



## Study Abroad program put on hold due to SARS

By Kelly O'Neil  
Staff Writer

The University has ended the Study Abroad program a month early for three students studying in Asia because of the SARS (Severe Acute Respiratory Syndrome) outbreak.

The students, who were studying at Nanjing University in China, will return on Friday, about a month early, said Dr. Pedro Martinez, assistant vice president for academic affairs. The students will be reimbursed for the portion of the trip that was cancelled and will be assisted with finishing their academic requirements in the United States.

Although there have been no reported cases of SARS in Nanjing, the capital of the Jiangsu Province in eastern China, the University pulled the plug on the trip as a precaution.

"The students feel comfortable, but the parents are concerned," said Martinez. A month ago the students were asked to not attend teahouses or theaters where they would be in close contact with others. An upcoming trip for the students to Beijing was also cancelled.

The students have been asked to quarantine themselves at home once they return, monitor their temperatures, and contact their medical doctor just to be safe. Those who are exposed to SARS typically develop a fever greater than 100.5 °F or respiratory symptoms

(dry cough, difficulty breathing) within 10 days of exposure. Other symptoms may include headache, body aches, and overall discomfort. SARS cases are being treated with the antiviral drug ribavirin and steroids, and most patients tend to improve.

The pneumonia-like virus can be spread by touching the skin of other people or objects that are contaminated with infectious droplets and then touching the eyes, nose, or mouth, according to the Centers for Disease Control. This can happen when someone sneezes and does not cover his or her mouth sending droplets into the atmosphere and landing on themselves, others, and nearby surfaces.

People in the United States who've contracted the disease have been exposed either through previous foreign travel to other countries with community transmission of SARS or close contact (household members or healthcare workers) with SARS patients, according to the CDC.

In addition to cutting short the Study Abroad program, the University has recommended that four international students from China and Taiwan who are studying at WPU this semester remain in the United States.

However, there are no plans to cancel a scheduled trip to Japan later this summer by students and faculty in the Humanities Department of Language and Culture

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## Tuition and fees "likely to go up"

By Tanya Drobness  
Staff Writer

Tuition and fees are "likely to go up" for the 2003-2004 school year, William Paterson University President Arnold Speert said at an open tuition hearing held Tuesday in the Atrium auditorium.

The administration, however, still does not know how much tuition and fees will increase next semester. Because 50% of the university's funding comes from the state, the final appropriation for the budget will not be determined until June, according to Stephen Bolyai, Vice President Administration and Finance. So it will be a few weeks longer until students

will be able to determine the impact of the increase.

The state has slashed \$5 million from the university's proposed budget of \$41.1 million for funding for the 2003-2004 school year. By next June, the university will only have received \$36.1 million.

"It's immense," said Speert, adding that although putting the extra cash may be, in some cases, "devastating" for students, increases are necessary. "We still have seen increases in enrollment, as well as more services and all around improvement," he added.

As a result of the state budget cuts throughout the Garden State imposed

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## Missed the boat for the senior cruise?



Read all about it!  
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## Graduation ceremony set for May 20

By Lori McCurley  
Staff Writer

The CEO of Pathmark, an internationally renowned photographer and the director of a group that encourages corporate responsibility will receive honorary degrees at the 177th commencement exercises on May 20.

Eileen Scott, a 1976 graduate of WPU and CEO of Pathmark, will deliver the commencement address and receive the President's Medal.

George Tice, a native of Newark, will be presented with an honorary doctor of humane letters degree at the ceremony. He is an internationally known photographer and his photographs are widely collected and have been included in major public collections including the Metropolitan Museum of Art.

Sr. Patricia A. Daly, a member of the Dominican Sisters of Caldwell, will be awarded with an honorary doctor of laws degree. She serves as the executive director of the Tri-State Coalition for Responsible Investment.

A total of 1,015 students are expected to graduate. There are 821 undergraduate students receiving bachelor's degrees while 194 students will be bestowed with a master's degree, according to WPU spokespeople.

ple.

President Arnold Speert will also be addressing the graduating class along with senior class President Mary Antoine, who will deliver the statement for the Class of 2003.

Alumni from the class of 1953 will be present at the ceremony. They will attend a 50th reunion luncheon sponsored by the Alumni Relations Office, according to Mary Beth Zeman, director of public relations.

The Alumni Association's Young Alumni Chapter will be hosting a Senior Send-off reception for students and their families on Monday, May 19th from 7 to 9 p.m. in Caldwell Plaza on campus, according to WPU spokespeople.

On Monday, May 19 there will also be an Honors Convocation beginning at 6:30 p.m. in Shea Center where students will be receiving awards.

There are no admittance tickets needed for the graduation ceremony and no limitations on the number of guests.

Following commencement exercises a reception will be held for students, faculty and guests held in Caldwell Plaza.



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# PIONEER Times survey reveals seniors' most liked, disliked professors

By Lori Michael and Joelle Caputa

Staff Writers

The saying, "The older the wiser," holds true at William Paterson University. This year's graduating seniors are not only leaving behind their legacy, but their secrets to surviving college. The Pioneer Times surveyed a random sample of graduating seniors on their experience at WPU. The soon-to-be graduates were asked to name the best and worst professors and courses they encountered during their years of study. Undergraduates may want to consider their answers when registering for classes next semester.

Christina Avila of West Islip, N.Y. enjoyed classes with English Department Professors Dr. James Hauser and Dr. Barbara Suess.

"I found their classes to be extremely intellectually stimulating and enjoyable," says Avila. "They are also great professors and people who really care about their students and show it. That's what I look for and hope to accomplish when I become a teacher. It just really makes it a wonderful learning environment when you have that combination."

Erin Bang, Wantage, names Dr. Christine Kelly, of the Political Science Department, as her favorite professor.

"We got to know each other well," says Bang. "Plus, she helped me apply myself in order to excel."

Monique Liles and Michael Ladolcetta enjoyed English Professor Timothy Liu for Creative Writing and Contemporary World Literature.

"I learned a lot in his class," says Liles. "His test methods are great."

Jessica Volin of Cliffside Park enjoyed her research methods class in Sociology.

"It was very challenging and broadened my thinking," says Volin.

Andrew Shantz sums up his WPU professors, both the ones he enjoyed and the ones he disliked, as people with great knowledge. But the ones that stood out for him were able to engage more in conversation.

"My favorite professors all had good class engagement skills," says Shantz. "My least favorite professors may have known the material well, but lacked to skill or inclination to make the effort to present it in an engaging way."

Tom McGuire, math major, of Clifton, found Logic to be his favorite and least favorite course.

"Now I can think clearly after taking it [Logic], but now I also think too much," says McGuire.

Bethanne Brown of Holmdel recommends that students take Shamans, Witches and Magic.

"I've learned so much in that class. From the real story of how vampires and werewolves were created to the crazy methods of a shaman. This is a class everyone should take because it was so much fun."

Kelly O'Neil and Elena Rossi, music

majors, both loved the course Record Company Operations.

The Professors who stand out the most and are the best ones to take, according to those surveyed, are Professor David Weisberg (Music), Timothy Liu (English), Suzanne Bowles (History), and Melkamu Zeleke (Math). Also noted were Dr. Neil Grant, who died unexpectedly recently. Several students alluded to Dr. Corri Wells as the one who influenced them the most. Wells will not be returning to WPU after failing to get tenure.

Environmental Foundations seems to be one of the courses students are encouraged to avoid, along with Racism and Sexism.

"This is not a very good course for a white male to take," says Sea Girt resident Patrick Duff.

Brown agrees with Duff.

"I don't think it [Racism and Sexism] would have been that bad if the professor wasn't horrible," decides Brown

The students' survey agreed that a professor can make or break their class experience.

Michael Ladolcetta of Livingston names Justice and Racism as his worst course. However, he says "In general, I was happy with my classes. However, there were quite a few classes which were made horrible by bad professors."

No professor was named more than once as students' worst. But the reasons why the professors were not favorable are similar.

Students recommend avoiding one professor who teaches Environmental Foundations. Avila claims "He totally did not care about his students and treated us like garbage. He was a horrible professor who did not know how to convey the material so we could understand it, and did not care if we could understand it. He did not even test us on

information we went over in class. The entire class failed a few of his tests, so in order to compensate to make himself

look good, he curved tremendously, not even thinking that it might be something that he did or that he would have to change."

Duff agrees, saying "He assumes that students have enough free time to learn in a semester what he learned during his entire career."

Whether a resident or commuter student, college is a time for students to grow and discover more about themselves. Katherine Scala describes her

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college experience in a Dickensian way.

"It was a mix," says Scala. "It was the best of times; it was the worst of times."

Brown reflects about her living experiences at WPU.

"I've met some of the greatest people living in Matelson," recalls Brown.

"Being able to use Pioneer Express off campus was definitely a bonus, but paying a dollar a page to fax things when you're looking for jobs was way too high. I learned to never depend on the campus shuttle; however, the one to

Valley Road was always on time."

sanitary conditions at Wayne Hall and in the Community Cafeteria are bad," says Liles. "You will find hair [in your food]. One of my friends found pieces of glass in her spaghetti. They [the employers] said that by accident the spaghetti jar broke. Instead of tossing the pot, they just kept tossing it. I had a petition to get student signatures and I took it to the Food Committee. I got a lot of signatures. They [the Food Committee] gave me back the petition and did not do anything."

Duff talks about all the wonderful people he has met at WPU.

"The people you meet can make your experience here wonderful or horrible. The people I've met have made it wonderful," says Duff.

Sandy Neveras mentions how she feels about WPU.

"No one has made my experience unpleasant," says Neveras. "Overall it has been interesting. The changes that the University has made over the last five years are mind-boggling, but I'm sure it was for the better. The growth of the Music Department and the lack of practice rooms and space just made everyone one big happy family. We all grew together and now it's hard to leave and go our separate ways."

Overall, the most memorable event on campus the graduating seniors enjoyed the most was Springfest.

Avila reflects about her beginning and ending stay at WPU.

"It's ironic, but I cried coming here because of homesickness, and now I cry because I don't want to leave," she concludes.

Vinny Romito of Cliffside Park, an Exercise and Movement Science major, remembers when his friend had crutches and fell down the stairs in the Towers.

"Vinny Distemano left a lasting impression on me," says Romito. "I remember when he slipped down the stairs and his crutch broke."

Liles reminisces about the quality of the food condition at Wayne Hall and the Commuter Cafeteria.

"The worst experience at WPU is the

**"I found their classes to be extremely intellectually stimulating and enjoyable. They are also great professors who really care about their students and show it."**

**-Christina Avila, on Dr. Hauser and Dr. Seuss of the English Department**



# CAMPUS VIGNETTES



## Derek DeAngelis seeks to fulfill lifelong dream of becoming comedian

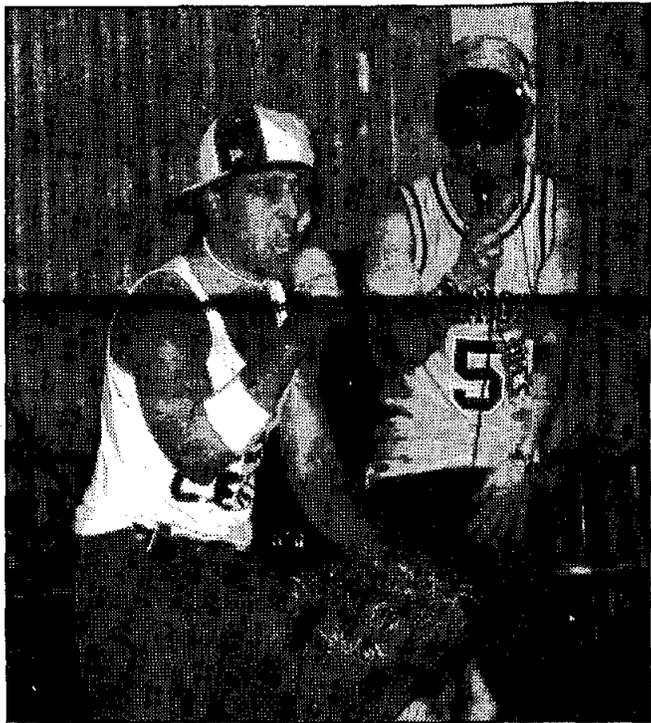
By Andrew Cohen  
Staff Writer

Derek DeAngelis is one funny graphic design major.

While the 21-year-old senior at William Paterson University enjoys studying the arts, his real hopes and dreams lie in becoming a successful comedian and entertainer.

"Graphic design is really just something I hope to fall back on someday," said DeAngelis. "Doing stand-up comedy and performing in front of an audience is where I really see myself being successful."

DeAngelis is not one to simply watch his dream pass him by. After taking Fundamentals of Comedy Writing and Performance in the Communication Department two years ago, DeAngelis performed several gigs including some at



As the host of MEISA's "Amateur Comedy Night," held at Billy Pat's Pub, DeAngelis performed his own rendition of 50 Cent's "In Da Club." He called his version "In D. Pub."

Carline's on Broadway and the Gramercy Comedian Club in New York City

Last month, DeAngelis hosted and performed at MEISA's "Amateur Comedy Night" at Billy Pat's in the student center. The event drew more than 200 students.

Performing at the pub was really a good experience," said DeAngelis. "The audience was really in to the routine and I just had a lot of fun being in front of a Wil P. crowd."

DeAngelis, a resident of Neptune, says he's wanted to be a comedian ever since he was little. He says his personality as always been people-oriented and he thrives on making people laugh.

However, he never thought about actually performing until his freshman year at WEJ after watching the MTV made-for-TV movie "2-gether." The flick consisted of five guys trying to beat the odds and become a successful boy band.

"That movie just got me thinking if these guys can do it, then why not me," said DeAngelis. "From then on I was set off and decided to take advantage of every single opportunity to perform."

DeAngelis, who lives in Heritage Hall, describes his comedic style as "fit-for-TV" comedy. He doesn't like to curse in his acts, preferring to keep things clean.

DeAngelis is also a big fan of writing parodies to mainstream music. At the amateur comedy night in the pub, DeAngelis wrote and performed his own rendition of 50 Cent's "In Da

Club' called in 'In Da Pub.' He is working on a parody of Lil' Kim and 50 Cent's 'Magicstick' called 'Magicclick' that pokes fun at college students and their obsession with Instant Messenger.

