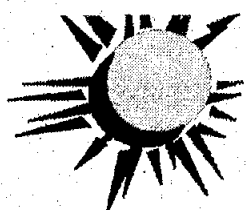




FREE



***What you don't  
know can  
KILL you***



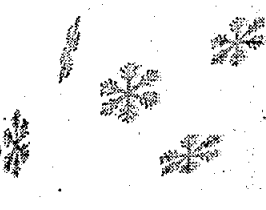
**MONDAY**  
Sunny  
High: 42 Low: 23



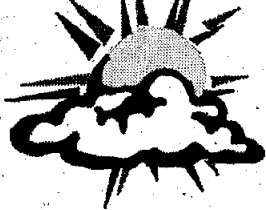
**TUESDAY**  
Partly Cloudy  
High: 46 Low: 30



**WEDNESDAY**  
Increasing Clouds  
High: 40 Low: 30



**THURSDAY**  
Flurries Possible  
High: 37 Low: 27



**FRIDAY**  
Partly Cloudy  
High: 45 Low: 26

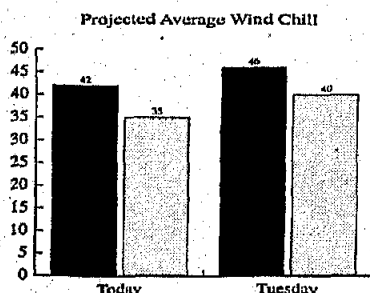


**SATURDAY**  
Partly Cloudy  
High: 44 Low: 30



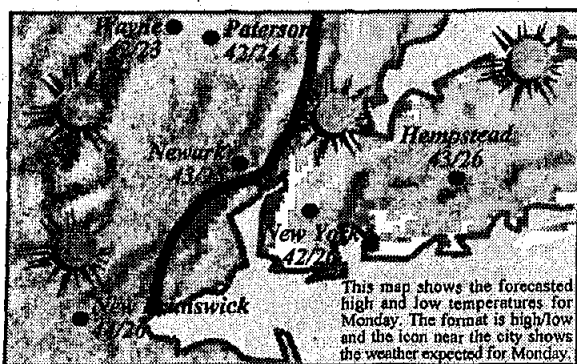
**SUNDAY**  
Flurries Possible  
High: 46 Low: 31

## Wind Chill Index



The chart above shows the forecasted average wind chill temperature for today and tomorrow. The black bar indicates the forecast temperature. The grey bar indicates the average wind chill temperature projected.

## Monday's Regional Forecast



## Local Almanac Last Week

Day	High	Low	Normals	Precip*
Sat	42	26	51/36	0.00"
Sun	59	40	51/36	1.07"
Mon	53	44	50/35	0.00"
Tue	51	41	50/35	0.00"
Wed	51	35	50/35	0.13"
Thu	46	37	49/34	0.01"
Fri	42	32	49/34	0.00"

Rainfall for the week ..... 1.21"  
 Normal rainfall for the week ..... 0.90"  
 Departure from normal for the week .. +0.31"  
 Rainfall for the year ..... 39.13"  
 Normal rainfall for the year ..... 40.54"  
 Departure from normal for the year .. -1.41"  
 \* Precipitation includes snow converted to rainfall

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## Weather History

**Dec. 7, 1740** - Two weeks of mild and rainy weather culminated in the worst flood in 50 years along the Lower Connecticut River Valley. The Merrimack River swelled to its highest level. In many area of Maine, raging waters swept away mills, carried off bridges and ruined highways.

## National Weather Summary



Much of the nation will enjoy nice weather for the majority of this week. A pair of cold fronts will move through the Great Lakes and the Northeast through the week. The first one will come in during the midweek, but the second front will make an impact by this weekend. The main affect of these fronts will be scattered snow showers from Minnesota into Maine.

## Sun/Moon Chart This Week

	Day	Sunrise	Sunset	Moonrise	Moonset	
Full 12/11	Monday	7:05 a.m.	4:29 p.m.	1:00 p.m.		New 12/25
	Tuesday	7:06 a.m.	4:29 p.m.	1:27 p.m.	12:28 a.m.	
	Wednesday	7:07 a.m.	4:29 p.m.	1:54 p.m.	1:30 a.m.	
	Thursday	7:08 a.m.	4:29 p.m.	2:23 p.m.	2:34 a.m.	
	Friday	7:09 a.m.	4:29 p.m.	2:54 p.m.	3:41 a.m.	
1st Qtr 12/17	Saturday	7:09 a.m.	4:29 p.m.	3:30 p.m.	4:50 a.m.	1st Qtr 1/2
	Sunday	7:10 a.m.	4:29 p.m.	4:13 p.m.	6:03 a.m.	

# Willy P's Calendar of Events

## Monday 12•4

**Job Hunting Strategies**  
that work! 5-6:30PM  
Morrison Rm.103 720-3021

## Tuesday 12•5

**Kwanzaa Celebration** BR CH-3PM  
**Study Skills Workshop** CH W237  
 720-2636 to sign up!  
**Creating a Resume that Works!**  
 CH Atrium 114 720-3021  
**SGA Legislature Meeting**  
 3:30-6PM SC203-4-5  
 720-2157 William Paterson  
**University Chorus**  
 8PM Shea 720-2371  
**Movie night** BR 8pm SAPB  
 720-2271  
**Java & Jazz**  
 SC Cafe  
 720-3259

## Wednesday 12•6

**Lec. 12:30pm** BR Sounds of the  
**Century** CA 720-2271  
**Junior Class Formal**  
 Wayne Manor  
 8PM-12AM Open to Everyone!  
 \$10 WPU students  
 \$15 non-students  
 (Bus departs lot 5 @ 7:30PM)  
 Tickets on sale now! 720-2157  
**Employment Equity & Diversity**  
 Seminar 10AM-noon SC rm. 215  
 720-2351  
**African Heritage Meeting**  
 CH-1:30 SC Rm.213 info.  
 D.Douglas@x2518

## Thursday 12•7

**Winter Special Event**  
 11AM-3PM BR SAPB 720-2271  
**Thursday Spotlight**  
 6PM SC Cafe 720-2271  
**Wind Ensemble** 8pm Shea 720-2371  
**Memorial Service: Honoring**  
**Grace Galindo** CH Atrium  
 Auditorium reception after 720-2222

## Friday 12•8

**Lec. Series: 2000-2001**  
**Cokie & Steve Roberts**  
**"Reviewing the 2000**  
**Presidential Election"** \$  
 Shea 720-2371 8PM Friday  
**Flicks**  
**"The Green Mile"** SC Cafe  
 noon -2PM & 7-9PM  
**CC Ministry: Feast of**  
**Immaculate Conception,**  
**Mass for Grace Galindo**  
 5PM 720-3524

## Saturday 12•9

Campus Calendar submissions are taken on a space-available basis: first come, first printed.  
**Women's/Men's Basketball vs. College**  
 of NJ 2PM Rec. Ctr.  
**President's Office: Faculty and Staff**  
 Holiday Social: Music, Dancing, Food, & Beverages SC BR \$15RSVP to Prez office 720-222

Submissions for calendar due Fridays by 5 p.m.  
 Fax: 720-2093  
 Email:  
 beacon@student.wpunj.edu

## Sunday 12•10

Cover photo and design by  
 Ryan Caiazza

# The Beacon

## NEWSPAPER

### Editorial Board

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Christian Welch, Jon Tumillo,  
Larry Clow, Renesha Chambers

*The Beacon* is the independent, student-run newspaper serving the community of William Paterson University and outlying areas. *The Beacon* does not receive any funding from WPU, the Student Government Association or any university affiliate, and raises all its operations revenues from the sale of paid advertisements. *The Beacon* is registered with the County of Passaic, NJ.

#### Member



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that crash every 5 minutes

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### G & S Barber Shop

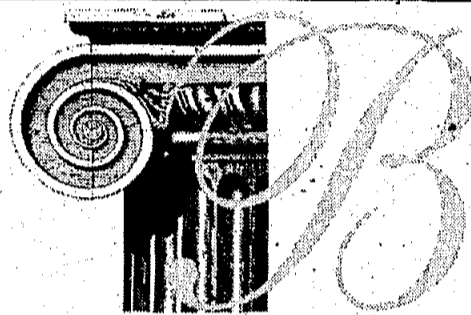
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# Sample Script for Safer Sex

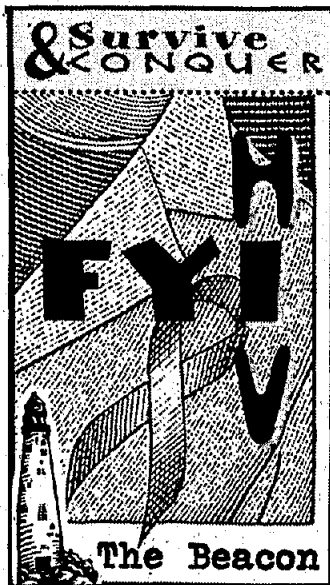
If Your Partner Says: What's that?  
 You Can Say: A condom, sweetheart.  
 If Your Partner Says: What for?  
 You Can Say: To use when we're making love.  
 If Your Partner Says: I don't like using them.  
 You Can Say: Why not?  
 If Your Partner Says: It doesn't feel as good.  
 You Can Say: I'll feel more relaxed, and if I'm more relaxed, I can make it feel better for you.  
 If Your Partner Says: But we've never used a condom before.  
 You Can Say: I don't want to take any more risks.  
 If Your Partner Says: Rubbers are gross.  
 You Can Say: Being pregnant when I don't want to be is more gross. Getting AIDS is totally gross.  
 If Your Partner Says: Don't you trust me?  
 You Can Say: Trust isn't the point. People carry STDs without knowing it.  
 If Your Partner Says: I'll pull out in time.  
 You Can Say: Women can get pregnant from pre-cum. You can get STDs from pre-cum, too.  
 If Your Partner Says: I thought you said using condoms made you feel cheap.  
 You Can Say: I decided to face facts. I like having sex and I want to stay healthy and happy.  
 If Your Partner Says: Rubbers aren't romantic.  
 You Can Say: What's more romantic than making love and protecting each other's health at the same time.  
 If Your Partner Says: Let's face it. Making love with a rubber on is like taking a shower with a raincoat on.  
 You Can Say: You face it. Doing it without a rubber isn't making love — it's playing Russian roulette.  
 If Your Partner Says: It just isn't as sensitive.  
 You Can Say: Maybe that way you'll last even longer and that will make up for it.  
 If Your Partner Says: I don't stay hard when I put on a condom.  
 You Can Say: I can do something about that.  
 If Your Partner Says: Putting it on interrupts everything.  
 You Can Say: Not if I help put it on.  
 If Your Partner Says: I'll try, but it might not work.  
 You Can Say: Practice makes perfect.  
 If Your Partner Says: But I love you.  
 You Can Say: Then you'll help me protect myself.  
 If Your Partner Says: I guess you don't really love me.  
 You Can Say: I do, but I'm not risking my future to prove it.  
 If Your Partner Says: We're not using a rubber, and that's it.  
 You Can Say: O.K. You know how to play checkers?

If You Are a Virgin and Have Decided to Have Sex and Want to Use a Condom and Your Partner Says:

Just this once without it. Just the first time.

You Can Say: It only takes once to get pregnant. It can only take once to get a sexually transmitted disease. It only takes once to get AIDS.

IT ONLY TAKES ONCE  
TO GET AIDS



## Advice For Condom Users

- Open an individual packet only when ready to use the condom. And open it gently, to avoid tearing the contents. If the rubber feels brittle or sticky or looks discoloured, discard the condom. It's spoiled.
- Don the condom when the penis is erect but before sexual contact. Place the tip of the rolled-up condom over the penis. If there is a reservoir tip, first squeeze out the air. If there is no tip, leave a half-inch space at the end for semen and squeeze the air out.
- Unroll the condom down the entire length of the penis (uncircumcised men should first pull back the foreskin).
- Right after ejaculation, grasp the condom firmly at the ring and withdraw before losing the erection, to prevent spillage.
- Make sure condoms are available and conveniently located. If no condoms are handy at the time of a sexual encounter, you may be tempted to have intercourse without one.
- Do not carry condoms in your wallet for long periods of time. Replace them every once in a while. Friction from opening and closing

your wallet, and from walking (if you carry your wallet in your pocket) can cause tiny holes to develop in the condom. Nevertheless, it is better to use a condom that has been in your wallet for a long time than to not use one at all.

- Don't use a condom that is brittle, sticky or discoloured. These are signs of age, and old condoms are more likely to break.
- If a condom package is damaged, don't use the condom because it may be damaged also.
- Use each condom only once.
- Do not use a petroleum based substance such as Vaseline as a lubricant. These substances break down latex. (They also promote yeast infections in women.)
- If you feel a condom break during intercourse, stop immediately and put a new one on. Remember, ejaculation does not have to occur for pregnancy to result (pre-ejaculatory fluids can contain active sperm), or for a disease to be transmitted.
- Store condoms in a cool, dry place. Heat, light and air pollution can all hasten deterioration.

Store condoms in  
a cool, dry place

## Condom Tips

Before Sex use a new condom every time you have sex—before foreplay, before your penis gets anywhere near any body opening to avoid exposure (to any body fluid that can carry infection). Handle the condom gently.

Put condom on as soon as penis is hard. Be sure rolled-up ring is on the outside. And leave space at the tip to hold semen when you come.

Squeeze tip gently so no air is trapped inside. Hold tip while you unroll condom...all the way down to the hair. If condom doesn't unroll, it's on wrong. Throw it away. Start over with a new one.

After Sex pull out slowly right after you come, while penis is still hard. Hold condom in place on penis to avoid spilling semen. Turn and move completely away before you let go of condom. Dispose of used condom properly, NOT in the toilet. And no more sex without a new condom.

## Condom Top 10

1. You used a condom. If you should you should have used one before you began.
2. Cover it more than grind her meat.
3. It's always risky to ease your monkey.
4. Before you attack her, wrap your monkey.
5. If you go into heat, package your monkey.
6. Handle the condom before you use it.
7. Sex is better with a packaged condom.
8. If you think it's risky, cover your monkey.
9. Use a condom every time you have sex.
10. Use a condom every time you have sex.

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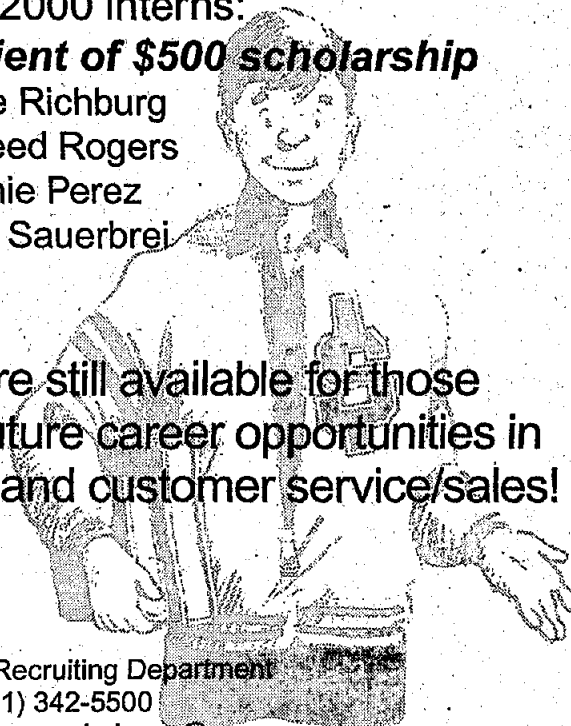
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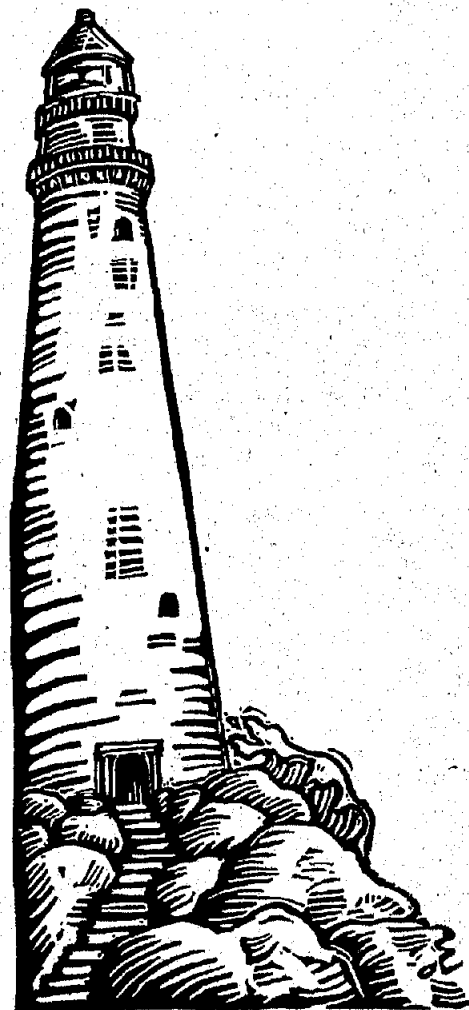
sliddell@erac.com or mholness@erac.com

## Corporate Condom Slogans

Nike Condoms: Just do it.  
 Toyota Condoms: Oh what a feeling.  
 Diet Pepsi Condoms: You got the right one, baby.  
 Pringles Condoms: Once you pop, you can't stop.  
 Mentos Condoms: The freshmaker.  
 Flintstones Vitamins Condom Pack: Ten million strong and growing.  
 Secret Condoms: Strong enough for a man, but Ph balanced for a woman.  
 Macintosh Condoms: It does more, it costs less, its that simple.  
 Ford Condoms: The best never rest.  
 Chevy Condoms: Like a rock.  
 Dial Condoms: Aren't you glad you use it? Don't you wish everybody did?  
 New York Lotto Condoms: Cause hey... you never know.  
 California Lotto Condoms: Who's next?  
 Avis Condoms: Trying harder than ever.  
 KFC Condoms: Finger-Licking Good.  
 Coca Cola Condoms: Always the Real Thing.  
 Lays Condoms: Betcha can't have just one.  
 Campbells Soup Condoms: Mm, mm good.  
 The Carl's Jr. Condom: If it doesn't get all over the place, it doesn't belong in your face!  
 General Electric: We bring good things to life!  
 AT&T condom: "Reach out and

touch someone."  
 Bounty: The quicker picker upper.  
 Microsoft: Where do you want to go today?  
 Energizer: It keeps going and going and going....  
 M&M condom: "It melts in your mouth, not in your hands!"  
 Chevron: Use them? People do.  
 Taco Bell: Get some; make a run for the border.  
 Double Mint: Double your pleasure, double your fun!  
 The Sears latex condom: One coat is good for the entire winter.  
 Delta Airlines travel pack: Delta's ready when you are.  
 United Airlines travel pack: Fly United.  
 The Star Trek Condom: To Boldly Go Where No Man Has Gone Before.  
 The John Bobbit: Riveted for her pleasure. Strong for his protection.  
 Diet Coke Condom: Just for the fun of it!  
 Maxwell House Coffee: Good to the last drop!  
 McDonald's Condom: Have you had your break today?  
 Hanes (ladies): Just my size!  
 Wide Leg Jeans: It's wide open!  
 The Dominos Pizza Condom: Hot! Wow! Now!  
 Flintstone Condom: It's rockhard, but it gets the job done.  
 Napa Auto Parts Condom: Keeps America running.

Duncan Donuts Condom: It's worth the trip.  
 Diet Coke: Just for the taste of it.  
 7up: It's an up thing.  
 Exxon: Rely on the tiger.  
 Milk: Does a body good.  
 Nissan: Enjoy the ride.  
 Star Trek: Beam me up.  
 Easy-Off Kitchen Condoms: It does all the work, so you hardly have to work at all.  
 Glade PlugIns condoms: Plug it in, plug it in.  
 Exxon: Put a tiger in your tank!  
 KFC condom: Everybody needs a little.  
 DeVry Condom: A higher degree of success.  
 Disney condom: Remember the magic.  
 Extra Condom: Lasts longer, and longer, and longer.  
 Palmolive Condom: Tough on grease, not on hands.  
 Wrigley's Condom: Pure chewing satisfaction.  
 Volkswagen Condoms: Drivers Wanted.  
 Downy: Come on in.  
 Publix: Where shopping is a pleasure.  
 Duracell: Can't top the copper top.  
 Breyers: Taste, not technology.  
 Sears: Come see the many sides.  
 Glade Fresh Scents: Plug it in, Plug it in.  
 Sprite: Obey your thirst.



# Prevention and Treatment of Sexually Transmitted Diseases as an HIV Prevention Strategy

The interconnectedness of HIV and other sexually transmitted diseases (STDs) grows increasingly apparent as biomedical and behavioral scientists learn more about people's susceptibility and risks. CDC is applying new research to the prevention of all major STDs, including HIV infection, and is working to ensure communities have the information they need to design, implement, and evaluate comprehensive approaches to HIV and STD prevention.

## *The Parallel Epidemics of HIV Infection and Other STDs*

Globally, an estimated 333 million new cases of curable STDs<sup>(1)</sup> occur each year among adults, according to 1995 estimates by the World Health Organization. STDs in the United States have reached epidemic proportions with an estimated 12 million new cases each year.<sup>(2)</sup> Of these, 3 million occur among teenagers, 13 to 19 years old. STDs are the most common reportable diseases in the United States.<sup>(3)</sup> The sexual spread of HIV in the United States has paralleled that of other STDs. For example, the geographic distribution of heterosexual

HIV transmission closely parallels that of other STDs. Most of the health districts with the highest syphilis and gonorrhea rates in the United States are concentrated in the South, the same part of the nation with the highest HIV prevalence among childbearing women. Researchers have long recognized that the risk behaviors which place individuals at risk for other STDs also increase a person's risk of becoming infected with HIV. STD surveillance can provide important indications of where HIV infection may spread, and where efforts to promote safer sexual behaviors should be targeted.

## *Other STDs Facilitate HIV Transmission*

There is now strong evidence that other STDs increase the risk of HIV transmission and, conversely, that STD treatment reduces the spread of HIV.

**Epidemiological studies:** Studies have repeatedly demonstrated that people are 2-5 times more likely to become infected with HIV when other STDs are present.

**Biological studies:** Biological studies suggest both increased susceptibility to HIV

infection and increased likelihood of infecting other people when other STDs are present.

a) Increased susceptibility - STDs that cause genital lesions can create a portal of entry for HIV. And even without lesions, STDs increase the number of HIV target cells (CD4 cells) in cervical secretions, thereby likely increasing HIV susceptibility in women.

b) Increased infectiousness - Studies have demonstrated that co-infection with HIV and other STDs results both in more shedding of HIV and in greater concentrations of HIV being shed. For example, in African studies, co-infection with gonorrhea and HIV more than doubles the proportion of HIV-infected individuals with HIV RNA detectable in genital secretions.

Furthermore, the median concentration of HIV RNA in semen is dramatically increased in co-infected men compared with men infected with HIV alone.

## *New Evidence of the Effectiveness of STD Treatment in HIV Prevention*

Intervention studies: New evidence indi-

cates that STD detection and treatment can substantially reduce HIV transmission.

