

The Pass/Fail option is for Undergraduate students taking undergraduate courses

only! The students are allowed to take four pass/fail courses during their undergraduate career and may only take one pass/fail course per semester. Major Requirements and co-major requirements cannot be taken pass/fail. To take a course pass/fail, a student must register for the course and then go to the registrar's office and fill out a pass/fail contract. This contract must be done within the first 10 days of the semester. The decision to take a course pass/fail cannot be reversed once the form is submitted. If a grade F is earned in a pass/fail course then the F will be calculated into your GPA but a grade of P will not. The instructor does not know that you are taking the course pass/fail. He or she will submit your grade; a grade of A-D will result in a P, and an F will equal an F.

This seems like a great opportunity for students to feel comfortable in a class they can't quite grasp without the worry of damaging a "good" GPA. There are many members of the faculty who feel students who register for pass/fail courses have other intentions. They have received the impression that the students see it as a quick three credits to a class they never liked and probably won't attend. It is impressions like these that are the reasons why many instructors are in agreement that pass/fail option should be at the least modified if not removed from the university. Prof. Martin Hahn, from the Science Department, recommends that the pass/fail option be used only for classes above the 200 levels. He claims that pass/fail option intended to allow students to explore topics outside of their specialty primarily in the upper level courses without having to worry about their GPA. He says that the current pass/fail policy is out of correspondence with the university's mission statement. He suggests that students who use the pass/fail option usually strive for the D and the result is an F. How can a school promote excellence, achievement, and instruct a student intellectually challenge themselves with the current pass/fail policy in place. But if this is true,

why even suggest having the policy continue on campus at all? He points out that Pass/fail is commonly used in History 101, Spanish 110, and Biology 120. These are 100 level courses and the policy was intended for 200 level courses.

Well, it seems to me that the faculty wants to decide what is difficult for the students. It is obvious that a 200 level course would be more difficult

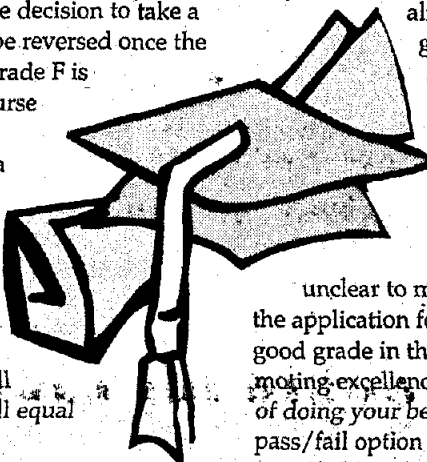
than a 100 level course, but is it safe to suggest that every 100 level course on campus is "easy". I think a foreign language is hard to learn for anyone. Of course it would be more common for it to be taken pass/fail. He also suggests that students do not take their pass or fail classes seriously. Did he stop to think that the reason a student took the class pass

or fail was because he or she already knew they were not good at the course? So even if all the effort in the world still results in an F they probably would have gotten the F regardless of it they took it pass or fail or not. I feel like the pass/fail option is a gamble. It is

unclear to me why you cannot reverse the application for pass or fail if you get a good grade in the class. That fact is not promoting excellence because what is the point of doing your best for a P. I think the pass/fail option should be changed to pass/fail/grade. A student could take the class and at the end of the semester decide if they want the grade or the P. Naturally an F would not be debatable. Many students are intimidated by a course and then do very well and get an A or B in the course and wish that the grade could be reversed. If the students had the option of reversing the grade they could take a class stress free and still strive for excellence.

So there you have it the Pro's and Con's of Pass/FAIL option. I say to the students if you are taking a class pass or fail please be mindful of your actions in the class because the faculty is running low on tolerance. I don't think it's fair for a student to never show up for a class, or go and not participate simply because he is taking the class pass or fail. A student who cares about his or her future could have used that seat. Imagine a person who appears to be struggling in your class your offer them tutoring, curves on test, and bend the rules and then find out later that they took the class pass/fail. Certainly I would feel like a complete idiot. So if any student is guilty of this I say stop because you are making bad for everyone else. But if you know you try your best than continue to strive for academic excellence.

Talia Stephens
The Beacon



The Intelligence Report:

A Reader Responds to The Stupidity Report

I was sitting in the Beacon office as those more talented than I were rushing about the place, setting up this picture with that article, this font with that script and other computer terms beyond my comprehension when it occurred to me that I could make myself useful. So, I sat down at one of the computers, called up the Diversity Pages, and started proofreading.

Jim Schofield
The Beacon

Until I got to the Stupidity Report. There, I stopped and truly read what was written for the writing, not just for it's grammar or punctuation as I had been doing.

The Stupidity Report, as I understand it, is supposed to be a report on stupidity. It is not supposed to be stupidity itself.

So I find myself reading this report about the Parking Situation. I will be the first to admit that the parking situation at this University is atrocious. However, as I read through the Stupidity Report, hoping to find valid complaints, I instead find a senseless ramble written by someone who obviously did no research at all.

The most glaringly stupid statements I found were those regarding the Campus Police. First of all, the officers who assign tickets are, in fact, a division of the Campus Police. They are not totally separate as the Stupidity Report implies. Second, Campus Police is sorely hurting for manpower. They lost a number of good men and women last year for various reasons, and the process of training a replacement is both costly and lengthy. They literally do not have the men to sit on their asses watching monitor screens keep-

ing our cars safe. Personally, I would rather have what officers there are working to keep the students safe.

The installation and purchase of a Camera Monitoring System for the parking lots is no simple or inexpensive task. I am not an expert, but according to my estimations, it would require a professional survey of the grounds, installation of underground fiber optic cable, the installation of the cameras

themselves, the purchase of the cameras and monitors and the creation of a watch room to keep track of them all. Aside from the monumental cost of this, they would have to have a trained officer, who could be out there patrolling to protect my person, sitting on his ass and looking at TV Screens.

Another point- Cameras are not the deterrent that people think they are. Of the comparatively few vandalisms that take place, a decent portion must be perpetrated by people who are drunk. If you are drunk, are you going to care about the cameras?

Finally, I know for a fact that there are patrols out checking for tags. I know this because, on the desk in my room sits a parking ticket for parking without a parking permit one night about a month ago. I am a freshman, you see, and I was under the erroneous belief that the tags are never checked. Perhaps they are not checked as often as some of you would like, but again I ask: what would you rather have an officer doing, patrolling an empty parking lot checking tags, or patrolling the University grounds to keep you safe?