"I find that the audience really loves the parodies," said DeAngelis. "I like starting my shows by playing air guitar to Twisted Sister's 'Wanna Rock' and getting the audience fired up. It really sets a positive mood for the rest of the act."

Not every single performance has been a smooth ride for DeAngelis since he started stand-up comedy. He recalled one time when the audience was just not responding to his routine.

"The guy who performed before me really bombed and that put the audience in a bad mood," said DeAngelis. "I started out tense and the audience picked up on it right away. Next thing that happens I start get frustrated with the crowd and it turned out to be a pretty bad show."

Not everything coming from that show was negative DeAngelis said. In fact, he claimed to have learned a valuable lesson about stand-up comedy.

"A key for every comedian is to not get frustrated with the audience," said DeAngelis. "As soon as the crowd senses even a little tension, they will look to grill you and not laugh. It is vital to always keep the energy level high and the delivery of your act sharp."

While DeAngelis has a unique comedic style, there are a few comedians he has come to respect and emulate. His favorites include the older works of Robin Williams and Eddie Murphy. Tops on his list for a current comedian



Derek DeAngelis has performed several gigs, including Caroline's on Broadway and the Gramercy Comedian club in NYC.

on the stand-up circuit is Dane Cook.

"Robin Williams was the master of stand-up comedy back in his day," said DeAngelis. "No one could compete with the energy and insanity he brought to every show. Eddie Murphy and more recently Dane Cook are always good for cracking me up."

Future goals for DeAngelis include continuing to perform stand-up whenever the opportunity arises. His next gig is May 28 at Rascal's in Ocean Township at 8 p.m. In the long-term, DeAngelis would love to take his act to the next level and one day star in a sitcom or sketch comedy show. Whatever lies next for DeAngelis, one guarantee is that his best shot will be given to make his dreams a reality.

He says he loves stepping on stage, landing his first joke and hearing the applause.

"Performing stand-up is just a great thrill for me," said DeAngelis. "There is just not a better feeling in the world. I hope to entertain people for a long time after graduating."

## Graduating senior reflects on five years of frustration in Ed. Dept.

By Steve DeGennaro  
Staff Writer

I look at the blue-studded gold ring with the WPU letters on one side and the BA symbol on the other and reflect on the last five years, 143 credits, good experiences, bad experiences, and wasted time in the certification program.

That was my time at William Paterson University.

I enrolled as a History major in 1998 with intentions to pursue certification in secondary education. I didn't know what to expect in the education program for good reason—there was virtually no communication between the department and its students. The department, it appears, relays its information through the individual classes. In my case, this proved a failure.

I took Teaching as a Profession in the fall 1999 semester; I was looking forward to the class and the certification program. Since my freshman year of high school, I had dreamed of becoming a history teacher. I

was in for a rude awakening.

One would expect students to learn how to do a lesson plan, what the fundamental concepts of education are, and what to expect from the rest of the program. Instead, classes became soap opera forums. One profes-

"One professor spent class after class discussing his dating experiences and the details of his divorce. I learned more about the exploits of Madonna than about the rudiments of the education system."

sor spent class after class discussing his dating experiences and the details of his divorce. I learned more about the exploits of Madonna than about the rudiments of the educational spectrum.

The rest of the program wasn't any better. Unprofessionalism in the Field Experiences office, lack of communication, and the unwillingness to work with

students.

Instead of working with me when I had surgery, which prevented me from driving for three months, the Certification Office forced me to push off my second field experience—which no other teaching school in the state requires—by another semester.

The last straw was when my class and work schedule conflicted with the second field experience. After weeks of meetings I was told I would push everything off by yet another semester.

"Good day to you sir," I said as I dropped out of the program.

Three years wasted. I am now pursuing the Alternate Route program through the state, which the department doesn't advertise, to gain certification.

As I reflect on my last five years, I had great experiences and bad experiences. I grew into a completely different person than I was back when I first walked into Corri Well's Writing Effective Prose class. Ironically my first and last semesters were Well's first and last semesters.

# PIONEER COMMENTARY

## Remembering: Those whom we have lost these last nine months

After a year of many wonderful happenings, happy moments, and outrageous fun, the PIONEER Times editors would like to take this opportunity to remember those who we have lost in the last nine months.



Dr. Neil Grant  
professor at WPU



Andrew B. Crawford, Jr.  
WPU alumnus

- The soldiers killed while fighting in Iraq
- The astronauts on the Space Shuttle Columbia
- Johnny Unitas, football superstar
- Robert C. Atkins, diet doctor
- Richard Harris, most recently known as Dumbledore
- Joseph Coors, brewing giant
- Fred Rogers, best known as *Mr. Rogers Neighborhood*
- Nell Carter, known for her role in *Gimme a Break*
- Maurice Gibb, star of the Bee Gees
- Glenn Quinn, best known as Mark on *Roseanne*

## WPU violence is kept quiet

As the noise increased outside Hunziker Wing, students from a Mass Comm class flocked to the window. They saw a group of people, no doubt students, involved in a verbal confrontation. Then, one of those involved in the argument took his fist and hit another student whose head literally bounced off a brick wall.

Another man was bleeding while sitting on the stairs outside of Ben Shahn; police chased suspects around the Science building. At least three men had attacked the lone male, pummeling him while he laid upon the ground.

These are just two of a number of incidents reported to the paper on that day, April 29, better known as "Music Fest."

Until the campus police blotter becomes available to this paper, you probably will never know about these things and William Paterson will continue to keep their violent crime numbers down.

And how about the senior who became verbally abusive on a bus returning from the senior cruise? Witnesses said the bus stopped, police arrived, and she was given a disorderly conduct summons.

Then there was also a report that a woman was beaten-up by someone wielding a cell phone. WPU police were called.

How many students were arrested or stopped by police for some incident in the past week alone? We'd like to know... and so would others who think William Paterson isn't the peaceful, hilltop university the administrators would like us all to think.

**Note:** Any opinions expressed in articles in the PIONEER Times solely reflect the opinions of the author, and they do not reflect the opinions of other staff of the PIONEER Times, the PIONEER Times or William Paterson University.

# THE BANG REPORT

By Erin Bang  
Staff writer

Great leaders come in all shapes and sizes. This particular leader has a distinct southern accent and has a way with words that many political people are unable to match.

This man speaks with power, and it is obvious he has a strong loyalty to his country. He speaks with determination, assurance, respect, and pride. Those listening cannot help getting chills of adoration for this man.

This great leader that speaks with such dignity is President George W. Bush.

Bush recently spoke aboard the USS Abraham Lincoln, and declared that major combat operations have ended in Iraq.

"The liberation of Iraq is a crucial advance in the campaign against terror," the president said. "We are helping to rebuild Iraq, where the dictator built palaces for himself instead of hospitals and schools for the people. The transition from dictatorship to democracy will take time, but it is worth every effort."

U.C. Berkeley News recently reported that Bush is determined to make Iraq showcase for a democratic government. Essentially, Bush has an air of wartime patriotism.

"Bush's decision to make war on Iraq may have been visionary and courageous [...]" reported Michael Kinsley of Time.

Although he did not have the support of the United Nations, he was determined enough to rid

Iraq of Saddam.

Still, France and Germany will not admit that what America did in Iraq is positive. Weapons of mass destruction from Iraq are not a threat to the world because Saddam is no longer in power.

When Bush decided to liberate the Iraqi people, he had the backing of Republicans, media corporations, and the support of Tony Blair, Great Britain's Prime Minister.

Bush wants to ensure that America does not forget the threat of terrorism on our own soil and be assured that the American people are confident that Saddam is no longer a weapon of mass destruction.

Thomas Friedman recently reported in the New York Times that good has triumphed over wrong and America did the right thing in freeing millions of Iraqis.

There is no question that Bush and this nation have succeeded in making the world safer and allow the world's people to live freely.

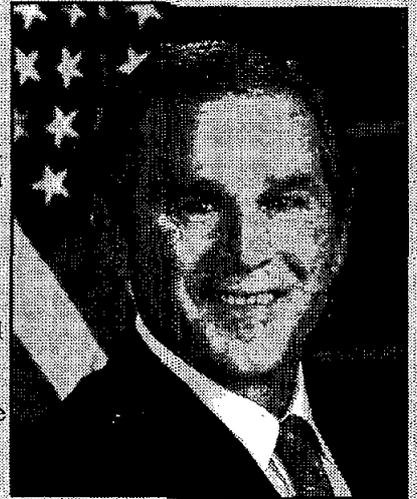


Photo courtesy of Google Images  
President George W. Bush

## Wanted Men who shop

The following editorial appeared in the Chicago Tribune on Friday, May 2.

For those who haven't seen the magazine Lucky, the concept is primordial simple. It's about shopping. Period.

There's little else in this slick, glossy magazine but stuff to buy. No long articles, no movie star gossip, no distractions from the all-consuming lust to acquire. They've even

included a page of color-coded stickers - for "must-haves" and "maybes" - so that readers can conveniently mark the merchandise before the shopping spree.

Need we add that the magazine is for women?

Didn't think so.

Now, flushed with success, the publishers of Lucky are green-lighting a men's version of the magazine, expected to launch in 2004.

Finally! A way to empirically test all our assumptions (some say stereotypes) about gender differences in the shopping mall. While women find shopping to be a combination of art and romance, most men have

a decidedly different attitude. They'll do almost anything to avoid shopping. When they are finally forced by circumstance to go to the mall to buy an article of clothing, for instance, they most often act as if they were stepping into a radioactive zone.

Try this. Go to a mall on a weekend afternoon. Scan the faces of the men, mulling packages for their wives or girlfriends. Do they look happy?

That perception, according to two marketing professors, may be all wrong. In a 2001 marketing treatise, Loyola University of Chicago marketing professor Mary Ann McGrath and a colleague challenged the conventional wisdom about men and shopping. They argued that men who shop "have achieved gender role transcendence, and have found ways to satisfy an ethic of achievement in the marketplace."

Translated, that means it's not that men hate shopping, mostly, but that men shop differently, according to McGrath. They're more competitive. "They want to get the best one or the last one," she says. "They want to win."

Yes, some men actually do enjoy shopping. And maybe we're warped because we work in a newspaper office, where many men dress in 1970s casual style not because they're trendy, but because that's the last time they went shopping.

But more often than not the average American male is dragged by the female(s) in the family, shanghaied to the shopping center, there to witness the costly depredation of the credit card.

Will American men read a magazine devoted to nothing but merchandise? No articles, no helpful hints or photos of under-dressed members of the opposite gender?

The folks at Conde Nast think so. And, according to The New York Times, some of the impetus for the male version of Lucky comes from Japan, where they say entire titles devoted to say, men's shoes, have been extraordinarily successful.

Who knows? It could work, if the magazine goes heavy on the hardware, tools and electronic gadgets. Then again, they may just be pushing their luck.

# Entertainment

## Andrew WK: Warped Tour performer charging up the world with his sound

By Robin Kavanagh  
Consulting Editor

Those who love him, you're in for a reward. Those who don't, he'll keep trying until you do.

But love him, hate him (or never heard of him) Andrew WK is masterminding a way to charge up the world with his sound, starting the April 25 Skate and Surf Festival show, scheduled dates for this summer's Warped Tour, and a new album set to hit the stores in August or September.

"What we do as a band is really simple, which is excitement and energy and fun and pleasure and all those things," he said. "What we did with the first album is...to state that this is what we do. And now with the second album, I'm not going to say that we're going to do that anymore, we're just going to try to do it better. And that's what every other album will do, is just find more ways and use more things and just become better and better at making exciting music. The goal is to just continue to find as many different ways to communicate that feeling to make that feeling to manufacture that feeling in the most big way possible."

Andrew WK came into focus last year with his debut album, "I Get Wet," sporting his own blood-stained mug on the CD cover. He's been locked in a New York City studio for months, working on the follow-up to the enormously successful album, which has landed Andrew the notoriety to be featured in the New York Times, Rolling Stone, and even some hosting gigs on MTV.

Despite the success of "I Get Wet," Andrew still keeps the same unassuming attitudes that he had when he was working a punch-the clock-job in

Florida, cut off from most people. Instead of letting attention bolster his ego, he learns from it, and puts it into himself and his music.



PT Photo by Robin Kavanagh  
*Excitement, energy, pleasure and fun...these are the adjectives Andrew WK uses to describe his live shows. This summer he can be seen at the Skate and Surf Festival and the Warped Tour.*

"This last year meeting so many people has made me better," he said. "Just from meeting and getting to talk to other people and being around people that are good and cool and smarter than

me or lived longer than me and their experience, I get to absorb some of that stuff. So the biggest, most exciting thing that's happened to be is that someone who kinda was lonely, not lonely, maybe isolated or alone a few years ago now feels really, really the opposite, and I really have everyone else to thank for that."

Andrew's new album, which he describes as "the sound of triumph, of human glory and euphoria," won't be out until late summer, perhaps even early fall, so fans will have to wait until then before their appetites for new Andrew are satisfied.

"Playing new songs is fun and its kind of cool to hear them, but I wouldn't want to take any time away from the songs people already know," he said. "At least me, personally, I don't like going to a concert and not knowing the songs at all. Listening to new songs is very cool and exciting, but I would rather slam though the songs that everyone already knows, and then once the new album's out, we'll put some of the new songs in."

But, he said, the summer shows should still be rockin'.

"They've (the shows) been made the way they are by consistent efforts by not only me and the band, but by everyone that attends," he said. "I wouldn't have been able to say this a year ago, but they are always insane. Last year things just got crazier and crazier at every concert...now, if everything goes well, every show is the best show we've had, and then we do it again the next day. It's amazing. People just go bananas, but they go bananas in a way that lets everyone else go bananas too, and that's what's so amazing."

## 'Phone Booth' answers a call for suspense

By Blaine Martin  
Staff Writer

"Phone Booth," focuses on Stuart Shepard (Colin Farrell), an acting agent. He's made a living lying and cheating, and now a crazed killer is set to make him pay the price for his transgressions. After he uses a pay phone, the phone rings and Stu answers a sniper, played by Kiefer Sutherland, staring at him from an unknown location. The sniper tells Stu what he is doing to let him know he sees him, and threatens to shoot him if he leaves the booth.

The movie seems very simple and boring at first glance, but looks can be deceiving. The sniper builds a fortress out of a nearly destroyed phone booth with only a few words and a high-powered rifle. With a weapon and a secure phone line, the sniper grips control of the lives of Stu, police officers, and citizens on the scene and at home simultaneously. In effect, Stu is isolated in a confined living space, much like "Panix Room" and "Cast Away."