For example:

a) STD treatment reduces the prevalence and magnitude of HIV shedding -- Treatment of gonorrhea in HIV-infected men resulted in a reduction in the number of men who shed HIV, as well as a lower concentration of HIV shed. With STD treatment, the level of shedding among co-infected men returns to the level seen in men who are not co-infected.

b) STD treatment reduces the spread of HIV infection in communities -- A community-level, randomized trial in a rural African community in Tanzania demonstrated a 42% decrease in new, heterosexually transmitted HIV infections in communities with improved STD treatment. An ongoing study in Uganda is further exploring the impact of mass STD treatment in slowing the spread of HIV. These studies will be critical in more clearly defining the role STD treatment can play in HIV prevention efforts in the developing world and in industrialized nations

# CDC Gives Straight Talk on Condoms

## *Condoms users have product options!*

There are several types of condoms. Nearly all types offer protection against HIV and other STDs.

**Latex condoms for men.** Latex condoms are made of a particular kind of rubber. Laboratory studies show that intact latex condoms provide a highly effective barrier to sperm and micro-organisms, including HIV and the much smaller hepatitis B virus. Their effectiveness has been proven over many years.

**Synthetic condoms.** For people who are allergic to latex, several new types of materials are being used to make condoms. One new type is polyurethane, a soft plastic. Another new type is Tactylon TM\*, a synthetic latex. Lab tests have shown that both these materials provide an effective barrier against sperm, bacteria, and viruses such as HIV.

**Polyurethane condoms for women.** The female condom (Reality TM\*) fits inside the vagina and covers some of the area outside of the vagina. It also is made of polyurethane. When a male condom cannot be used, couples should consider using a female condom.

Unlike latex condoms, synthetic condoms such as male and female polyurethane condoms can be used with either water-based or oil-based lubricants.

Although not as thoroughly tested as latex condoms, synthetic condoms likely provide similar protection.

**Lambskin condoms.** These condoms are made from animal membranes that contain tiny holes. While they can prevent pregnancy, they should not be used for STD or HIV prevention because viruses may be able to pass

through these holes.

**Novelty condoms.** Novelty (play) condoms are for sexual amusement only. The FDA does not allow them to be labeled as condoms, and they should never be used for STD/HIV or pregnancy prevention.

**Spermicides.** Although studies indicate that nonoxonyl-9, a spermicide, kills HIV in laboratory testing, it is not clear whether spermicides used alone or with condoms during intercourse provide protection against HIV. Therefore, latex condoms with or without spermicides should be used to prevent sexual transmission of HIV.

**Oral protection.** Even though their risk is less than with unprotected anal and vaginal sex, people who engage in oral sex can reduce their risk of getting HIV or another STD by placing a barrier over the vagina or anus. In addition to the male condom, a product designed to reduce the risk of acquiring an STD during oral sex is now being sold in the United States. The Sheer Glyde Dam TM\* is a 10" x 6" latex sheet that the FDA has authorized for marketing in the United States. Plastic food wrap, dental dams (pieces of latex used by dentists), and condoms that have been cut open all have been used to cover the vagina or anus during oral sex, although there is no information about how well these materials work.

## *Education about condom efficacy does not promote sexual activity*

Five U.S. studies of specific sex education programs have demonstrated that HIV education and sex education that included condom information either had no effect

upon the initiation of intercourse or resulted in delayed onset of intercourse; five studies of specific programs found that HIV/sex education did not increase frequency of intercourse, and a program that included development of skills to negotiate safer sexual behaviors actually resulted in a decrease in the number of youth who initiated sex. In addition, a World Health Organization (WHO) review cited 19 studies of sex education programs that found no evidence that sex education leads to earlier or increased sexual activity in young people. In fact, five of the studies cited by WHO showed that such programs can lead to a delay or decrease in sexual activity. In a recent study of youth in Los Angeles, an HIV prevention program focusing on condom use did not increase sexual activity or the number of sex partners. But condom use did increase among those who were already sexually active. A 1987 study of young U.S. men who were sent a pamphlet discussing STDs with an offer of free condoms also did not find any increase in the youths' reported sexual activity.

## *Prevention is cost-effective*

In summary, STDs, including HIV infection, are preventable, and condoms represent an effective prevention tool. A recent analysis estimated that, for high-risk heterosexual men, the societal savings (in health care costs and productivity) per condom was \$27, and for men who have sex with men, the savings per condom was more than \$530 when condoms were used consistently and correctly with multiple partners.

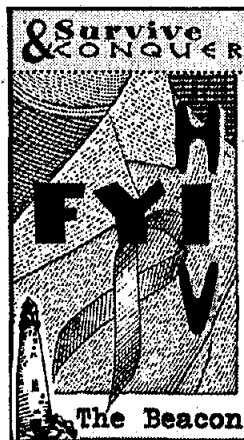
All information that appears on this page comes from the Center for Disease Control and Prevention's website.

CDC is committed to providing the scientific community and the public with accurate and objective information about HIV infection and AIDS. It is vital that clear information on HIV infection and AIDS be readily available to help prevent further transmission of the virus and to allay fears and prejudices caused by misinformation. For a complete description of CDC's HIV/AIDS prevention programs, see "Facts about CDC's Role in HIV and AIDS Prevention."

CDC National AIDS Hotline  
1-800-342-AIDS (2437)  
Spanish: 1-800-344-SIDA (7432) (HIV and STDs)  
Deaf: 1-800-243-7889

CDC National Prevention Information Network  
P.O. Box 6003  
Rockville, Maryland 20849-6003  
1-800-458-5231

Internet Resources:  
NCHSTP: <http://nchstp.cdc.gov/nchstp/od/nchstp.html>  
DHAP: <http://www.cdc.gov/dhap>



Questions about  
HIV?  
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Call Nurse Nancy at  
the WPU Health and  
Wellness Center:  
720-3176

# Smoke Condition Evacuates White Hall

By Max Ellis  
News Editor

Wayne, NJ—It was no fire drill—no false alarm. When the fire alarm horns sounded shortly before midnight on November 29 in the White Hall Dormitory at William Paterson University, students were surprised to realize that something in the building was on fire.

"We heard the alarm and we went to open the door to evacuate. As soon as we opened

the door, we saw smoke," said Jennifer Fanning, a resident on the 3rd floor. "I said 'holy shit, there's a fire!'"

University police officers responded to the alarm within minutes, said students standing outside the dormitory in the cold night air.

The North Haledon and Wayne Fire Departments responded to the "smoke condition." According to fire officials, the cause of the smoke condition was burnt food left in a microwave oven "for an extended peri-

od of time."

Information on the specific room and student(s) involved where the incident occurred was not immediately available at press time, but residence life officials said that no one was injured as a result of the smoke or evacuation.

Residents of White Hall (an academic-oriented, adult living community) were evacuated for a little more than half an hour. Some were relocated to the nearby Towers Dormitory Complex and Matelson Hall,

where they waited for an all clear.

Robert Arano was a visitor at the time of the evacuation.

"I heard the alarm and I said 'Jesus Christ, a fucking fire drill.' Then we opened the door and smelled smoke...it smelled like really badly burnt popcorn. We got the hell out of there."

Resident Assistants at the time of the alarm checked each room to make sure that all occupants were evacuated. No students were found in the building.

# AIDS patient speaks at WPU

By Erik Ortiz  
The Beacon

Wayne, NJ—If you look at the way she makes an entrance, you'd think Dawn Breedon was just the same self-proclaimed diva she was ten years ago.

She recalls how her now short, dreaded hair was once long and straight, how she had a horde of diamond jewelry, a fur coat and two new cars, all bought by her \$100,000 a year salary as a hairdresser.

"I looked like Donna Summer,"

Breedon recalled.

But it was during a hairdressing class that Breedon remembers feeling the ignorance that even her closest friends have shown her. "A woman next to me said she didn't like a certain client because she knew he had AIDS," Breedon said. "Well, I wanted to laugh because she was sitting next to me."

In October of '91, Breedon was diagnosed with HIV, the virus that causes AIDS. She contracted it through her boyfriend at the time, who didn't tell her he was infected.

"People don't tell and don't want

to know because of psychosocial issues," Breedon explained. "I tell people unless you know everything about your partner, would you trust them with you life?"

She spoke to students last Wednesday at William Paterson University as part of World Aids Week on campus, created as a way for students to learn about prevention and the effects AIDS has on people.

Breedon wants to give hope to people who feel their life is over when they are diagnosed with the virus.

"When people find out, they reject you," Breedon said. "And it's one thing to be rejected, but it's another thing for everyone else to know, but when people don't tell, that's dangerous...HIV was not a death notice, it was a wake up call to deal with my body."

"Every time I speak to kids they always ask me, 'Aren't you afraid you're going to die?' But I tell them every one will die someday...but just like them, I don't know when, and my choice was I can die sooner or later."

Breedon continues to speak with

people about the personal stigmas she continues to face. Her most important challenge has been trying to change the face of a person living with HIV and kill all the stereotypes.

"My message is faith and that life doesn't stop here," Breedon said in her greatest diva voice. "Remember that I never thought I could get HIV, but I did...And I still look good."

# WPU Track off to Fast Start

Beacon Staff Reports

Wayne, NJ—Eight William Paterson University students placed in the Seton Hall Invitational held Sunday, Nov. 3, the first meet of the winter season.

"For a first meet with a young team, it was a good effort," said Coach Horace Perkins, "I am pleased with our first meet."

Jenkins hopes that his team will place in the New Jersey Athletic Conference competition in late February 2001. "If we continue, we will place," said Perkins, "We will continue to develop each meet."

Students who placed at the com-

petition were:

- Brian Bohannon, freshman 2nd Pl. high jump, 6'
- Kennisha Reid, freshman 2nd place Long Jump, 17'-1" (WPU record breaker)
- Freddy Callaway, freshman Long jump, 5.70 meters
- Janathan Johnson, sophomore 1st place Shot Put
- Dwight Bartolomew, freshman 3rd place Shot Put
- Germaine Beacon, sophomore 800 meter, 2:04. Broke (WPU record breaker)
- Hope Barnett, sophomore 4th place 60 Meter Hurdle
- Laura Hollenly, freshman 4th place Mile Run

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## Today's Republicans are soaked in hypocrisy

AUSTIN, Texas -- Now they're eating the chad! For all I know, they're eating pregnant chad! Call the right-to-life folks! Call the cruelty-to-animals people! I heard it on talk radio, so it must be true. Those people will stop at nothing!

Actually, I didn't quite catch which side is into scarfing chad with salt and ketchup, but whoever it is, you know they'll stop at nothing.

I vote the Republicans the winners in this weekend's Huffy, Self-Righteous Indignation Fiesta Bowl. They were much more indignant about the number of military ballots that got thrown out (presumably favoring their man, George W. Bush) and so managed to imply that all Democrats are (a) anti-military, and (b) unpatriotic, and (c) would cheerfully send Our Young People off to risk their lives while denying them the right to vote.

The D's were reduced to plaintively pointing out Who Went to Vietnam and Who Didn't, but after milking that one for years, the R's now declare that it doesn't count. Hey, even Bill Clinton got to Vietnam over the weekend.

My other favorite indignation ploy was the more-in-sorrow-than-in-anger "May I point out that my opponent has the incredibly bad taste to attack a lady" -- to wit, Cruella de Vil, the Florida secretary of state. People were even making fun of the poor woman's makeup, so all those feminists and Southern gentlemen who make up the Republican Party leaped to her defense, solemnly declaring, "No Laughter Allowed Because She's a Girl."

These same people have been excoriating Hillary Clinton for eight years as the most murderous, lesbian, adulterous, lying, ruthless, desperate, dishonest, manipulative rhymes-with-witch since Lady Macbeth -- not to mention their endless animadversions on her appearance. It's awfully nice to hear these defenders of womanhood protecting Harris' makeup from ruthless attack.

If, as seems possible, the Florida Supreme Court allows the four-county recount to continue, it seems to me that the R's are entitled to ask for a full Florida recount. The hypocrisy of suddenly embracing the hand recount when they've been complaining about it for two weeks shouldn't trouble them at all -- no one can even

keep track of the hypocrisy score anymore.

Besides, Al Gore isn't even gaining much in the recount. Likewise, I'm not persuaded that the R's have no business in federal court just because (a) Bush is always saying that the state and local levels know best (except when they're Democratic county commissioners) and (b) both the R's and their judiciary keep endorsing states' rights over federal rights. Think about it. Although it would be a rather startling reversal of fortune for this U.S. Supreme Court to overrule the Florida

Supreme Court, this is clearly a state election with federal implications.

However, if (as seems likely) the Florida court's decision simply tries to keep pushing a full and fair count, I'm not sure what the grounds for an overruling

would be.

Then the dread question comes: Where do we draw the line? For what it's worth, I'd say either after the Florida Supreme's rule or (as the Bushies want) after the Federal courts rule. What we really don't want to do is take it into either the Florida Legislature or the U.S. House, and not just because Republicans have a majority in both.

I know my onions when it comes to state legislatures (in fact, I've watched Florida's during a couple of crucial fights), and this is where the rule of law and sausage comes in. Please take my word for it -- we would all regret that. If we want the people of this country to retain any respect for the political process, we do not want to take that road.

Likewise, for either side to try to find faithless electors (isn't that wonderful? They're always called "faithless" -- never "treacherous" or "conniving" or anything but "faithless") is over the line.

Yes, the rules do permit dragging the mess into the Florida House and thence into the U.S. House (with Tom DeLay ramrodding the Republicans -- oh, sure, that's going to have a lot of legitimacy). We could legally push the creaky constitutional machinery that far. But by then we'd have more serious time constraints, graver transition problems and a real For the Good of the Nation question. Whoever's behind it should quit before then. Meanwhile, enjoy.

On the Left



Molly Ivins

Holiday In Paradise  
pg. 10

terms: you give, she takes.

But if you want the imbalance to change, you need to stop making excuses and just ask her out already. We may be living in this day and age, but that doesn't mean we've had all our instincts genetically re-engineered. By letting her toy with you, you've shown her you're not the alpha here, you're prey -- and prey doesn't get much respect. That's why, when it comes to mating, the best gamers know not to play.

Carolyn:

I know you've tackled the age-old question of whether to call or not to call in order to end a relationship. My cut has always been to use the "silence" method after the first date or two, but after that, any shred of class and maturity demands a call, or at least returning the call of the other

party. The problem is that my male roommate recently had sex after four weeks with a sweet girl, then immediately decided to end the relationship without any contact. I've answered several calls from her wondering where her "date" is. Very unpleasant.

I think that having sex immediately brings about a phone-call responsibility. By the way, my roommate actually stated that YOU said a call was unnecessary in the first two or three months. Care to rein in this dog that you have unleashed?

—Roommate

I feel so used.

My "cut" is two or three dates. When there exists at least some expectation of another call or date, people deserve an honest, unambiguous statement to the con-

trary -- "I'm sorry, this just doesn't feel right" -- backed up by honest, unambiguous actions. Those actions can include not returning calls, but *only* after the end of the road is marked off.

I think all members of the community of man can agree that sleeping with someone you've dated creates the expectation of another call or date, no matter how naive your dog roommate can make that expectation sound. (By the way -- a little more credit to dogs, please.) (Oh, and for anyone using me to justify craven behavior: Please get your facts straight.)

Next time this woman calls you, either hand your roommate the phone without comment or be honest with her yourself, as gently and respectfully as possible. Surely she has put two and two together by now, but hearing it might bring some relief.

Carolyn:

To what do you attribute married couples' attitude toward single people? Is it jealousy, ego ("my lifestyle is the ONLY lifestyle") or what?

—D.C.

To what do you attribute single people's need to make moronic generalizations about married people?

I know, how married of me.

If you're going to box half the adult population into roles, at least shove them into the right ones: When nonjudgmental people get married, you get nonjudgmental married people. When narrow-minded jerks get married, you get married, narrow-minded jerks. Further categorization is for tax-filing purposes only.

Hi, Carolyn:

My brother is going through the hormonal phase and he's driving me nuts! One minute he loves me, the other he would gladly kill me. We almost always end up fighting, then my parents punish both of us. How can I live with the creature until his hormone levels even out?

—Maryland

It takes only one person to put on a hormonal horror flick, but it takes two to fight over it. You don't have to react every time he's a jerk. Sometimes, it's OK to let the other guy win -- especially a sibling in temporary turmoil. Repeat after me: The creature can't help it. The creature can't help it. The creature can't help it. Call it an education in trading your ego for peace.

Write to "Tell Me About It," c/o The Washington Post, Style Plus, 1150 15th St., NW, Washington, D.C. 20071 or e-mail [telme@washpost.com](mailto:telme@washpost.com). Chat online with Carolyn each Friday at noon and Monday at 3 p.m., both Eastern time, at [www.washingtonpost.com](http://www.washingtonpost.com).

Carolyn:

What are the telltale signs that a woman is interested? I have read all of those "body language" articles in modern mating magazines, but I am looking for more substance. See, in this day and age of obvious women, my mind has become lazy and accustomed to not having to pick up on subtle things. The woman I am interested in is extremely flirtatious and intelligent. She seems to know exactly how far to push buttons without giving away her intentions. I know that you would suggest that I just ask her out; however, it would behoove me to keep her as a close friend in the event that I don't pick up on any sure thing signs. Oh, by the way, we are both in college, both attractive, and seem to share a brain.

—I Wish I Were in Florida

Brain-sharing? Gross. Don't wear turtle-necks. And speaking of half-brainedness: "In this day and age of obvious women?"

I want a raise just for having to read that. The magazine article that you need to consult is "How to Know When a Woman Just Messed With Your Head." (Check your indexed back issues of "Pheromones

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Advice for the Under-30 Crowd

Today.") She's doing a fine number on you, extracting attention without being forced to commit. If that's all she wants, hey, feel free to keep providing her with attention, as long as you don't delude yourself on the

## Marilyn Manson, meet J.S. Bach

In the annals of music history, Marilyn Manson won't even warrant a footnote. But the freakish shock rocker released a new album this month that has some religious groups understandably up in arms. The cover of "Holy Wood" depicts Manson in a Christ-like pose, wearing a crown of thorns and sporting crucifixion marks in his hands and torso. The lyrics of one song taunt: "Dear God, if you were alive, you know we'd kill you."

Manson fashions himself a musical revolutionary teeming with profound thoughts and unappreciated works (such as "Antichrist Superstar") that will one day be

embraced and immortalized. In an interview with USA Today this week, Manson offered this deep meditation: "Art, by nature, has to be evil because it challenges the status quo and what the mainstream defines as beautiful or moral or ideal."

People of faith needn't be alarmed. Marilyn Manson is an inconsequential speck in the artistic universe. His godless "music" and message possess a shorter half-life than an order of McDonald's french fries. Manson's dark cult of nihilism sinks even deeper into the abyss of cultural irrelevance when viewed in light of this year's commemoration of the 250th anniversary of Johann Sebastian Bach's death.

The devoutly religious composer's impact is timeless, global, and truly revolutionary. Celebrations of Bach's work are taking place around the world, from Leipzig to Tokyo to Des Moines. In his 65 years on earth, the German-born Bach produced an astonishing amount of music — enough to fill 153 CDs. Bach was a rebel of a different sort, cranking out whole forests of Baroque compositions that were considered outdated in his own time. He was no slave to fashion. He was, first and foremost, a servant of God.

Bach often signed his manuscripts with Latin expressions of faith — "J.J.," for "Jesu Juva (Help me, Jesus)" at the beginning of a piece;

"S.D.G.," for "Soli Deo Gloria (To God alone, the glory)" at the end. Christoph Wolff, famed Harvard music scholar and author of the newly published "Johann Sebastian Bach: The Learned Musician," writes that Bach was thoroughly committed to pursuing "true music" — that is, music whose "ultimate end or final goal" was "the honor of God and the recreation of the soul."

Bach used his intellectual gifts, with which he believed he had been endowed by his Creator, to build the foundations of what Professor Wolff calls a "musical science." His work was an enlightened

search for truth, a lifelong exercise to reveal God's harmonious ordering of the universe. His use of counterpoint, one admirer wrote, provided "the humble bricks and mortar with which he builds cathedrals and heavens to praise God and the

angels, and a tool to plumb the innermost recesses of the sensitive heart, all through mere notes and their carefully controlled interactions."

Popular music today is often aimed at doing the exact opposite — blaspheming God's name and tearing down those who worship Him. Christian music is marginalized as a quaint oddity; Christians are portrayed in the mainstream media and on MTV as dull and uncreative followers of the church.

The endurance of Bach's music and the universal recognition of his genius transcend modern contempt for divinely inspired art. It's not just his masses and chorales and cantatas, but also his intricate inventions and fugues and concertos that resonate across cultures and religions. Only the most unreconstructed atheist will not be moved by the soaring strains of "Jesu, Joy of Man's Desire" or the simple spirituality of the Prelude No. 1 in C major or the aching beauty of the Mass in B minor or any of the unaccompanied cello suites.

The Marilyn Mansons of the world can bask in their vulgar 15 minutes' worth of fame. But "art" inspired by nothing fades to nothingness soon enough. For lovers of true music, gloriously dedicated, Bach rocks on.

On the Right



Michelle  
Malkin

Writer for the Washington  
Post Writer's Group

## ATTENTION STUDENTS

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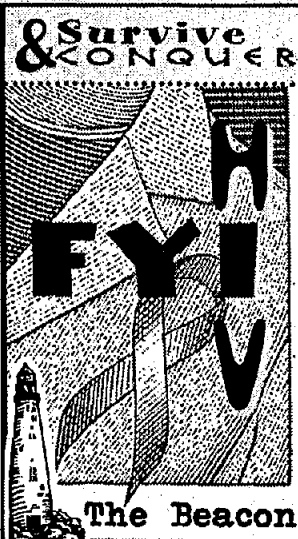
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New Jersey ranks fifth in the nation in reported AIDS cases, and third in reported pediatric AIDS cases.

• Women are the fastest growing group of people with HIV/AIDS. The NJ Department of Health estimates 20,000 women could be infected with HIV. As of

June 30, 1993, 4,091 New Jersey women had been diagnosed with AIDS.

• Women account for 24 percent of all reported AIDS cases in New Jersey, compared to 11 percent nationally. It is the highest proportion of women with AIDS in the United States. They account for 36 percent of all reported HIV-positive residents.

• Since 1981, transmission from injection drug use has accounted for 57% of AIDS cases among women, and heterosexual transmission has accounted for 35%. From July 1, 1992 to June 30, 1993, transmission from injection drug use decreased to 47% of AIDS cases among women and heterosexual transmission increased to 42%.

Women with AIDS are undercounted because the

Centers for Disease Control definition of AIDS does not include most women-specific infections and cancers

## Facts about women and AIDS

(for example, chronic vaginal candidiasis, pelvic inflammatory disease, and cervical dysplasia), although cases of invasive cervical cancer have been included since January 1, 1993.

In New Jersey, among new cases of AIDS in women, 64% were African-American, 21% were white and 14% were Latina. From the beginning of the epidemic, the breakdown is 67% African-American, 21% white and 12% Latina.