Campus Pride day to be held on November 16, 2001

The Junior Class, in cooperation with the Student Government Association and the William Paterson University Facilities Department, will sponsor the first annual Campus Pride Day on Friday, November 16. The WPU community is fortunate to have a beautiful campus, which is utilized by approximately 11,000 students and faculty daily. In order to maintain our beautiful campus, students and staff are planning to volunteer and participate in this event. It is the intention of the committee to host another Campus Pride Day in the spring, to coincide with Earth Day.

Litter is an on-going challenge in our society and the committee wishes to increase the awareness of everyone that utilizes our campus of the importance of maintaining its natural beauty on an ongoing basis. Students, faculty and staff are invited to volunteer and should report to Caldwell Plaza (Student Center) at 11:45 a.m. on November 16. At that time, you will be assigned to work with other volunteers and provided with additional instructions and equipment. Thanks to the generosity and support of the Student Government Association the first twenty-five students to arrive and commit at least one-hour will receive a long sleeve WPU t-shirt. Refreshments will also be available. Besides showing your pride for William Paterson University, you will have the opportunity to meet and work along side other concerned students, faculty and staff. We look forward to seeing you there.

For any additional information, please contact Janiki Watley, Junior Class President at extension 5083.

The Beacon
is your voice. Be heard.
beacon@student.wpunj.edu

Letters to the Editor

Editor—

Now, I am not writing this to put anyone down or out of a job. All I am writing this for is to inform you of one police officer. Most of the Campus Police respect the students that respect them. Most of us students should understand the hard work they do with such a small force, although I've been hearing they don't come online when you call them but that's something I should research. I can't call any names, but when you have finished reading this you will understand who I speak of.

On Saturday, Nov. 3, and the Fashion Show has just let out. A few of my friends and I usually hold a little spot on the wall in front of the Student Center, just to watch the scene and feel the college vibe. As we sat there talking, a bright light comes shining across our visuals, followed by a voice informing us to clear the area. Slowly we finished up our conversation and got ready to move off the wall, as a female police officer comes close and says "Didn't you hear me, I said move now." My friend, with his thick Jamaican accent, says "Yes man, can't you see we are getting ready to leave now." The officer replies "Don't give me that foreign bullshit, you do't see no bin Laden around here, do you?" We all look at each other as my friend replies "We are from the West Indies, not the Middle East. Can't you tell the difference?" At that she replies "Oh yes, let me see your Green Card." At this point we have all not yet jumped off the wall due to the nature of the officer's words. She then again says "OK guys, didn't I say move?" So to avoid further conflict we decide to move on silently. On the way up the stairs to Wayne Hall, someone asked us "What was that about?" and also advised us to file a complaint in the Campus Police Office. I haven't yet done so but I do plan to do it.

Please be informed that I write this Letter to the Editor in hopes of publishing it and letting the community be informed that although most of the police officers on campus are respectful, there is one bad apple in the bunch. And as the saying goes, "One person can make a difference," because if her disrespectful ways do not change the whole force might suffer if she steps on the wrong toe. I am not saying I am planning anything, but someone else out there might be feeling the same as I and might have a little more power to hold Campus Police to their actions. Thank you.

Sincerely,
Kein Smith

Editor's Note—

Loc at page 10, as well as page 16, for more sides to the campus security and parking issues. The volume of mail and article submissions of these issues indicate that it is a very important concern to students. Writing to The Beacon is the first step, though. Get involved with the SGA and take any concerns you have directly to the administration. With enough student support, changes can be enacted to make the campus a better place.

—LC

Letters To The Editor

All letters to the editor must be signed and contain the author's full name and daytime and evening telephone numbers. All letters will be verified for authenticity prior to publication. Letters should not exceed 500 words. Anonymous letters will promptly be filed in the shredder (we put our names on what we write, and so should you). The best medium is for sending a letter to the editor is through email. Since we are understaffed like most organizations, we do not have time to retype a zillion letters. The volume of mail may exceed the space available for printing. In that case, the editor may literally pick letters for printing out of a hat (don't worry, it's a nice hat) in order to assure fairness. The Beacon does not censor content (see our mission statement) and will print any signed and verified letter that is not libelous or otherwise prohibited by law.

Larry Clow
Editor-in-Chief



Point/Counter Point: The Parking Problem

Is A Parking Garage the Solution?

How many times have you come to school 45 minutes early just to find a parking space? How many times have you actually even found one a reasonable distance from your class? The parking situation here is ridiculous. It gets worse and worse every year. There are not enough spaces for the number of students, and now with the new propaganda ad campaign the school has launched, we'll have even more incoming students next fall with no place to park.

The school should have listened to our pleas four years ago. Did they? Of course not. The do-nothing, ineffective administration never listens to the needs of students. The only change in parking in the last few years is the opening of Lot 3 to students, and the barrier that was erected so that commuters and visitors don't take up faculty spaces (spaces that never seem to fill up anyway). There aren't even enough handicapped spaces near the library. Would it really hurt to get rid of

the useless daycare and telecom parking spaces? Those spaces by the library are the only centrally located spots around campus.

Year after year, the school repeatedly raises our tuition. Where does it go? Nothing ever changes. The tech fees go up every year, but half the library computers still don't

Steve DeGennaro
The Beacon

work when you need them to. The clocks don't work or tell the right time, and most of the tables and chairs in the Student Center cafeteria are still broken. The only change I have noticed is that there are more rocks and redder mulch around campus. So where does our money go? Not to solve any of the pressing concerns of the student body. If the school wants to solve an immediate problem, then take care of the parking problem before it gets worse.

What can the school do? A long term solution would be to build a parking garage. Maybe it is time to divert some money from the school's landscaping fund and use it to create multi-level parking. As for right now, the best solution would be to change the current parking situation. I think it's time to move all resident parking to Lot 6. It would free up much needed space in all the lots and most of the residents would be closer to the dorms. Another solution would be to enforce the ban on freshman residents having cars. Right now, these are the best solutions to the ever-worsening problem.

It is time for the school to act. Solve the parking problem. We've been complaining for years and the school has done nothing. Tuition goes up, yet nothing changes. It's time to use our tuition for the benefit of the school. It's time for the administration to respond and DO SOMETHING.