"Phone Booth" has many upsides. Even in its most thrilling moments, "Phone Booth" manages to produce laughs. Our energetic and lively sniper provides much of the comedy throughout the movie. Likewise, not seeing the villain forces the audience to produce a mental image of him, adding mystery to the mix. Hearing Sutherland's voice throughout the film makes the audience feel as if they are on the phone. Viewers witness Stu's selfish acts early on, but sympathize for him soon after.

The movie didn't allow for major character development apart from Stu, but other roles did support Farrell's role without disrupting the flow of the story. Forest

SEE PHONE BOOTH, PAGE 12

## Action heroes dominate summer movie line-up

By Rob Salemme  
Staff Writer

It looks like this summer's movie line-up will be dominated by the action hero. People will flock to the theaters to see movies like "Terminator 3: Rise of the Machines," "The Matrix Reloaded," "X-Men 2," and "The Incredible Hulk." These four movies are going to be the blockbuster hits for the summer.

The plot of the Matrix sequel has been kept under wraps for a while but some details were released. Keanu Reeves is back as Neo and his main job is to wage a war between the last remaining humans and the machines. The machines have found the last human city and Neo must beat them to it. "Matrix Reloaded" opens in movie theaters May 15 and will be followed by a finale in November called the "Matrix Revolutions."

Now how about what everyone has been waiting for. The terminator saga is back and will open July 2. The movie stars Arnold Schwarzenegger as a T-800 terminator sent from the future to protect John O' Conner from a deadly T-X female terminator. Not only is this terminator improved but it can change shape and disappear. Can he stop the T-X? We will find out this summer.

Last year, "Spiderman" was the huge Marvel Comic book movie. This time another favorite Marvel character "The Incredible Hulk" will be hitting the big screen. Based on the comic book character, the film will follow the adventures of scientist Bruce Banner (Eric Bana). Banner is hit with these gamma rays and find that his anger had transformed him into a huge green superhuman. Trailers for this movie have been released and audiences can expect a high dose of special effects.

With the debuts of these movies, the box office can expect huge tickets sales for the summer. This could prove to be one of the biggest for the movie industry.

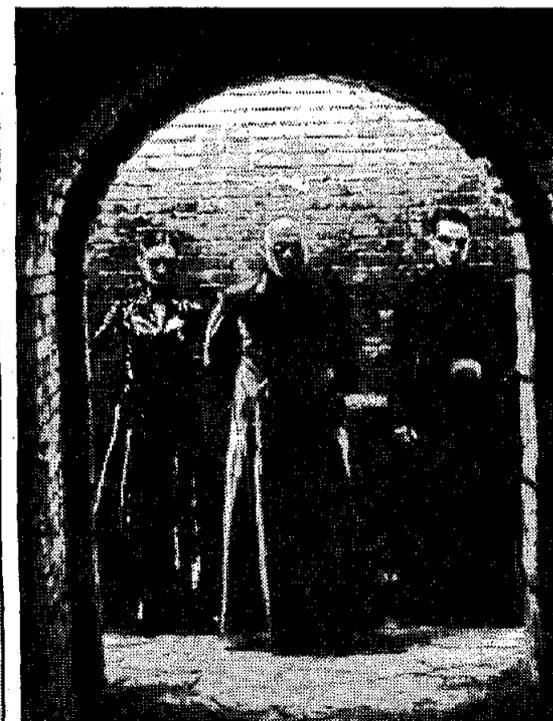


He always promised to come back...and here he is. Schwarzenegger is once again "The Terminator."



Left: Halle Berry reappears in "X-Men 2."

Right: Carrie-Ann Moss, Laurence Fishbourne, and Keanu Reeves are back again to wage war against the machines in "The Matrix Reloaded."



All photos courtesy of Yahoo!Movies

# Are you obsessed with your body

By Steven Baker, Staff Writer

## Part I: Muscle Dysmorphia

Imagine lifting weights obsessively at the gym to gain muscle and yet still feel puny afterwards. This is just one of the symptoms of the body dysmorphic disorder known as muscle dysmorphia or bigorexia.

"Muscle dysmorphia is a preoccupation with the idea that one is not sufficiently muscular. These individuals obsess about their muscularity and have little control over compulsive weight training and dietary regimens," said Dr. Katherine Silgailis, associate professor of exercise and movement science.

In addition to compulsory exercise regimens, men and women with muscle dysmorphia are highly self-critical, have shame and dissatisfaction with their body image and repeatedly weigh themselves and examine their bodies in the mirror to check for weight gain. Widespread use of bodybuilding supplements and/or steroids have also been noticed in those afflicted with the disorder.

Those with muscle dysmorphia experience high levels of anxiety and stress in time spent away from the gym. They feel painfully self-conscious and wear baggy clothes to hide their self-perceived smallness. Should the disorder go untreated, these obsessive-compulsive workout routines could have a negative effect on one's social life, career, and family.

According to an August 2000 study published in the American Journal of Psychiatry, the mean age at onset of muscle dysmorphia is 19.4 years; the average age of a col-

lege student.

Unlike the abundant literature published on other body dysmorphic disorders like anorexia and bulimia, research on muscle dysmorphia is still in the early stages.

"This is a widespread, secret phenomenon," said Harrison G. Pope Jr., M.D., M.P.H., co-author of The Adonis Complex. "In our society, it's easier for women to talk about body image concerns. Real men aren't supposed to fuss about their bodies."

Muscle dysmorphia has also been called the "Adonis Complex," so named because of the half man, half god character of Greek mythology, Adonis, who represented the ultimate in masculine beauty.

According to Silgailis, because women value weight control, they frequently engage in cardiovascular endurance exercise. Men report appearance as a strong motive for exercise and therefore are more likely to engage in weight training.

"Because it is similar to anorexia nervosa, this disorder has been called 'reverse anorexia nervosa.' The unrealistic pursuit of thinness in anorexics is similar to the pursuit of bigness by individuals suffering from muscle dysmorphia," said Silgailis.

Research also suggests that muscle dysmorphia may be caused by images in popular culture. The media's representation of the ideal body image has grown more muscular over the years. For example, actors like Brad Pitt and The Rock represent masculinity in Hollywood when at once we had Jimmy Stewart and John Wayne.

"Pick up any magazine or look at any advertisement on television or on a billboard and you will see super thin women and men with rock hard abs," said Dr. Christine Whipple, assistant professor of exercise and movement science. "There is little chance to escape the overt and covert messages sent by the media."

Literature published in the International Journal of Eating Disorders suggests that this ideal may be especially dangerous because some male images in the media may not even be attainable without drugs like anabolic steroids.

Similarly, American action toys, like GI Joe, have grown steadily

SEE PART 1, PAGE 12

## Part II: Anorexia and Bulimia

As men are being influenced by the six-pack abs of the latest Abercrombie and Fitch model, women are also being victimized by these stereotypical representations.

Research suggests that media images of the male and female body can lead to eating disorders.

Although somewhat in the minority when dealing with muscle dysmorphia, or the compulsion to put on muscle, women are in the forefront when regarding eating disorders like anorexia nervosa and bulimia nervosa.

"The Department of Health and Human Services division of the National Institute of Mental Health (2001) stated that females are much more likely than males to develop an eating disorder. Only an estimated 5-15 percent of people with anorexia are male," said Dr. Christine Whipple, professor of exercise and movement science at William Paterson University.

According to the National Eating Disorder Association (NEDA), anorexia nervosa is a serious, potentially life-threatening eating disorder characterized by self-starvation and excessive weight loss and exercise.

Regarding people with an eating disorder, Karen Hilberg, associate director of the WPU Rec. Center said, "Their vision of their body is a little warped. They want to make a chance and do it drastically. Everyone should exercise moderately, but students with an eating disorder are obsessive compulsive about exercising."

The NEDA classifies bulimia nervosa as an eating disorder characterized by a cycle of bingeing and compensatory behaviors such as

s-induced vomiting designed to undo or compensate for the effects of binge eating.

"The FDA most recent results (1994) during the first year of college 4.5-18% of men and .4% of men have a history of bulimia," said Whipple.

Although research has linked the development of an eating disorder to various aspects of mental health, poor body image resulting from media representations of the ideal body can also lead to an eating disorder.

The image of the model female body has been perpetuated throughout popular culture. The voluptuous physique of Marilyn Monroe's wouldn't meet today's standards of ideal female body in Hollywood. Hollywood executives favor actresses with faces like that of Pamela Anderson.

Health magazine reports that 32 percent of female TV network characters are underweight, while only five percent of females in the U.S. audience are underweight.

Think about the television programs that today's college students grew up watching. Overweight characters were not part of the cast of popular programs like Saved by the Bell or Beverly Hills 90210, not to mention the incredibly shrinking female cast of Friends, according to U. Magazine, an online magazine for college students.

Again according to Health magazine, only 3 percent of female TV network characters are obese, while 25 percent of U.S. women fall into that category.

The media's false misrepresentation of the average female body continues, the workout

SEE PART 2, PAGE 12

## Part III: Pills, Pills, Pills

Look into the average person's medicine cabinet these days and there is one item that people always seem to have in stock: Pills.

Science has given pills and substances to relax, bring down fevers, and now even change one's physical appearance.

In addition to, or instead of, working out compulsively to put on weight and muscle mass, men and women with and without body dysmorphia may consume supplements such as creatine to attain an increasingly muscular build.

To lose weight without starving oneself or resorting to the binge/purge syndrome of bulimia, men and women have turned to weight loss pills such as xenadrine to take off the excess pounds.

According to Michael Provenzano, 24, assistant manager of GNC nutrition store in Rockaway Mall, college-aged girls are looking for fat burners like Trimspa and xenadrine.

"The freshman 15 is more a problem for girls; women gain weight more easily. Males are always socialized to get more exercise," said Levitan.

Provenzano adds that college aged males are looking to purchase substances like creatine to help put on muscle.

However, even though many can argue for the benefits of these dietary supplements, others continue to disagree that they can be anything but a recipe for danger.

"I think they are all terrible," said Professor Jean Levitan of the community health department at William Paterson University.

Creatine, naturally found in the body as a

product of the liver and kidneys, is taken as a supplement to maximize one's workout by acting as a formidable energy boost for the muscles.

According to Health Magazine, because this supplement does not increase endurance, creatine should only be used for short bursts of intense effort like weight lifting.

When taking creatine, I always tell my customers to drink plenty of water to flush the excess creatine out of their kidney's," said Provenzano. "Your body can really only handle a few grams of creatine at a time."

Health magazine also reports that by loading creatine into the muscles, a person can train longer and harder as the muscles are able to recover more quickly from strenuous workouts.

Personally, outside of a multivitamin which all students should take, I don't think these supplements are really needed at the recreational level. The jury is still out on creatine; research goes both ways," said Karen Hilberg, associate director of recreation at the WPU Rec. Center.

Researchers argue that the appearance of larger muscles through creatine use is somewhat of a sham. Some researchers say that creatine merely adds water to the muscles, making them appear larger. Once a person stops taking creatine, this excess water leaves the cells and all gains are lost.

Even though creatine may help a person increase their muscle mass through more strenuous workouts, the long-term side effects are still largely unknown as the sup-

SEE PART 3, PAGE 12

### Are you big enough?

*Are you obsessed with building mass?*

*Do you check out your physique in the mirror more than twice a day?*

*Do you weigh yourself once or twice a day to see if you've gained weight?*

*Will you avoid going out to restaurants with friends because you're scared you'll cheat on your muscle-building diet or because you might lose muscle definition?*

*Do you dress in baggy clothes (at the gym or in public) because you're ashamed of your body and scared people will think you're too small?*

*Are you below average in body fat and still think your muscles could be more defined?*

*Do you experience mood swings and anxiety attacks because of your unhealthy diet?*

*Are you generally dissatisfied with your body?*

# Core of dedicated students prove that WPU is not all apathy

By Larry Clow  
Staff Writer

"This campus is dead."

It's a common complaint heard at William Paterson. But, for every student that says there's nothing to do on campus, there is another student actively participating in a club, athletic team, or some kind of organization. According to administrators, the problem of apathy must be solved with a concerted grass-roots effort on the part of students. And while many students feel that the WPU campus is apathetic, there is a core group of dedicated students working to make things better.

## The decline and rise of Greek life

Vicious hazing, non-stop partying, blowing off class, and acting stupid—they're all persistent stereotypes about Greek life on college campuses. While those assumptions are still prevalent at William Paterson, Greek Senate President Jess Benedetti is working to change the public perception of Greeks.

"In the 80s, being Greek was really cool, and it was the thing to do," said Benedetti, a junior. "Then there was the big hazing scare in the early 90s, and all these stories came out that aren't even true...and when one incident happens at one school, all of a sudden, all Greeks are (seen as) bad."

Benedetti has been working not only with other Greeks, but also the Student Government Association (SGA), the administration, and professors to change the way Greeks are looked at.

"The SGA has been receptive to the changes we try to make, creating a new outlook on Greek Senate," she said. "The higher administration has been working with us to project a more positive image."

Chris Conzen, assistant director of Campus Activities and Student Leadership, agreed.

"I don't think there's been enough in the past of changing the stereotype," he said. "Programs don't happen here, people haven't seen the positive effects (of Greek life)."

Those positive effects include a number of philanthropic programs.

"Each org has a philanthropy... they raise money for," Benedetti said. Examples of these programs include the Alpha Phi Delta "Sweetheart Pageant," which raises money for children with illnesses; mentoring programs in Paterson sponsored by Lambda Sigma Upsilon, and the yearly campaign for systic vibrosis sponsored by Delta Phi Epsilon.

"We try and do things for the community," Benedetti said.

The benefits of Greek life extend beyond school, according to Greek Senate Treasurer Jen Rencher.

"It (Greek life) also provides networking opportunities...it goes beyond school...you have friends once you leave school," she said.

However, Benedetti said that many Greek organizations are having trouble attracting new members.

"The main thing is always getting new members," she said. The numbers have been low because we haven't advertised ourselves. Next year, and the following years, the organizations are going to see the changes."

One of the challenges to getting new members is the abundance of commuter students at WPU.

"People don't do it (join Greek organizations) just to do it. They need a reason to do it now," Rencher said.

Schools with larger resident populations have more Greeks, Benedetti said.