The average maternal-fetal transmission rate is 30%, but in the City of Newark the rate is 18-22%.

AIDS is the leading cause of death in New Jersey for African-American women between

the ages of 15-44, and the second most prevalent cause of death for all women.

The New Jersey Women and AIDS Network is an independent, multicultural, statewide organization of over 500 agencies and individuals. Members are women with HIV, service providers, educators, health, legal, medical professionals, women's advocates, policy-makers, and community members. Established in May 1988, NJWAN initiated the urgent and vital campaign to safeguard the rights of HIV-infected women and

to prevent further transmission of HIV. The Network makes it possible for people concerned about the invisibility of women with AIDS to come together to work toward:

• Insuring appropriate, sufficient, and effective resources and services to reduce the spread of AIDS and HIV infection among women;

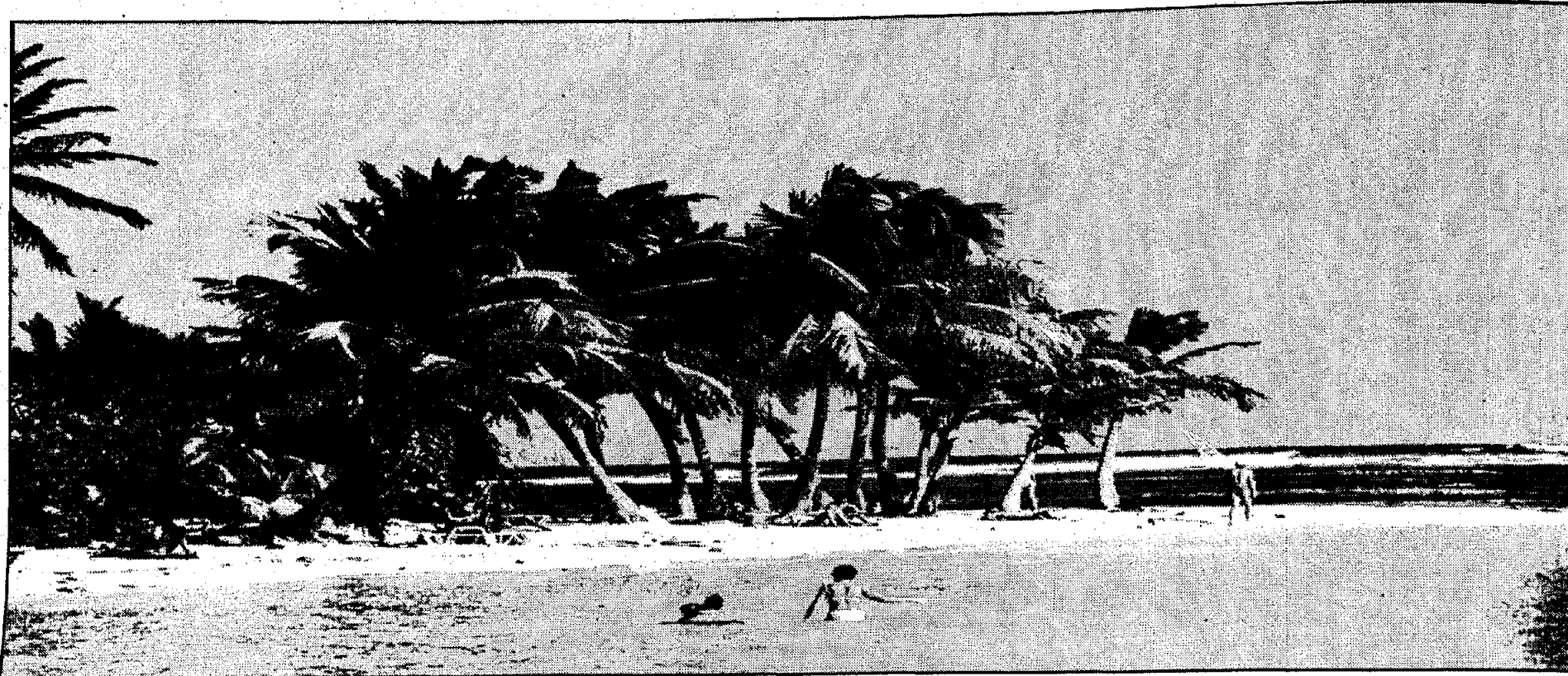
• Promoting the prevention of AIDS and HIV infection through culturally sensitive, class-oriented, non-heterosexist, and gender-specific education;

• Protecting the legal and human rights of women and their children and safeguarding against the premature termination of those rights.

Source: New Jersey Women and AIDS network



# HOLIDAY IN PARADISE



When someone thinks of Thanksgiving I'm sure the usual holiday scene comes to mind. A table full of food and family always top the list. You usually end up seeing family that you didn't know existed and sleep for at least a day after you've stuffed yourself with 5 pounds of turkey.

In the days following Thanksgiving real food doesn't exist, and your mother attempts to make things interesting by converting the leftover turkey into every dish known to man, such as turkey salad, turkey sandwiches, turkey casserole...the list goes on. Although this is usually the deal for me, this year I skipped the generic Thanksgiving scene that I have loved so much and did something a little different—I parodied it up, "Club Med" style.

Club Med is a chain of approximately 40 resorts. They are found in locations around the world.

There are clubs in every country ranging from Greece to Indonesia and in the islands of the Caribbean.

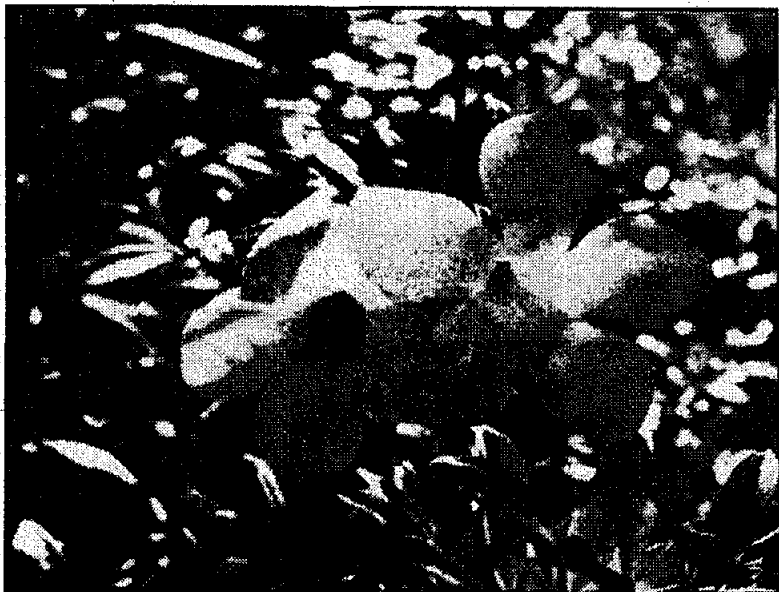
On the morning of November 18 my family and I left our house and took part in the most grueling day of travel that has been known to man, in order to get to our destination—Guadeloupe.

Since Guadeloupe is a tiny island off the coast of South America, there are not many direct flights there. This resulted our "enjoying" a layover in Puerto Rico, where the airport staff politely told us that the flight

was overbooked, and that half of the family would have to sleep over and leave the next day. My mother is not a mean person by nature, but every once in a while her "mommy" qualities come out.

## Alli Chavanon Diversity Editor

and I almost feel sorry for anyone who received the brunt of it. The lady at the desk was saying that there was nothing that she could do; we could take it or leave it, and my mom was slowly building up to her attack mode. After about fifteen minutes of being told that we were being screwed out of a flight that we had booked a year beforehand, all hell broke loose. I don't know what words were exchanged between my mother and that airport woman, and I'll probably never know. What I do know is that as the rest of my fam-



ily sat back and watched the fireworks happen from across the lobby, my mother won the argument, and motioned for us to get onto the plane. Game, set, and match for the Chavanon family.

We arrived in Club Med an hour and a half later and found ourselves melting in our winter clothes. The temperature was 82 degrees and the humidity made it feel as though we were in a sauna. The staff at the airport spoke nothing but French and to my utmost dismay I had to break out my very poor French skills.

A Club Med staff member was waiting for us at the airport, and took us by bus to the resort, which is built directly on the beach. From my hotel room I had a perfect view of the palm trees and the Caribbean Ocean. The resort is like a paradise that has been kept a secret from the rest of the world.

My first day started out like most vacations do. I lay on the beach for the whole morning, and was subjected myself to the hilarity of Club Med. Lying on my beach chair at about 11 AM, I noticed a guy dressed in black spandex with red feathers deco-

rating his head and back. The guy, who I found out later was named Andrea (he's from Rome), was clucking like a chicken and strutting along the beach. This strutting and clucking occurred every day. Following my usual routine, I would lie on the beach in the mornings,

slap on my sun block, and watch the many characters walk down the strip. One morning I was awakened by a man behind me on a ladder. He appeared to be painting the sky with his hands. A guy



from the sports team walked by during this charade and asked the painter, "Spartico? Why are you pretending to paint the sky?" and was answered with a very indignant "Spartico? Who is this Spartico that you speak of? I am Andre, the famous artist and I am painting a mural on this sky. What do you know about art? Go back to your sports you uneducated barbarian!" Every day I was witness to a charade like this.

The afternoons at Club Med were always packed with activities. There was everything from beach volleyball to a circus, and my family took advantage of everything. Every day my dad would graciously drag me onto a mini sailboat, and because I wanted to make him happy I would suppress my fear of death by drowning and go with him. When I think about it now it seems almost funny, me on a 10 foot sailboat pretty far out in the ocean, dangerously close to a coral reef, with my father who has had about 3 sailing lessons.

After my many near death experiences I stopped going on the sailboats and decided to stick to kayaking. I had never done that before, and I found it to be the most fun activity there. I never realized how strenuous it would be

but I actually got a lot of exercise.

The circus was pretty amazing. There was a trapeze set up for the guests and anyone who wanted to learn, could. The lessons were really intense and I saw a lot of injuries, but it was actually kind of cool. People who had never even seen a trapeze in their life were flying like pro's by the end of the week.

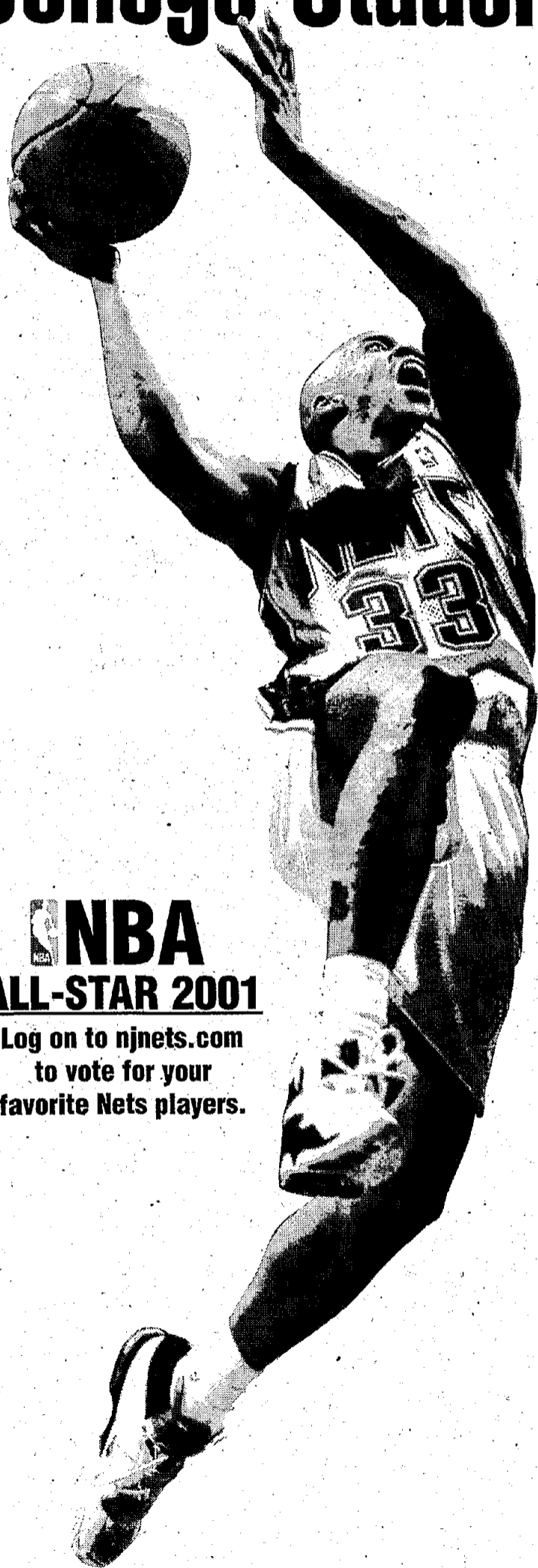
Thanksgiving night was definitely not routine. The entire staff proclaimed it to be "American Night" and they all dressed up in blue jeans and bandannas. Elvis was in attendance, along with cheerleaders and a football player. The food would have been disappointing if I had been looking for classic Thanksgiving grub. There was only one turkey and some mashed potatoes. To my surprise, though, I really didn't care. I stuffed myself with seafood all week, and didn't once think about the food back home. I guess that after eating at Wayne Hall for a semester anyone would go apeshit around good food.

All in all, my vacation was a blast. I met awesome people, I bonded with my family, and I got the most wicked sunburn known to man.

Photos by Alli Chavanon/  
The Beacon

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Nov. 28	Utah	7:30pm	Feb. 4**	Philadelphia	6:00pm
Dec. 2	Orlando	7:30pm	Feb. 6	Atlanta	7:30pm
Dec. 6	Milwaukee	7:30pm	Feb. 8	San Antonio	8:00pm
Dec. 8	Phoenix	7:30pm	Feb. 18	LA Clippers	1:00pm
Dec. 10	Dallas	7:30pm	Feb. 21	Toronto	7:30pm
Dec. 12	Minnesota	7:30pm	Feb. 25	Washington	8:00pm
Dec. 17**	Sacramento	7:30pm	Mar. 5	Milwaukee	7:30pm
Dec. 23**	Miami	7:30pm	Mar. 20	Vancouver	7:30pm
Dec. 26	Atlanta	7:30pm	Mar. 22	Boston	7:30pm
Dec. 28	Boston	7:30pm	Mar. 28	Denver	7:30pm
Jan. 6	Golden State	7:30pm	Apr. 1	Houston	8:00pm
Jan. 9	Philadelphia	7:30pm	Apr. 3	Charlotte	7:30pm
Jan. 11	Orlando	7:30pm	Apr. 8**	Indiana	1:00pm
Jan. 17	Washington	7:30pm	Apr. 13	Cleveland	7:30pm
Jan. 20**	Chicago	8:00pm	Apr. 17	Chicago	7:30pm
Jan. 31	Detroit	7:30pm			

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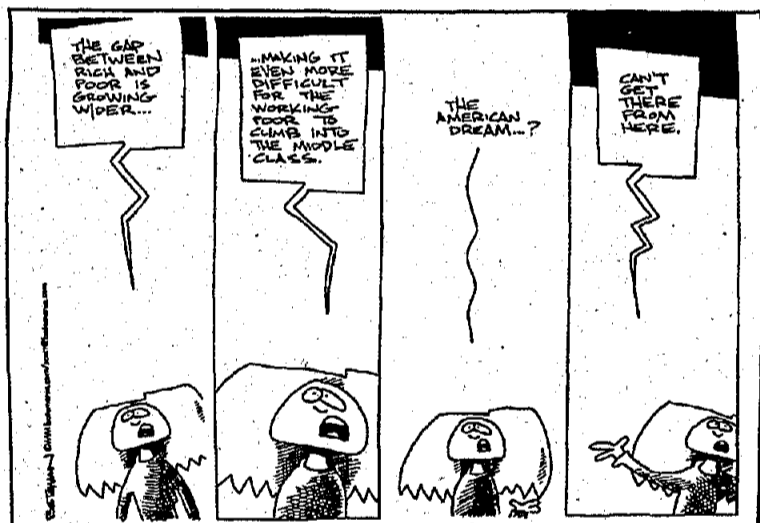
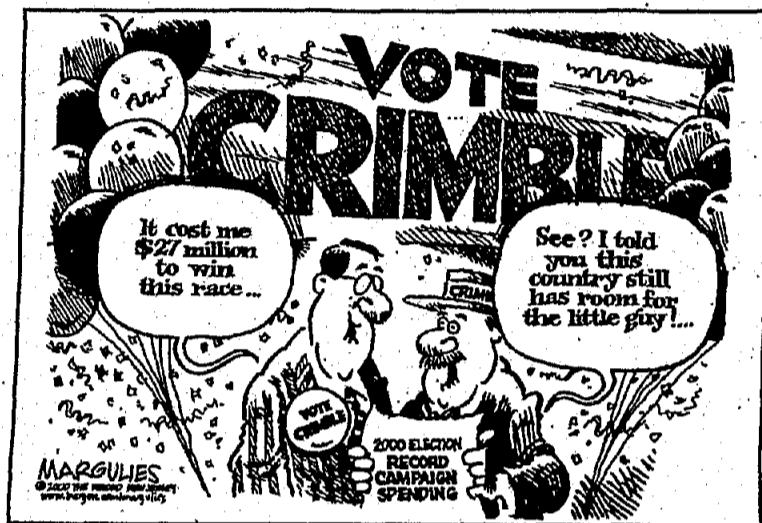


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There's no denying that December holds in its hands something magical. Children whisper about it, families plan for it, and advertisers fairly shove it down our all-too-eager throats. No, it's not Thanksgiving leftovers.

It is the "holiday season." Even the words evoke the whimsical sensation of being a kid. Be it Christmas, Hannukah, Kwanzaa or whatever you celebrate this December, the holidays mean making time for loved ones, old friends and the spirit of brotherhood.

So, for this month I issue you a challenge: Make your December vacation a Festival of You and Yours. That's right America; it could be the most memorable and important event you have ever attended. Who knows? You may even find a new and lasting tradition or two.

Just to get you started, here are a few ideas.

- Go back to where you came from. Take the kids, your spouse or some friends to your old hometown. Explore your childhood haunts. Visit the house where you grew up. Check in on the neighbors if they still live in the area. Or, you can encourage your parents to show you their special places.

- Stay up past midnight. Take a drive around town and wonder at the magic of the season. Check out all the twinkling lights and yard decorations. Better yet, bring a thermos of hot chocolate and sit in your driveway, while wondering at the magic of YOUR house all dressed up. Encourage your family to share what they love most about living there.

- Visit the museums of your family. Take a browse around your host's house with fresh eyes. Let them tell you the stories behind the knick-knacks. Or, ask whoever is coming to your home to bring a few of their favorites with them. Have a storytelling and learn about everyone's favorite holiday seasons.

- Plant and decorate a tree in your own back yard. Create a living memory that will grow with the years to come.

- Visit your town as a tourist. Pack a suitcase, get a map from your local tourist information center and go. You will most likely discover new things about the place where you live.

The bottom line is that a festival is just a purposeful gathering, and a museum is just a collection of meaningful things. Celebrate your own festival whenever you gather for a purpose, and remember that the most meaningful collection is the one you keep close to you.

Happy December!

If you know of an unusual and interesting destination or event, let us know! Our e-mail address is [youramerica@mindspring.com](mailto:youramerica@mindspring.com) or write to us in care of King Features Weekly Service, 628 Virginia Drive, Orlando, Fla. 32803.

BY SAMANTHA WEAVER AND AMY ANDERSON



## The Jeffrey Hart Column



At some point before the Electoral College votes on Dec. 17, the presidential result will be determined.

That said, there's a lot of misplaced commentary that whoever wins

will "not be able to govern." Nonsense. After Jack Kennedy was inaugurated in 1961, no one doubted that he was president, even though he had won by a doubtful sliver of votes.

An abiding question about the presidential race is why Gore chose to swing to the left, at least rhetorically. His entire political history has been marked by caution and by the moderation typical of a border-state politician. In 1988, in

his failed bid for the Democratic Party nomination, he attacked Michael Dukakis from the right. He even pioneered the Willie Horton issue.

So why did Gore emerge after the Democratic National Convention this year howling about the "big drug companies," the "special interests" and so on, attacking the "rich" (i.e., the 20 percent who pay 80 percent of the federal income tax) and vowing to "fight" so often that one felt like a spectator at a boxing match?

I detect the influence of top Gore adviser Bob Shrum. Shrum is a bull in a china shop and some sort of wild Catholic radical, seething with egalitarian furies. Shrum is also a bully. My guess is that he pulled the rhetoric of the Gore campaign to the left, to the great disadvantage of the campaign.

The darkest nightmare for Republicans is that they might not have gotten rid of Clinton after all. In this scenario, Hillary Clinton wins the Senate seat for New York. Then, if Gore loses, she runs for president in 2004 -- or else 2008 -- Bill Clinton runs for vice president of her ticket, and then they are back in the White House again!

Well, Hillary scored a solid win over Rep. Rick Lazio, a little-known congressman from suburban

Long Island.

If Lazio had run as a "nice guy," the original view that he would have been a strong candidate might have proved valid. But he didn't run as the Long Island "Italian Jimmy Stewart" -- this might have won against the clawing and overly ambitious Hillary. Instead, Lazio ran as a

high-school debater, pulling that silly trick in the first debate of striding toward Hillary's podium and demanding that she sign a paper renouncing soft money.

Lazio followed up this maneuver with a clumsy attempt to pin the bombing of the destroyer Cole on Hillary (no kidding) because she had received contributions from an Arab-American group allegedly "linked" to the terrorist organization Hamas.

On top of all that, his statewide strategy was poor. Everyone, except apparently Lazio and his campaign manager, knows that to win statewide in New York, a Republican has to score big upstate.

The Lazio campaign paid only disorganized attention to the upstate voters, and the candidate himself was eerily upbeat about the economy there.

In the end, the large vote he did pick up was merely anti-Hillary, not pro-Lazio.

## Trends and Headlines

# Wall Street Reader Will Help Beacon

Editor:

I read your paper every week while I take the NJ Transit bus into New York each day. I pick up the paper at the bus stop on Hamburg Turnpike. I want to congratulate you for publishing such a well-written and constructed newspaper. I have to say that I have not seen anything like it!

The layout, design, graphics and overall appearance are well-done. The content is a bit eyebrow raising at times, but that keeps me in check with the world and the young adult population that inhabits it.

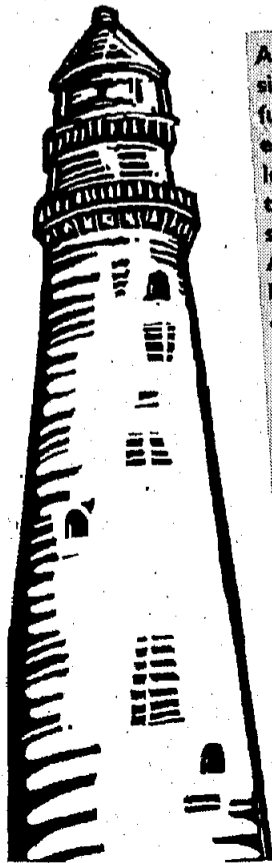
I noticed that you have a business section in the paper. I think that's great and I would like to help you with some ideas. I have been working on Wall Street for a large financial investment company for 28 years. I have come to discover that college students need to know about stocks, investments and money management. If you would like, I could help you assemble some information that would benefit your readers. Please contact me at your earliest convenience if you would like my expertise.