Parking Spots for Everyone

I deeply sympathize with my friends who are commuters at this school. To be perfectly honest, the parking at this school sucks. Although I do agree with Steve about making a parking garage, however, there comes a problem is such an idea becomes erected Lot 5 will have to close. Imagine all the chaos and turmoil commuters will go through knowing that one of the biggest parking lots is closed. Tuition, I am sure, will go up significantly even though some of us pay astronomically towards classes and other expenses. I am not saying it is a bad idea, I just think there will be a very big mess during the process of building the garage. Why not build a lot between the hospital and the school? This way, the parking lot would not have to close. I mean, we pay all this money to the school and they receive donations as well—where does the money go to? Red mulch and little green bushes

along the pathway to the Student Center. Also, why are there two parking lots just for staff only? I think parking should be on a first come, first serve basis.

Being a resident, I strongly

Lori Michael
The Beacon

believe where the residents park is just fine. I do not think a student who lives on campus should have a car on campus until their junior/senior year. It would highly reduce the parking problem. Plus, moving a resident parking lot to Lot 6 is not the greatest of ideas. First off, I do not want to sound highly lazy, but do you realize how far it is from there to some of the residence halls? It is bad enough the shuttle is rarely there to take you to the spot you want to go. Secondly, security would have to

be increased along with our tuition, and there would definitely have to be better lighting on those walkways—another increase in tuition.

What this school should do is listen to our complaints, as we are the ones who have to live with all the changes that are made day in and day out. Stop spending money on clocks that do not even tell the right time (which, if you take a look around, you will see that none of the clocks are synchronized). However, everyone will benefit in the long run if there is a parking garage between the hospital and the school, as well as limiting juniors and seniors to having cars on campus. It will reduce some of the morning stress that the daily commuter faces when approaching the parking lot. No more fights or threats, but instead, parking spots for everyone!

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WEEKLY

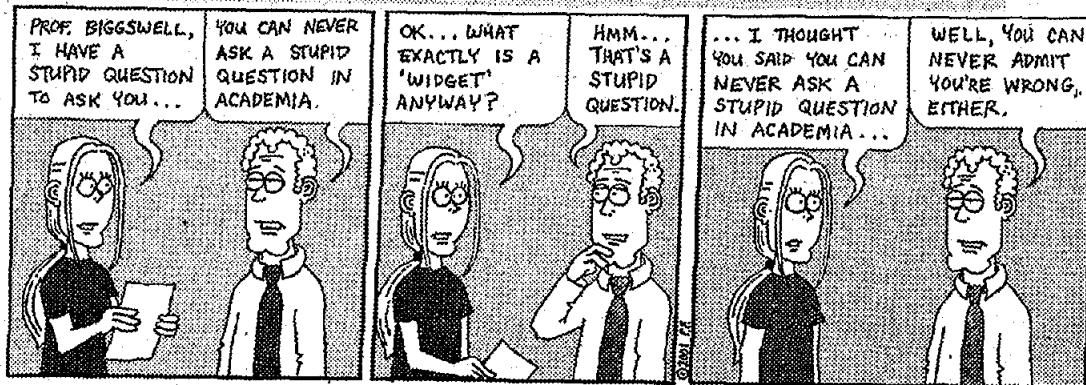
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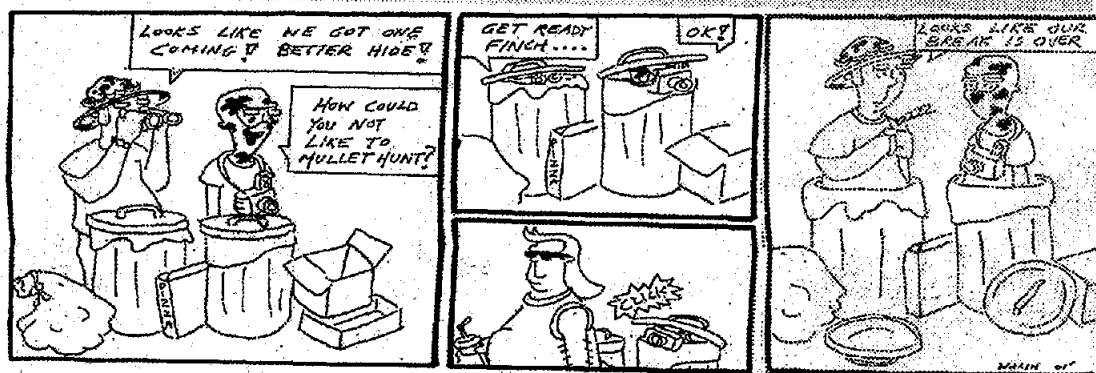


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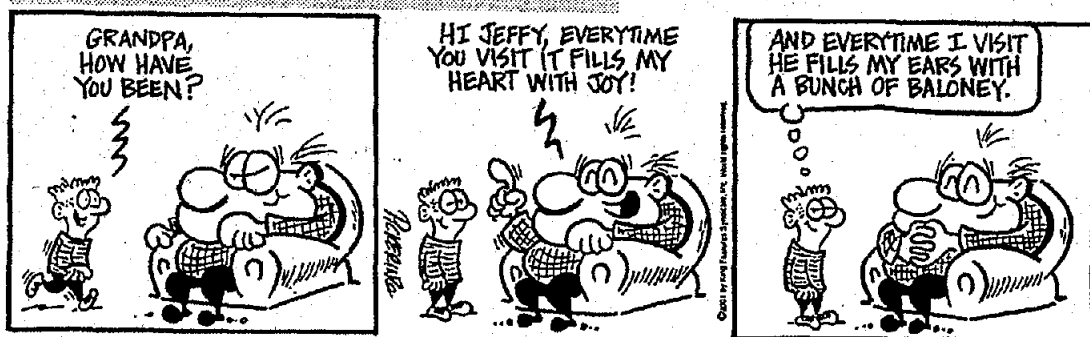
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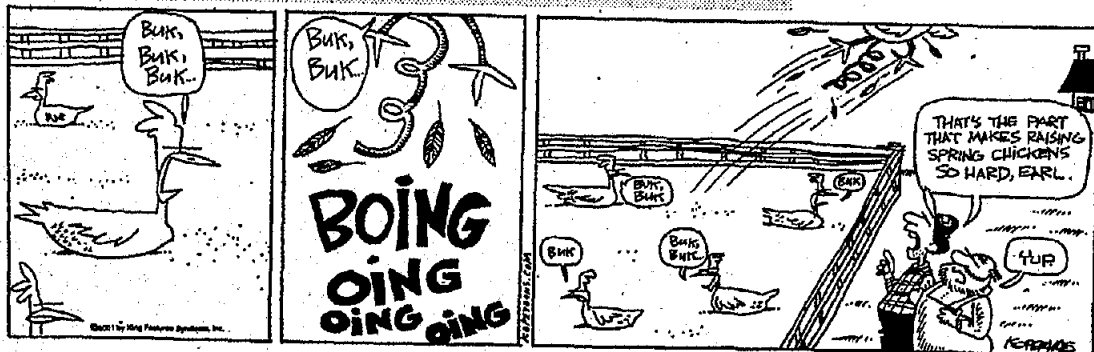
A DAY'S WORK TIM WALSH MESSYTOONS@HOTMAIL.COM