"Our school is a commuter school, and we haven't found a way to reach out to commuters and make them want to be Greek," she said.

There are 15 Greek organizations at WPU, with approximately 200 students participating in Greek life. According to Conzen, those numbers are normal for a school like WPU.

This year, Benedetti said that she has focused on improving the public image of the Greeks, as well as their internal organization.

"Right now, to (people on) the outside, we're small and we don't really do a lot; to (people on) the inside, we're still small," she said. "In the past we've had problems with Greek senate...this year we've focused on fixing the problems and starting to look better on the outside."

One of those problems was a split from other student groups like SGA and the Student Activities Programming Board (SAPB).

"The Greeks went through a separation, where we used to be really involved in SGA and SAPB four or five years ago, and we kind of just separated from everything," she said. "We ostracized ourselves, became our own group...we didn't realize by separating ourselves, it was going to hurt us eventually."

Despite a rocky start this year, Benedetti said the three groups are working together now.

"As the year has been winding down, the relationships between the three have been really positive," she said. "Greek Senate worked really close with SAPB for Music Fest."

And while progress has been made, Benedetti said there is still work to do.

"(People) still have some of the stereotypes," she said. "They don't really appreciate what being Greek is. We're trying to change their opinions."

## Taking a more active role

The easiest way for students to get involved is through the numerous clubs and organizations active at William Paterson. There are 55 active clubs registered with the SGA, along with non-GA affiliated groups like the Special Education Club, and numerous departmental honor societies.

According to junior Jason Richardson, his involvement with Brothers For Awareness (BFA) has been especially rewarding.

"When I went to college, I wanted to get every possible experience," he said. "I wanted to be in a position to motivate other people."

Richardson, president of BFA, said that membership in his organization is growing.

"There's about 20-25 members...it's definitely up since last year," he said. "We lost a lot of members due to academic commitments...but this semester, a lot more people are coming back."

Service is a big part of BFA, accord-

ing to Richardson. The group recently held its semesterly "Against All Odds" drive to benefit the residents of the Alexander Hamilton Development in Paterson. BFA collected a dozen bags of clothing for the residents, along with toys for the children in the development. Richardson said BFA also invites local politicians and political groups to speak on-campus.

"What we specialize in is cultural awareness and educational type events, balanced out with community service," he said.

According to Richardson, a better public relations campaign may increase student involvement, but students must also reach out to organizations.

"It's like a 50/50 thing...some organizations can work harder to put their names out there, but when it comes down to it, it's up to the students," he said. "Sometimes, organizations should go that extra mile and try to get people to come out and get involved...but there's more to getting involved than joining a club."

Meghan Murray, president of the Feminist Collective, agreed.

"We need to work even harder to really get the word out about everything we're all doing to reach the rest of the campus community and broaden all our movements and activities," she said.

Murray said she got involved with the Feminist Collective because of her major.

"I'm a women's studies major, but I'd always been very shy and anti social as far as being active with campus activities," she said. "But activism is a big part of the Women's Studies program, and the Collective needed new officers so I sort of was just pulled into it, and now two years later, I'm the president."

According to Murray, clubs and organizations need to take a more active role in advocating change and involvement on campus.

"You can't just wait for an organized group to come to you and give you an assignment," she said. "You have to be the group and decide what action to take by actively communicating with other students."

## Bringing political activism to WPU

Protests, marches, and rallies weren't an uncommon sight at William Paterson thirty years ago. The late 60s and early 70s were a time filled with political and social activism for a number of causes, ranging from the Vietnam War to the burgeoning feminist movement. And while students no longer take to the streets *en masse* to protest, the political

involvement of WPU students is growing. Recent events, such as the March 5 anti-war teach-in and the April 15 "Support the troops" rally, are examples of the heightened activism on campus.

"I've seen more political involvement and action this year than I've seen in many years at WPU," said political science professor Steve Shalom.

According to Shalom, the increase in political involvement occurred before the war in Iraq. Shalom said that the United States government's advanced announcements of its intentions, as well as an increase in alternative sources of media, spurred political activism.

"Before Vietnam, the general attitude of the public was 'If the government says something, it's true,'" he said. "...People have seen through it, because of the internet and increased access to information and alternative media sources."

Mytheli Sreenivas, professor of women's studies at William Paterson, said political involvement at WPU is growing.

"Many of our students juggle multiple commitments — school, work, family responsibilities, et cetera," she said. "Therefore, I think students' commitment to activism is all the more inspiring."

One of the most politically active groups on campus is the Peace and Justice Coalition (PJC). According to PJC member Andrew Shantz, the group has a growing membership.

"There are anywhere from eight to 15 people at our meetings, and a lot more on the mailing list," he said. "Our biggest and most successful project was the March 5th anti-war teach-in."

According to Shantz, PJC is working to build up activism on campus.

"I think activism simply needs to be built from the ground up. That's what the PJC is about," he said. "Once there is a solid base for activism, more people who would like to become active can find opportunities that suit them."

According to Shalom, the university is supportive of political activism and recognizes its value.

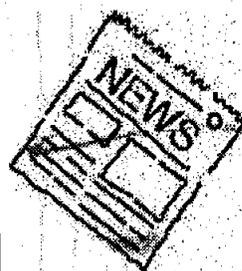
"The administration understands that the goal of the university is to provide education in the classroom and an environment in which students think for themselves," he said.

Shalom would like to see even more activism and involvement.

"My goal would be for WPU to become the center for critical, dissident political activity, and everyone views their college education as training in those critical skills," Shalom said.

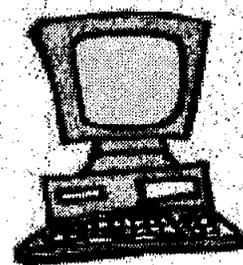
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# Seniors celebrate with annual cruise around NYC

By Lori McCurley  
Staff Writer

WPU seniors are experiencing their last hectic, fun-filled days of college as graduation looms around the corner. While tests and papers weigh heavily on their minds, they are also taking time out of their busy schedules to get together and relax with close friends. Many seniors felt that the Senior Dinner Dance Cruise was the perfect opportunity to forget about their cares for one night and just have fun.

On Thursday, May 1, seniors and their guests boarded The Spirit of New York cruise liner at Port Imperial in Weehawken for a four-hour cruise against the backdrop of New York City's skyline.

The evening started with a free picture taken of each senior and his/her guest upon arriving on the boat.

A variety of musical genres was played throughout the night with a DJ and dancing on the first floor of the cruise liner. A musical floorshow, featuring old popular hits like "Be Our Guest" and "New York, New York," was performed on the second and third floor for guests while they ate dinner.

Despite a cool breeze, the night was crystal clear, which only helped to

enhance the spectacular viewing experience.

Erin Sambataro, a senior nursing major, was glad that she had the chance to see New York City from such a different perspective.

"It's a blast," said Sambataro. This is a "gorgeous view" of the city.

Tom Gardner, a senior majoring in physical education and athletic training, also loved the view but his favorite part of the cruise was "that we're not in school."

While some students were especially interested in the skyline, others were excited to take part in such a memorable event.

Merrissa Burklow, a senior communication major, was happy to have this opportunity to reconnect with old classmates.

"I've seen a lot of people that I haven't seen in four years," said Burklow. "I've never been involved in clubs so I wanted something to remember college by. It reminded me of who I've met since I started."

Colleen Dorn of Women's Studies was glad to share this night with good friends.

"All my friends were coming," said Dorn. "It was my last event to do with them before I graduate."

All guests also received a gift package, which included a champagne glass, a photo album and a little notepad. Each was inscribed with the cruise's theme of the night "A Moment Like This."



A group of party-goers await dinner before they hit the dance floor.  
Left to right: Adam Nemeth, Leigh Auer, Sandy Neveras, and Joe Steinwand



Christie Ventura looks on from the VIP table



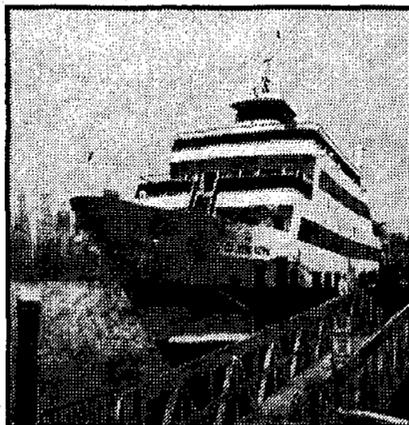
Seniors get down and get funky on the dancefloor of the "Spirit of New York" as it sails around Manhattan



Faith Wilson and Bryan Ottens relax at their table



Rachelle Hoffman shows everyone just how happy she is to be graduating



Seniors sailed on the Spirit of New York.



Alana Sarratore and Rebecca Winters join Bryan Rudderow on the deck to enjoy the view of the skyline

# Want to become a teacher? It isn't all just fun and games!

Kelly A. Morgan  
Staff Writer

## How to Get Your Substitute Teaching License

So you want to become a substitute teacher? In that case, you better be prepared to fill out paperwork.

To become a licensed substitute teacher in New Jersey, you first must have a minimum of 60 college credits. Sixty credits are required by the state under the administrative code, making it a law. If you lack the required 60 credits, you will not even be allowed to fill out the paperwork. There is no required GPA; anyone is free to apply for certification. Paperwork for substitute licensing is available at local board of education offices. You have to fill out pages and pages of documents that include all of your personal information, like your address, Social Security number, educational background, health history, employment experience, etc. You also must sign an oath of allegiance, which is your promise to uphold the constitution.

"When I first saw all that paperwork and found out I had to get fingerprinted, I almost changed my mind," said Joseph Zisa, 22, a substitute teacher in Lodi. "Filling out all those pages took a lot of time but now that it's finished and I'm substituting, it has really been worth it."

Your paperwork also includes an official college transcript that you can buy for around \$2 at your college registrar or bursar's office. The document usually has to be mailed to the superintendent of schools in the district

when you want to substitute. You also are required a physical examination, and a Mantoux shot that tests you for tuberculosis. Your doctor must write a prescription noting that you tested negative.

"I really don't like shots and the Mantoux test is one of the worst but you have to look at it like this you go in, get it done, and it's over," said Elizabeth D'Amico, 22, a substitute teacher in Bergen County.

Next, you are fingerprinted at your local police station. The fingerprints are given to the FBI, which does a complete background search on you. So if you have a criminal record, do not bother applying for a substitute license. Your paperwork is completed with two money order checks for approximately \$50 each to pay for your paperwork processing and your license. You can purchase these checks at your town post office.

"It seems like a lot of money to pay when you are getting something in order to work," said Zisa. "I mean who wants to pay for a job? But you make back the money quick and you have your license for five years. So really it's a bargain."

Before turning your paperwork, fingerprints, doctor's letter, and money, it is a good idea to make multiple photocopies for your own records. Sometimes things get lost in the mail and having backups can help you out.

After sending in your paperwork, you must wait for around two months for approval. During this time it is a good idea to call the board of education office when you dropped off your paperwork.

After being approved by the state you usually have to wait to be approved by

the board of education in the town or towns where you wish to substitute. Because of the need for substitute teachers in this area, most people approved by the state are approved by the local board of education. Dorothy Sepede works in the superintendent's office in the town of Lodi.

"Most people are approved by the board of education because there is always a substitute [teacher] shortage. Last year I only had about 45 regular substitutes; this year I'm fortunate to have many," said Sepede.

Your final approval puts you on the substitute's list. Now all you have to do is wait for your first 6 a.m. phone call.

"I try to call people the night before; that way they have time to prepare," said Sepede.

## A Day in the Life of a Substitute Teacher

It's 6 a.m. and your phone is ringing. As you wonder who it is, you realize the woman at the board of education office told you that she calls very early when you are needed to substitute. You contemplate not picking up the phone, but as you turn over in your warm bed, you remember all the work you did to become a substitute, not to mention the \$100 you paid for the license.

"In Lodi they pay \$85 a day," said Danielle Palasti, a substitute teacher in the town of Lodi. "So after two days you have earned back what you spent for the license and everything after that is profit. Not to mention substitute teaching is great experience."

After being told where you are placed for that school day, you arise and get ready. You pack a lunch because substitutes are given just 30 minutes to eat and that is not enough time to go out. You should arrive at your school 10 minutes early; that way you can meet the principal and the other teachers in the grade in which you will be teaching that day. If you have trouble locating a book, dealing with a student, or explaining a problem, you can ask for help.

The children enter, begin unpacking, and naturally are excited to have a substitute teacher for the day. No matter how much a child likes his or her teacher he/she is always happy to have a substitute. Young students think it means there will be no work for the day, only play time. You introduce yourself and write your name on the board. This is also the time you take attendance and lunch count. You also join your class in saying the Pledge of Allegiance. It's impossible to remember the names of 20 or more children you have just met, so by the end of the day you probably will know two names: the troublemaker's name and the teacher's pet.

"There is always one kid that you are constantly calling on, to sit down, stop talking, don't throw things; it's that kid that needs attention," said Palasti. "Once I know who that is, I let him or her read aloud to the class and that usually gets it out of their system."

Deciding what to do with the students is not hard. You just follow the teacher's plan book. It tells you what the

students have to do and at what times. The problem is they usually finish their work early, even if you explain things incredibly slow. At those times you can allow them to start their homework or assign a journal entry, something like "My favorite thing to do after school is..."

If you're lucky and you usually are not, you will have a prep time. Translation: another teacher comes in for 30 to 45 minutes and takes over your class to teach a language or about self-esteem. You are then free to do whatever you like. The children may have to leave the room for gym or library; in this case you are free and have time to figure out what you have to do with them for the rest of the day.

It's important to leave a note for the regular teacher explaining what lessons you did and what areas you covered. You should tell the teacher if the children had any problems or if anyone was difficult.

"It is also a good idea to tell the class that they were very well-behaved, even if that isn't totally true. You never know when you may have to substitute for that same class again," said Palasti.

## Achieving Teacher Certification

So you have decided you want to spend 180 days a year with 20 or more children that are not your relatives? On the upside, at least teachers get the summer off.

So how do you become certified to teach elementary education (grades kindergarten through eighth) in New Jersey? You take classes and classes and more classes.

At William Paterson University, you are not only required to take education courses; you must also declare an additional major such as English, mathematics, science, etc. All education students have to pass two mathematics courses. This requirement can add another 10 classes to your load of general education classes. To declare your major and apply for education certification, you have to fill out applications at the guidance office.