Robert Jackson, III  
Wayne

**Editor's Note:** Mr. Jackson was contacted by The Beacon. The Beacon intends to expand the BIZ section to include Mr. Jackson's suggestions and other useful business-related information, including new columns and features by our own staff writers. The editorial board will be working feverishly over winter break to expand all the section in The Beacon.—RC

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## LETTERS TO THE EDITOR



All letters to the editor must be signed and contain the author's full name and daytime and evening telephone numbers. All letters will be verified for authenticity prior to publication. Letters should not exceed 500 words. Anonymous letters will promptly be filed in the shredder; if we put our names on the stuff we write, so should you. The best medium for sending a letter to the editor is through email. Since we are understaffed like most organizations, we do not have time to retype a zillion letters. Since the volume of mail may exceed the space available for printing, the editor may literally pick letters for publication out of a top hat. (Ryan Calazzo really does have a black top hat in his office). The Beacon does not censor content (see our mission statement) and will print any signed and verified letter that is not libelous otherwise prohibited by law.

## C'est La Vie

by Don Flood

### Making a splash

Now that the election is over -- at least I hope it's over -- we must face another seasonal duty filled with bitterness, second-guessing and endless questions about returns.

I'm speaking, of course, about Christmas shopping.

Let's start with the men: What do women want?

Who knows?

Gift-buying professionals recommend that you play it safe and buy your honey-bunny something you want, like a 248-inch screen TV to watch football.

She'll love it! (And if she doesn't, you've still got the biggest TV on the block!)

Now for the women: What do you buy a guy who has everything?

Chances are he doesn't own a submarine, and Neiman-Marcus, in its

annual Christmas Book, is offering a "luxury" model for \$20 million.

But before you rush out and buy one, you would do well to consider how a submarine would fit into your lifestyle.

For instance, if you live high up in the Colorado Rockies you may find that you won't use the submarine as much as you thought.

Sure it's neat to have your own sub, but do you really want to look out and see a submarine sitting in your back yard all winter?

If you live near the shore, you may have the opposite problem. You may find yourself overwhelmed with "friends" eager to take your sub out for a spin.

There are also more immediate considerations. One of the joys of Christmas is opening presents underneath the tree.

Unless you are planning to have a very large tree, such as a giant redwood, fitting a 188-foot sub under the tree will make for an unnecessarily stressful morning.

Buyers should also be aware that studies show that men and women approach the subject of buying sub-

marines from two very different perspectives:

SHE: We'll have so much fun discussing floor plans!

HE: How come there are no torpedoes?

SHE: I can't wait to start decorating! Should we do a nautical theme or something more adventurous?

HE: This would be so cool if I could blow something up!

SHE: What do you think we should serve for our first underwater dinner party?

HE: Not one lousy torpedo!

As you can see this couple has some issues to resolve before spending \$20 million on a submarine.

For women still torn, Neiman-Marcus also offers something called the media mixer, a converted cement mixer that includes a DVD, a Playstation, two CD players, TV and 12 monitors.

And at only \$70,000, it's more likely to fit into your budget.

For question or comments contact Don Flood at dgf@dca.net.

## 'Weight'ing the Facts

In the 1920s, it was said, you can't be too rich or too thin. They were speaking about women, of course. Rich men could have potbellies over which were stretched waistcoats loaded down with gold watch chains. Wealthy women, however, whether debutantes or movie stars, were shown as having sleek, slim, almost serpentine figures which were often posed languidly over an over-stuffed chair. (Interesting imagery.)

Some 80 years later, women are still trying to be as thin as possible and are spending money on fad diets and gimmicks -- most of which are either dangerous or ineffective -- in an effort to get to size 0. (I kid you not -- such a size actually exists.) Undoubtedly, we have weight problems in this country.

Too many men and women are obese and are vulnerable to a variety of potentially fatal diseases including cancer, cardiovascular problems, and respiratory ailments.

We also have already slender girls and women who believe they're too fat and are risking their lives to reach their "ideal" weight. As a result, they frequently develop potentially deadly disorders, includ-

ing anorexia nervosa and bulimia. Indeed, a dancer with the Boston Ballet died at age 22 of an eating disorder she developed trying to maintain a certain weight level. A former Joffrey Ballet star is crippled with osteoporosis caused by her strenuous weight-loss efforts.

These stories and others are explored this month by the award-winning PBS program, "NOVA," in their production, "Dying To Be Thin," which covers every aspect of this growing national affliction. It is a must-see for parents, teachers and health care providers, as well as those who are personally

involved in this struggle between the facts and the fantasies of their weight problems. NOTE: "NOVA's" "Dying To Be Thin" episode airs on PBS on or around Dec. 12 in many parts of the country. Be sure to check local listings for airdates in your area.

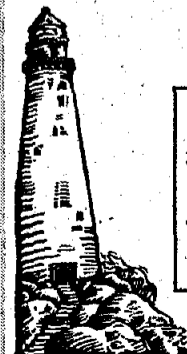
Write to Tamara Jones in care of King Features Weekly Service, 628 Virginia Drive, Orlando, FL 32803 or send an e-mail to letters.kfws@hearsstsc.com.

## IT'S A WOMAN'S WORLD

by Tamara Jones



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The Independent, student-run newspaper at William Paterson University

# HOROSCOPES

## Salome's Stars

**ARIES** (March 21 to April 19) You're a child of light, which is why these darker, shorter days might depress you. Lighten up those moody moments by sharing good times with friends and family.

**TAURUS** (April 20 to May 20) Your social life is energized with new friends you meet at holiday events. Meanwhile, an old friend comes out from the past with an interesting suggestion.

**GEMINI** (May 21 to June 20) Recently received family news might cause you to shift your priorities. Don't allow holiday pressures to influence the decision you'll ultimately make.

**CANCER** (June 21 to July 22) A new financial opportunity has you wavering between rushing in and backing away. Do neither. Take time to evaluate all possible considerations.

**LEO** (July 23 to August 22) You love to give beauti-

ful presents as much as you relish receiving them. But be careful to rein in your tendency to overspend on holiday gifts and glitter.

**VIRGO** (August 23 to September 22) That recent unsteady period settles down, and you can now begin to make plans that will carry you through to your goals for this holiday season and beyond.

**LIBRA** (September 23 to October 22) Forget any recent unpleasantness, and reach out to include more family members in your holiday plans. This will go a long way toward resolving those problems.

**SCORPIO** (October 23 to November 21) News from the workplace could make this a very special holiday season. A personal relationship also bears a welcome, if unexpected, bonus.

**SAGITTARIUS** (November 22 to December 21) Although things seem to be smoother between you

and that special person, some knotty problems still remain to be unraveled.

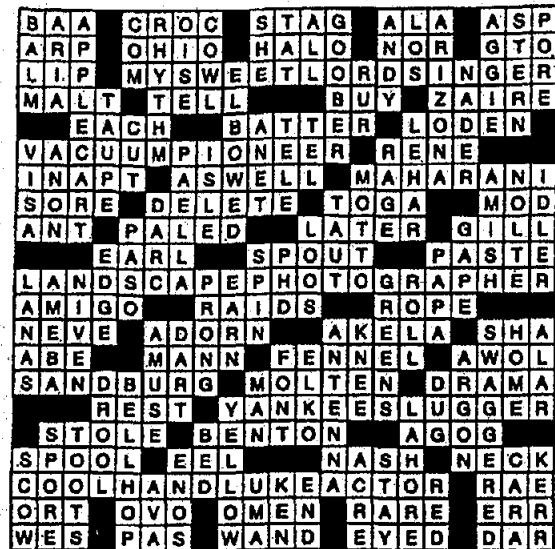
**CAPRICORN** (December 22 to January 19) You love to be surrounded by family, especially during the holidays. This year, prepare to be surprised by the arrival of a special someone from the past.

**AQUARIUS** (January 20 to February 18) The holiday season starts the Water Bearer off on a new and brighter course that could lead to the well-earned fulfillment of many dreams.

**PISCES** (February 19 to March 20) You're going to love splashing around in the social sea that marks your holiday-season aspects. Get out there and enjoy every wonderful moment.

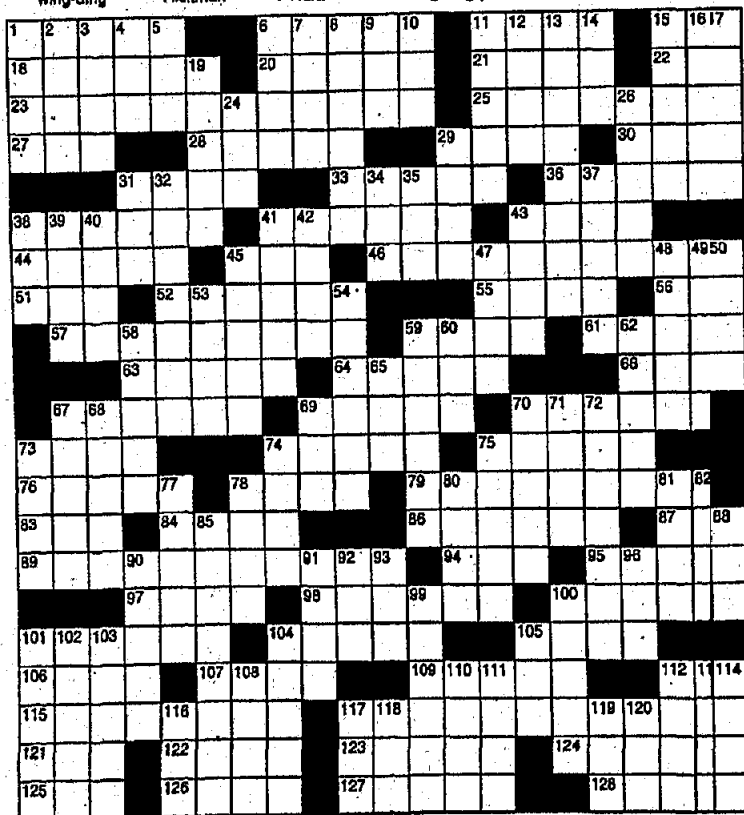
**YOU WERE BORN THIS WEEK:** You have a tendency to believe that you know what's best for everyone—and you're often right. You could be a successful politician.

### Last week's crossword puzzle answer



## Beacon Crossword

- ACROSS**
- 1 Off-the-wall
  - 6 Ukrainian city
  - 11 Peepers, to
  - 15 Arrange type
  - 18 Repeated
  - 20 French spa
  - 21 Rain heavily
  - 22 Gob
  - 23 Start of a remark
  - 25 Earmark
  - 27 Asian holiday
  - 28 Annual award?
  - 29 Shake (hurry)
  - 30 Hurries
  - 31 Dappled
  - 33 Pile up
  - 36 Squirrel's stash
  - 38 Snake-charmer's crew
  - 41 Outcast
  - 43 Globule
  - 44 Riyadh religion
  - 45 Damona or Dana
  - 46 Part 2 of remark
  - 51 Neighbor of Fla.
  - 52 Rice dish
  - 55 Walkiki wing-ding
  - 56 Salute for Caesar
  - 57 Unaware
  - 59 Veg serving
  - 61 Poe crow
  - 63 Ain't right?
  - 64 Type of cabbage
  - 66 Part of NB
  - 67 High-rise building?
  - 69 Part 3 of remark
  - 70 Know-it-all
  - 73 Semester
  - 74 Prickly plant
  - 75 Hellman's "The Little"
  - 76 Marsh sight
  - 78 It should be square
  - 79 Put an end to
  - 83 Carnival site
  - 84 Dentist's directive
  - 86 "The Kid" ('84 film)
  - 87 Meyers of "Kate & Allie"
  - 89 Part 4 of remark
  - 94 Corn portion
  - 95 Broadcast in July
  - 97 Bates or Rickman
  - 98 Cheerless
  - 100 One of the Waugh's
  - 101 Elegant
  - 104 — terrier
  - 105 Salchow kin
  - 106 Sludge
  - 107 Bloomsbury buggy
  - 109 Bookstore section
  - 112 Actress Cassidy
  - 115 Managers
  - 117 End of remark
  - 121 Be human
  - 122 MD's area
  - 123 Riser's relative
  - 124 Home on the range?
  - 125 "So there!"
  - 126 Man, for one
  - 127 At daybreak
  - 128 Gushes
  - 1 One-dimensional
  - 9 Label
  - 10 Whichever
  - 11 Iridescent stones
  - 12 Hamlet or Herman
  - 13 Where to spend leva
  - 14 Smash letters
  - 15 Flight segment
  - 16 Consumed
  - 17 Lock
  - 19 Name of a Day
  - 24 "My Gal" (1905 tune)
  - 26 Butcher-shop display
  - 29 '75 Wimbledon winner
  - 31 Age
  - 32 Garlic hater
  - 34 Bad start
  - 35 Contented sigh
  - 37 — d'Alene, ID
  - 38 Spy org.
  - 39 '52 Winter Olympics site
  - 40 Spill the beans
  - 41 Navigate
  - 42 Bill of Rights grp.
  - 43 — major
  - 45 Like some leaves
  - 47 Chew out
  - 48 Sheltered spot
  - 49 Happening
  - 50 Russo of "Get Shorty"
  - 53 Maintain
  - 54 Beset
  - 56 Delibes opera
  - 59 "Rusalka" composer
  - 60 Ely or Darling
  - 62 Disconcert
  - 65 "Stroker" ('83 film)
  - 67 Get cracking
  - 68 It's kept in a quiver
  - 69 Bikini part
  - 70 Opposite
  - 71 Way out
  - 72 Merit
  - 73 Hatcher of "Lois & Clark"
  - 74 Crooked
  - 75 Raid
  - 77 Adz and awl
  - 78 Chow —
  - 80 Actor Parley
  - 81 Viscount's better
  - 82 Cart items
  - 85 Nurse
  - 88 Hotel
  - 90 Desert refuge
  - 91 Dutch town
  - 92 — Lan
  - 93 — the fields
  - 96 Smoke
  - 98 Smokey
  - 99 Respo
  - 100 Be
  - 101 Sheep sheds
  - 102 "M" ms
  - 103 Blue h
  - 104 Social group
  - 105 Sternwd
  - 108 TV's "People"
  - 110 Barbee fuel
  - 111 The — 500
  - 112 Malun
  - 113 From top
  - 114 Gets t (with "it")
  - 116 Mail —
  - 117 Ideology's suffix
  - 118 Singe syllab
  - 119 Cock d bull
  - 120 Dem's opponent



HOLD  
YOUR  
BREATH

CHRIS O'DONNELL BILL PAXTON ROBIN TURNEY SCOTT GLENN

VERTICAL  
LIMIT

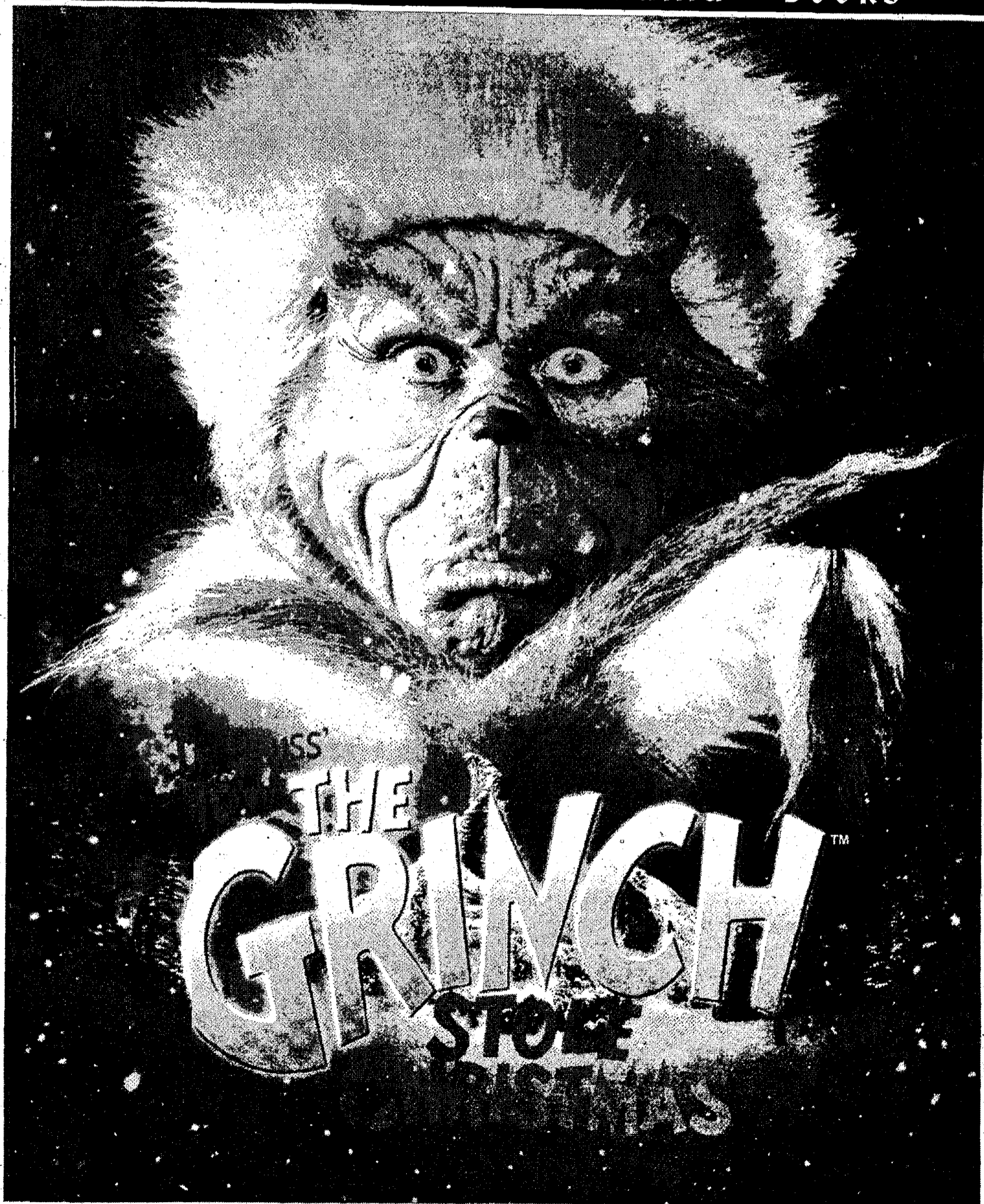
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# I n s i d e r

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# Mixed Reviews on the Grinch

It's that time of year again! Christmas is a holiday that a person either highly anticipates or deeply loathes. People who seem to be happy and cheerful 24-7 can't wait for this time of year to come around. The atmosphere that is created during the holiday season seems to greatly enhance their level of happiness. Then there are those of us, myself included, who cringe at the mere mention of Christmas. For us Christmas means waiting in long lines, spending large amounts of money we don't really have, giving and receiving large quantities of useless junk, and dealing with the most ignorant people that you have ever met in your entire life!

It never fails. There is always something or someone that eventually triggers something deep down within all of us that forces a person who dreads Christmas to abandon his or her Grinch-like attitude and get into the holiday spirit. I began searching high and low for the one thing that would ignite my festive mood. My search led me to a movie theater and to the movie "Dr. Seuss' How the Grinch Stole Christmas" I figured, "Hey I feel like the Grinch right now and if something has the power to make him love Christmas than it has to do the same for me!"

I was wrong. This movie was a great disappointment. "The Grinch" is based on a classic children's book, "How the Grinch Stole Christmas" by Dr. Seuss. Dr. Seuss had the power to stretch the limits of the imagination through his writing. The movie

did not do this in any way, shape, or form. The movie did not deviate from the book in any way. The fact that this is the year 2000 and the graphics and special effects that are present in most of today's movies were not present in "How the Grinch Stole Christmas" made it nothing more than a very simplistic, boring, fairy tale. There was nothing in this movie to stimulate the imagination. One's mind cannot help but wander. This is not the type of movie that should be analyzed but you just cannot help yourself. I found myself looking at this movie from another perspective. I found myself looking at this movie in terms of emotional instability. I could not help but thinking, "Damn, all of this happened just because the Grinch was made fun of as a child." Doing this made the experience even less enjoyable.

Director Ron Howard has done an excellent job of utilizing Carrey's unique talents. His portrayal of the Grinch was spectacular. He brought the Grinch to life in a way that only Jim Carrey can. He will definitely win numerous awards for his depiction of the Grinch.

Unfortunately, The Grinch did not put me in the holiday spirit at all. I would definitely recommend this movie to anyone under the age of 11. Anyone over this age will leave the theater feeling empty and disappointed. The search for my Christmas spirit continues!

Sheri Williams

This adaptation was directed/produced by Ron Howard and co-produced by Brian Grazer. In this thrilling live-action adaptation, Jim Carrey stars as the Grinch. He had to audition for this role in front of Mrs. Giselle (aka Mrs. Dr. Seuss.) Although she did not want Carrey to play the Grinch, she replied with a quick comment: "He Grinched me!" Several members of Howard's family also make appearances in this movie. Rance, Howard's father, plays the elderly timekeeper while Howard's brother, Clint, plays Whobris, the mayor's sidekick. Jeffrey Tamborne, star of the Sopranos, plays the Mayor of Who-Ville, who is in

love with Martha May Whovier, played by Christine Baranski. Last, but not least: our narrator. No, it's not Boris Karloff or the voice of Tony the Tiger, it's Anthony Hopkins, who gives the picture its tone and edge. Josh Ryan Evans is the 8-year-old Grinch in the movie. The 19-year-old actor plays the Timmy-Doll on the Soap Opera "Passions." The Timmy-Doll, which should be in stores by Christmas, is sure to be a hot holiday item!

Susan Ashworth  
The Beacon

Why can't they let classics remain classics? The recent release of the new "Grinch" film two weeks ago reassured me that the American culture tends to overdo EVERYTHING, including movies. I was disappointed with the remake of the Warner Brothers' Classic rendition of a Dr. Seuss masterpiece. "The Grinch" was nothing more than an overly-embellished money making ploy that ended up churning profits at the expense of ruining a story that should have been left in its place: in hardcover books and dusty video jackets. Without citing too many specifics, I disliked the film because:

- It completely missed the boat in its attempt to retell the original story...too much embellishment;

- The humor *wasn't*;
- The make up jobs on the Whoville people were horribly done;
- The story line was hodgepoded. Many scenes did not flow with regularity;
- Jim Carey (he's an ass no matter what character he portrays);
- The 27,000 screaming children brought in by their parents at 10:40 p.m. to see the movie.