THE SPATS BY JEFF PICKERING



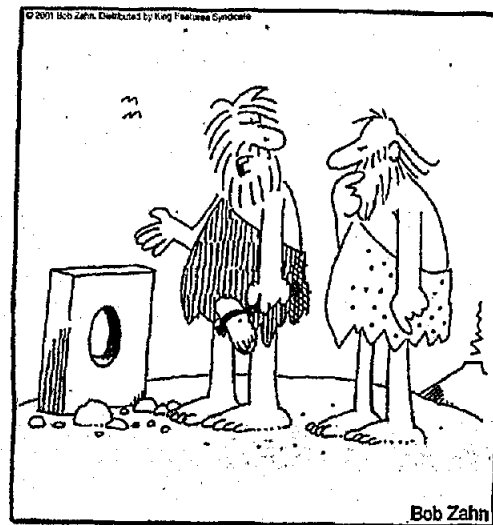
OUT ON A LIMB BY GARY KOPERVAS



THE CYNIC



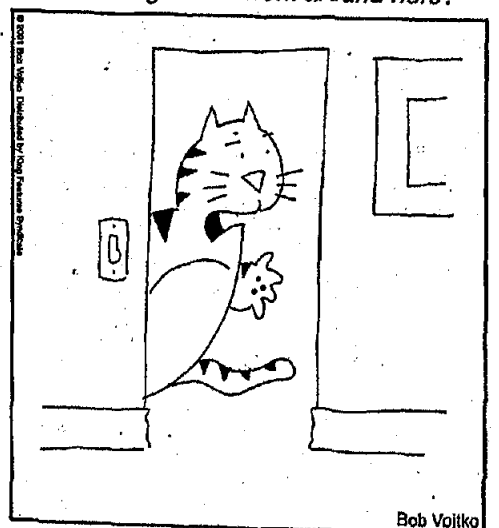
NEW BREED



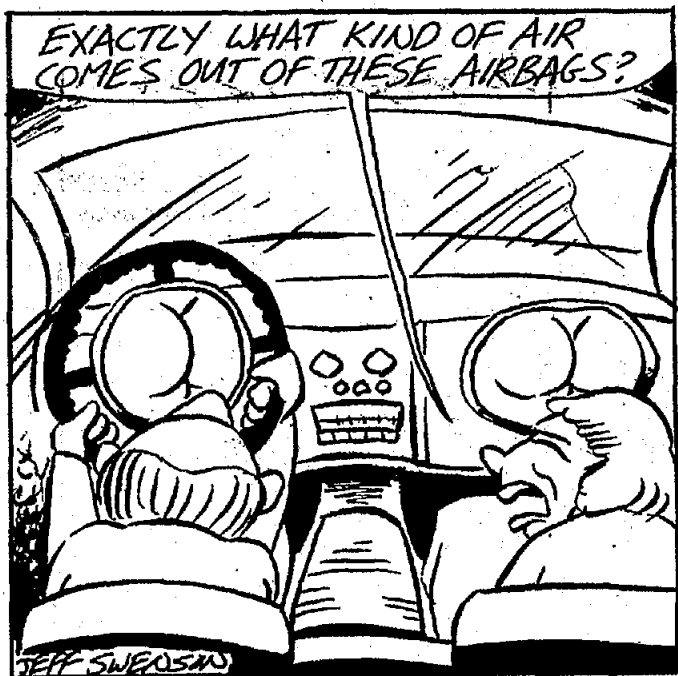
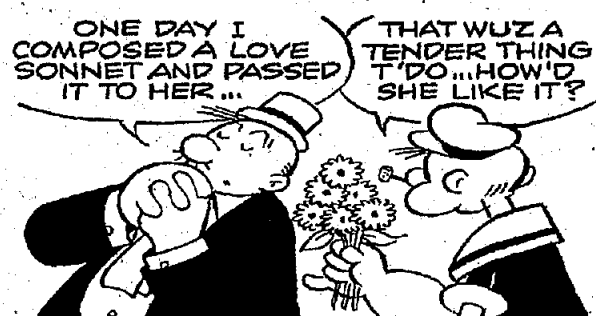
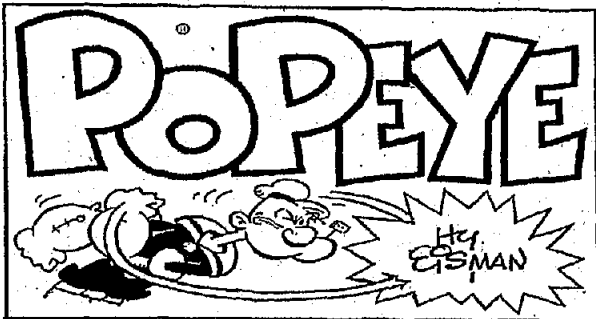
"Of course it's square! It would roll away if it wasn't!"



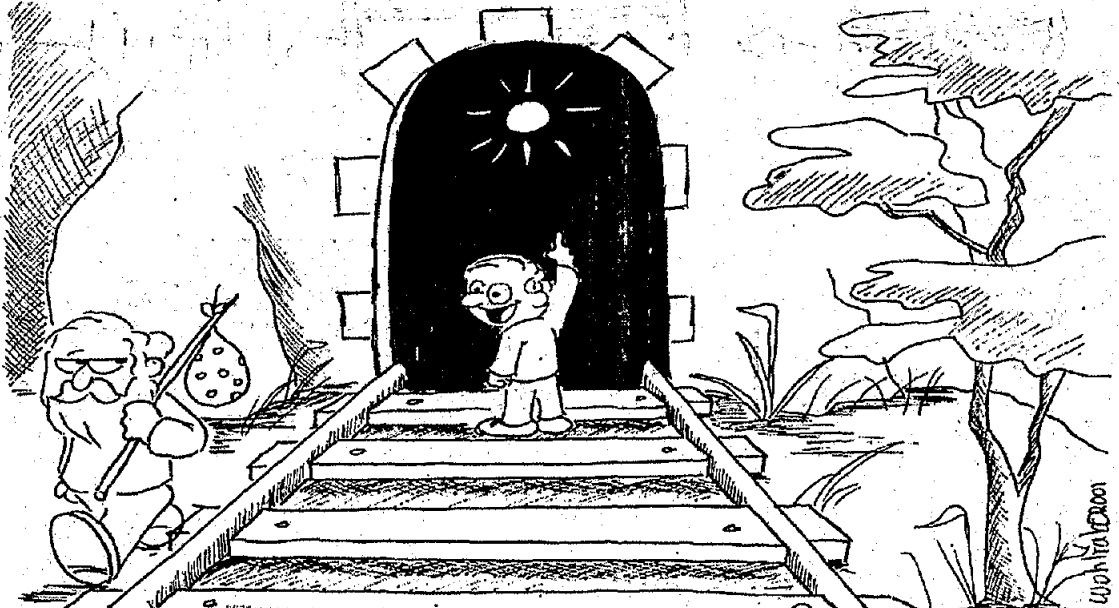
"Does it ever strike you that we're the only ones doing all the work around here?"