Elizabeth D'Amico, 22, is a WPU senior majoring in English writing and working towards teacher certification in elementary education.

"It seems like a lot of classes but after completing them you are something of an expert in your area," said D'Amico. "It also looks great on a resume."

A prerequisite to your first education course is General Psychology, which also fulfills a general education requirement. After successfully completing this course you can enroll in Teaching as a Profession, where you will learn the basics of life as a teacher. In this class you learn how to do lesson plans, deal with the common problems of students, and observe a classroom for up to 20 hours. You must complete an application form asking for acceptance into the education program. You must also take a speech and hearing assessment and a written/literacy assessment. And all students in the education department must have a substitute license and a cumulative 2.75 grade point average.

At this point, if you have successful-

ly completed all requirements and have the minimum GPA, you will receive a letter formally admitting you to the program. This letter will contain the name of your advisor in the education department and his/her phone number and office location. After being formally admitted, you can take Developmental Psychology and Literacy and Learning.

"It's a good idea to take Literacy and Learning and Developmental Psychology during the same semester because the classes cover a lot of the same information," said D'Amico.

Your next step is the practicum field experience. To start your practicum you must complete all your general education classes, the classes in your major, and the four education classes already listed. You must also fill out and submit your field experience applications one year in advance. Applications for placement in the fall semester must be turned in Oct. 15 for the following fall and the deadline for placement for the spring is March 15. Your practicum and student teaching applications include a personal information form that lists your address, GPA, and towns you would like to be placed in, etc. All students must complete either their practicum or student teaching in an urban school district. A list of these districts is available in the office of field experiences on the Valley Road campus.

Practicum and student teaching paperwork also includes three copies of a biographical data form with your philosophy of education included, a copy of your substitute license, a physical examination and mantoux test and your education advisor's signature. After properly submitting your paperwork and completing all your courses you can begin the final stages of education certification. The practicum experience consists of five classes at WPU during two days, and two days in a classroom observing an elementary school teacher.

"I really feel like I'm learning a lot from the teacher I have been placed with," said D'Amico.

The following semester you start your student teaching by spending five days a week in an elementary school learning all you possibly can. You are required to take one last class at WPU, Technology Across the Curriculum, a weekly class offered at night. D'Amico's mother, Janice D'Amico, was graduated from WPU 30 years ago and has been an elementary school teacher for the past 29 years. When she attended WPU, education majors did not have to declare a second major.

"I watch my daughter take all these additional classes and I think it's great," said Janice D'Amico. "She has one important area that she focuses on and when she graduates she can get a job teaching something she specializes in."

Your final test that decides if you are ready to be a teacher is called the Praxis, a test given by the state to determine your knowledge. After successfully completing all of the above, you are ready to teach a class of your own.

The Department of Elementary and Early Childhood Education Department are located at WPU's Valley road campus. The office can be reached at ext. 2331.

# Paterson's rich history is that of a melting pot of cultures

By Erin Bang and Nazek Habatfa  
Staff Writers

Sept. 11<sup>th</sup> has past and the dust has cleared. But 18 months later, this historic city, home to at least six of the 19 hijackers, remains a place of inquiry.

Paterson has a rich history that dates back to 1792, with the country's earliest efforts to reduce dependence on foreign goods and develop its own industries. Alexander Hamilton created the Society of Useful Manufactures; its funds served to develop the first planned industrial city in the United States. This city would become Paterson. Efforts proved to be successful with the rise of industrial production after the Civil War.

The city's production originally included a number of industries, including textiles, firearms, silk, and railroad locomotive manufacturing industries. Paterson's nickname became "Silk City" as production soared; more than half of the country's silk was manufactured in Paterson by the late 1800's. The 72-foot Passaic River Falls served as a source of manufacturing power, while the water was used for dye. Another factor of Paterson's success was its proximity to New York City's fashion market.

Paterson was also the site of historic labor unrest that focused on anti-child labor legislation, safety in the workplace, a minimum wage, and reasonable working hours. The city fell victim to labor strife in the early part of the 20<sup>th</sup> century and never recovered after the silk industry's withdrawal.

Paterson's first wave of immigration, mostly from Eastern Europe, began to taper off in 1910. The city was predominantly white with a large Jewish community. Immigration in the mid-20<sup>th</sup> Century brought more diversity to Paterson.

"In the 1960's, mostly Italians, Irish, Germans, and some Syrians lived in South Paterson," said Ken Carafello, of Sparta, who was born and raised in Paterson.

Joe Jones, an African-American native of Paterson, said that a Black community was not present at that time.

"We were only the second or third minority family on the block. There was a lot of Irish living here. Different ethnic groups started to move in after the late 1970's," said Jones.

Paterson became the melting pot of New Jersey as immigrant communities felt comfortable in establishing themselves there.

"As communities in city areas prospered and moved out, new immigrants moved in," said Acting Maj. Joseph Cannatella of the State Police, Totowa. "Immigrants tended to live together in a particular area because they are comfortable; they have similar customs and language. It is a safe haven within a haven."

The hijackers' connection to Paterson and their claims to Islam have put Muslims in and around the city under criticism. The Muslim community and its leadership have struggled through a profusion of discrimination and pressure from intelligence and police officials for the past 18 months.

"The hijackers were told to blend in,

but not with the Arab community," said Curtis Sliwa of WABC Radio. "They did not attend mosques, did not speak Arabic, and did not wear beards."

Although population figures of religious affiliation are imprecise, estimates of Muslims in the United States are between four and eight million. New Jersey cities like Paterson and its surrounding suburbs have become centers of Muslim communities as a result of increased immigration from Asia, the Middle East, and Africa since the late 1970's.

The Scholarly Communication Center at Rutgers University approximates 300,000 Muslims live in New Jersey. The largest ethnic groups are as follows: 33 percent are South and Central Asian; 30 percent are African-American, and 25 percent are Arab.

Ethnic, racial and religious diversity remain a prominent and significant element of Paterson. Yet it appears that adequate ethnic and religious demographics are not maintained by the U.S. Census Bureau or by the city.

A note-worthy assessment of diversity in and around the city of Paterson and New Jersey is perceivable through some comparison of local and national statistics.

The Census Bureau reported a population of 149,222 in Paterson in 2000 with a composition of 30.8 percent White, 32.9 percent Black or African American, 1.9 percent Asian, and 27.6 percent remaining 'some other race'. Under the 'Hispanic or Latino and Race' category, 50.1 percent claim some Hispanic or Latino lineage.

No other specific demographics pertain to race, ethnicity or religion of Paterson's population appear to be available through the U.S. Census Bureau or Paterson's City Hall.

Passaic County's total population is 489,049, which consists of 62.3 percent White, 13.2 percent Black; 3.7 percent Asian, and the remainder in the category of some other race. Thirty percent of that population claim some Hispanic or Latino lineage.

In New Jersey, 72.6 percent are white and 13.6 percent are Black.

An indication of ethnic and racial diversity can also be observed through other statistics about immigrant populations.

Foreign-born population:  
11.1 percent in the United States  
17.5 percent in New Jersey  
26.6 percent in Passaic County  
Speak a language other than English at home:  
17.9 percent in the United States.  
25.5 percent in New Jersey  
41.9 percent in Passaic County

The Paterson Economic Development Corp. works to maintain and develop Paterson's economic status. They report that Paterson's median household income

is \$26,960. The median household income within a 10-mile radius is \$43,615.

Economic status of a community is most often linked to statistics about immigration. New Jersey is home to 9.4 percent who live below the poverty line, as compared to 12.4 percent in the United States, as reported by the Census Bureau.

Once a major industrial center and home to the wealthy and affluent, Paterson was a distinguished city recognized throughout the country. Less than 100 years after its fall from glory, the city rises into the spotlight again, only to bring many of its residents a sense of grief, insecurity, and even persecution. But Paterson residents look back on the city's rich history and see this as an opportunity to bring it back to its roots as a center of immigrant communities that lived and worked in peace.

"The early immigrants were united and worked together," said Carafello. "Paterson should not be blamed or criticized for anything orchestrated by the hijackers living there," said Carafello. "It should not reflect the law enforcement; it could happen anywhere. Paterson is rich in history and rich in culture."

Paterson is a city rich in history. Its demographics have changed dramatically within the past century. It is a

city where some immigrants begin their new lives.

Paterson is a melting pot.

Perhaps that is why some of the Sept. 11<sup>th</sup> hijackers frequented a Paterson apartment, at Jasper and Union avenues, and were able to plan their attacks on the United States with such ease.

"For the hijackers, Paterson was a staging area," said David Pine, senior assistant prosecutor of Passaic County. "It doesn't matter what your face

looks like in that part of town."

The people who live in that area are all renters and stay there for a short amount of time, according to Pine.

"If lawful people were living there, maybe things would have been different," said Cannatella of the State Police. "That area of Paterson is not a cohesive neighborhood; it is easier to hide there."

The area is primarily an African-American and Hispanic neighborhood.

"The hijackers paid their rent with cash, drove nice cars, and bought drugs," said Sliwa of WABC Radio.

It has been reported that some of the hijackers rented a Chrysler Concord, which was left at Logan Airport, Boston, and was traced back to Borough Jeep Dealership, Wayne. Upon inquiring at the dealership, employees were not forthcoming with information, and refused to give their names. They said that the dealership's owners were on vacation,

and the employees wanted nothing to do with that topic.

"It is known that the hijackers were in the U.S. for several years and were able to travel freely under assumed names as well as with their own identity," said Cannatella.

Not only do faces in Paterson go unnoticed, the city is essentially a central point to Boston's Logan Airport, Newark Airport, Washington D.C., and New York City.

It was the perfect place for what they were planning.

"The logistics of the city worked, said Cannatella." It is more populated; it has more people."

To the hijackers, New Jersey appeared to have easy access to false identification.

"New Jersey is the epicenter for false identification," said Sliwa. "They probably knew before hand how easy it is to get fake IDs."

It was reported that at least two of the 19 hijackers obtained false identification from Mohammed El-Atris of Paterson, who sold fake IDs in a store right across the street from City Hall. The FBI and local police questioned El-Atris, but he is not facing any federal charges because he agreed to plea bargain.

ATS Travel Agency on Union Boulevard, Totowa, sold one of the hijackers a plane ticket. It was reported that Hani Hanjour and Majed Moqed entered the travel agency to buy two one-way plane tickets. Moqed did all of the talking.

"They first tried to buy two tickets, but their credit card was rejected," said Jeffrey Eggert, an employee of ATS. "They then wanted to pay with a check, but the travel agency holds checks for 10 days. The two men left and came back with an envelope filled with cash and only bought one ticket."

It could not be confirmed, but previous reports said they used false Virginia licenses and gave a Montclair State University phone number that was no longer in service.

The two people working at the agency the day the would-be hijackers came in, no longer are employed there. One is suffering from depression, and the other has suffered a nervous breakdown, according to Eggert.

FBI agents went to the travel agency and locked down all of the computers.

Despite rumors, confirmation could not be made regarding the FBI's coming to the William Paterson University library to lock down its' computers. It is believed that some of the hijackers may have used campus facilities for research.

Due to the elevation of anti-Muslim sentiment brought about as a result of the hijackers' claim to Islam, rumors spread that Muslim children were cheering on Main Street in front of the South Paterson Library, right after the World Trade Center attacks took place.

"People called WABC Radio and WPLJ to report that there were kids cheering on the street," said Sliwa.

Other reports contested that nothing took place.

"I had my cops right there," said John Kreiger, chief probation officer of Passaic County. "They said nothing was going on."

**BRIEFS**

**President and Provost plan to celebrate WPU's dedicated workforce**

The President and Provost, with the assistance of other offices and volunteers, plan to celebrate the contributions and commitment of WPU's sizeable support staff. A University of more than 10,000 students requires the dedication and effort of hundreds of employees and staff. The University would like to recognize and honor its 500 plus administrative support staff, custodial and maintenance workers, security and police officers, and the many others with a celebration. The date has been set for May 21, beginning at 3 p.m.; the moment when all the planning and cooperation comes to a pinnacle. The Valley Road Building will play host to the gala, which will be temporarily transformed into a cruise-ship atmosphere to fit the theme of the celebration:

The SS William Paterson "Charting the Course for Academic Success through Service Excellence," a carnival-like celebration is expected to draw 400-600 people, and will include many forms of entertainment such as food, live music, casino tables, raffles, Karaoke, novelty acts, the list continues. With the celebration still in the planning stages, the Office of Human Resources would appreciate assistance from the community with any of the needs that must be met to make this well-deserved celebration extra special. Due to the budget cuts in higher educa-

tion, the staff will endure the effects of a hiring freeze and a budget deficit. It is our hope that this celebration will show how much we appreciate the contributions of our support staff. Sponsors, donations and door prizes would be greatly appreciated, as would any volunteers who may include greeters to the event, card dealers, musicians, and talent, anything that would make this event a success. The support staff of WPU deserves this. To offer a helping hand, please contact Gwen Curry at ext. 2887 or at CurryG@wpunj.edu.

**Message from newly elected SGA officers**

By Olivia Amanfor, Alain Martin, Louis Newton and Dwayne Fray

This message is a bit untimely, nevertheless, "rock the vote 2003" was a huge success! We are not only thrilled that the true representatives of the students have been elected but also that voters came out in impressive numbers compared to the numbers from last year.

This year, the students were conscious of the importance of their involvement and participation; however, your commitment and dedication should not be relaxed just because the election is over, for we shall call on you all for your support in the near future. We would like to thank each and every one for his/her support in the past and especially in this election.

I, Dwayne Fray, would especially like to thank all those who believed in me and supported me despite the rhetoric and smear campaign that was launched. Thank you all for not believing and having not been influenced by prevarication and distortion as they were written in the Beacon. Do remain focused as I am.

We shall remain steadfast in our commitment and dedication to the greater cause and purpose, the betterment of the university community for our fellow students. Meet your incoming student leaders:

- Executive Officials 2003-2004*
- President- Olivia Amanfor*
- Executive Vice-President- Alain Martin*
- Vice-President- Louis Newton III*
- Treasurer- Dwayne Fray*

We welcome and encourage all suggestions and inputs from the student body. We share your interests, concerns and ambitions; we serve you! Thanks once again.

**Legacy Award Dinner will be held May 10**

There is still time to reserve tickets for the 13th Annual Legacy Award Dinner and Silent Auction, to be held on Saturday, May 10 at The Hilton at Short Hills.