"The Grinch" was a good attempt at expanding a holiday classic, but the end result left me with three words: stink, stank, stunk. If you appreciate the classics of children's books and videos, you'll be bitter with the Grinch. It does no justice to tradition. Ryan Calazzo

## Top Holiday Movies

1. HOW THE GRINCH STOLE CHRISTMAS
2. A CHARLIE BROWN CHRISTMAS
3. IT'S A WONDERFUL LIFE
4. MIRACLE ON 34TH STREET
5. RUDOLPH THE RED-NOSED REINDEER
6. NIGHTMARE BEFORE CHRISTMAS
7. A CHRISTMAS STORY
8. CHRISTMAS VACATION
9. SCROOGE
10. A CHRISTMAS CAROL

## Top Holiday Movies (Continued)

1. DR. SEUSS' HOW THE GRINCH STOLE CHRISTMAS
2. UNBREAKABLE
3. 102 DALMATIANS
4. AUGUST IN PARIS: THE MOVIE
5. CHARLIE'S ANGELS
6. BOUNCE
7. THE 6TH DAY
8. MEN OF HONOR
9. MEET THE PARENTS
10. LITTLE NICHY

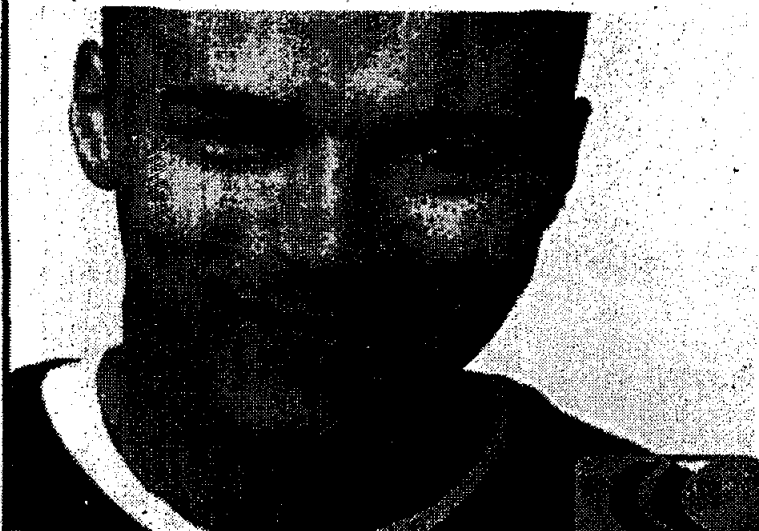
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# CAPONE-N-NOREAGA REUNITE



photo credit: Michael Lavino

"Keep it real." No doubt, if you are a hip-hop fan you have heard this street credo numerous times, on records and in magazines, and you might have even said it yourself. But rarely does the motto mean much more than an easy way to sound like you're "down." For Queens hip-hop team **Capone-N-Noreaga** (CNN) however, the term "Keep it Real" means a lot more than that. It describes a life that they actually lead, unlike most of their hip-hop peers. According to Noreaga, "We got the illest struggle. There's nobody in the street that's been through what we've been through." And he's right too.

The duo met while serving time in Upstate New York's Greenhaven Correctional Facilities. Soon after their release dates they teamed up with **Mobb Deep** on the track entitled "LA LA," as a retaliation record for the **Dogg Pound's** "NY NY" release. That record got them signed to

**Jacob Claveloux**  
Insider Editor

Tommy Boy records and they released the monumental 1997 album, *The War Report*. Despite critical acclaim and high sales, CNN weren't able to bask in glory for too long, as Capone was sent back to prison. Talk about "Keeping it Real."

During the 2 1/2 years that Capone spent in prison, Noreaga released two solo albums, but let the world know that CNN was still alive. He said, "I didn't come to this game to do it by myself. It was always in the back of my mind, I want my man to shine, I want my man to be happy." And their new album, *The Reunion*, is the culmination of that statement. This disc finds the duo returning to the style that got attention back in '97, dropping streetwise rhymes about real life over sick beats. And by far, the most biographical and emotional track on the album, which is also the first single, is "Phonetime."

This exceptional track features Capone calling Noreaga from prison, and relating his struggles, while Nore assures him that he's been holding down the fort. But *The Reunion* is definitely not a one-hit album. The instrumentation and beats on *The Reunion* bring the standard for east-coast gangsta hip-hop straight up. While it used to be acceptable for gangsta rappers to drop nasty rhymes over straight beats, CNN show that being hard doesn't mean that you can't include complex beats and smooth production on your discs. The smoothest track on *The Reunion*, "Invincible," was produced by hip-hop's beat-master DJ Premier, who mixes a sleek piano track, with tight drums and incredible scratching.

Some of the other standout tracks on *The Reunion* are "Bang Bang," which features **Foxy Brown's** vicious dis of **Lil' Kim**, and "Straight Like That," which sounds like it came out of Dr. Dre's hit factory, with classical strings and features guest rhymers **Algado & Shoballotti** (Final Chapter.) Some other guests on *The Reunion* include **Carl Thomas**, who sings the disc's opener, "Change is Gonna Come," **Nas** and **Mobb Deep**. All in all, *The Reunion* serves as a positive chapter in the "Keep it Real" story of Capone-N-Noreaga.



CD cover photo/Tommy Boy Records

# Incubus and Company rock Roseland

Brandon of Incubus



photos by Joelle Caputa

*White Pony*, the Deftones' third effort, was released on October 3 with new CD cover art and a new song so powerful they named their current tour after it. Vocalist, Chino Moreno explained the phenomena known as "Back to School (Mini-Maggon)," saying that the band originally wanted to put the song on the album, but never completed it. "When we were in Los Angeles last month, we went into the studio and finished it. We took it to Maverick and they were so blown away they wanted to release it as our next single and re-release the album with it added," he concluded.

The Back to School tour kicked off October 13 in Seattle, after the original release of the CD on October 3. However, it was over the summer that the search for bands to tour with began. The Deftones and Incubus both expressed interest in going on the road together during visits to MTV's Total Request Live. Thus, a sell out tour was born, after Incubus completed touring with 311.

Taproot completes the line up, supporting Gift, their debut album on a major label. The rap-core band formed in 1997 in Ann Arbor, Michigan. In 1998, Taproot self-released, produced and distributed a full length CD. Reporter for the Michigan Daily,

foot placed firmly in heavy music and the other lost in experimentation, the group creates music that crushes, soothes, excites, more often than not, in the same song." News of Taproot's live shows spread through word of mouth. They put out another CD, *Mentobe*. By 1999 Taproot's web site jumped from 200 hits a day the year before, to 30,000 in 1999.

"We are not selling out to redefine music but to apply our own technique to make honest music that will affect people the way the music of other artists has affected us," said bassist Phil Lipscomb. They were picked up by Atlantic Records, which caused some conflict with Limp Bizkit, who were in talks with the band about producing them. Over the summer Taproot promoted their single, "Again and Again," during a club tour with Papa Roach and (Head) Per. They also gained a spot on *Cizfist*.

The Back to School tour almost didn't stop at NYC's Roseland Ballroom Nov. 19 and 20. Two previous shows in Ontario and Pennsylvania were canceled due to Moreno's bruised vocal pipes. However, he recovered and was able to meet the fans before the show, who won backstage passes from their website, in Asbury Park one night earlier. I, along with half the crowd waiting on line, missed Taproot's set on the first night of the Roseland shows. However, I got in just in time to meet some of the band members. Stephen Richards (singer) and Jarrod Montague (drummer) joined Lipscomb on the side of the stage and talked to fans. Guitarist, Mike DeWolf, was the only member not present when I asked the band to pose for pictures. A band on a major tour taking time out right after their set to meet fans is almost unheard of these days. It's cool to see a band, after they make it big, still take the time out for the people that gave them their fame.

Between sets, there was a drug bust in the bathroom. I was in the women's room, when through the mirrors, I saw a guy come in. He went over to some girls sitting on the couch, so I figured he was some-

one's boyfriend. When he started yelling, I recognized his security uniform. Apparently the girls were trying to hide the joints they were rolling. He ripped them out of their hands and said "You got your shit." The girls all looked stunned. Bathrooms are supposed to be private and a man should not just come walking into the women's room. If Roseland was so worried about this issue, then they should start checking people's pockets when they come in and stop selling rolling paper next to T-shirts. Or at least have a female guard the rooms. It's not too hard to sneak things into shows. No one at Roseland has ever caught me with a camera in my shirt, when there is a huge sign on the entrance doors that cameras are not allowed in. When I'm up front taking pictures, no one even tries to take the camera away from me. In fact, at a recent show, the security guards were taking pictures with their own cameras.

I didn't stay for the Deftones set, but I saw who did. I didn't stop taking about Incubus. It's no surprise why. *Make Yourself* is not only the best Incubus album, but in my opinion, the best of the year when it came out. The music is above your typical rock. The lyrics have meaning and are sung with soul from Brandon "Invisible

Taproot members pose for the camera



Man" Boyd. His voice carries the limited edition CD, *When Incubus Attacks*. On the CD, the tracks "Pardon Me," "Stellar," and "Make Yourself" are just as good as the ones they were when Incubus performed them as Roseland.

Boyd, Mike Einziger, DJ Kimora, Dirk Lance and Jose Pasillas walked onto stage to Michael Jackson's "Thriller," before breaking into "Make Yourself." For the next song, "Vitamin,"

Boyd strapped on a drum. They played mostly songs from *Make Yourself* during their hour long set, which seemed to fly by. "This is a song we don't usually play live, but what the fuck," said Boyd before "I Miss You." They also took an audience request and played "Nowhere Fast." "When it Comes," "Clean," and "Drive."

During "Pardon Me," with which they ended, someone's foot missed my face by centimeters. I decided I got more than I came to the concert for, including Boyd removing his shirt, and called it a night. In Oct. 1999, *Metal Hammer* magazine said, "Make Yourself is a mature, inventive and invigorating record, proof that you can wear a mask and still make great music. If only all alt metal albums were made this way." Only alt metal bands were this good live and secure enough in their music to cover Big Pun's "Still Not A Player."

**Joelle Caputa**  
Insider Writer

# Bon Jovi Makes Triumphant Homecoming at Meadowlands

**Joelle Caputa**  
Insider Writer

As a frequent concert goer, I've never seen a show as captivating as the one that was

put on by Bon Jovi on November 16th at the Continental Airlines Area in East Rutherford. Bon Jovi, known for their energetic live shows, was the last band to walk off the stage at London's Wembley Stadium before it closed. This was after two performances, each of which had sold out its 72,000 seats. That's a long way from playing in the basement of guitarist Richie Sambora's house on Harriet Street in Woodbridge, New Jersey. So how did the band return to its home late arena after seven years? Here's a by-the-set-list description of the show and all of its surprises.

Ska band, Less Than Jake opened the show. The lead singer came out dressed as a rocker and in a long, black wig and shiny black pants. While the band played songs like, "History of a Boy in Town," a guy in a skull mask danced around the stage and mingled with those in the front row. They threw blow-up guitars into the crowd and dedicated their version of the Partridge Family's theme song, "I Think I Love You," to a woman in the crowd. "This next song is for the lady with her arms crossed who thinks we suck," said the singer. They told the crowd, "If you still like Rock 'N' Roll," buy their new CD, so they can have money for Jack Daniels. After their set they thanked Bon Jovi for having them.

The stage for Bon Jovi was set up to look like the outside of a brick building, complete with a power line, lights, a staircase and an elevator. Tico Torres's drum set and Dave Bryan's keyboard were on elevated platforms. Behind the Marshall amp-lined stage was the largest video screen ever used for a concert. When the arena lights went out, a voice saying "Stand by" came over the intercom and announced that the band was leaving its dressing room. The video screen showed images of a satellite and the cartoonish opening riffs to "One Wild Night" played. The screen showed the band inside the elevator, whose doors opened to reveal Bon Jovi. They emerged and walked onto the stage, on which they stood silently for a few moments. It was a magical sight. Every person in the enormous crowd was on his feet as Jon Bon Jovi, in shiny gold pants and a black leather jacket, sang the opening lyrics. When the song was finished Jon addressed the crowd. He asked if they had had it with politics and sports and said, "All you gotta do is believe. He then told the crowd to put their hands in the air as Bon Jovi performed a single from Slippery When Wet, which is still one of the biggest selling rock albums of all time. Jon let the audience

finish the last words on "You Give Love A Bad Name," before he said, "Good evening Meadowlands, New Jersey. Long time, no see, my friends." He announced that there were several Rap and Rock stars, including some E-Streeters, in addition to the band's families, roaming the halls backstage. There were also some players from the Giants and the Jets (Wayne Chrebet sat a row away from me). Next he put his hand on his forehead, searching the crowd. He called over bassist, Hugh McDonald, as a couple appeared in spotlights on the screen. He said that Captain Crash, a character about whom he had written a song on, "Crush" about, was in the audience. He was MTV's Jesse Camp, with a Cindy Lauper look-alike. During the song, "Captain Crash and the Beauty Queen From Mars," Bon Jovi sang about famous couples, including Sid and Nancy, Fred and Ginger, Bonnie and Clyde, Liz and Richard, Kurt and Courtney, Bogie and Bacall, Jolita and Miss Monroe, all flashed across the screen as Jon said their names. After the song was over, he said, "Ricky Martin, eat your heart out baby."

Bon Jovi brought out maracas and made jungle sounds as they played "Keep the Faith." It was a touching moment as various images flashed across the screen. They included disabled people, signs with "we shall overcome" written on them, war scenes, athletes, images of the Holocaust, Martin Luther King, Jr. and Princess Diana. Richie, wearing license plate patterned

video were shown. Dave's shirt was soaked by now and Jon's hair was dripping wet. The lights went out, Jon grabbed a guitar and candles appeared on the monitor to set the mood for the first ballad of the evening,

"Thank You For Loving Me." The song was inspired by the movie "Meet Joe Black." Jon's eyes were closed as he sang with his arms

wide open. He licked his lips as sweat poured off his head onto his face.

"Blaze of Glory" was next. On the screen, scenes from the movie "Young Guns II," starring Christian Slater and Emilio Estevez played. The spotlight shone on Richie and Jon made the sign of the cross. Next, Jon got the audience clapping as he stamped his feet and played solo on the guitar. Richie came back onto the stage and the band played "Blood On Blood."

Donning a black beret, Jon continued to work the stage with his moves as he sang "Someday I'll Be Saturday Night." On the screen, scenes of people on dates, Times Square, and a man winning the lottery with a dollar he finds on the ground, were shown. "Are you still with me out there?" Jon asked the crowd. Richie changed his jacket, for the third time, into a red blazer and added a hat to complete his thrift store look.

Tico and Dave started the music for "Lay Your Hands On Me," until Richie, Hugh and Jon, in a tight black turtle neck, came back on stage. Jon said, "Here at Jonnie's Church of Rock 'N' Roll we ain't got no sinners. All we got are preachers and the newly converted." He edged the audience on by

saying, "Come on, move" and "You can lay your hands anywhere you want baby." "You got your dancing shoes on?" Jon asked before "I'll Sleep When I'm Dead." "I think it's about time you move your feet. The band's on fire tonight," he continued. He then said a lot has happened since the return of Bon Jovi. He commented on all the boy bands and said, "You got a man band here."

In his rock star voice, Jon talked about the band's break after These Days, during which they recorded solo albums, had children, exhibited art, worked in musical theater and became movie stars. "I have been bitten by the bug," Jon said. He then spoke about how there are no football teams in California, but there are parties with celebrities. He also said how anyone can knock on the door asking to buy you a beer and that

he has run away from home, but don't tell his wife and kids. "I was shackled up in La La Land," said Jon. That is, until one day he answered a knock on his door and saw Richie, Hugh, Dave and Tico standing on

the other side. "I tried to get out and they pulled me back in- I like Rock 'N' Roll," he explained. Before getting back into the song, Jon said, "The truth is you can take the boy out of Jersey, but you can't take Jersey out of



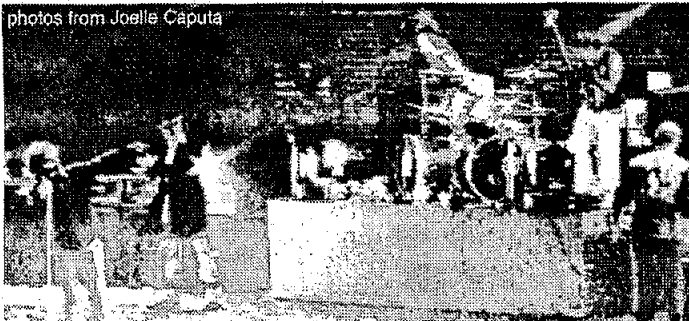
the boy."

"Is there a doctor in the house?" Jon asked as confetti fell from the ceiling and floated through the arena. During "Bad Medicine," Jon took a young girl up on stage and let her kiss his cheek. "Every girl in here wants a piece of me," he joked. However, Jon was named Sexiest Rock Star by People magazine this year. From that, the band went into a cover of "Shout." At 10:10 PM, Jon said, "We'll see ya. Thank you very much." There was still more to come, though. The band came out to encore with "The Next 100 Years," during which the background of the stage was lit up with hundreds of color changing stars. Richie sang back-up as images from the past 100 years flashed across the screen. Beginning in black and white and eventually into color, they included Saddam Hussein, the Hollywood sign in the hills, Marilyn Monroe, Elvis, John F. Kennedy, the Beatles, the first man on the moon, Madonna, the wedding of Prince Charles and Princess Diana, OJ Simpson and Bill Clinton.

"If I hadn't said it loud and clear enough tonight, I wanna thank you for staying with us through the ups and downs and for your friendship. It's safe to say we'll be back this summer," Jon said, announcing a Giants Stadium concert. The next song they played was "I'll Be There For You." Jon added an extra verse, "I'll be there for you, anyway you want me to. Baby, I'd die for you."

At 10:30 the first encore was over. The band came back out to play "Just Older." Then came perhaps the band's most famous song. The one that spotlighted Jon and Richie as the video played on the changing screen behind them. It's the song that Richie brings out his double-neck guitar for: "Dead or Alive." Afterwards, Jon introduced the members of the band, to much applause. The band came to the front of the stage, joined hands and took a bow, before shaking each other's hands and going back into the elevator, only to do it all over again in another town, to another lucky audience, during their Crush 2000 Tour.

photos from Joelle Caputa



pants, played on a white and gold guitar as Jon began to sing "Livin' On A Prayer" acoustic, until he disappeared. Richie worked the wawa and the rest of the band chimed in. At one point during the song, a fan gave Jon a hat from one of his movies, "U571," and he put it on.

During "Born to Be My Baby," from "New Jersey," I noticed that Jon seemed to favor Richie's side of the stage. The two have a strong musical bond. Of them, Tico has said, "Jon and Richie...I mean, they're a writing duo, they're Lennon and McCartney in my opinion." After that song, Jon did his famous air punch toward the drum set and asked the crowd, "So how we doing so far, OK?" He spoke briefly about Crush and said he won't waste time talking about the next song because we've heard it all over the radio. During "It's My Life," clips of the

After touring with A the Drive-In this summer, Rhythm of Black Lines is picking up steam in the independent scene. Rising from the ashes of The Hades Kick and Paul Newman, and featuring Paul Newman (not the actor),

Rhythm of Black Lines constructs songs in a math rock format with carefully crafted instrumentals. After releasing this EP, Paul Newman (guitarist) moved to New York City to start a solo career. Currently, the remaining three members are in the works for another record for Springtime of 2001.

The opening guitar riff to "Pistols in the Piano" sounds like any other "indie rock" band. After the lead guitar and bass kick in, the song has a groove to it. The song continues to keep you mesmerized by the musicality put forth and the vocals just add to the entire mix. The second song "Sweet Naess c the Sun" starts with dueling guitars

## Blurring the Lines...

**Matt Harabin**  
Ass't Insider Editor

bass lines and well-timed accents by the drums. "A Clever Path for the Fools Who Know" reminds me

of a Fugazi song but quickly changes that feeling when the bass comes in. At parts I can still hear some Fugazi influenced riffs but it still maintains a groove feeling that surrounds ROBL. "Zama" leaves a good taste in our mouths once the last second fades away. Starting with an 80s rock guitar riff, it develops into a mellow sort of jam with lyrics for

going back and forth creating many har-

monies. This song features each member with the dueling guitars in the beginning the driving

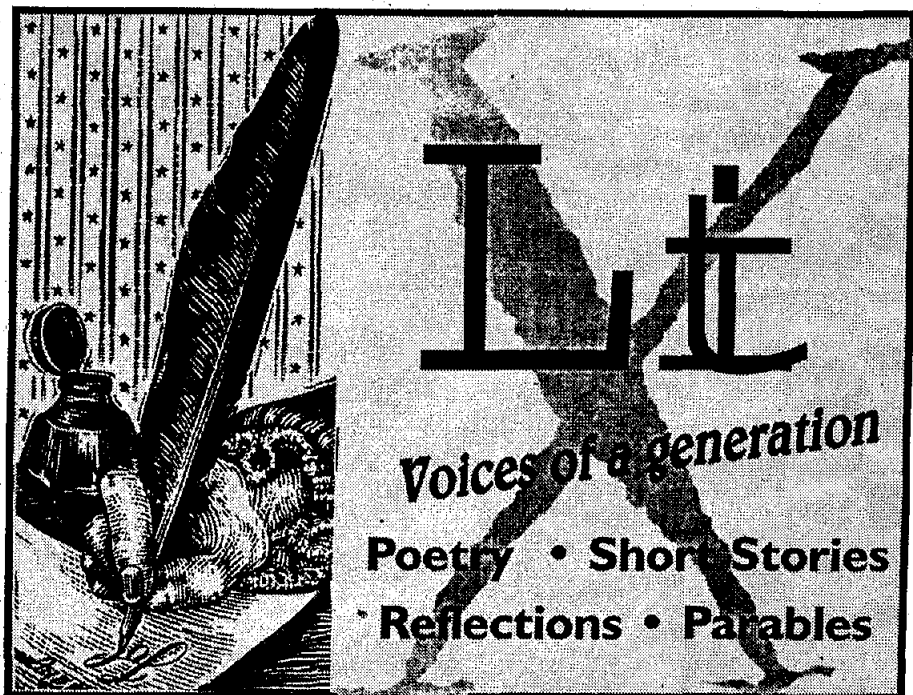
added effect. This song breaks down into a faster version

with more of an indie rock feel to it than 80s rock. This song ends abruptly with the dueling guitars and driving bass lines.