"I wish you'd stop rearranging the furniture, Flo! Where's the litter box?"



Wohlnuts



Hey Ron, check it out! Its that "light at the end of the tunnel" everyone keeps talking about!

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HOROSCOPES

Salome's Stars

ARIES (March 21 to April 19) Some changes might seem confusing at first, especially to an Aries whose impatience levels are pretty shaky this week. Take it one step at a time, Lamb, and all will soon be made clear.

TAURUS (April 20 to May 20) That difficult situation you've been dealing with continues to call for careful handling. Avoid quickly made choices that might not stand up when they're finally put to the test.

GEMINI (May 21 to June 20) You still have lots of evaluating to do before you can consider making a commitment. It's better to move cautiously than to risk stumbling into a major misunderstanding.

CANCER (June 21 to July 22) A previously peevish partner offers to be more helpful with your problems. But remember: The final choice is yours. Be guided by what you feel is the right thing to do.

LEO (July 23 to August 22) The Big Cat can sometimes be pretty rough on those whom you suspect of betrayal. The best advice is to pull in those claws and listen to the explanation. It might surprise you.

VIRGO (August 23 to September 22) Your inner voice usually guides you well. But a note of caution: This is a period of mixed signals for you, so be careful you don't misunderstand the messages you're getting.

LIBRA (September 23 to October 22) Cupid's call beckons both single Librans looking for a new love, as well as couples hoping to strengthen their relationships. A workplace problem is quickly resolved.

SCORPIO (October 23 to November 21) It's been a hectic time for you, and you might want to take a break to restore both body and soul. You'll then be set to face new challenges later this month.

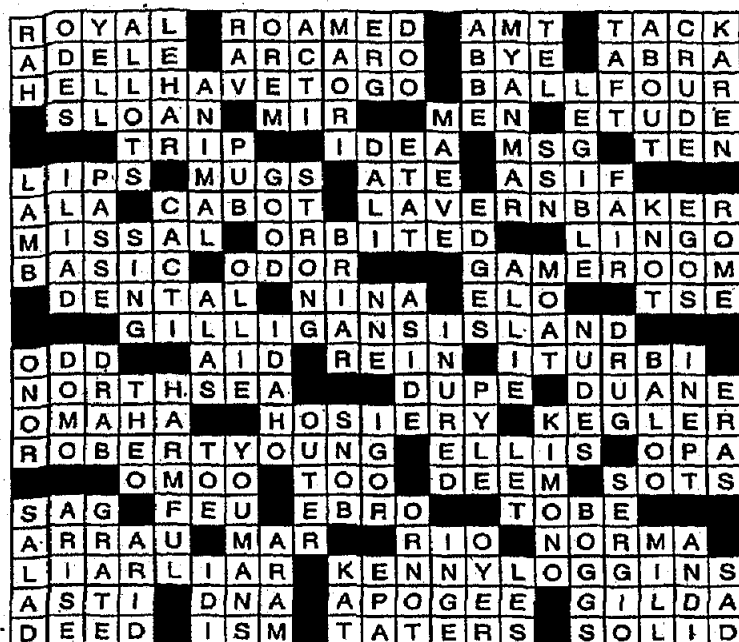
SAGITTARIUS (November 22 to December 21) It's a good idea to take a more conservative approach to your financial situation right now. Some plans made earlier this year might need readjusting.

CAPRICORN (December 22 to January 19) This is a fine time to move boldly into those new opportunities I promised would open up for you. Check them over, and then choose the best one for you.

AQUARIUS (January 20 to February 18) Congratulations. Your self-assurance is growing stronger, and you should now feel more confident about making that long-deferred decision about a possible commitment.

PISCES (February 19 to March 20) You're very close to reaching your goal. But be wary of distractions that can lure you off-course and leave you stranded far away from where you really want to be.

BORN THIS WEEK: You have an inner sight that helps you see into people's hearts. You would be an excellent psychologist or social worker.



Beacon Crossword

ACROSS

1 Go (for)
4 Rock's — Jovi
7 Pretty a poodle
11 Tom or tabby
14 Baja bite
18 Opera prog.
19 Psychic Geller
20 — de-camp
21 Ben — Wan Kenobi
22 Eager
23 Speaker of remark at 30 Across
26 Aries animal
27 Josip Broz
28 Synthetic fiber
29 Wallach of "The Deep"
30 Start of a remark by 23 Across
33 Actress Barbara
35 Border on
38 Throne and paw
39 "Saint Joan" monogram
41 Tasty tuber
43 Drilling site? 102 "Da — Ron Ron"
45 "It — Be You" ("24 song)
49 Part 2 of remark
55 Fight site
56 Nabokov novel

DOWN

57 "I told you so!"
58 TV's "— for Adventure"
59 Show one's feelings
60 One of the Marches
62 109 Across abbr.
64 Aries assent.
65 Ray
67 "Fatha" Hines
70 Part of CPA
73 Thompson or Salonga
74 Part 3 of remark
79 Advanced deg.
82 Blyton or Bagnold
83 Tender
84 Fell
87 O'Hare info
88 Rita of "Klute"
90 Baseball's Bucky
93 Freeze
95 Beautiful butterfly
99 Genesis's vessel
102 "Da — Ron Ron" ("63 hit)
103 "Kol —"
104 Part 4 of remark
108 "Lovegill" singer Marie