The event, which recognizes the achievements of alumni, corporate and community leaders, and faculty, is hosted by the William Paterson University Foundation and benefits the Foundation's Scholarship Fund. Tickets are \$225. For reservations, call Andrew McKay, assistant director for special events and stewardship, at x2825.

**Two new honor societies formed on campus**

The College of Humanities and Social Sciences added two new honor societies as students majoring in French and Francophone studies and Spanish were inducted into established national honor programs.

University students who have an overall grade point average of 3.0 or higher are eligible to be inducted into the honor societies.

Fourteen students enrolled in French and Francophone studies were inducted into the Nu Theta chapter of Pi Delta Phi, the National French Honor Society. Madhuri Mukherjee, assistant professor, languages and cultures, is the French honor society advisor.

The Phi Etta chapter of Sigma Delta Phi, the National Collegiate Hispanic Honor Society, inducted 18 Spanish students into the chapter. Maria Tajés, assistant professor, languages and cultures, is the Spanish honor society advisor.

*Calendar of Events:  
May 8th  
through May 17*

By Kerry Johnson  
Calendar Editor

**Thursday, May 8**

Older American Month is a celebration honoring volunteers, students and alumni, and partners, featuring Pearls of Wisdom, a touring ensemble in the Machuga Student Center Ballroom from 12:30 p.m. to 2 p.m. For more information call ext. 3690.

The William Paterson University Wind Ensemble, directed by J. Craig Davis, performs works by ~~Shostakovich, Gillingham~~ Stravinsky and Sparke in the Shea Center at 8 p.m. Free admission. For more information call ext. 2371.

**Tuesday, May 13**

The AFT Local 1796 Meeting will be held at 1600 Valley Road in rooms 1016-1017 from 12:30 p.m. to 1:45 p.m. A light lunch will be served.

The David and Lorraine Cheng Library is holding a Fine Amnesty Week May 10-16. Return overdue books and fines will be forgiven. Library hours during Amnesty Week will be Saturday 8 a.m. to 8 p.m., Sunday 12 p.m. to 2 a.m., and Monday through Thursday 7:45 a.m. to 2 a.m. Call Lending Services for more information at ext. 3180.

**Love us?  
Hate us?  
Let us know!  
Send Letters to the  
Editor to:  
PIONEERTimes@student.wpunj.edu**

**SARS****Continued from Page 1**

"We [the university] are in tune with state agencies and are following the travel warnings issued," said Martinez. A few years ago it was mandated that students could no longer study abroad in Columbia because it was not safe. Now, all trips to China have been suspended.

"We will wait for clearance from the state department that the situation [in China] is rectified," said Martinez.

Andrew Schovanec, a senior communication and film major, had planned to travel to China this summer after graduation.

"I was going to teach English and study more Chinese," he said.

He cancelled his trip due to the "state the world is in," he said, adding that he would not feel confident going to that part of the world at this time. "Maybe in a couple years when things have cooled down a bit."

On campus, people who come down with bad flu-like symptoms are taking precautions.

Shawn Corcoran, a junior music education major, came down with a severe bug three weeks ago. He went to the Health and Wellness Center with a suspected cold. When he didn't feel any better he checked himself into St. Joseph's Hospital. There the doctors took a blood test and checked it for SARS.

"I saw a million doctors," said Corcoran.

He was immediately put on antibiotics and released four days later. His tests for SARS were negative. Corcoran contracted pneumonia from being in close proximity to other students who recently had bouts with pneumonia.

The University's Health and Wellness Center is in contact with both county and state health departments and are receiving updates from the Center for Disease

**Part 3****Continued from Page 6**

plement is still fairly new.

"If they can't get it here, then they will get it illegally," said Provenzano. "For every 20 guys that come in here, about 10 of them ask about steroids."

Actual steroid usage among WPU students is not wholly unheard of either.

"I am pretty up on who is on [steroids] and who isn't, I do know that there has been steroid use in the past. They think taking steroids will make them bigger, but it also changes their behavior," said Hilberg.

On the opposite end of the spectrum, college men and women who don't have the time or motivation to work out, but still want to lose weight, go to nutrition stores like GNC for weight loss supplements.

Xenadrine, an herbal weight loss pill, outside of the regulatory powers of the Food and Drug Administration, increases one's blood pressure and heart rate while decreasing his or her appetite.

"By taking xenadrine, ephedra, or a stacker you are really asking for health issues that you have no control over," said Hilberg.

The main ingredient, ephedra, has been proven to induce high blood pressure in users and can also lead to irregular heart rhythms, stroke and seizure.

"Pills are not the answer to weight management. Regular exercise and appropriate food choices are the only way," said Dr. Michelle Grodner of the community health department. "Some ingredients in those pills are indeed dangerous and can contribute to death."

The FDA has found that more than 100 deaths can be attributed to ephedra, most notable is the death of Baltimore Orioles pitcher Steve Bechler. Bechler, 23, had been taking Xenadrine RFA-1 to lose weight.

Proponents of ephedra claim that Bechler did not die as a result of his ephedra use, but died of heat stroke. Bechler had a history of high blood pressure and abnormal liver functions which could have contributed to his death.

"When they come into the store, I ask them if they have any health problems. I tell them not to take any of these if they have a history of anything; you must be 100 percent healthy," said Provenzano.

After the customer affirms their healthy status, Provenzano will typically sell them Trimspa, the only ephedra-free FDA approved weight loss pill on the market, and a multi-vitamin.

Control (CDC) on what symptoms to look for, according to Nancy Ellison, the nurse practitioner at the center.

There have been no reported cases of SARS at the University, she said.

Shirantha Beddage, a graduate student at WPU in jazz studies, has been living in Toronto for two years. In talking to his friends back home, they have told him that they have not seen many people wearing surgical masks on the subway.

"It's not a big deal to them. As students they are not as affected as the government is," said Beddage.

The SARS epidemic in Toronto is "wreaking havoc" on hotels, restaurants, and entertainment venues because they are all losing business. Beddage's mother works in a hospital an hour outside of the city. Every morning before she can begin work, she has to go through a screening process that includes filling out a questionnaire to check and see how she's feeling that day, he said.

Beddage has not been back to Toronto since January but plans on returning to Canada in mid-May for the National Music Festival held in Toronto.

Some of the 10,000 high school participants have all ready dropped out because of the SARS epidemic. MusicFest Canada is an annual festival that is held in a different city every year. Beddage was scheduled to play baritone saxophone at this year's festival but worried that the event might be canceled because of the WHO's warning against travel to Toronto. The warning was lifted just last week.

"Yea! exclaimed Beddage at the news. "I can go home now!"

"Students don't research exactly what they are putting into their body," said Hilberg. "They read the marketing ploy, not the fine print."

Dr. Gordon Schmidt, chair of exercise and movement science, believes the media has a vital role in educating people. Schmidt urges students to look at who is writing the research on the product. Do they work for the company? Does the product in question fund their research?

What could possibly motivate men and women to use these potentially dangerous supplements? The ideal body image seems to be enough motivation for WPU students.

From a survey of 40 students from the WPU dorms, Lesley Dube, a senior majoring in exercise and movement science, found that 41.2 percent of the participants used body image as their main reason for exercising.

"I feel that society as a whole plays an important part in how we view exercise and the reasons we do exercise. Especially as college students I feel that we are very impressionable. Everything from TV, to music, to our peers has an impact on how we feel about our body image and what we do about it," said Dube.

"Culture says that appearance is what you are being judged by. It becomes a problem if you have to look a particular way to feel good about yourself," said Levitan.

Levitan believes that in addition to the student's commitment to fast food venues, they are also not eating regular meals.

However, even though life may be hectic, the overall health of the average WPU student can still be seen positively.

"I am continually amazed that our student body remains as healthy as they are considering their academic loads, work schedules, and family/life stressors," said Grodner.

However, the moral of the story seems to be that student's shouldn't strive for the body that is portrayed by the media through pills, compulsory exercise, or eating disorders.

"Minor adjustments can be made through exercise and dieting. Work with what you have; you must be happy with yourself on the inside," said Hilberg.

**Part 1****Continued from Page 6**

leaner and more muscular from the 1960s to present.

Not only do the media affect how a man sees himself; it can also affect the way he thinks women view his physique. Research published in the American Journal of Psychiatry suggests that men believe their body would be most desirable for women if they had at least 27 more pounds of muscle. The research reports that surveys around the world actually indicate that women prefer a less muscular male body.

As many men afflicted with muscle dysmorphia continue to try and get bigger muscles by whatever means possible, some find these efforts unable to meet their goals.

Last year, MTV aired an episode of True Life featuring three young people about to get plastic surgery. Among others, the documentary featured "Luke," a male-fitness fanatic, who feared that everyone at the gym was staring at his small calves. He believed that to have the "total package" he would have to get calf implants.

As the media continue to represent the ideal male body with a muscular chest and six-pack abs, Luke is not the only man looking to surgically improve his body these days.

Plastic surgeons across the country say that a growing number of men are willing to pay up to \$10,000 for male chest enhancements.

"Give it five years, you're going to see a lot more pec implants," said Roberto Olivardia, co-author of The Adonis Complex. "I get concerned when people place too great a stake in what pec implants will do for them, when they think this surgery will make them whole. That's when it's problematic."

**Part 2****Continued from Page 6**

routines of females have been affected.

"Women focus on toning, while males focus on building muscle. I would attribute this pattern to societal pressures for women being waif thin and men being muscle bound," said Whipple.

In an effort to reduce the amount of unhealthy body messages in the media, the NEDA has established The Media Watchdog Program. The program is intended to improve media messages about size, weight, and beauty.

According to the NEDA, The Media Watchdog Program looks for offensive ads that include: an emaciated model or a model whose features have been computer enhanced, a large person whose attributes or character are negatively portrayed, and ads that glamorize images of people on diets, or ads that present people relying on food as a way to respond to stress, frustration, or loneliness.

"Often women are working out in order to lose weight. Keep in mind that society still sends a very strong message to women that 'thin is in,'" said Dr. Virginia Overdorf, professor of exercise and movement science.

**Phone Booth****Continued from Page 5**

Whitaker plays Capt. Ramey, who plays the predictable role of negotiator during the crisis. Ramey's warm and friendly personality adds a nice touch to the film. Katie Holmes plays Pamela, Stu's wife. She wasn't a crucial element in the story - maybe more of an instrument than an artist.

Among the film's short list of flaws is the introduction. Nearly ten minutes is spent explaining phone usage, which will probably turn off some viewers. Likewise, the ending occurs rather abruptly, but is nonetheless rewarding.

"Phone Booth" is a thriller that offers nearly as much comedy as it does suspense. Farrel fits his character well, and Whitaker adds a good performance to a usually dry and predictable role. Sutherland provides a shady and funny villain. It's definitely worth the ticket price.

# Affirmative action remains controversial

By Lori Michael  
Staff Writer

The set of public policies and initiatives to help eliminate past and present discrimination based on race, color, religion, sex, or national origin, is constantly put into question. Affirmative Action is designed to help integrate minorities into accomplishing the goals they sought out to do, such as going to college or getting a job. However, should someone's race/gender be strongly weighed for college admission?

"Getting into college should be based on your own merit," says Joe DeGuzman, who is Filipino. "If I got in [to college] for being a minority I would feel guilty."

Across the country, colleges and universities use Affirmative Action as a stepping stone for acceptances or rejections. For instance, the University of Michigan Law School awards a certain number of points to a person who is either black or Latino. William Paterson University, on the other hand, claims it does not base its acceptances on Affirmative Action. But on the Undergraduate/Graduate application, one still has to put a check in the box for race and gender.

"If you always need a stepping-stone then mind set will not change," says Corey Schor.

Former President Lyndon Johnson established Affirmative Action into law in September 1965. The policy was recognized among blacks, Latinos, women, and other minorities who would no longer tolerate inequality and segregation. Affirmative action outlawed formal legal segregation between the races, but is it fair?

"It [affirmative action] violates the Equal Protection Clause of the Fourteenth Amendment," says senior Steve DeGennaro. "People are being allowed into college simply based on their skin color or ethnic background. In my eyes it is more of an insult to the beneficiaries because it is telling them they need help to get in the school because they can not get in there based on merit."

The Equal Protection Clause of the Fourteenth Amendment states no state shall deprive any person of life, liberty, or property without due process of law. The 14 Amendment was designed to restrain state governments from abridging the rights of former slaves after the Civil War.

Brian Morris, a sophomore, also feels Affirmative Action does harm than good. "I think its [Affirmative Action] bad," Morris says. "For being a white male it takes on an absolutely another form of discrimination when applying for college or a job, 'we already have enough of you.'"

However, WPU communication student Shante Jones feels Affirmative Action is a well regarded policy and should remain to serve its purpose.

"It [Affirmative Action] can't be abolished until there is equality on both sides," states Jones.

Kyle Meade feels the same way as Jones.

"The only way to get rid of Affirmative Action is give everybody the same fair opportunity," says Meade. "Until then, there is always going to be a disadvantage."

Affirmative Action is a topic many people do not discuss openly. However, the more people who do not voice their feelings about Affirmative Action, whether for or against, the issue becomes more of a problem.

"It [Affirmative Action] is not just a black, white, Latino, Asian, issue," says Malika Oyetimeim. "It is everyone's issue."

## Supreme Court

For the first time in years, the issue of Affirmative Action is being brought to the Supreme Court. The University of Michigan's Law School and Undergraduate program are getting put on trial for its admission tactics, which is awarding points for people who are either African American or Latino, while White students are not awarded any points for their

background. The scale is based on 150 points.

William Paterson English Professor Timothy Liu went on a sabbatical for the Spring 2002 semester to the University of Michigan. While there, Liu taught creative writing classes for undergrad and graduate students, and he assisted the Master of Fine Arts admissions board.

"Race/gender is important because you need to have a student body that represents the world," says Liu. "The strongest student we accepted was a minority."

Liu also went on to mention the score sheets were different colors: green for minorities and yellow for non-minority students.

How do William Paterson students feel about the U-M law school case?

"In this case, its sad that it [Affirmative Action] has to be used at the law school level," says freshmen Jen Riggins. "At this point in the educational career, everyone should be equal and things like LSATs and grades should really be the only factors."

Meade feels differently.

"It may seem unfair to the law students who did not get accepted to Michigan, but they should just deal with it," says Meade.