Rhythm of Black Lines cross over a few lines to get the sound that can only be described as their own. ROBL mixes different forms of rock together such as The Cure and Fugazi and also some prog. rock. The songs are well crafted and as the band matures only great things can be expected in

the future. Look for them touring in early 2001. For more information check out their web site at: [rhythmofblacklines.com](http://rhythmofblacklines.com)





### End Sexism Now

If I could step outside my home and not have to fear,  
the perpetrator's eyes - his unwanted glances.  
If I could walk down the street and not continually be  
reminded,  
of the every square inch of my female sexuality  
and how quickly it can be taken from me.  
If I could be taken seriously -  
have my words speak louder than my breasts,  
have my economics equivalent of my sufficiency.  
If power was not consistently resumed over me.  
If my intellect alone, warranted respect.  
If my personal space was not repeatedly intruded.  
If I could reside, just ONE day, in a world that did not  
exploit,  
degrade,  
and humiliate my gender.  
If being female meant you had control over whom invaded  
your body -  
and marked your worth.  
If politics did not depend on the oppression of my  
capabilities -  
and capitalism on the objectification of my anatomy.  
If "femininity" was not defined as weak, passive,  
and lacking creditability.  
If I was not judged solely on my ability to REPRODUCE  
but for my ability to PRODUCE.  
If little boys were given a male equivalent standard  
of being "ladylike."  
If being sexually explorative did not equate in being a  
whore.  
If my lover did not consume pornography,  
If he was taught the meaning behind a mutual partnership.  
If I was not told, it was my fault.  
If he believed, I did not like it.  
If the police did not claim, I asked for it.  
If my mother had not been denied her education.  
If my sister had not been a victim of a brutal attack.  
If I had not been made aware of my subordination,  
while still a child.  
If I had not been raped... had not been raped.

Then I would know what it is like to be free,  
what it is like to be equal,  
what it is like to feel human.  
I would know what it is like... to be a man.

### CAROLYN'S DANCE

NOT MUCH MOVEMENT  
JUST A GENTLE PUSH WAS THERE  
AND SIDEWAYS GLANCES DOWN A HALL  
BLUE SMOKE IN STILL AIR  
RAPID EYE MOVEMENTS FINALLY  
CALLED ATTENTION TO THE FACT  
SLOWLY  
HANDS MOVED DELIBERATELY  
HAIR UNKEMPT AND PERFECT

JOHN FINDURA



Please submit all entries to Rob, LIT editor  
either typed or via email.  
beacon@student.wpunj.edu

As we enter the last semester of the two-thousandth year, I call your awareness to the fight towards sex and gender equality that must prevail. Women everywhere continue to struggle for economic and political justice, while battling the imprisonment of sexual terrorization. These injustices infringe upon female potential and the right to personal well-being. I would like to welcome women and men to share their experiences with sexism that they have experienced here at William Paterson University or throughout their college years. In doing so we can break the silence and bring public awareness to the necessary changes that need to be made. In future articles, I will be covering topics such as sexism and terrorization experienced within the academic environment, athletic and fraternal cultures, and among popular collegiate vacation resorts. My goal is to publicize strategies and support that are necessary to make the William Paterson University experience equal and just for all. In order to do so, I would like to collaborate with students who would share their triumphs and suggestions towards sexual equality. To contribute toward making a difference, simply write to creatingequality@yahoo.com or leave articles in the Beacon mailbox, located in the Student Center. All articles will be kept STRICTLY CONFIDENTIAL. I look forward to the positive impact that our collective efforts will make. Together we CAN make a difference - one life at a time.

Leandra Avato

## Black Widow

Normally, I don't like to bitch. Normally I like to maintain my cool, even after the job is done -after I've filed away yet another ceremonial video tape for editing later. But this time is different. This time I must bitch. This time I must rant. This time I must get it out.

Why? you may ask. Well, I'll tell you why, because I was pushed over the edge. I was thrown into the fires of hell. I was at the mercy of an evil queen from Long Island who was constantly up my ass while I was shooting her damn son's barmitzvah. I called her the Black Widow. And the Black Widow had migrated her family from Long Island to West Chester County. The Black Widow thought this to be a wise move, a move which she believed entitled her to ram her foot as far up somebody's ass as heavily possible, and crank it like a joy stick; which was exactly what the bitch did to me.

Y'see I'm a videographer, and have been for the last two years before earning my degree at William Paterson University; that means I'm an artist. That means when I show up to tape somebody's barmitzvah I know what the hell I'm doing. I know what people want to see, and that's what I give them. So when I'm in the process of giving them what they want to see, I expect to be left alone. I expect not to be interrupted, or told what to do.

But this Black Widow (this Black Widow in her long black gown and salt and pepper up do) wouldn't leave me alone. She wouldn't stop telling me what to do, or who to shoot, or when to shoot, or what angel I should shoot at, and what was most important to capture on video tape.

No, the Black Widow insisted on being a pain in the ass. The Black Widow insisted on ramming that foot of hers so far up my ass I found myself hiding in the wings from her, cursing her for being such a demanding bitch, praying that her damn son's barmitzvah would end in the next second or two so I could take my footage, and get the hell on out of there in a hurry.

But even when I tried to avoid her, the Black Widow found me, and dragged me back into her tacky party, and told me what to shoot, and who to shoot, and what angle I should shoot at, and it was most important to have her son in every god damn single frame even when I had a hell'va shot in frame to begin already.

As the night dragged on her persistence, or that ramming foot of hers, intensified. Intensified so badly that whenever I had the bitch locked in frame, frolicking away on a raised platform to the band's beat, I wanted to strangle her.

I kept thinking. That lady is a bitch. How can anybody live with a bitch like that? And most importantly, why is it that I can't seem to avoid this bitch?

Well, I'll tell you why. Cause the Black Widow covered that party like a cat pouncing over its turf. She was here, there, and everywhere at the same time. One second, I'd be having some peace, resting my bones on the couch, and the next second, there she'd be, tugging at my shirt sleeve to get back into the party so she could ram her foot up my ass some more.

In fact, come to think of it, she was the cat, and I was her mouse. Her mouse who she pawed and batted and flipped and generally toyed with until I was seeing red, and lost any other thought in my head except that of I need to strangle her. But I didn't strangle her.

Instead, I sucked it up. It hurt, but I sucked it up anyway. I waited along with the clock hands until it was time to go. And when it was time to go, I fucking fled like a turkey having its feathers yanked out one by one.

I suppose you might say the bitch won.

But I say no. I say I fucking won.

And y'know why? Cause I have the two cents enough to mark my feelings down on paper while all the Black Widow knows how to do is fling them out that big freaking mouth of hers. The end.

Chris Welch

## Small Pieces

Last night I dreamt  
of an old face  
I thought I had  
forgotten

she was wearing a new  
dress  
and her voice sounded  
the same

It seems she has  
fallen apart in  
small pieces,  
a little at a time

no one defining  
moment  
just small shudders  
water dripping  
through the cracks  
that had always  
been there  
the reservoir has  
run dry  
and the fish have  
suffocated  
no fire and brimstone  
tidal waves  
or comets  
just loose rivets  
and places I forgot  
to glue

## Only in the Dark

I think I exist  
only in the dark.  
Only on the last  
fringe of shade.  
How many sunrises  
have I seen blend  
into the day?  
Those glowing eyes  
are my friends  
and the shooting  
stars  
rustling in the  
brush.  
Watch the birds  
wake up  
and time is  
nothing relevant  
to me anymore  
because I have all I want.  
I'll take the shimmy  
Venus any day  
to cleanse my soul  
with that cool bite  
in the air.  
There's still mist and  
fog but the vague  
outlines of clouds  
are being born  
to a blue-gray  
sky.  
How perfectly  
calm, unreal,  
only a few trees shake.  
I shake too.

-John Findura

# Thursday Give Emotional Performance

The only reason I'm bothering to write about this so-called show, is because I have nothing else to write about for this week, and the fact that Thursday was playing. This band is amazing! They have been around for a while and if you haven't heard about them, take your head out of your ass! They started out on Eyeball Records but recently switched over to the mega-company known as Victory Records. Thursday used to play the infamous Wayne Firehouse, but I don't know what happened to that. They're from New Brunswick and the band consists of Geoff-vocals, Tom-guitar, Tucker-drums, Bill-guitar, and Tim-bass (there may be some changes, I don't know the band personally). I've briefly spoken to them and they're really cool people.

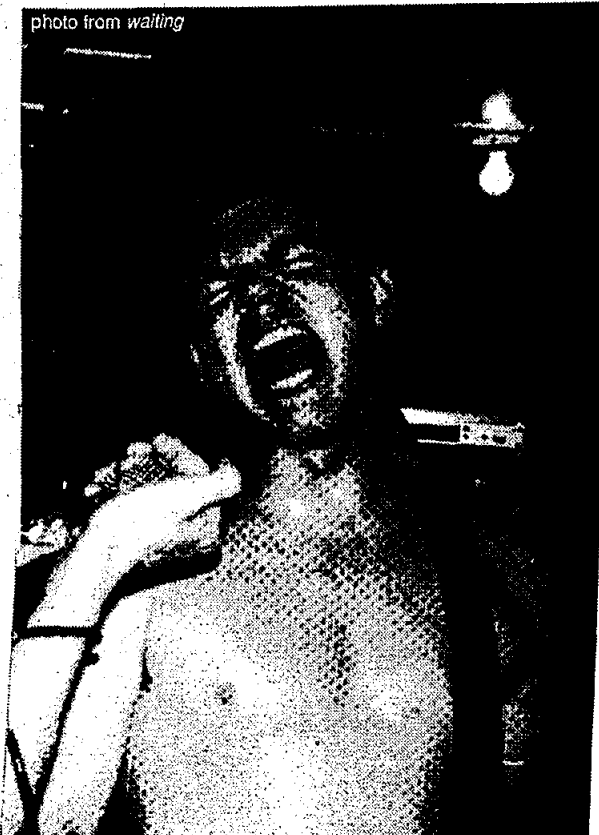
**Pete Markowicz**  
Insider Writer

So anyway, I went to this show and toughened out the crammed shack that was falling apart.

There was no fee at the door, just a donation of a couple bucks. Two other bands played, but I was out-

side and didn't catch their names. Purpose played after Thursday and the crowd went crazy. But I left

photo from waiting



halfway through their first song, so I'll just ramble about the band I came to see.

Thursday played "Porcelain" and a whole lot of new shit that sounded as good as the stuff off *Waiting*. The crowd was totally not the same, though. The usual people weren't there grabbing the mic and screaming the lyrics at the top of their voices. Geoff broke down and cried when he sang "Dying in New Brunswick", which makes you feel compassion and understanding towards the lyrics. Their music is of an emo-core background. There's breakdowns in some of their songs, but not the same ones you would expect at a God Forbid show. Geoff really sings with his guts. He wears his heart on his sleeve and gives his performance one-hundred and ten percent. His actions are also those of emotion as he lays on the floor wallowing at the ceiling about his misery. The songs really have a deep meaning behind them. So pay attention to this up and coming band, you don't want to miss them, and if you do, they may be on tour already far from New Brunswick.



## Bounce saved by Affleck and Paltrow's Stellar Acting

**Chris English**  
Insider Writer

For those tired of witnessing movie stars repeatedly turning up as the same character with only slight variations on previous roles (stand up, Bill Murray), Don Roos' "Bounce" provides moviegoers with the chance to watch two stars do notable work and overcome the shortcomings of Roos' script.

Ben Affleck plays Buddy Amaral, a smug executive at a Los Angeles advertising agency whose life takes a sharp turn after he lets Greg Janello (Tony Goldwyn), take his place on a flight so Greg can return to his family and Buddy can spend the night at an airport hotel with Mimi (Natasha Henstridge), whom Buddy has just met in an airport bar. The flight crashes, leaving no survivors, and Buddy shaken enough to slide into alcoholism, helped along by the guilt he feels when his agency creates the apologetic television spots used by the offending airline to restore their image.

Buddy eventually lands in a Palm Springs rehabilitation center, emerging ninety days later sober, but unreformed, until he is brought down to reality at his office's "Welcome Back" party, where he is tempted by an unfinished drink left on a bathroom counter and saved from downing it by his new assistant, Seth. The guidelines of Buddy's 12-step recovery program call for him to make reparations to those his behavior has hurt, so he tracks down Greg's widow, Abby (Gwyneth Paltrow), and personally helps her with both her career and her love life, without telling her about his giving Greg his flight ticket.

Affleck is just as square-jawed and handsome as the last time you may have seen him, and it's easy to believe Paltrow as Abby falls for him, though the pious, straight edge Buddy is a flatter character than the smirking womanizer of the movie's early scenes.

While Buddy misleads Abby about his intentions, she in turn lies to him by telling Buddy that she and Greg got divorced rather than admitting to his death and accepting the sympathy she has become sick of. Paltrow is utterly convincing as a young widow struggling to raise two sons and hold down a job, and it is particularly refreshing to see her as a harried woman with bags under her eyes and hair that often needs serious work, instead of the more glamorous roles in which one would expect to find a movie star of her stature.

As Abby and Buddy grow closer, he fails to take any of several chances to tell her about giving his ticket to Greg, leading to Mimi's turning up on Abby's doorstep with information for her about what happened at the airport and a very foreseeable confrontation between Abby and Buddy over his deception.

Where Bounce disappoints, besides in the predictable line it takes with an interesting story idea, is in some of the dialogue the stars are given to speak. Buddy has clearly fallen in love with Abby, but when she asks him what he wants from her, he only tells her that he needs someone to help him pick out videos to rent and a "Last call of the day," making him more like a careerist looking for someone to see in his off hours than a determined young man in love with an admirable, beautiful woman.

Of the supporting cast, Johnny Galecki stands out as Seth, Buddy's tart-tongued assistant who shares his alcoholism and becomes Buddy's conscience, putting through Abby's phone calls after Buddy, unable to confess to the truth to Abby and looking for an easy escape in the relationship's early days, has instructed Seth to help him to avoid Abby.

Bounce has none of the hip edge that made Roos' *The Opposite of Sex* such a pleasure, but watching its two lead actors, especially Affleck, stretch themselves while looking for all the nuances of their characters makes the movie worth a trip to the theater.

## NIN Not Falling Apart

In life, there are many constants. Gravity, cellular respiration, the need to reproduce, and the need for Nine Inch Nails' Trent Reznor to release a remix

album soon after he releases an original album are classic examples of this. With the exception of their first album, *Pretty Hate Machine*, Trent and company have always bestowed upon the public an album containing "manipulations" of his songs. This remix album, however, is incredibly a lot more satisfying than the last two (*Fixed*, *Further Down the Spiral*). If one can remember, some songs on *Fixed* sounded like a DJ simply took perfectly good songs and messed around with them until it sounded

like a huge mess. Though *Further Down the Spiral* showed some promise (e.g. tripped out version of "Hey Piggy" and orchestral version of "Eraser") it does not compare to the quality and the diversity shown in *Things Falling Apart*.

Overall, *Things Falling Apart* is very enjoyable to veteran and novice Nails fans, even though one would probably appreciate the remixes a lot more if one knows the originals. The album contains three original tracks that include elements from various parts of *The Fragile*, a Gary Numan cover ("Metal"), and versions of "The Wretched," "The Frail,"

**Aaron Werschulz**  
Insider Writer

"Where is Everybody," and "10 Miles High." The musicianship in "Metal" is incredible. "The Frail" has a new interesting twist, having string instruments instead of a mere piano playing



Trent Reznor  
photo by Kevin  
Westenberg

chords. All versions of "Starfuckers Inc." were very enjoyable, but the one that stands out is the second one which has this really interesting rhythm change of the vocals towards the end of the song (it's pretty hard to explain, you'll just have to hear it for yourself to understand). The only complaint one could think of is that they could have eased up on the robotic sound effects on some of the tracks. The album as a whole, however, will be a favorite of NIN's huge fan base.

# Backstreet Boys Still on Top of Boy-Bandwagon



some of the fans were going to get seriously hurt." In Cape Town, a Cheetah interrupted their press conference. "It scared the hell out of me. But it was such a beautiful creature we couldn't stop ourselves from going over to say a quick hello," told Nick Carter.

All the fans that came out then and in the past were thanked by Richardson in the CD when he wrote, "To all the people that stood in line, slept in the rain and cold to see us in TRL or see our show or buy our records or just say hi." After all, the success of *Black and Blue* will depend on the fans. When *Millennium* was released, it broke all kinds of records

and sold 1.3 million copies in just the first week. They also have to deal with the imitation groups out there. "If we sat around when we were making the album and were worried about breaking somebody's sales

record, that wouldn't be the right state of mind. We're trying to make great music that we're proud of and if we break records that's just an added bonus," said Richardson. Dorough added, "This album, we're really proud of. I think this album, out of all the albums, probably represents us the best."

The album was recorded in Sweden, Los Angeles, Orlando, New Jersey and the Bahamas. Their vocals stand out on the ballads. On "How Did I Fall In Love With You," the music of a piano and strings is light. Dorough, who usually sings backup, was given lead vocals, along with Littrell. Dorough co-wrote the words to what is the most romantic track, and arranged the vocals and music. The song is about a guy realizing he loves a girl he's been friends with since childhood. He asks, "What can I do to make you mine? Falling so hard, so fast, this time. What did I say? What did you do? How did I fall in love with you?"

A more radio friendly ballad on the album is "Shape of My Heart," which went to the top of the charts as soon as it was released. So did the video, which was shot in blue tone. It focuses on lyrics like, "Hold me now, don't bother if every minute it makes me weaker. You can save me from the man I've become," which McLean, Littrell and Carter sing leads.

The music, not the band member's sex appeal, is the focus of *Black and Blue*. The CD cover doesn't have their pictures on it, just the title and vague shadows of the group. The music is also the focus of the upcoming tour. Unlike last year's tour, when the stage was in the round and the band sky-surfered to the stage, simplicity is the focus. "We're not really concerned about a look as to the way it sounds," said Littrell. They want to make sure a person sitting in the last row will be able to hear as well as a person sitting in the front row. They also want to keep the audience involved. The tour for *Black and Blue* will begin January 22 in Fort Lauderdale. They

will spend nine weeks in America. That includes East Rutherford, NJ. "We're going everywhere, all around the world," McLean said. They rehearse for a month in LA starting December 1.

Going back on the road is something Carter is looking forward to. "I miss the road. It's a great experience. A lot of energy, a lot of love." There are many high energy tracks from *Black and Blue* to anticipate seeing live. "Get Another Boyfriend," is one of them. McLean's raspy voice stands out, especially during his holler, which was made famous on "Everybody." The song is about a guy who's not worthy of his girlfriend. They warn her, "He's just another player, playing in the name of love."

Love is the subject of "Yes I Will," which McLean co-wrote. He shares the leads with Littrell, as they sing about wanting to share your life with someone you love. "Of all the things you've given to me, you're my heart, my soul, my everything," the song goes. The highlight is at the end of the song when Richardson is finally given somewhat of a lead. Maybe he isn't given stand out vocals, but he is writing them.

He wrote "Back to Your Heart," for *Millennium*, which would have quickly disposed of any "boy band" comments if it was released as a single. For this album, he co-wrote "It's True." Fans became familiar with when it was released on a CD from Burger King. Littrell, McLean and Carter, the three strongest voices, sing leads as they ask for forgiveness. "Without you I would fall apart," is one lyric.

"This I Promise You (With Everything I Am)," features an orchestra. They sing, "I promise you as a lover and a friend, I will love you like I'll never love again."

All five members worked together on two songs. "The Answer to Our Life" is one of them. It's a softer dance track that Carter shares leads with McLean and Littrell. "This world is not at ease, we seem to hide the truth," they wrote, moving onto a subject other than love.

"Shining Star" was produced by Rodney Jerkins. Carter and Dorough co-wrote it. It's an upbeat, catchy tune with the lyric, "Angels everywhere, every time you're near."

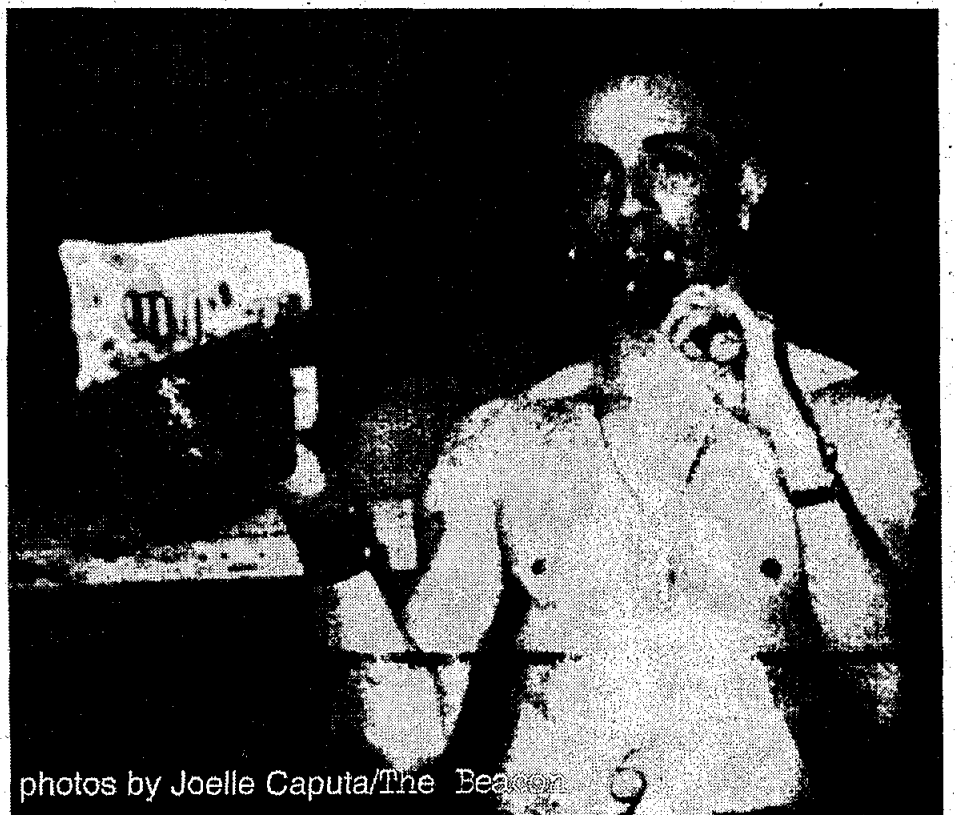
"Everyone" is a more personal version of "Larger Than Life." It's an ode to everyone who has stood by the BSB. "They tried to pull us under but here we stand...We're standing stronger cause what you've done," explains it.

"Not For Me" has Carter's background vocals muffled in an experimental effect. It's got rhyme: "Cause if you think that's the way love should be, let me tell you it's not for me." Littrell and McLean sing lead.

"More Than That," is a soft ballad. The usual three sing lead as they try to convince a girl not to say good-bye. Sample lyrics are, "Don't give loneliness a chance," and "I can't just be friends, knowing in the end, I will live you more than that."

One track on the album stands out. It's track nine, "Time." Babyface produced it and provided background vocals. He also played the keyboards and guitar, as well as the drum programming. All five members wrote the song. It's a diary of their existence as a group. They wrote about sharing dreams and getting to where they are now. It strolls down memory lane with, "There were days we used to sing at the drop of a dime." They say, "I know we've changed, but change can be so good. So let's not forget why it's understood. Time. Look where we are and what we've been through." That could refer to their split from their former manager, Lou Pearlman, and their move to Jive Records. Then they had to deal with their rivals, 'N Sync, doing the exact same thing. There's also the ABC TV series, *Making the Band*, Pearlman put together. Of that, Richardson says, "I try not to watch it. It kinda makes me nauseous. It's not how we came to be." Littrell agrees, "It's a total mockery of what we do for a living. The fans make us who we are and we continue to give back to them what they can give to us."