ACROSS

109 Weight Watchers fixture
110 Bear lair
111 Burro
112 Strep's kin
114 List under mouse
119 Part 5 of remark
124 You can retire on it
126 Toad features
129 Madame Bovary
130 "— pro nobis"
131 End of remark
135 Row
136 Garage supply
137 Auctioneer's cry
138 Hunan pan
139 — Magnon
140 Disoriented
141 Welcome item?
142 Duel tool
143 Society column word
144 Boar's beloved

DOWN

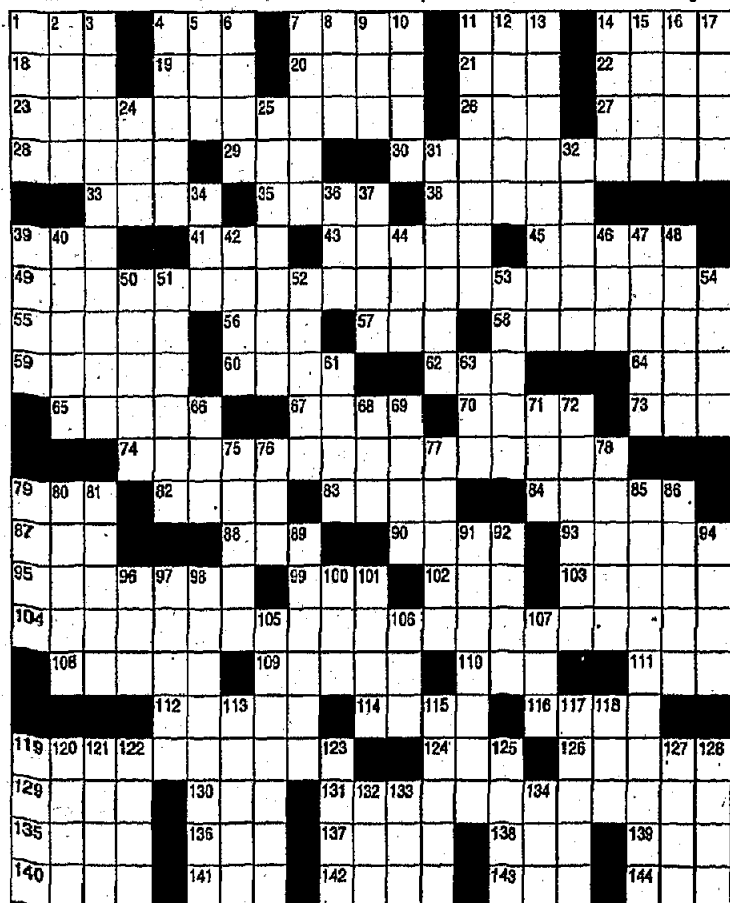
5 Trams transport it
6 Likable
7 West Indian
8 "— Abner"
9 Name in Ugandan politics
10 Hang in the balance
11 Angel on horseback
12 Islamic garment
13 Hutton and Dalton
14 "Little Man" ("91 film)
15 Tel —
16 Quote an expert
17 Bolquet
24 Chianti color
25 Pie —
31 Sanford of "The Jeffersons"
32 Grammarian's concern.
34 Comic Louis
35 Thurman of "The Avengers" ("55 song)
39 Growl
40 Anesthetizes an audience
42 "Pequod" captain
46 Goes bad

ACROSS

44 Caustic substance
46 '49 Edmond O'Brien film
47 Alpine area
48 Perfectly timed
50 Pizarro's victims
51 Livestock
52 Moistens the manjolds
53 "— Inferno" ("78 hit)
54 Kamann — (Volkswagen model)
61 Beaver and beret
63 Sound like a hound
66 Forever and a day
68 Pi follower
69 Cooking
71 Bossy's chew
72 Like hard work
75 British Isle
76 Author LeShan
77 Indigent
78 Word form for "communism"
79 — Cass
80 Facade
81 Palmer, lo pals
85 Branch of medicine
86 Goes bad

DOWN

89 "Man of La —"
91 Pasta
92 Pitch
94 Violin parts
96 Citrus cooler
97 Washer cycle
98 Theater feature
100 Nutritional abbr.
101 Cabbage cousin
105 Paving material
106 Badminton divider
107 Final point
113 Lofy spaces
115 Put up with a day
117 Rouse
118 Made tracks
119 Chalky cheese
120 Baudelaire's buddies
121 "Peter Pan" pirate
122 Mitchell homestead
123 AMEX rival
125 Time to crow?
127 Starch source
128 Flat-bottomed boat
132 "Alley —"
133 Diminutive suffix
134 Drabowsky or Berg



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Good-bye to Jet Lag

Sue Vargas
TRAVEL EDITOR

It's every traveler's nightmare. As people fly more and more, both for business and pleasure, circadian dischronism (otherwise known as jet lag) is becoming something of an epidemic. Beside exhaustion and insomnia, symptoms of jet lag include nausea, aching joints, irritability, decreased concentration, headaches and even depression.

Fortunately, science is making inroads into the mysteries of jet lag, and researchers have developed a number of active steps you can take to alleviate its symptoms. If you follow the guidelines outlined in this article, you'll find yourself less shell-shocked, happier and more productive when you reach your final destination.

The body's clock is an incredibly complicated mechanism. Because so many factors—both biological and environmental—are involved, scientists have been unable to find a silver-bullet cure for jet lag. Research shows, however, that it is possible to alleviate symptoms by gradually "tricking" the mind and body into abiding by the new time zone.

Conventional wisdom says that it takes one full day to recover from jet lag for every time zone you cross. So, if you travel across seven time zones and don't take active steps to fight jet lag, you can expect to spend a full week recovering from the shock. However, you may be able to speed up the process if you take the following steps.

The battle begins before you even set foot in the airport. You can do a number of things to prepare in the days leading up to your departure, including:

Sleep well: Get plenty of sleep in the nights leading up to your big trip—it may be the single best thing you could do. Of course, jet lag is not simply a lack of sleep; it is the desire to sleep at the wrong time. But if you are well-rested, you will suffer less from fatigue and exhaustion when these symptoms hit. In addition, you'll have extra energy if you need to stay up late in order to adapt to the new time.

Plan meals and bedtime: If possible, plan meals and bedtime as if you were already in the new time zone. Yes, that probably means going to bed when you're not sleepy, or getting up before it feels right to do so. But even if you can only adjust your schedule by an hour or two, you may in turn shrink your jet lag blues.