The two University of Michigan applicants, Barbara Gutter and Jennifer Gratz, will have a ruling from the court in June.

University of Michigan President Mary Sue Coleman said in a speech she made to the American Council on Education, "Today I want to explore what is at stake not just for Michigan but for all of higher education, and what is at stake for the United States if we turn away from a fundamental principle that has worked well for 25 years," says Coleman.

## March in Capital

On April 1, both Shante Jones and Malika Oyetimeim ventured to Washington D.C. on the day the case was first brought forth before the Supreme Court, and they marched in support of Affirmative Action, which was sponsored by the New Civil Rights Movement and BAMN (By any Means Necessary).

"We marched down Constitution Avenue to the Lincoln Memorial," says Oyetimeim. "At the Lincoln Memorial there was a rally with speakers."

Jones was tired of complaining and felt she had to do something.

"I felt I had to go down there," says Jones.

Oyetimeim went to D.C. to show her support but to also represent the people who could not be there.

"I feel not enough black youth are aware or are widely represented," says Oyetimeim. "I felt my presence, along with the thousands who were there, show we do care. I was there for people who could not be there, too."

Both girls woke up at 4 a.m. to make it to the bus, which was scheduled to leave at 5 a.m. but did not leave until 6 a.m.

Jones discussed the importance of Affirmative Action, not just for minorities, but also for women, the handicapped, and Asians.

"More people need to be behind it [Affirmative Action]," says Jones.

Oyetimeim mentions how white and African American children get a different education when they are growing-up.

"Little Timmy and Little Rafeek aren't getting the same preparation," says Oyetimeim. "Down the road, Rutgers is going to strictly have admissions on computers, so what are my cousins going to do when it comes time to apply, if they don't have access to a computer?"

Jones felt the march was an old reflection of America.

"If we needed a march then it shows we are going backwards in time," says Jones.

The march meant something to Oyetimeim.

"I feel like I marched for something my mother marched for," says Oyetimeim

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## Tuition

### Continued from Page 1

by Gov. James McGreevey, WPU will not only be forced to increase tuition and fees, but also will have to cut back on hiring faculty and purchasing computer and lab equipment, as well as offer less classes next semester, Bolyai said.

Tuition and fees have increased steadily between 6-8% over recent years, and the goal has been to stay under the 10% mark. But whether or not the increase will be 10% or more for the upcoming school year could not be determined at the meeting.

"We are hopeful that we will not be put in that position," Speert said.

Although Speert said that the tuition hearing is held each year to "get a sense of the students feelings about the rising tuition and to explore the rationale behind the need for money and how we propose to use it," only three students were present.

Junior Class President Alain Martin, 22, who also is the Food Committee Chairperson, voiced his concerns about the living conditions and food services on campus.

"As tuition increases, the quality of life for students decreases," Martin said. "Students go without water in the apartments, they get stuck in the elevators and the employees aren't handling the food properly," he claimed.

"If students pay more, the services rendered to them should be quality services," he added.

Although Robert Taylor, Trustee and Chairman of the Finance and Audit Committee of the Board of Trustees, responded by suggesting that Martin voice his concerns at Student Speak out Sessions where he could engage in "direct dialogue with an administrator and other students," Martin was still unsatisfied.

"I don't think we'll see improvements unless more students get involved, but unfortunately we didn't see that today," Martin said.

Although many students may be burdened with the rising costs, the university is trying to keep it from becoming a severity.

"Every time tuition goes up it has an impact on the students," Bolyai said. "Unfortunately, when the state continues to under-support higher education tuition and fees tend to go up. We are trying very hard to minimize that increase," he added.

According to Bolyai, WPU has had substantial reductions instate support over the last few years. He added that student support and input is important so that they better understand where their money is being spent.

Most tuition dollars are used for salaries for professors and support staff, materials in laboratories and classrooms, upgrading classrooms and equipment, maintenance and snow removal, Bolyai said.

Stephen Lucin, 20, said that although more students should have been at the hearing to address their concerns, the meeting was helpful for those who attended. "I feel that in order for the meetings to be beneficial more students should show or else the administration won't know what the students' concerns are," he said.

Dr. Susanna Tardi, professor of sociology, stressed the need for student involvement. "It's important that students realize that they have control. Students all too often express powerlessness, and they should become more actively involved," she said.

# CAMPUS TO CAMPUS

## COLLEGE NEWS FROM AROUND THE COUNTRY

# Find your own road in life with 'Roadtrip Nation'

By Bryna Zumer Knight  
Ridder/Tribune News Service (KRT)

The story of Roadtrip Nation, a movement to get college students to learn from the stories of real-life leaders, goes something like this: Mike Marriner and Nathan Gebhard, two friends at Pepperdine University in Malibu, Calif., were sitting around wondering what they were going to do with their lives after college. Gebhard's parents were entrepreneurs, so he decided to major in business, figuring he'd become a consultant. Marriner's parents were in the medical field, so he thought he'd major in biology and become a doctor.

But the summer of their junior year was approaching, and it was time to find an internship that would define their careers. Suddenly the guys realized those reliable, worn paths of doctor and consultant just weren't for them. Now what were they going to do?

Forget the summer internship and hit the road, of course.

Gebhard and Marriner rented an RV and spent the summer racing across the country, interviewing more than 100 national leaders about their journeys to success. And thus was born the book "Roadtrip Nation" ... and the Web site, [www.roadtripnation.com](http://www.roadtripnation.com) ... and the documentary of their trips, available on DVD, for sale on the Web site.

Because, as Gebhard and Marriner explain, it's not just about the book. They want Roadtrip Nation to become a movement of college students interviewing successful people in order to discover their own paths in life.

"It was never about us," Marriner

said. "It was about making it where other people... said 'Wow, we can do it, too.'"

"As a generation, we need to get back to focusing on individuality," Gebhard and Marriner write in the Roadtrip Nation Manifesto.

"Self-construction rather than mass production. Define your own road in life instead of traveling down someone else's... Find the Open Road."

The guys want to give college students the message that it's not so bad to feel lost.

"Being lost is being open and exploring," Gebhard said.

Their new book, "Roadtrip Nation," contains 30 interviews the friends conducted as they toured the country. The Web site features the rest of their 140 interviews.

Interviewees include the chairman of Starbucks, the director of "Saturday Night Live," the head stylist for Madonna, the conductor of the Boston Philharmonic and the CEO of Dell Computers. The book also includes a detailed chapter on how to contact people in high places and what questions to ask. While the book attempts to show the diversity of available careers, it falls short of showing the diversity of the leaders who hold those positions. Out of

the 30 leaders profiled in the book, only six are women and two are non-white.

Joanne Gordon, writer for Forbes magazine and co-writer of "Roadtrip Nation," said she wanted them to focus

more on occupational and geographic diversity in the book.

"I said, choose the best content, what's most interesting to you," Gordon said. "We did look for diversity (but) ... diversity by interest was more important than racial."

After their eye-opening road trip, Marriner and Gebhard nevertheless received diplomas in their respective

majors. They then took a second road trip in which they visited college campuses and brought students along with them to talk to more leaders. One of the students who were sold on the Roadtrip Nation message was Erin Fox, a senior English and creative writing major at George Washington University in Washington.

"I thought it was great because someone was saying something that I felt," Fox said.

She sat with Marriner and Gebhard for an interview with Sandra Day

O'Connor and has since done some interviews of her own with leaders in the world of book publishing. Marriner and Gebhard said their goal is to continue doing interviews and putting together a new team of students to make documentaries of their own road trips.

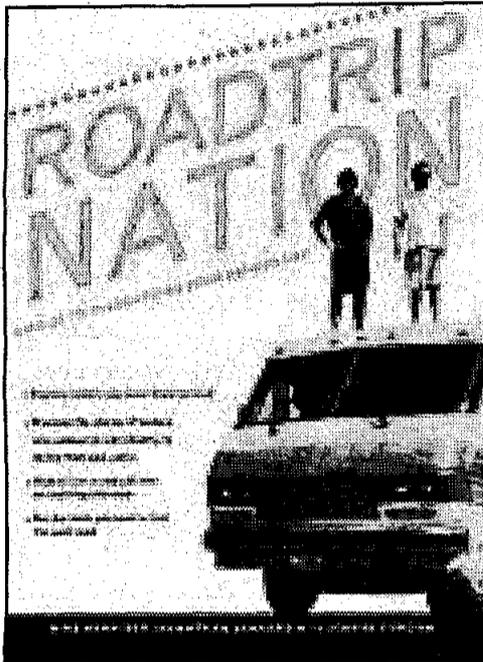
Their current documentary will be shown on a local PBS station in New York and, if successful, will be released on national television. They also have created a course at Pepperdine called Roadtrip Scholars, which lets students interview leaders for college credit. The guys said their ultimate goal is to pass the road trip torch to other members of their generation.

"That's when it kind of takes up a life of its own," Marriner said, adding without irony, "It drives itself."

Students who meet Marriner and Gebhard seem to be inspired by their message. Erin Gylmber received a master's degree in English from the University of Maryland in 2001. She has been unemployed for six months, and attended the "Roadtrip Nation" book signing in College Park, Md.

"I consider myself one of the lost," Gylmber said. Although she said Marriner and Gebhard's message was not extremely practical ("It's not like they're saying anything new"), it was definitely inspirational.

"I've been thinking of calling about a couple of people," she said. "They're right; you're afraid to take that leap from making good money to not having a steady income. ... Society tells you you're supposed to have that paycheck."



# Free speech group takes aim at campus speech codes

By James M. O'Neill  
(KRT)

A Philadelphia-based free-speech group has launched the first phase of a national attack on controversial campus speech codes by filing a complaint in federal court against Shippensburg University, calling its restrictions on campus speech unconstitutional.

The group, cofounded three years ago by a University of Pennsylvania professor, says it plans to file similar complaints against other public universities across the country in coming months. It also is launching a Web site in May to list the speech codes of every university in the country and to give each code a grade based on how restrictive it is.

"We're seeking to end the absolute scandal" against free speech that speech codes have become, said Alan Charles Kors, a Penn history professor and cofounder of the Foundation for Individual Rights in Education. The nonprofit group previously published a series of guides for students that outline their religious, legal, speech and other rights.

The guides were edited by a politically diverse group that included a former Reagan administration attorney general and the head of the American Civil Liberties Union. In the brief filed last week in U.S. District Court in Harrisburg, Pa., Kors' group argues that the language governing speech in Shippensburg's student code of conduct is so vague and sweeping that it creates "a chilling effect" on students' rights "to freely

and openly engage in appropriate discussions of their theories, ideas and political and/or religious beliefs."

The group's chief executive officer, Thor L. Halvorssen, a Penn graduate, said that because the Shippensburg code prohibits students from expressing their views in a way that could "demean" or that "annoys" or "alarms" others, it would preclude a student from holding up any number of signs on campus that carry phrases commonly used in debates over contentious issues in America.

He said, for instance, that it would preclude a student from holding up a sign that read, "Take your rosaries off my ovaries," a phrase that has been used by abortion-rights advocates. Halvorssen said the Shippensburg code is overreaching because the terms it uses are so vague.

"What is 'demeaning' to you might not be demeaning to me," he said by way of example. "Universities should be places with unfettered debate, but instead they have adopted speech codes that limit the flowering of the mind," he said.

Shippensburg, one of Pennsylvania's 14 state-run universities, responded with a formal statement. It argued that the school "strongly and vigorously defends the right of free speech" but is also committed to the principle that "this discussion be conducted appropriately. We do have expectations that our students conduct themselves in a civil manner that allows them to express their opinions without interfering with the rights of others."

The university has 20 days to file its legal response.

Penn's Kors has been fighting speech codes since the 1980s. He calls them the "infantilizing of students." He said the irony is that college administrators who enjoyed the free-speech movement of the 1960s during their own college years have turned around and imposed restrictions on today's students.

"It's the generational swindle of all time," he said. A decade ago, Kors was involved in a speech code case at Penn that became known as the "water buffalo" incident, cited by critics nationally as a prime example of political correctness run amok. Kors defended the student, who was charged under Penn's speech code because he yelled a phrase that included the term "water buffalo" at black female students. Kors and a colleague later thought Penn had unfairly been singled out for national ridicule over its speech code, since the code was actually symbolic of a trend at colleges across the country.

He and a colleague wrote a book about that trend, called "The Shadow University." After the "water buffalo" incident, Penn trustees scrapped the speech code.

And last spring, when a graduate student posted a message on a Penn Internet news group calling for the death of Palestinians, the issue was handled very differently. Instead of sanctioning the student, Penn encouraged more campus discussion of the incident. Kors applauds the approach, noting that the student was subject to intense public criticism. The answer to offensive speech, he said, "is more speech."

# Pioneer Baseball drops two games in NJAC tournament

By Ryan Anderegg  
Staff Writer

The Pioneers late season surge was spoiled, after they dropped two games in the New Jersey Athletic Conference Tournament, which ended their season. The team dropped games to Rowan University and Kean University in the double elimination tournament. Sandwiched between the losses was a 7-1 victory over The College of New Jersey. Rowan was the eventual champions.

"Losing was very tough," says senior shortstop Dan Suarez "especially when your apart of a great group of guys like this. It was so painful, because we really felt we were the best team."

The Pioneers were 11-9 in mid-April, but ended the regular season by winning 10 of their final 13 games.

They qualified as the No. 4 and final cede in the tournament.

Despite being knocked out, the run the team had just to make it there was quite remarkable.

"Bryan Graham was simply outstanding," says head coach Jeff Albies. "He put the team on his shoulders, and we rode him to the playoffs."

Graham, senior outfielder, hit over .440 for the season and was named 2003 Bill Dioguardi New Jersey



Photo courtesy of WPUNJ Athletics.  
Senior outfielder Bryan Grahm hit .440 for the 2003 season.

Athletic Conference Player of the Year. He became only the second Pioneer to win the award.

Senior shortstop Dan Suarez was named to the first-team All-NJAC team, while senior center fielder Ron Hayward and sophomore second baseman Tim Banos were named to the second-team.

"It was an honor getting named to the first team," says Suarez. "It was extra special, because it was the first award I received in my college career."

Among the highlights of the hot regular season finish was Jake Pravkewitz winning three games in two days out of the bullpen.

"Pravkewitz was huge for us," adds Albies. "Hayward, Tim Banos, and Suarez also contributed with their consistent play, while Dan Corrado and Dan Singer maintained stability on the mound."