Orlando natives, the BSB have come a long way since they first formed in 1993. They joined Elton John on stage at the 42 Annual Grammy Awards, for his first performance on the show in 30 years. Afterwards, he said they were the best vocals he had ever sung with. With each album, they grow stronger. Maybe it comes from their personal traumas. Whatever it is, there's true passion in their voices and that's what makes them so enjoyable to listen to. The pictures included with this article are a look back at the BSB from their first concert in NYC, at the Hammerstein Ballroom, to McLean's solo tour as Johnny No Name for VH1's *Save the Music* and their most recent concert at the Continental Airlines Arena. As they wrote in "Time," "So here we are and you know we'll always stay together."



photos by Joelle Caputa/The Beacon

**B**lack and Blue, the Backstreet Boys' fourth effort, is a choreographer's dream. Its aggressive dance tracks will make it hard for listeners to keep their feet still. When first listening to the album, I was slightly taken back. This is not a traditional pop album and it is certainly not like any of the group's previous albums.

"The Call," will be released as the next single. I have to admit, the phone call before the song begins in a bit cheesy. But, all that is forgotten once the Spanish guitar, which accents the rhythm, and AJ McLean's singing start. The song is about a guy telling his girlfriend, "Listen baby, I'm sorry. Just wanna tell you don't worry. I will be late. Don't stay up and wait for me," because he's cheating on her.

With a song about guys cheating on their girlfriends, have the BSB shed their "wholesome" image? No, but they have become comfortable enough with their place in the music industry to do their own thing. Since the release of the Grammy-nominated *Millennium* a year and a half ago, the band has publicly confessed to what many critics see as the kiss of death for all guy bands—they have girlfriends. Not only that, but both Kevin Richardson and Brian Littrell married their sweethearts this past year.

This has not stopped fans around the world from loving them. To promote *Black and Blue*, the band went on for a four day tour of the world, visiting six continents in 100 hours. They spent 55 hours on a 28 seat jet and 45 hours on the ground. They began in Sweden, where they performed at the MTV Europe Music Awards and won "Best Group." Then it was off to Sweden, Japan, Brazil, South Africa and Australia before landing in New York City. In Rio, 45,000 fans came out for an impromptu ten minute concert by the band and threw themselves in front of their bus as they arrived from the airport. At least ten people in Tokyo were injured when fans there tried the same thing. "It was crazy. You would have thought the President was here or Michael Jackson, not the Backstreet Boys," said band member Howie Dorough. Littrell confessed, "It was scary. I was worried

**Joelle Caputa**  
Insider Writer

# Eco

## LOUNGE

Joelle Caputa  
The Beacon

There's an ancient proverb that says, "Treat the earth well. It was not given to you by your parents. It was loaned to you by your children." This should especially be taken into consideration now, since it looks like George Bush is going to be the next president. During his term as Governor of Texas, it became the most polluted state in America. For the benefit of our earth now and in the future, we can't allow that to happen to the rest of the country.

Somewhere in the back of your

## Keep the Earth Clean

mind, there are special memories you have about the earth. Maybe it's catching that one wave during a surf session, or planting flowers with your mom as a child. Maybe it's the first time you went sleigh riding or family trips picking apples. It could be the sunsets you saw walking along the beach with your special someone or a visit to Niagara Falls, that you hold close to your heart. How special would those times be if there were no trees to pick apples from because they were all cut down by loggers?

What if there was so much pollution in the air that you couldn't ride your bike as child? As horrible as this sounds, it could be the future. The littlest things can help the environment in a big way, if everyone just pitches in.

First, become aware of the problems the environment is facing, then decide what the best way for you to help is. Rain forests are being destroyed at an estimated 100 acres per minute. That doesn't just result in the loss of trees. Animals living in the forest, like tigers, get trapped under falling trees. "Exhaust" contains invisible gases that add to the greenhouse effect, acid rain and smog. That's why car pooling and alternative forms of transportation, like roller blading, are so strongly recommended.

In recent years, more than 6.5 million dolphins have been killed in nets used by fishermen to catch tuna. You can help by purchasing only dolphin safe tuna. By not buying anything made from endangered animals, you are helping to save them. This includes ivory, reptile skins, tortoise shell and cat pelts. Many companies test their products on animals. One of them is Procter and Gamble.

### My Opinion

If this issue concerns you, it's time to toss that bottle of Pantene you've been washing your hair with. While on the subject of tossing things in the garbage, remember to recoil. This includes glass products and that copy of the "Pioneer Times" you've been using to line your bird cage.

Nothing positive comes from abuse and neglect to the land. Everything that happens on land affects us in one way or another. It will effect the water we shower in and the water we brush our teeth with. It will effect the air we breath and the food we eat. It's never too late to stop throwing napkins out your car window and save your trash until you get to a garbage can. It's never to late to plant a tree in your backyard. As a Chinese proverb goes, "One generation plants the trees; another gets the shade."

## Gorillas: Going...Going...Gone?

Joelle Caputa  
The Beacon

The 1994 war in Rwanda (the most densely populated nation in Africa) left devastation. More than one million people were forced to resettle. They also needed more cropland, as well as timber for homes and cooking. This contributed to the number one threat against the area's mountain gorillas: habitat loss.

There are around 600 mountain gorillas in Central East Africa, all of which are endangered. Their territories spread throughout Rwanda, the Democratic Republic of Congo and Uganda. However, habitat destruction is not the only threat to the gorillas.

Poaching is also a problem. Gorillas are often caught in snares that are meant to capture other animals. For this reason, anti-poaching patrols have been organized. Guards cut down the snares and burn them. If animals are in the snares, they will be taken, whether they are dead or alive. This prevents poachers from profiting from them.

The Karisoke Research Center is dedicated to saving mountain gorillas. Work is done from the Virunga Conservation Area in Rwanda. The Dian Fossey Gorilla Fund International uses this site as a research base for scientists. Through educational programs, American students are offered opportunities to work along side the scientists. Together, they incorporate research findings and data joined



through field research.

The Fossey Fund is one of the largest private employers in Rwanda. It is also an important contributor to the local economy. It seeks to promote local development based on the conservation of Virunga's ecosystem, with the intent of minimizing impact on the gorillas. In the future, hopes are to expand conservation awareness in Rwandan schools.

"Our first goal is to use modern-day technology to bring new clout to field conservation, ecosystem management and endangered species protection," said Clare Richardson, president of the Atlanta based fund.

The fund combines geograph-

ic information and system data satellites with hyperspectral data from special area cameras and demographic information recorded on the ground. Combined, that tells how many gorillas an area can support. In addition, a baseline for future documentation is established.

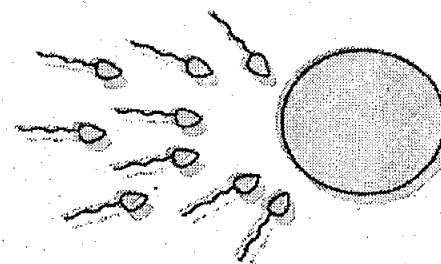
The categories of anti-poaching, research, education and economic development are used by the Fossey Fund to help save the gorilla. For further information, visit their web site, [www.gorilla-fund.org](http://www.gorilla-fund.org). To take part in conservation programs, call 1-800-851-0203 ADOPT.

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## Animal Alert: Endangered in Kenya

Joelle Caputa  
The Beacon

The Grevy Zebra and the Black Rhino have made it to the year 2000, but all hopes of these species walking the earth during the next century are dim. Since 1990, Kenya has lost half of its wildlife from habitat destruction and conflict with the human population.

The Grevy Zebra is endangered everywhere in the wild, a result of competition with the plains zebra. The first wildlife conservancy in Kenya is the only reason why 400 of these animals are still alive. Located in central Kenya, The Lewa Wildlife Conservancy is

made up of 167 square kilometers of privately owned habitats. They include indigenous forest, savanna, grasslands and wetlands.

The Sweetwaters Black Rhino Reserve in Nanyuki, Kenya is a safe heaven for Black Rhinos. Over the past 30 years, poaching has caused the animal's population to drop from 20,000 to 400. Thanks to the reserve, the population has been brought up to 500. However, there are still problems facing these creatures. The reserve, which is 100 square kilometers, also acts as a sanctuary for giraffes and elephants. Both these species are a threat to rhinos.

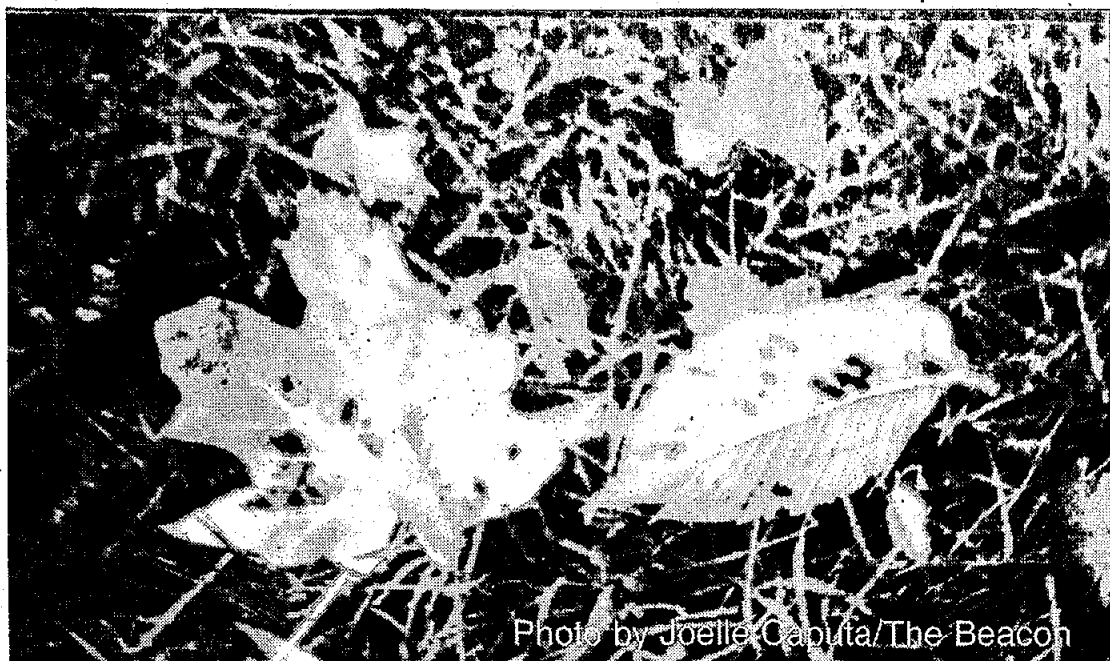


Photo by Joelle Caputa/The Beacon

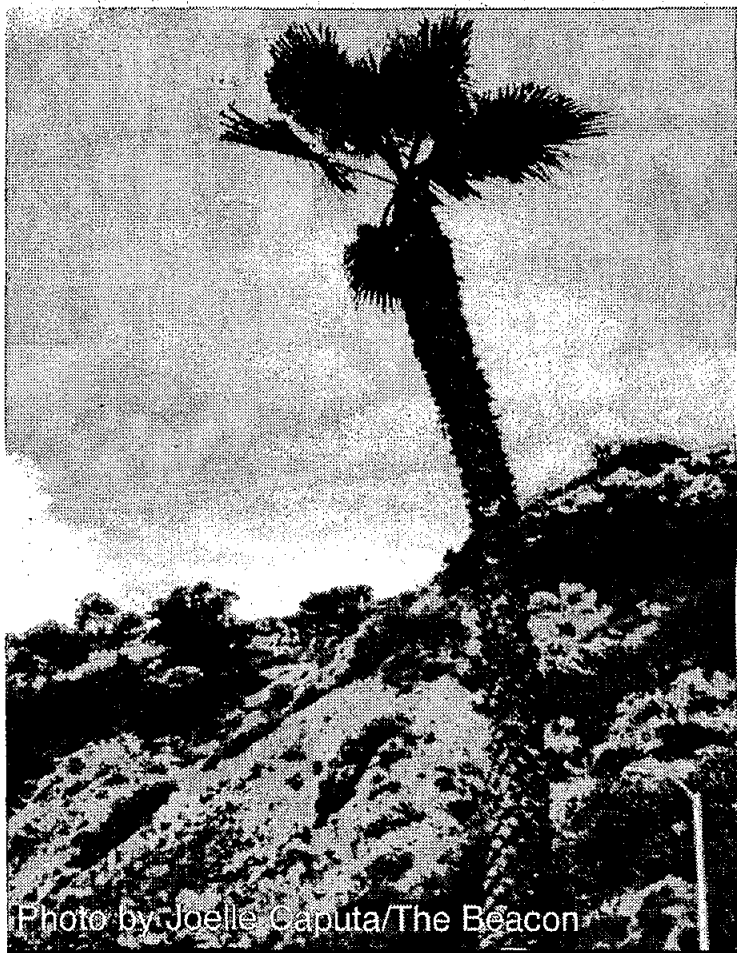


Photo by Joelle Caputa/The Beacon

*Yo, I drop fly rhymes and I've been dropping  
them since birth  
And here's a def joint I'ma kick about the earth  
Compared to me,  
others are seeds,  
they wanna battle  
but just toil  
I dig graves for they  
rhymes and put em  
6 feet in the soil  
Otherwise, I got  
honeys turning a  
glance into a stare  
My rhymes got heads choking and gasping for  
fresh air  
I'm a homewrecker, yo, I took care of your  
daughter  
But after that, instead of a stog, I started sip-*

*ping spring water  
Cause yo, I got a natural style, only eating  
organic*

*And when I'm rolling  
down your street, I got the  
whole block in a panic  
See, cause I constantly  
spout off like a volcano  
My verses got heads spin-  
ning dizzy like straight out  
a tornado  
But yo, I'm the B.I.T. and  
here's my meaning, you gotta check  
Keep the earth clean and give the environment  
respect. WUT.  
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# AIDS Facts

## WHAT DOES "AIDS" MEAN?

AIDS stands for Acquired Immune Deficiency Syndrome:

- Acquired means you can catch it;
- Immune Deficiency means a weakness in the body's system that fights diseases.
- Syndrome means a group of health problems that make up a disease.

AIDS is caused by a virus called HIV: Human Immunodeficiency Virus. If you get infected with HIV, your body will try to fight the infection. It will make "antibodies", special molecules that are supposed to fight HIV.

When you get a blood test for HIV, the test is really looking for these antibodies. If you have them in your blood, it means that you have HIV infection. People who have the HIV antibodies are called "HIV-Positive".

Being HIV-positive, or having HIV disease, is not the same as having AIDS. Many people are HIV-positive but don't get sick for many years. As HIV disease continues, it slowly wears down the immune system. Viruses, parasites, fungi and bacteria that usually don't cause any problems can make you very sick if your immune system is damaged. These are called "opportunistic infections".

## HOW DO YOU GET AIDS?

The blood, vaginal fluid, semen, and breast milk of people infected with HIV has enough of the virus in it to infect other people. You can get HIV from anyone who's infected, even if they don't look sick, even if they haven't tested positive (yet). Most people get the HIV virus by:

- Having sex with an infected person.
- Sharing a needle (shooting drugs) with someone who's infected
- Being born when the mother is infected, or drinking the breast milk of an infected woman.

Getting a transfusion of blood from an infected blood donor used to be a way people got AIDS, but now the blood supply is screened very carefully and the risk is extremely low.

There are no documented cases of HIV being transmitted by tears or saliva, but it is possible to catch HIV through oral sex, especially if you have open sores in your mouth or bleeding gums.

In the United States, there are about 1 million people who are HIV-positive. Each year, there are 50,000 new infections, including 2,500 infants. AIDS is now the leading cause of death for men between the ages of 25 and 44, and the fourth highest cause of death for women between 25 and 44.

## WHAT HAPPENS IF I'M HIV

## POSITIVE?

You might not know if you get infected by HIV. Some people get fever, headache, sore muscles and joints, stomach ache, swollen lymph glands, or a skin rash for one or two weeks. Most people think it's the flu. Some people have no symptoms.

The virus will multiply in your body for a few weeks or even months before your immune system responds. During this time, you won't test positive for HIV, but you can infect other people.

When your immune system responds, it starts to make antibodies. When you start making antibodies, you will test positive for HIV.

After the first flu-like symptoms, some people with HIV stay healthy for ten years or longer. But during this time, HIV is damaging your immune system.

One way to measure the damage to your immune system is to see how many CD4+

cells you have. These cells, also called "T-helper" cells, are an important part of the immune system. Healthy people have between 500 and 1,500 CD4+ cells in milliliter of blood.

As your CD4+ cell count goes down, you might start having signs of HIV disease like fevers, night sweats, diarrhea, or swollen lymph nodes. If you have HIV disease, these problems will last more than a few days, and probably continue for several weeks.

## IS THERE A CURE FOR AIDS?

There is no cure for AIDS. There are drugs that can slow down the HIV virus, and slow down the damage to your immune system. But there is no way to get all the HIV out of your body. Some researchers think that the new, strong anti-HIV drugs might kill off all the HIV if you can take them for several years, but it hasn't happened yet.

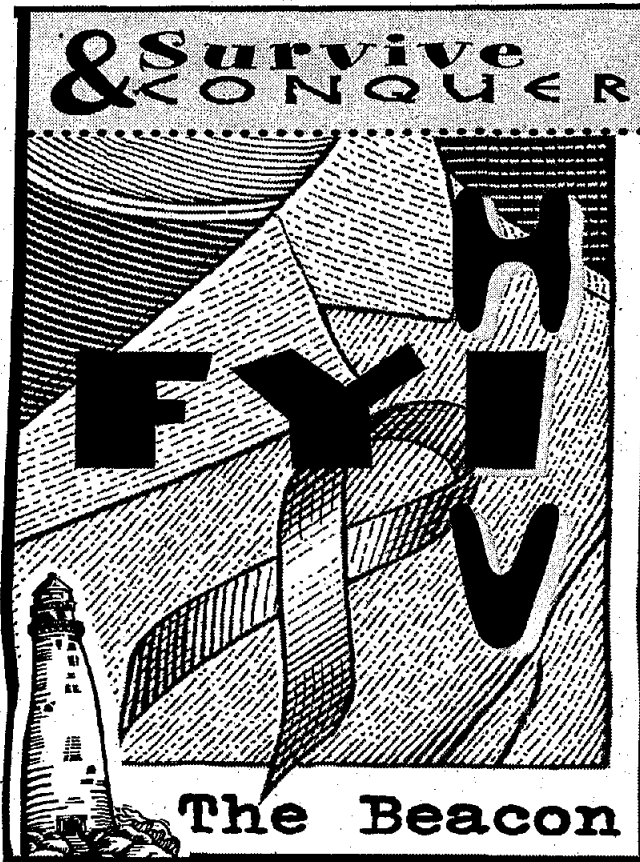
There are other drugs that you can take to prevent or to treat some of the opportunistic infections. In some cases, these drugs work very well. With other infections, there is still very little that doctors can do.

## WHAT IS HIV TESTING?

HIV testing usually means the tests that determine whether or not you are infected with the Human

Immunodeficiency Virus (HIV) which causes AIDS. These tests look for "antibodies" to HIV. Antibodies are proteins produced by the immune system to fight a specific germ.

Other "HIV" tests are used when people already know that they are infected with HIV. These help measure how quickly the virus is multiplying (a viral load test) or the health of your immune system (a T-cell test).



## HOW DO I GET TESTED?

You can arrange for HIV testing at any Public Health office, or at your doctor's office. Test results are usually available within two weeks. Call the National AIDS Hotline, (800) 342-2437.

The most common HIV test is a blood test. However, newer tests detect HIV antibodies in saliva or urine.

Home test kits: No approved HIV test kit will give you a result at home. The Home Access test kit is approved, but it is designed for you to collect a sample of your blood at home. Then you send the sample to a laboratory where it is tested for HIV.

## WHAT DOES IT MEAN IF I TEST POSITIVE?

A positive test result means that you have HIV antibodies, and are infected with HIV. You will get your test result from a counselor who should tell you what to expect, and should let you know where to get health services and emotional support.

Testing positive does not mean that you have AIDS. Many people who test positive stay healthy for several years, even if they don't start taking medication right away. If you test negative and you have not been exposed to HIV for at least three months, you are not

infected with HIV. Continue to protect yourself from HIV infection.

## HOW ACCURATE ARE THE TESTS?

Test results for HIV are accurate more than 99.5% of the time. Before you get the results, the test has usually been done two or more times. The first test uses enzymes to test for HIV antibodies. This test is called an "EIA" or "ELISA" test. The first versions of these tests were slow, and often gave false positive results. The newer versions are faster and more accurate.

Before a positive ELISA test result is reported, it is confirmed by another test called a "Western Blot". However, two special cases can lead to false results:

Children born to HIV-positive mothers may have false positive test results. This is because mothers pass on their infection-fighting antibodies to their newborn children. Even if the children are not infected with HIV, they have HIV antibodies and will test positive. Other tests, such as a viral load test, must be used.

People who were recently infected may have a false negative

result. It takes at least three weeks, and possibly as long as three months, to produce antibodies to HIV. You should wait for three months after you were exposed to HIV before being tested, or test right away and then again when three months have gone by. During this "window period" you can transmit the virus to others if you are infected.

## THE BOTTOM LINE

HIV testing looks for antibodies in the blood, or saliva or urine. The immune system produces these antibodies to fight HIV, but it can take up to three months for them to show up. During this "window period" you will not test positive for HIV even if you are infected. Normal HIV tests don't work for children born to HIV-infected mothers.

A positive test result does not mean that you have AIDS. If you test positive, you should learn more about HIV and decide how to take care of your health.

The Human Immunodeficiency Virus (HIV) is not spread easily. You can only get HIV if you get infected blood or sexual fluids into your system. You can't get it from mosquito bites, coughing or sneezing, sharing household items, or swimming in the same pool as someone with HIV.

Some people talk about "shared

body fluids" being risky for HIV, but no documented cases of HIV have been caused by sweat, saliva or tears. However, even small amounts of blood in your mouth might transmit HIV during kissing or oral sex. Blood can come from flossing your teeth, or from sores caused by gum disease, or by eating very hot or sharp, pointed food.

To infect someone, the virus has to get past the body's defenses. These include skin and saliva. If your skin is not cut, it protects you against infection from blood or sexual fluids. Saliva contains chemicals that can help kill HIV in your mouth.

If HIV-infected blood or sexual fluid gets inside your body, you can get infected. This can happen through an open sore or wound, during sexual activity, or if you share equipment to inject drugs.

HIV can also be spread from a mother to her infant during pregnancy or delivery. This is called "vertical transmission." A baby can also be infected by drinking an infected woman's breast milk.

## HOW CAN YOU PROTECT YOURSELF AND OTHERS?

Unless you are absolutely certain that you and the people you are with do not have HIV infection, you should take steps to prevent getting infected. This fact sheet provides an overview of HIV prevention, and refers you to other fact sheets for more details on specific topics.