Some die-hard travelers swear by the Argonne National Laboratory Anti-Jet Lag Diet, which consists of a three-day regime of feasting and fasting. Developed by U.S. government researcher Dr. Charles F. Ehret, the diet is said to work because high protein breakfasts and lunches stimulate the body's active cycle while a high carbohydrate dinner stimulates sleep. By fasting, you deplete the liver's store of carbohydrates and, according to scientists, prepare the body's clock for resetting. Anecdotal evidence suggests that this diet can be quite effective, but research remains to be done. Here's the breakdown:

Day One: Feast. High-protein breakfast and lunch (lots of eggs, cheese or meat), followed by a high-carbohydrate dinner (consisting mostly of bread, rice, fruits and vegetables, and pasta).

Day Two: Fast (three light meals totaling less than 800 calories).

Day Three: Feast (same as Day One).

Day of Departure: Fast. Break your fast with a high-protein breakfast at the first normal breakfast time in your destination.

Set your watch to the new time zone: As you board the plane (or even earlier if possible), set your watch to the new time zone. It sounds too simple to be true, but in fact, experts say this can give you a very real head start on the recovery process. Why? Because it'll encourage you to make decisions about eating and sleeping that are in line with the new time zone before you even arrive.

Avoid stress: Try to arrive at the airport relaxed. This will allow you to make wiser decisions about eating, sleeping and drinking, and will be especially helpful if you need to sleep on the flight.

Abstain from alcohol the night before: A hangover not only closely resembles jet lag, it can compound its effects. Like jet lag, alcohol can also upset the body's natural circadian rhythms.

The symptoms of jet lag can be amplified by the effects of flying itself, namely dehydration and pressure changes. So you should take steps to avoid the stresses and strains that accompany even the shortest flight, including:

Drink plenty of water: The air in planes is so dry that it can actually dehydrate you. Experts say you should drink eight ounces of water for every hour you fly to make up for the dehydration. Alcohol increases dehydration, and—a hangover makes everything worse. So don't drink on the flight.

If you arrive at your final destination in the morning, you'll want to get off the plane as rested as possible. Otherwise you might head straight to bed while the rest of the world goes about its business.

However, loads of sleep during the flight can actually be counter-productive if your flight arrives in the evening; you'll be so rested that you can't fall asleep—until the following morning. In this case, it's better to arrive tired enough that you'll sleep no matter WHAT time it is.

Board the plane armed with the following: an eye-shade to block out light; ear-plugs to shut out sound; and an inflatable neck-rest for comfort. In addition, pack a high-carbohydrate snack such as fruit, candy or bread products—it's more likely to induce drowsiness than one that's high in protein. Finally, wear loose clothing and dress in layers. If it gets too warm, you'll be able to shed a layer. Also, bring a warm sweater or sweatshirt just in case it gets chilly.

You may want to consider taking melatonin, a hormone that some people find to be an effective sleep aid over the short term. It's widely available in drug stores, health food stores and supermarkets. A prescription isn't necessary, but as with any pharmaceutical, you should consider consulting a physician before trying it.

You might also consider taking a sleeping pill, but you should always consult with a doctor before doing so. Sleeping pills can be risky, especially when taken at high altitudes. Avoid taking either sleeping pills or melatonin for more than short periods of time.

Planes seem designed to prevent sleep, but you still may need some extra help. Bring along a stimulating activity, whether it's a mystery novel, your taxes, or a pack of cards. When you start to doze, get up and walk around the cabin, splash some water on your face, or engage willing neighbors in conversation. Pack a high-protein snack, for example unsalted nuts or boiled eggs, and drink some caffeine (coffee or soft drinks are typical choices) if necessary—though whether or not you want to consume caffeine depends on your own diet. Needless to say, avoid drinking caffeine as you approach your destination, or you may be too stimulated to fall asleep once you arrive.

Your body may fight you, but when you arrive in Rome, do as the Romans. That is, sleep and eat according to the new time zone, not the old one. If your flight touches down at eight in the morning and you head straight to bed, you can be sure that you'll be wide awake at four the next morning. If you absolutely must get some sleep, limit yourself to a nap of less than two hours. If you're starving at three in the afternoon, have a light snack and wait until dinner-time for a real meal. Other steps you can take include:

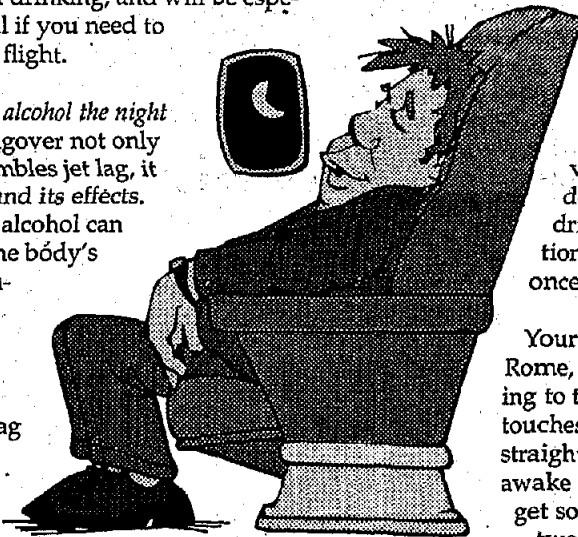
Heading outside: Daylight has a direct effect on the body's circadian rhythms, and walking outside can help you stay awake until bedtime and at the same time give you a jump start in adjusting to the new time zone.

Getting exercise: Like daylight, moderate to vigorous exercise will give you more energy and, if necessary, help you stay awake until the evening hours. In addition, evidence has been found that exercise allows the body's circadian rhythms to adjust more quickly. If you can't spend an hour on a treadmill, take long walks (perhaps you'll be able to take in some sights on the way!).

Sleep aids at bedtime: When it's bedtime in your new destination, and you find yourself wide awake, get between the sheets, turn out the light and try to sleep anyway. The wear and tear of travel might just catch up with you. Also consider stretching, meditating, or taking a hot bath.

If none of these tricks yields results, you might consider taking melatonin or a conventional sleeping pill for the first night or two, just to get back on schedule. But again, only do so under the guidance of a physician.

Like the common cold, jet lag has stealthily eluded a sure cure. But even if science never defeats circadian dischronism, you might be able to battle it to a draw—with a little strategic planning.