The Pioneers finished the season with a 22-14 record.

"Making the tournament was nice," says Albies "but this program prides itself on championships, not merely getting in. Making the NJAC playoffs was always, and should still be a forgone conclusion."

Graham, Suarez, Hayward, Corrado, Singer, Jason Tiseo, Charles Bowman, Bryan Weingart, Mark Kalish, Jack Baker, and Jim Carroll are all expected to graduate in May.

## Pioneer Football: Its past, present, and future

By Frank LaManna  
Staff Writer

### Part I - History and the 2002 Season

Over the years, William Paterson has fielded many successful athletic teams. These teams are complimented, praised, and receive positive media attention.

As these teams prosper, there are those that struggle and receive negative or no attention at all. Football is one of these teams, a program that has not yet held up its end in a long time.

Established in 1972 under Head Coach Arthur Eason, the Pioneer football team celebrated only seven winning seasons in 31 years.

The team finished 19 seasons with fewer than five victories and made it to the postseason once. In its lone playoff appearance in 1992, Rowan University eliminated the team in the second round.

There hasn't been a head coach to post a career winning record percentage of .500 or better, although Head Coach Gerry Gallagher led them to their finest campaign of 8-2 in 1992.

Last season, coaches, players, and fans had many reasons to believe the time for a turnaround had come, but the end result was nothing more than another failure.

Some people say it was a total breakdown, while others describe it as an embarrassment. The WPU Pioneer football team finished 1-9 overall, including a conference record of 0-5. They were shut out three times, and a 70-7 loss to Rowan University marked the worst loss in school history.

In 2002, the Pioneer football team returned 10 of 11 starters on an offensive unit that ranked nationally in total yards in the previous season.

So how does a team with so many veterans win one game for the entire season?

Anthony LaManna, a current player who has been on the team for three years, gave his opinion of what went wrong.

"We couldn't establish anything," said LaManna. "On offense, we couldn't drive the ball down field and score. When momentum would swing our way, someone would turn the ball over. Defensively, we couldn't stop anyone from scoring. The main problem for our offense was that we never established a starting quarterback. It seemed like every game someone new was back there."

As a key offensive player, the quarterback needs to be intelligent and possess unique leadership qualities. When the Pioneer football team failed to establish such a player, they knew they had a long season ahead of them.

For the upcoming season, the squad is working hard to prevent similar mistakes.

### Part II - A Look Ahead

With the 2003 football season approaching, the WPU football team will have its work cut out for it.

Head Coach Larry Arico enters his fourth year and had yet to produce a season with more than three wins. With the departure of Offensive Coordinator Phil Longo two years ago, the offense has failed to return to nationally ranked form.

Coaching the Pioneers had never been an easy task, especially when members of the staff aren't helping much. Defensive Coordinator Larry Szabo got the boot, and Coach Dave Silverbush will be brought in to help improve a unit that finished last in every category in 2002.

Due to schedule conflicts, defensive line coach Steve Brown, a retired NFL player, will not be able to continue. As one of the smartest, toughest coaches on the staff, his shoes will be hard to fill.

His replacement will be Coach Mark DiStefano, a former head coach of Bergen Catholic High School. DiStefano has many years of coaching under his belt and will be a solid addition to the program.

Offensively, the football team returns only four starters, and two are seniors. The man to watch out for is senior Bryant Richardson, a speedster who has invested every year of eligibility with the Pioneers.

Defense could prove to be the strongest unit, returning nine starters. There's not one senior returning, but sophomore Qadir Majeed may be enough to pace the squad.

For the past two-and-a-half months, recruits toured the WPU campus every Tuesday through Thursday. With 45 committed players, this ranks as the best off-season recruiting effort since the Aricora began.

Tim Washington, a West Virginia transfer who played high school football in West Milford, is the class tandout. Coaches and players will look to him for an immediate impact at one of the safety positions.

As recruits and transfers pour into the program, active players want to leave it. Among those exiting are Brian Lowenstein, Cristobal Rodriguez, Raphael Santiago, and Keith Hardy.

Some of them lost interest in the game, while others are disgusted with the losing effort.

"I want to transfer," said Hardy. "If I don't, I'm not playing another year here."

As the saying goes, the show must go on, and the rest of the Pioneer football players will not be distracted.

They've been working harder this off-season than ever before. With team conditioning and weight lifting in full swing since December, the team expects to enter this season bigger, faster, and stronger.

The team has a rejuvenated attitude, and the players put it this way: "Our bus leaves for unfinished in September; either you're with us or against us."

### Part III - What It Takes

Recruits are signed, the game plan is installed, and with the spring semester

coming to an end, only the summer separates the Pioneer football program from its next challenge.

It will be interesting to see how much the Pioneers progressed after last season's fiasco.

Offensively, the Pioneers will be very inexperienced after loosing the complete interior line, a unit that stayed intact for four seasons.

Defensively, everyone returns, but there will not be a single senior in the lineup. This may provide a bright spot in two years, but a program looking for immediate success has no room for immaturity.

Working harder than ever this off-season, the Pioneers will count on work ethic and commitment to make up for inexperience.

Returning junior, Matt Busacca, hasn't missed a practice as he plans to make a strong impact from his linebacker position.

"I've been here for three years and this is the best attendance we've had," said Busacca. "We've been working hard as a whole unit."

On the flip side of confidence is uncertainty.

Phil Delgado, a returning sophomore, is not sure what will happen during the upcoming season.

"It's very hard to make assumptions about this season," said Delgado. "We lost a lot of players on offensive, and we have a new defensive coordinator. We're practicing like a championship team, but you can't hide the fact that we're young."

Football is not a sport played on paper or won through words, and predictions are meaningless. In order for the Pioneers to have a successful campaign this season they need to continue to improve throughout the summer and let their pads talk in September.

The season awaits, and with the Pioneers sitting in last place there's only one way to go.

# PIONEER Sports

## Pioneer softball closes season 4-1-1

By Lauren Armbruster  
Staff Writer

On April 24 against Rutgers-Camden, the Pioneer softball team honored their six seniors Morgan Dunlap, Diane Catalano, Pam Migliaccio, Katie Morris, Liz Carroll, and Sam Kszepka. The Pioneers finished the day with a loss and a tie in the first and second games respectively. In the top of the seventh inning of the first game, Becky Johnson hit a two run homer to put the Scarlet Raptors ahead by the score of 3-1.

In the second segment of the seventh, Mindy Coxe tied the game with an RBI triple. In the eighth, Camden was able to push across three runs to take the lead and the eventual win by the score of 6-5.

In game two, the Pioneers entered the top of the seventh leading by the score of 3-2. However, in the bottom of the seventh, Camden's Celeste Chinappi hit a sacrifice fly to center field scoring Dana Jenninigs which tied the game at 3 all. In the eighth, both the Pioneers and Scarlet Raptors scored a run apiece, however, the game was stopped after the eighth in a 4-4 tie due to darkness.

On April 28, the Pioneers beat Rutgers-Newark twice by the scores of 6-3 and 8-0. In game one, Newark took the lead in the bottom of the fourth when Weiss hit a



Photo courtesy of WPUNJ Athletics  
*Jenn Scott improved to 4-3 for the Pioneers. She only allowed six hits with three strikeouts in the team's win against Stockton.*

RBI single to score Ortiz. The Pioneers tied the game up in the top of the sixth. In the top of the ninth, the Pioneers scored 4 runs, which gave the lead for good. Morris crossed the plate on an RBI by McNeill. Browne singled to left field which scored Kelly Harchetts. Migliaccio hit a single to left field and Browne was able to cross the plate on an error by the left fielder. Migliaccio's single also scored Dunlap. In game two, the Pioneers scattered 13 hits. The Pioneers took an early lead; a 3-0 lead after three innings. Migliaccio, Meghan Wagner, Morris, Browne, and Carroll all went 2-3 in game two. On April 29, the Pioneers swept Stockton by the scores of 6-0 and 5-1. By sweeping Stockton, the Pioneers earned the number two seed in the NJAC Tournament.

In game one, Kszepka only allowed one hit, which came off the bat of Gina Abbate-marco. She improved to 8-1. On the other end, Lauren Genovese recorded the loss for the Ospreys; she is now 11-5. The Pioneers' Morris and Maria Browne each went 2-3 for game one. Browne was 4-6 on the day. In the fourth inning of game two, the Pioneers scored 4 runs. Up until that point, the Osprey's Tara Baker had not allowed a run. Erin McNeill and Coxe each went 2-3 for the Pioneers in game two. Stockton scored its only run in the second inning when Constance DeSalvo singled Lorena DeMeo in. Jenn Scott improves to 4-3 for the Pioneers. In the win, she only allowed six hits with three strikeouts.

## Pioneer Sports Calendar

**Sat. May 10**

Outdoor Track  
at Albany Invitational  
(Albany, NY)  
10 a.m.

**Fri. May 15**

Outdoor Track  
ECAC Championships  
(Springfield, MA)  
10 a.m.

**Sat. May 16**

Outdoor Track  
ECAC Championships  
(Springfield, MA)  
10 a.m.

**Thurs. May 22**

Outdoor Track  
at NCAA Division III Championships  
(St. Lawrence University-NY)  
TBA

**Fri. May 23**

Outdoor Track  
at NCAA Division III Championships  
(St. Lawrence University-NY)  
TBA

**Sat. May 24**

Outdoor Track  
at NCAA Division III Championships  
(St. Lawrence University-NY)  
TBA

## 76ers, Mavericks, Lakers, set out for Eastern Conference

By Ryan Anderegg  
Staff Writer

The New Jersey Nets and Boston Celtics are set to square off in a rematch of last year's Eastern Conference Semifinals, which had the Nets winning in six games.

The Nets star is Jason Kidd, but few players in the league are playing better than forward Kenyon Martin, who averaged 22.3 points per game and 10 rebounds per game in the Nets first-round victory over the Milwaukee Bucks.

Meanwhile, the underdog Celtics knocked out the Indiana Pacers in six games in their first-round match up.

### (4) Philadelphia 76ers @ (1) Detroit Pistons

The Detroit Pistons squeezed by the Orlando Magic and will face Allen Iverson and the Philadelphia 76ers.

The Pistons rallied from 3-1 down in their series with the Magic to advance. Chauncey Billups scored 77 points in the final two games for the Pistons.

The Pistons had to deal with superstar Tracy McGrady, and now will have to stop Iverson, who is arguably playing the best ball of his career.

Iverson averaged nearly 35 ppg in the 76ers first-round victory over the New Orleans Hornets. Iverson's efforts included a 55-point performance in Game 1.

### Western Conference(3) Dallas Mavericks @ (2) Sacramento Kings

The Dallas Mavericks avoided embarrassment and now play the Sacramento Kings. The teams' met in last year's Western Conference Semifinal, with the Kings winning in five games.

The Mavericks can breathe a little easier after its Game 7, 107-95 victory over the Portland Trail Blazers. The Mavericks were in danger of becoming the first

team to lose a best-of-seven series, after taking a 3-0 lead. The Trail Blazers won three games in a row to knot the series at 3-3, but the Mavericks protected their home court in Game 7, thanks to Dirk Nowitzki's 31 points and 11 rebounds.

The Kings, who ousted the Utah Jazz in five games in their first-round match up, hold the home-court advantage and won the regular season series with the Mavericks 3-1.

### (5) Los Angeles Lakers @ (1) San Antonio Spurs

The three-time defending NBA Champion Los Angeles Lakers will battle the San Antonio Spurs in the marquee second-round match up.

The Spurs, owners of the league's best record, fended off the Phoenix Suns in six games. As expected MVP Tim Duncan led the way for the Spurs averaging 18.7 ppg and 16 rpg.

Stephon Marbury and the Suns went down fighting though. The Suns won Game 1, and held a seven point lead in the fourth quarter of Game 2, before Duncan took over the game and series.

Marbury led the Suns in scoring and hit a game-winning three-pointer as time expired to win Game 1 for the up and coming Suns.

The Lakers trailed 2-1 in their series with the Minnesota Timberwolves, before winning the final three games in convincing fashion.

The Timberwolves had no answers for Shaquille O'Neal and Kobe Bryant. The duo combined to average over 60 points in the series, in which only two of the six games were decided by less than 15 points.

Kevin Garnett averaged 27.0 ppg and 15.7 rpg for the Timberwolves, who have yet to win a playoff series.

It's now on to San Antonio for the Lakers, who dropped all four regular season games with the Spurs.

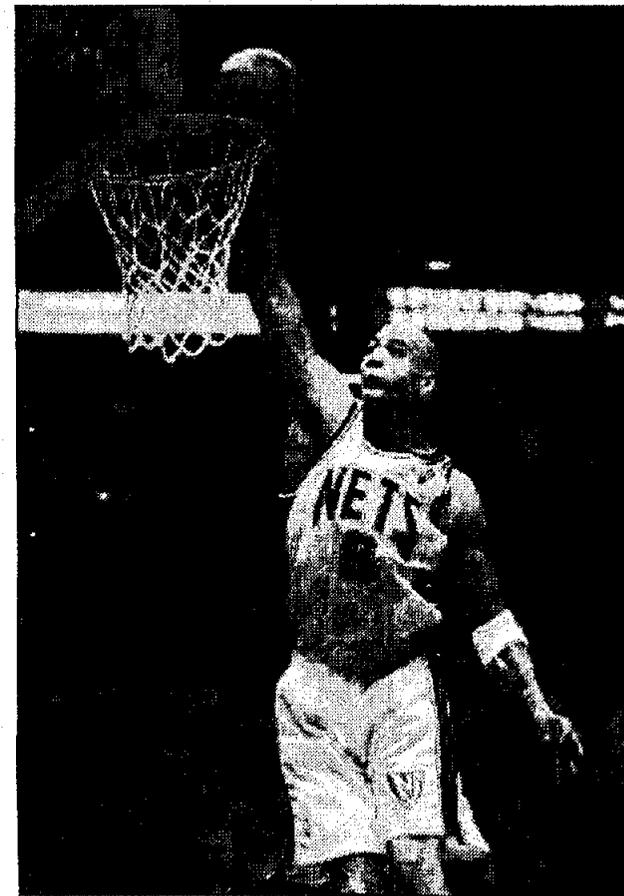


Photo courtesy of Yahoo! Sports  
*New Jersey Nets' Kenyon Martin scores against the Boston Celtics in the first half of game one.*

**Now... more sports! See page 15.**