**Sexual Activity:** You can avoid any risk of HIV if you practice abstinence (not having sex). You also won't get infected if your penis, mouth, vagina or rectum don't touch anyone else's penis, mouth, vagina, or rectum. Safe activities include kissing, erotic massage, masturbation or hand jobs (mutual masturbation).

Having sex in a monogamous (faithful) relationship is safe if:

- Both of you are uninfected (HIV-negative)
- You both have sex only with your partner
- Neither one of you gets exposed to HIV through drug use or other activities

Oral sex is very low risk if there are no open sores or blood in the mouth. Anal and vaginal sex are much more risky.

You can reduce the risk of infection with HIV and other sexually transmitted diseases by using barriers like condoms. Traditional condoms go on the penis, and a new type of condom goes in the vagina or in the rectum.

Some chemicals called spermicides can prevent pregnancy but they don't prevent HIV. They might even increase your risk of getting infected if they cause irritation or swelling.

CONTINUED ON PAGE 30

## TO YOUR GOOD HEALTH

BY PAUL G. DONOHUE, M.D.



DEAR DR. DONOHUE: My 28-year-old granddaughter was diagnosed at age 7 with neurofibromatosis. Through the years, she has suffered the growth of small and large tumors

all over her body. Twenty-one years is a long span of time, and I wonder if any new treatments have evolved. I am so anxious for her welfare. -- R.S.

ANSWER: Neurofibromatosis (NEW-row-fy-BRO-muh-TOE-suss) is a genetic disorder that strikes about one person in every 3,000. If you consider the population of North America, that makes for a sizable number of people.

Neurofibromas vary from small to large cauliflowerlike growths of nerves and fibrous tissue that sprout on the skin. They can also develop deep within the body and create problems by pressing on adjacent organs.

Usually neurofibromas make their appearance around puberty. Before that age, spots the color of coffee with cream appear on the skin. Youngsters with the neurofibromatosis gene have six or more such spots that measure about a quarter of an inch (0.5 cm). After puberty, the spots enlarge to three-quarters of an inch (1.5 cm), and neurofibromas appear.

Painful neurofibromas can be removed. Some people, however, have so many that removal is a daunting task, and often those people leave them alone. The above description is neurofibromatosis type 1, also called Von Recklinghausen's disease. The type 2 variety affects the hearing nerve.

There has been no breakthrough treatment, but there is a breakthrough support group,

the National Neurofibromatosis Foundation. Your granddaughter will benefit by contacting the foundation for information on the illness and on new treatments. The foundation's phone number is: (800) 323-7938. For those with access to a computer, check the foundation's Web site: [www.nf.org](http://www.nf.org).

\*\*\*

DEAR DR. DONOHUE: My mother, 82, has a very bad case of Alzheimer's disease. I am sad for her and fearful for myself. Am I genetically destined to come down with it, too? -- G.K.

ANSWER: Heredity plays a major role in "early onset" Alzheimer's disease -- Alzheimer's that makes its appearance before age 60. Only a small number of patients have this kind of Alzheimer's disease.

Genes also influence the more common

kind of Alzheimer's disease, but their contribution to the illness is not so obvious and is less well-understood.

Because your mother has Alzheimer's, you are not doomed to the same fate, by a long shot.

In ordinary Alzheimer's, the APOE-4 gene has attracted attention as a possible factor in this variety of the disease. That information is shaky, and no one advocates testing people for the gene to make predictions for the future.

Perhaps the Alzheimer's report can help you come to grips with this sad illness. I am sending you a copy. Readers who would like a copy can obtain one by writing: Dr. Donohue -- No. 47W, Box 536475, Orlando, FL 32853-6475. Enclose a self-addressed, stamped (55 cents), No. 10 envelope and \$3. Please allow six weeks for delivery.

\*\*\*

Dr. Donohue regrets that he is unable to answer individual letters, but he will incorporate them in his column whenever possible. Readers may write him at P.O. Box 536475,

## Nerve Tumors Sprout From Skin

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\*Provisional accreditation with the Accreditation Review Committee on Education for Physician Assistant (ARC-PA) has been initiated.



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## THE PAINFUL TRUTH: Migraines Sideline Millions of Americans New Treatment Option Available to Prevent Migraine Headaches

(NAPSA)-Dear Doctor Freitag: I've been suffering from migraine headaches for the past few years. My headaches occur frequently. In addition, the migraine pain can interrupt my daily activities. At my doctor's suggestion, I've tried to treat my migraines with several over-the-counter pain relievers, and several prescription medications. Is there anything I can take to prevent the migraines? Sincerely, A Mom Who's Missing Out

Dear Mom: Migraine headaches are not ordinary headaches. Migraine sufferers experience intense, frequently debilitating pain, plus nausea and a heightened sensitivity to light and sound. Migraines can strike at any time, and sometimes without warning. The pain of migraine headaches

often keeps people from their usual daily activities. Statistics show migraine sufferers miss 157 million workdays every year at a cost of as much as 17 billion dollars to the U.S. economy.

It is estimated that migraines affect more than 28 million Americans, and 75 percent of migraine sufferers are women. For many people, relief can be achieved through appropriate treatment.

The two main categories of treatment include acute medications, which are taken after the onset of a migraine; and preventive medications, which are taken daily to prevent migraines. Selection of an appropriate drug treatment is dependent upon the number and severity of headaches, the patient's physical condition, and his or her responsiveness to a particular

medication.

Migraine sufferers who find that their headaches are interfering with their daily activities now can choose the convenience of a new, once-daily treatment option to prevent migraines.

The U.S. Food and Drug Administration has approved Depakote® ER (divalproex sodium extended-release tablets), a new, once-a-day treatment for the prevention of migraine headaches in adults. Available nationwide by prescription, Depakote ER is a new, extended-release formulation of divalproex sodium, and is available in 500 mg tablets. Depakote ER tablets are not bioequivalent to Depakote Delayed-Release tablets. New Depakote ER was demonstrated to be effective and well tolerated for the prevention of

migraine headaches with the added patient convenience of once-a-day dosing.

Depakote ER should not be taken by patients with liver disease or significantly decreased liver function. Liver failure and pancreatitis, sometimes resulting in death, have occurred in patients receiving valproic acid and its derivatives. Abdominal pain, nausea, vomiting and loss of appetite can be symptoms of pancreatitis requiring prompt medical attention.

Since Depakote has been associated with birth defects, the benefits of using Depakote ER in migraine prevention should be weighed against the risk of injury to the fetus in women who may become pregnant. An information sheet is available for patients.

Safety and effectiveness of

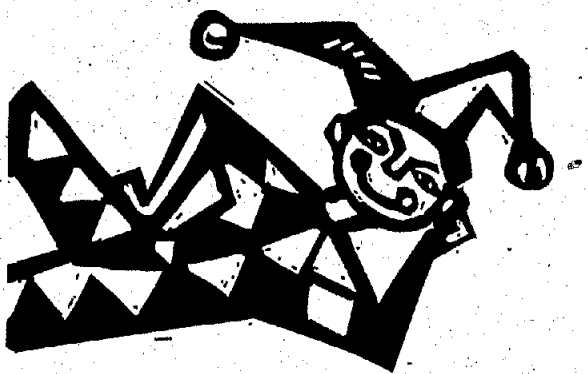
Depakote ER in the prevention of migraine patients over 65 have not been established.

Adverse events commonly reported by Depakote ER patients in a clinical trial were nausea, dyspepsia, diarrhea, vomiting, abdominal pain, somnolence and infection.

Migraines do not have to interrupt people's lives. If you are interested in learning more about preventing migraines call 1-800-397-6639 for a migraine prevention brochure containing a headache diary. If you have any questions or concerns, contact your physician. Full prescribing information is available from Abbott Laboratories.

Frederick Freitag, D.O., is associate director of the Diamond Headache Clinic in Chicago, Illinois.

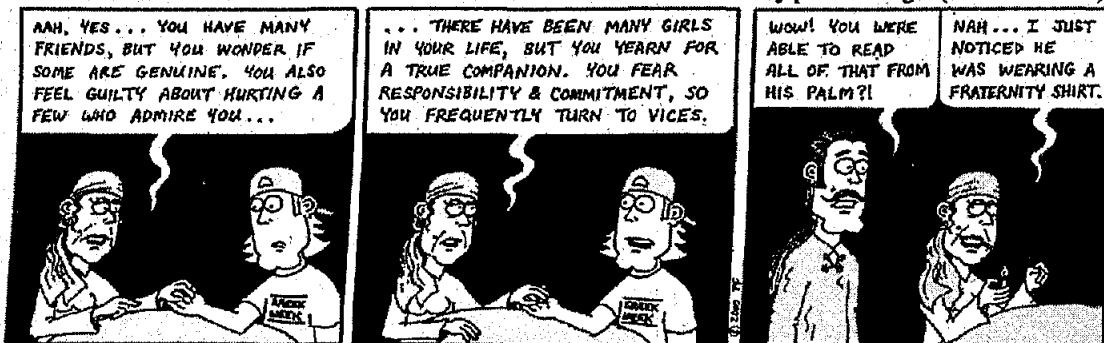
Next week: The Final Issue of the semester...



# LAUGHING OUT LOUD

## LEX

by phil flickinger (www.l-e-x.com)



## MAMA'S BOYZ BY JERRY CRAFT



## THE SPATS BY JEFF PICKERING



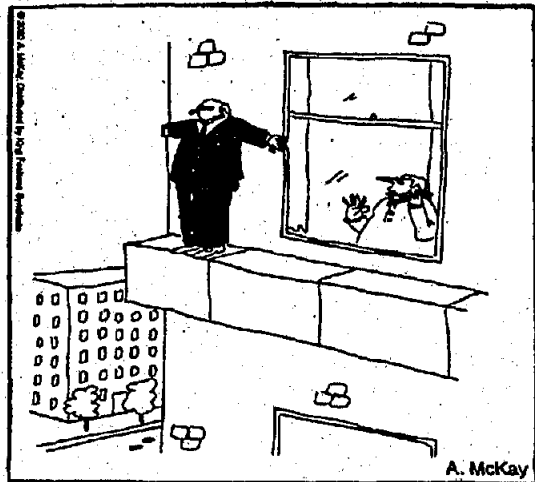
## OUT ON A LIMB BY GARY KOPERVAS



## BUTCH AND DOUGIE BY ALEX HOWELL



## New Breed





# AIDS Facts *continued*

**Drug Use:** If you're high on drugs, you might forget to use protection during sex. If you use someone else's equipment (needles, syringes, cookers, cotton or rinse water) you can get infected by tiny amounts of blood. The best way to avoid infection is to not use drugs.

If you use drugs, you can prevent infection by not injecting them. If you do inject, don't share equipment. If you must share, clean equipment with bleach and water before every use.

Some communities have started exchange programs that give free, clean syringes to people so they won't need to share.

**Vertical Transmission:** With no treatment, about 25% of the babies of HIV-infected women would be born infected. The risk drops to about 8% if a woman takes AZT during pregnancy and delivery, and then her newborn is given AZT. The risk is higher if labor lasts for a long time. An operation to remove a newborn surgically (a "C-section" or Caesarian section) can reduce the risk of infection if the labor goes on too long.

Babies can get infected if they drink breast milk from an HIV-infected woman. Women with HIV should use baby formulas or breast milk from a woman who is not infected to feed their babies.

**Contact with Blood:** HIV is one of many diseases that can be transmitted by blood. Be careful if you are helping someone who is bleeding. If your work exposes you to blood, be sure to protect any cuts or open sores on your skin, as well as your eyes and mouth. Your employer should provide gloves, facemasks and other protective equipment, plus training about how to avoid diseases that are spread by blood.

## WHAT IF I'VE BEEN EXPOSED?

If you think you have been exposed to HIV, talk to your health care provider or the public health department, and get tested.

If you are sure that you have been exposed, call your doctor to discuss whether you should immediately start taking anti-HIV drugs. This is called "post exposure prophylaxis" or PEP. You would take two or three medications for several weeks. These drugs can decrease the risk of infection, but they have some serious side effects.

## THE BOTTOM LINE

HIV does not spread easily from person to person. To catch HIV, infected blood, sexual fluid, or mother's milk has to get into your

body. HIV-infected pregnant women can pass the infection to their new babies.

To decrease the risk of spreading HIV:

- Use condoms during sexual activity
- Do not share drug injection equipment
- If you are HIV-infected and pregnant, talk with your doctor about taking anti-HIV drugs
- If you are an HIV-infected woman, don't breast feed any baby
- Protect cuts, open sores, and your eyes and mouth from contact with blood.

If you think you've been

exposed to HIV, get tested and ask your doctor about taking anti-HIV medications.

## HOW DOES HIV SPREAD DURING SEX?

To spread HIV during sex, HIV infection in blood or sexual fluids must be transmitted to someone. Sexual fluids come from a man's penis or from a woman's vagina, either before, during, or after orgasm. HIV can be transmitted when infected fluid gets into someone's body.

You can't spread HIV if there is no HIV infection. If you and your partners are not infected with HIV, there is no risk. If there is no contact with blood or sexual fluids, there is no risk. HIV needs to get into the body for infection to occur.

Safer sex guidelines are ways to reduce the risk of spreading HIV during sexual activity.

## HOW RISKY IS IT?

Safe activities have no risk for spreading HIV. Abstinence (never having sex) is totally safe. Sex with just one partner is safe as long as neither one of you is infected and if neither one of you ever has sex with anyone else.

Fantasy, masturbation or hand jobs (where you keep your fluids to yourself), sexy talk, and non-sexual massage are also safe. These activities avoid contact with blood or sexual fluids, so there is no risk of transmitting HIV.

To be safe, assume that your sex partners are infected with HIV. You can't tell if people are infected by how they look. They could be lying if they tell you they are not

infected, especially if they want to have sex with you. Some people got HIV from their steady partners who were unfaithful "just once".

Even people who got a negative test result might be infected. They might have been infected after they got tested, or they might have gotten the test too soon after they were exposed to HIV. Fact Sheet 102 has more information on HIV testing.

## Unsafe Activities: Unsafe

Unprotected sex is infection waiting to happen

sex has a high risk of spreading HIV. The greatest risk is when blood or sexual fluid touches the soft, moist areas (mucous membrane) inside the rectum, vagina, mouth, nose, or at the tip of the penis. These can be damaged easily, which gives HIV a way to get into the body.

Vaginal or rectal intercourse without protection is very unsafe. Sexual fluids enter the body, and wherever a man's penis is inserted, it can cause small tears that make HIV infection more likely. The receptive partner is more likely to be infected, although HIV might be able to enter the penis, especially if it has contact with HIV-infected blood or vaginal fluids for a long time or if it has any open sores.

**Safer Activities:** Most sexual activity carries some risk of spreading HIV. To reduce the risk, make it more difficult for blood or sexual fluid to get into your body.

Be aware of your body and your partner's. Cuts, sores, or bleeding gums increase the risk of spreading HIV. Rough physical activity also increases the risk. Even small injuries give HIV a way to get into the body.

Use a barrier to prevent contact with blood or sexual fluid. Remember that the body's natural barrier is the skin. If you don't have any cuts or sores, your skin will protect you against infection. However, HIV can get into the body through mucous membranes.

The most common artificial barrier is a condom

for men. You can also use male condom to protect the vagina or rectum during intercourse

Lubricants can increase sexual stimulation. They also reduce the chance that condoms or other barriers will break. Oil-based lubricants like Vaseline, oils, or creams can damage condoms or other latex barriers. Be sure to use water-based lubricants.

## SET YOUR LIMITS

Decide how much risk you are willing to take. Know how much protection you want to use during different kinds of sexual activities. Before you have sex,

- think about safer sex
- set your limits
- get a supply of lubricant and condoms or other barriers, and be sure they are easy to find when you need them
- talk to your partners so they know your limits.

Stick to your limits. Don't let alcohol, drugs or an attractive partner make you forget to protect yourself.

## THE BOTTOM LINE

HIV infection can occur during sexual activity. Sex is safe only if there is no HIV, no blood or sexual fluids, or no way for HIV to get into the body.

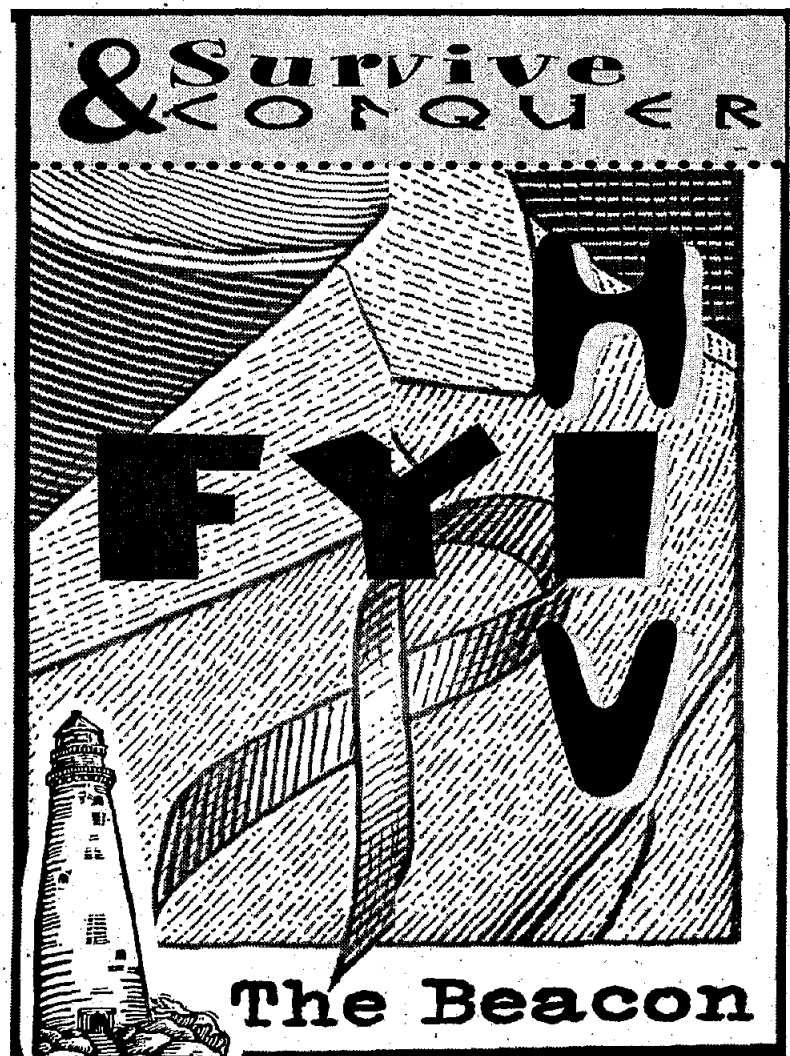
You can reduce the risk of infection if you avoid unsafe activities or if you use barriers like condoms. Decide on your limits and stick to them.

Source: National Clearinghouse for AIDS Education

## WHAT IF BOTH PEOPLE ARE ALREADY INFECTED?

Some people who are HIV-infected don't see the need to follow safer sex guidelines when

design a research study to find out for sure.



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**Two at Regular Price**  
Pickup, Delivery or Dine In.  
Cannot be combined w/ any other offer.  
Mention coupon when ordering.  
With coupon. Good thru 10/30/00.

**WE DELIVER**  
**11-3 & 5-9**

**\$2.00 OFF**  
**ANY PURCHASE**  
**\$10.00 or MORE**  
Pickup, Delivery or Dine In.  
Cannot be combined w/ any other offer.  
Mention coupon when ordering.  
With coupon. Good thru 10/30/00.

**Tuesday Night**  
**5-9pm**  
**99¢ HOT DOGS**

**Thursday Night**  
**5-9pm**  
**99¢ HAMBURGERS**

856 Belmont Ave., North Haledon • 427-3647 • Hours: Mon.-Sat. 11-9

# Good Luck on Your Final Exams!!

SCHEDULED EXAM TIME	FRIDAY 12/15/2000 DAY 1	MONDAY 12/18/2000 DAY 2	TUESDAY 12/19/2000 DAY 3	WEDNESDAY 12/20/2000 DAY 4	THURSDAY 12/21/2000 DAY 5	FRIDAY 12/22/2000 DAY 6
	CLASS MEETS OR MULTI- SECTION	CLASS MEETS	CLASS MEETS	CLASS MEETS	CLASS MEETS	This day will be used in the following manner: <b>Conflicts</b>
8:00am- 10:30am	WF 9:30am	MW 8:00am WF 8:00am MF 8:00am	TR 8:00am	MW 9:30am MF 9:30am	TR 9:30am	
11:00am- 1:30pm	WF 12:30pm	MW 11:00am WF 11:00am MF 11:00am	TR 11:00am	MW 12:30pm MF 12:30pm	TR 12:30pm	
2:00pm- 4:30pm		MW 2:00pm WF 2:00pm MF 2:00pm	TR 2:00pm	MW 3:30pm WF 3:30pm MF 3:30pm	TR 3:30pm	

FRIDAY 12/15/2000 DAY 1	SATURDAY 12/16/2000 DAY 2	SUNDAY 12/17/2000 DAY 3	MONDAY 12/18/2000 DAY 4	TUESDAY 12/19/2000 DAY 5	WEDNESDAY 12/20/2000 DAY 6	THURSDAY 12/21/2000 DAY 7	FRIDAY 12/22/2000 DAY 8
CLASS MEETS OR MULTI- SECTION	CLASS MEETS	CLASS MEETS	CLASS MEETS	CLASS MEETS	CLASS MEETS	CLASS MEETS	CLASS MEETS
5:00pm- 7:30pm 8:00pm- 10:30pm	8:00am- 10:40am* 11:00am- 1:40pm** 2:00pm- 4:40pm***	12:00pm- 2:40pm	5:00pm- 7:30pm 8:00pm- 10:30pm	5:00pm- 7:30pm 8:00pm- 10:30pm	5:00pm- 7:30pm 8:00pm- 10:30pm	5:00pm- 7:30pm 8:00pm- 10:30pm	This day will be used in the following manner: <b>Conflicts</b>

If class session begins at 4:15pm, 4:45pm or 5:30pm, examination time is 5:00pm-7:30pm.

If class session begins at 7:00pm, 7:30pm or 8:25pm, examination time is 8:00pm-10:30pm.

If an evening class meets two times each week, examination should be given during the first meeting time in accordance with the above outlined schedule.

If course meets only once per week, exam is to be given in the scheduled time block or on Friday make up day. Call the office of the Registrar for room assignment.

\*All Saturday classes which meet from 8:00am-10:40am will offer exams during this period.

\*\*All Saturday classes that meet from 10:50am-1:30pm will offer exams during this period.

\*\*\*All Saturday classes that meet from 2:00pm-4:40pm will offer exams during this period.

Instructors that teach classes on Sunday are requested to contact the Office of the Registrar to schedule a room for an exam (973) 720-2239.

**MULTI-SECTION:** A multi-section exam is defined as an agreement by faculty who teach more than one section of the same titled course to offer one collective exam for those sections. To offer a collective exam requires departmental approval.

**SPLIT ROOMS:** Courses meeting in split rooms (different rooms each day of the class session) should give their exam in the room used on the first class day of the week.