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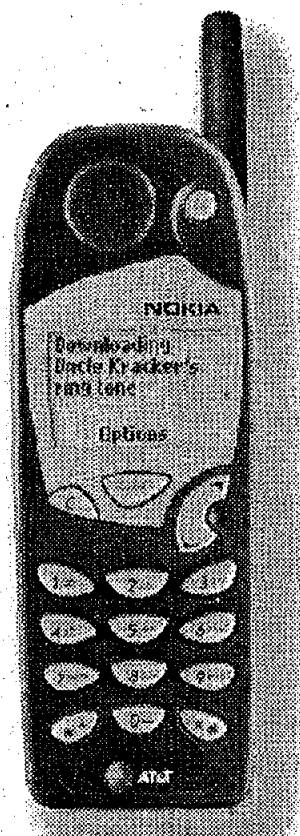
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RATES

Business Rates:
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Nonprofit Rates:
WPUNJ Students, SGA
Clubs, Local non-profit
orgs. 35cents per word

HOW TO PAY

All classified ads
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advance, unless
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account with the
paper.

DEADLINES

Classified ads
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by 3:00 p.m.,
Friday before
publication.

SEND ADS TO:

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300 Pompton Rd,
SC310
Wayne, NJ 07470
Attn: Classifieds
Fax: 973-720-2093

Email:

beacon@student.wpunj.edu
Checks or money
orders payable to
The Beacon

Child Care



Needed, babysitter to care for two children, ages 13 and 10 years old in my Hawthorne home. Non-smoker, English speaking, must have own car. Hours are Monday-Friday 3:30-8:00 P.M. Position available immediately. Salary is per diem. References required. Please contact Judy at (973) 427-7353 or (212) 722-2834 and leave a message.

Employment



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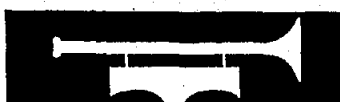
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Ground Zero 2001 ~ A Week of Unity William Paterson University 2001 Schedule of Events for the Week of November 12th to November 17th:

Monday, November 12 at 7:00 PM in South Tower H-Radius Lounge

World Trade Center Account

Come to the South Tower H-Floor Radius Lounge to hear first hand accounts from the people who were on the front line of the rescue efforts at the World Trade Center tragedy. Listen to these individual accounts and ask questions, or just thank those who have been helping since September 11, 2001.

Monday, November 12 at 8:00 PM in White Hall Main Lounge

Anthrax 101

We've all heard about it, but what exactly is it? How do you catch it? What are the symptoms? How can it be prevented? Is it curable? This informational session, offered in conjunction with the Health and Wellness Center, will give you the answers and insights about Anthrax and its effects. This discussion by Nurse Nancy Ellison will show you the signs of Anthrax and explain whether you are at risk.

Tuesday, November 13 at 7:00 PM in Towers Pavilion Lounge

World Trade Center Reactions

See what your fellow students at William Paterson have to say about the World Trade Center tragedy, the recent terrorist attacks, the Taliban, Afghanistan, Anthrax and the overall American war efforts since the September 11, 2001 tragedy. This video is a precursor to the feature film at 8:00 PM giving a better understanding as to what war is and the effects it has on society as a whole.

Tuesday, November 13 at 8:00 PM in Towers Pavilion Lounge

Saving Private Ryan

Steven Spielberg directed this powerful, realistic re-creation of World War II's D-day invasion and the immediate aftermath. The film's historical content and incidents are based on true occurrences of firsthand details of a single family affected by the loss of three men in a one-week period and the heroic efforts fellow servicemen made to make sure the lone survivor of a family was returned home.

Wednesday, November 14 at 12:30 PM in Student Center Ballroom

Paper Bag Luncheon

Want to talk with your fellow peers about what's going on in today's world? Want to gain a better understanding as to what has been happening over the past two months? Well, bring your paper bag lunch and join Dr. Arlene Holpp Scala and friends for a discussion about these recent events. Refreshments will be provided.

Wednesday, November 14 at 8:00 PM in Starbucks Cafe

Open Microphone Night

"You'll never have a quiet world till you knock the patriotism out of the human race." - George Bernard Shaw

Do you have a gift for the spoken word? Share your feelings on war through poetry, music, song, etc. Join Resident Assistants Allison Smith and Christopher Tinney at Ground Zero 2001 ~ Open Mic Night. Let's show everyone that our generation will not be silenced.

Thursday, November 15 at 12:30 PM at Jesus Christ Prince of Peace Chapel

Hour of Peace

This mass is dedicated to praying for peace all over the world. Immediately following the service, there will be a candlelit moment of silence in front of the Student Center. Hot chocolate and cookies will be served.

Friday, November 16 at 12:30 PM in New York City

20 Feet from Ground Zero

Have you ever wondered what it is like to see Ground Zero for yourself? Have you been into New York City since the September 11th tragedy? Take a journey to New York City, and see for yourself the effects the World Trade Center disaster has had on the city and on the country as a whole. This bus trip will cost \$2.00, and will leave from Lot 5. The bus will leave at 6:30 p.m. to return to William Paterson University. Space is limited and available on a first-come, first-served basis.

Friday, November 16 at 7:00 PM in Towers Pavilion Lounge

Platoon

Platoon is a brutally realistic look at a young soldier's tour of duty in Vietnam. Chris Taylor (Charlie Sheen) is a 1968 college student who quits school to volunteer for the Army. He's shipped off to Vietnam, where he serves with a culturally diverse group of fellow soldiers. Unlike other Hollywood movies, Platoon is a grunt-eye-view of the war, touching on moral issues but focusing on the men who fought the battles and suffered the wounds fighting for their country.

Friday, November 16 at 9:00 PM in Towers Pavilion Lounge

Full Metal Jacket

The movie Full Metal Jacket crystallizes the experience of the Vietnam War by concentrating on a group of raw Marine volunteers. Based on Gustav Hasford's novel The Short Timers, the film's first half details the volunteers' harrowing boot-camp training, under the profane power-saw guidance of a strict drill instructor. Part two takes place in Vietnam, as seen through the eyes of the now thoroughly indoctrinated Marines.

All Week

Wall of Remembrance

Write the names of anyone who was affected by the World Trade Center on the Wall of Remembrance in the Towers Pavilion. All signed names will then be brought into New York City on Friday, November 16, 2001, and hung in Union Square to convey William Paterson University's sincere condolences.

Bows

The Department of Residence Life will have ribbons available in Wayne Hall, the Health and Wellness Center, and all Residence Hall Offices. These ribbons are seen as a silent but dignified sign of support of those who are risking their lives day in and day out since September 11, 2001, helping to dig, rescue, and clear away what is left of the World Trade Center. Wear this ribbon to show the strong sense of unity in this country and in remembrance of those who lost their lives or are helping rescue those in dire need.

Brought to you by the Department of Residence Life, The Health and Wellness Center, the Women's Studies Department and the Mu Sigma Upsilon Sorority.